

# SOCIETY NEWS

Mr. and Mrs. George P. Byrum left early this week for their winter home in West Palm Beach, Florida. They were accompanied by their nephew, Bill Whichard.

Mr. and Mrs. Thomas Haate, of the Panama Canal Zone are visiting Mr. Haate's mother, Mrs. Joseph Haate. Mr. Haate is home on a 60-day vacation and will return to the Canal Zone early in January.

William R. Israel spent the weekend in Charlottesville, Va., where he visited relatives.

Mr. and Mrs. James Vernon White returned to their home in Alexandria, Va., Tuesday after spending several days visiting relatives.

P. T. Owens of Newport News, Va., spent the week-end in Edenton visiting Mrs. Owens. The latter will move to Newport News as soon as their house is vacated.

### ROTARY MEETS TODAY

Edenton's Rotary Club will meet at 1 o'clock today (Thursday) in the Parish House. An attendance contest is now in progress with William and Frank Holmes as captains of the two sides. Both captains are very anxious to have a 100 per cent attendance.

### J. A. MOORE IN HOSPITAL

J. A. Moore is a patient in Duke Hospital and friends will regret to learn that he is a very sick man. His condition varies, so that most of the time visitors are not allowed to see him.

### PARTIN B. & L. DIRECTOR

At a meeting of the directors of the Edenton Building & Loan Association held Thursday night of last week, J. P. Partin was elected as a director. Mr. Partin succeeds the late Lloyd C.

**FOR FASTER RELIEF**  
**NEVER Wait**  
**Till a Cold**  
**Gets Worse!**

Quick! Use These Special Double-Duty Nose Drops

A little Vicks Va-tro-nol in each nostril relieves head cold distress fast! And if used at first warning sniffle or sneeze, Va-tro-nol actually helps to prevent many colds from developing. Try it! Follow directions in package.

**VICKS VA-TRO-NOL**

BULOVA, GRUEN, ELGIN and LONGINES WATCHES

at  
**CAMPEN'S**  
JEWELERS

## THE MEN'S SHOP

Edenton, N. C.

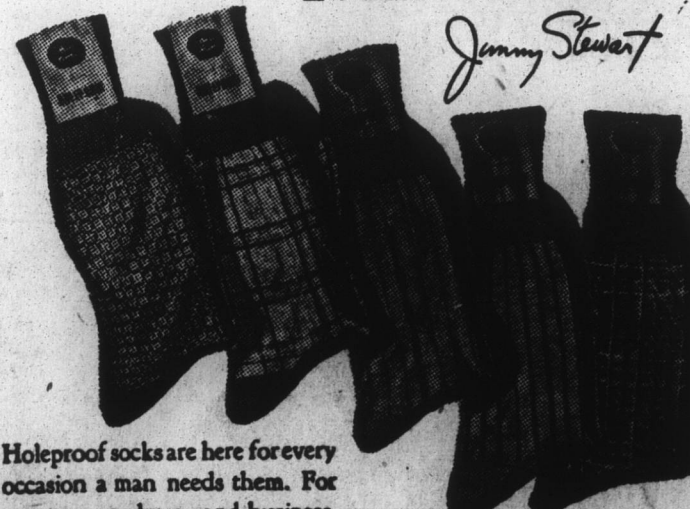
### JAMES STEWART

Starring in Robert Riskin's  
**"MAGIC TOWN"**  
an R-K-O Radio Release

Says: "MEN'S SOCKS BY

## HOLEPROOF

FIT INTO MY STYLE PICTURE FOR EVERY OCCASION"



Holeproof socks are here for every occasion a man needs them. For sportswear, dress...and business. Nylons, wools, silks, rayons and cottons...and in mixtures. In regular and short lengths. Come in today, see the grand selection... you will want to replenish your sock wardrobe.

50c to \$1.15

the pair  
**socks by HOLEPROOF**

Manufactured by the Edenton Sock Company, Inc., Edenton, N. C.

Burton, who was a director for many years.

### MASONS MEET TONIGHT

Unanimity Lodge, No. 7, A. F. & A. M., will hold its regular meeting tonight (Thursday) in the Court House at 8 o'clock. W. O. Elliott, master of the lodge, urges a full attendance in order to complete plans for the joint meeting of Districts One and Two next Tuesday night.

### Save A Life By Sharing Food Says Nutritionist

Eat no more than you need, waste nothing, and share your food with the less fortunate, is the formula Miss S. Virginia Wilson, Extension Nutritionist at State College, offers for helping save a life and improving your own health at the same time.

Do not eat less than you need to keep healthy and work efficiently, Miss Wilson said, just cut out the "extras" so some starving person can have enough to keep him alive.

Everyone is being asked to eat less bread, poultry, eggs and meat, because all four save wheat, which is high in food value, can be shipped long distances without spoiling, and are liked by more people than any other food.

Bread can be saved by taking only the bread you are going to eat, and allowing no bread to go to waste by letting it mold or go stale. If it is difficult to use a loaf of bread before it molds, try to make room for it in the refrigerator. It will keep several days longer there. Another good place is a well-ventilated, washable bread box kept in a cool place. Wherever stored, bread should be well wrapped in moisture proof paper.

One million pounds of bread can be saved daily if every American family will save one slice, Miss Wilson said.

Cakes and pastries use flour too therefore, saving bread and eating more cakes and pies won't help the situation. Sweet or white potatoes, rice, grits, corn, dried peas and beans can take the place of some bread in lunch and dinner menus. Cheese, fish, poultry and egg dishes can be used in place of meat dishes. Dried beans, peas and soybeans can also replace meat in some meals. Use them in scalloped dishes, as baked beans, in croquettes and casserole dishes, or as just plain boiled beans.

The hardest hit meal on poultry-less and eggless Thursdays will be breakfast, the nutritionist said, but with careful thought a wholesome meal that meets all the requirements of a good breakfast can be planned without an egg. A good breakfast for these cool fall and winter mornings might consist of: orange juice, oatmeal or other hot cereal with raisins, buttered toast and a beverage.

Money, and not morality, is the principle of commercial nations. —Thomas Jefferson.

## FACTS VERSUS GUESSES

Editor's Note: With a tuberculosis clinic scheduled to be held in Chowan County in November, the following article has been requested to be printed in The Herald. The article, "Facts Versus Guesses," was written by Dr. J. D. Riley, Superintendent of the Arkansas State Sanatorium, and appeared in the August issue of The Sanatorium Sun, published at Sanatorium, N. C.

Ignorance or lack of information is the greatest ally that tuberculosis has. Tuberculosis could not cause the human suffering and human deaths that it does if all people were informed in regard to this disease and what to do about it. We could within one generation bring it to the insignificant place that typhoid fever or smallpox or yellow fever holds now. The trouble is that before a member of one's family has tuberculosis, he pays little or no attention to it, and when one finds out that he has tuberculosis, he gets an abundant supply of all kinds of advice.

When a man's knowledge is not in order, the more of it he has the greater will be his confusion.

All shades and qualities of advice can be had for the asking and often without the asking. Ignorance of the issues at stake does not restrain these voluble advisers from proffering their well meant but misdirected and meddling advice with great assurance and insistence. Ne'er-do-wells and failures in all walks of life and notorious advisers. One danger from such advice is the tendency to accept it when it coincides with our whims and pleasures in preference to the best advice which may not be convenient and pleasant to take.

The habit of laymen, especially "T. B." and "ex-T. B.," of giving advice to tuberculosis patients when they are absolutely ignorant of the pathology and physiology of the disease, especially if the patient's physical condition is a pernicious one. Truly, in this province, "fools rush in where angels fear to tread."

Mr. Talkative Meddlesome or Mrs. Busybody tells the patient that he or she knew Mr. Smith who did so and so and went to a certain place and either got well or did not get well. When we consider the fact that some patients get well in spite of numerous follies and dangerous practices, and, on the other hand, that some die under the very best treatment and conditions, it should be evident that the few cases which come within the knowledge of laymen should really have no influence in the matter. The reason that patients listen to laymen is not because patients think that laymen know because the layman is more apt to tell them the things that they would like to believe.

Sometimes even physicians are inclined to want to tell patients things that they like to hear. Of course all of us would like to do that, but today no physician is justified in withholding facts from the patient and more than he is justified in guessing what the diagnosis and condition of the patient is.

I have just read in a daily paper where a certain supposedly-to-be specialist, being tried by the United States Government for using the mail to defraud, states on the witness stand that his guess was as good as anybody else's. Surely his-guess may not be as good as anybody else's but no one can guess whether a patient has tuberculosis, cancer or any other condition, and neither can he guess what ought to be done about it. It is obvious to the informer that if one guesses that patient's have cancer that he will often be wrong and the patient will often recover, unless the treatment interferes, and furnish testimonials as cures. This much for diagnosis. When he happens to be right in his guess, his mistakes are buried. What would you expect but an accumulation of testimonials of cures of cancer, when, in fact, those involved neither know how to diagnose nor cure cancer and those furnishing the testimonial did not have cancer and those who happened to have cancer are dead and can't testify? However, I do not propose to use my time and paper and ink discussing so-called physicians who prey upon the ignorance of the public, for it appears that they will always be and that there will always be plenty of gullible fools to make them rich, who will be attracted to quacks and charlatans by radio advertising and "whatnot."

Progress in our tuberculosis problem depends largely on the family physician. In the years gone by, the family doctor of the horse and buggy era was largely dependent on this unaided five senses in making a medical examination but today physicians add to their five senses a multitude of laboratory tests which enormously in-

crease the accuracy of diagnosis and minimize the expense and duration of the treatment, and enhance the possibility of cure.

With the modern methods the modern doctor observes the remotest parts of your anatomy. The otoscope lays bare the ear drum; the cystoscope lights up the interior of your bladder; the bronchoscope lights up the trachea and bronchi, and the thoroscope lights up the pleural cavity. It is possible now for a physician, by the use of a gastroscope and an unbelievably small camera, to take a picture of the lining of your stomach wall and thus identify ulcers, tumors, and other changes. Guess work is eliminated.

The examination of tissue removed from the living body is especially useful in determining whether or not a tumor is cancerous. There are different kinds of cancer, but by the examination of sections of tissue under the microscope it is possible for an expert to determine exactly not only whether it is cancer but what type of cancer, and advertisers who make a diagnosis of cancer without such tests neither know how to diagnose nor treat cancer.

In the detection of heart disease, even the greatest specialist leans nowadays on the electrocardiogram. As the heart contracts and dilates, five distinct "waves" of electrical energy, each having a special significance, are produced. These are traced by a complicated magnetic device on a reel of paper. By the arrangement of these waves, the physician detects disturbances of the heart long before they can be found by ordinary examination.

Grave conditions of the brain or spinal cord formerly were locked in bony valuts, hidden from the doctors eye. Now many of his questions are answered by testing the spinal fluid.

In fighting some illnesses, notably pneumonia and diphtheria, time is all precious; early recognition enables the physician to take swift therapeutic steps. For instance, certain valuable serums are available for treating lobar pneumonia, but the physician must learn quickly what type of pneumonia confronts him. To discover this, the patient's sputum is placed upon a slide and then a small amount of rabbit serum (obtained from an animal inoculated for example, with Type 1 pneumonia, germs is added, and a mixture is stained with methylene blue. If the patient is suffering from Type 1 infection, the shell-like capsule enclosing the pneumonia germ swells visibly. Diphtheria may also be detected by hours.

By another test the fact of pregnancy may be established within 24 hours.

When the X-ray was first used in medicine it showed only the shadowy outline of the bones, but constant improvements now permit the doctor to visualize the heart, kidney and lungs; and we now have what is known as a laminograph or planigraph by which we can take an X-ray of a cavity in the middle of the lung without even showing the ribs in front or behind this area.

These are but a few of the tests the modern doctor invokes. They will never wholly supplant the physician's skilled senses, nor would he make a diagnosis on the basis of a single test. The modern doctor correlates your symptoms, takes a careful history of your case, checks one test against another, and is thus liberated from the guesswork—sometimes successful but nearly always hazardous.

I will not expect a patient who has tuberculosis to try to remember the tests briefly discussed in this article, but the purpose in mentioning them is to try to convince patients that physicians have a basis for their conclusions, in regard to both diagnosis and treatment. Every patient who has tuberculosis should have specific directions based upon knowledge of the individual patient. The patient

should have constant medical supervision which must be changed from time to time to meet whatever demands that may arise.

The defeatist attitude of some physicians and patients is pernicious and will reduce one's chances to half those offered by a vigorous and persistent plan of treatment instituted at the earliest possible moment and continued until advised by a competent tuberculosis specialist that no further treatment is necessary, and even then the patient should be re-examined at intervals to determine whether his tuberculosis is arrested.

Your physician is your best friend. Give him the cooperation that he deserves and your chances to recover will be greatly enhanced.

## Carry-Over Stocks Of Corn Are Lower

Carry-over stocks of old corn in all positions in North Carolina amounted to 4,753,000 bushels on October 1, the Federal-State Crop Reporting Service reported.

This is four per cent smaller than the 4,921,000 bushels on October 1, 1946.

Stocks of oats totaled 6,289,000 bushels last October 1, or five per cent less than the 6,613,000 bushels on hand October 1, 1946. Barley stocks, at 563,000 bushels, were 44 per cent larger than the 392,000 bushels on hand a year earlier.

With the exception of barley, stocks of feed grains in North Carolina were generally lower than a year ago. Stocks of food grains, however, were well above those on October 1, 1946. Stocks of wheat, at 8,597,000 bushels, were 20 per cent larger than the 7,158,000 bushels on hand a year ago, and rye, at 434,000 bushels, was 72 per cent larger than the 252,000 bushels on hand October 1, 1946.

For the nation as a whole, stocks of old corn in all positions amounted to 289 million bushels last October 1. This is 67 per cent larger than a year ago and more than on October 1, 1944, but less than stocks in 1945 and 1943. The national average for the preceding four years is 276 million bushels. Of the current total, 258 million bushels were on farms. Stocks of oats totaled 1,052 million bushels, of which only 75 million are in off-farm storages. While smaller than October 1 stocks in 1945 and 1946, the current national total is larger than the preceding two years of comparable record, and eight per cent below the average for those four years.

### Town Council Will Meet Next Tuesday

Town Council will hold its regular November meeting next Tuesday night, November 18, the usual meet-



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MADE OF COSTLY FLAVORS FROM FOREIGN LANDS

ing on the second Tuesday night having been postponed due to the Armistice Day celebration. Quite a bit of business is expected to come before the Councilmen for consideration.

### Too Late to Classify

THREE - ROOM FIRST FLOOR apartment at 106 East Queen Street for rent. Apply Mrs. N. J. Hollowell, 215 East Eden Street. 1tp

WANTED TO BUY—USED BABY'S crib. Apply Mrs. A. S. Hollowell, Phone 159-W. 1tc

### Bakery Reopened

Effective today (Thursday) I am resuming operation of Bond's Bakery on South Broad Street. Bakery products will be cooked daily.  
**WALTER BOND**

OLD Mr. BOSTON  
**ORANGE**  
FLAVORED  
**GIN**



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On Groups of

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- SKIRTS
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