

## Extension Service Forms New District

### Chowan County Among 16 Counties In East- ern District

The creation of a new administrative district, to be known as the Eastern District, was recently announced by officials of the State College Extension Service. Assistant Director John W. Goodman said formation of the new district was necessitated by expansion of the extension program and employment of increased personnel.

Mrs. Verona Joyner Langford and Colon S. Mintz have been appointed home demonstration agent and farm agent, respectively, for the new district.

Other changes announced by Goodman and Miss Ruth Current, State Home Demonstration Agent, include promotion of Miss Nell Kennett, Guilford home agent, to be home agent for the Western District, and promotion of Miss Lorna Langley, extension specialist in home management and house furnishings, to be home agent for the Northeastern District.

Miss Kennett succeeds Mrs. Pauline Hotchkiss Pierce, resigned, and Miss Langley succeeds Mrs. Pauline Smith Alford, also resigned. All changes will be effective September 1.

Miss Langley graduated at ECTC and taught home economics at Unionville for two years. In 1936 she became home agent in Hoke, where she served for two years before transferring to Sampson. In 1941 she became Durham county home agent. She moved to Raleigh in 1946 to become specialist in home management and house furnishings.

Miss Kennett, a graduate of Woman's College, taught home economics at Seaboard and Pleasant Garden before joining the Extension Service as Rowan county home agent in 1936. In 1941 she became assistant agent in Guilford, and in 1943 she was promoted to home agent in Guilford.

Mintz is a 1934 graduate of State College, where he specialized in animal production. He was assistant farm agent in Nash County from 1934 to 1935, at which time he became agent in Wayne. He is a native of Brunswick County.

Wayne has made outstanding progress in livestock development under Mintz's leadership. The Wayne County Livestock Development Association, Inc., organized about a year ago, has sponsored several successful dairy and beef cattle shows and sales, and the newly formed Wayne Dairy Cooperative, Inc., recently completed construction of a \$118,000 milk plant near Goldsboro. The livestock group will sponsor an agricultural fair in September.

Mrs. Langford has been home agent in Pitt since 1941. A native of Farmville and graduate of ECTC, she has taught home economics at Richlands, Washington, N. C., and Farmville.

Mrs. Pierce, a native of Kansas, holds a B. S. from Kansas State Col-

lege and a M. A. from the University of Missouri. She served as home agent for six years, after which she came to North Carolina as a district agent in 1946. She plans to move to Washington, D. C., to join her husband.

Mrs. Alford became home agent in Franklin County in 1914 and held that post for eight years. In 1922 she became agent for the Old Tidewater District, now known as the Northeastern District, and has served continuously in that capacity for the past 27 years.

Counties in the new Eastern District are Beaufort, Camden, Carteret, Chowan, Craven, Currituck, Dare, Gates, Hyde, Jones, Onslow, Pamlico, Pasquotank, Perquimans, Tyrrell, and Washington.

Home and farm agents in other districts are:

Northeastern, Miss Langley and E. L. Norton; Northwestern, Miss Anamerle Arant and O. F. McCrary; Southeastern, Mrs. Mary McAllister and C. M. Brickhouse; Southwestern, Mrs. Esther G. Willis and L. B. Altman; Western, Miss Kennett and R. W. Shoffner.

## Plentiful Food Supply Announced For Sept.

### Miss Colwell Says Hens, Peas and Onions Lead List

September menus will be tasty and varied, judging from the U. S. Department of Agriculture's plentiful foods list for the month, says Miss Rebecca Colwell, home demonstration agent for the State College Extension Service.

Topping the September list are hens, peas, and onions.

Hens, largely culled from laying flocks, provide excellent sandwich meat, or may be used for chicken and dumplings, salads, and many other chicken dishes.

Many of the peas will be Bartlett's, which are ideal for between-meal eating. As for onions, commercial producing areas are marketing a crop heavy enough to place generous supplies on all retail markets in the South.

Plentiful fresh fruits will be grapes, prunes, and apples. The nation's fall apple crop is larger than last year, and such well-known varieties as Grimes Golden, Jonathan, and Wealthy are being harvested.

By the latter half of September, sweet potatoes from this year's crop will be seasonally plentiful, and supplies of cabbage, tomatoes, and Irish potatoes will be on markets in good volume throughout the month.

Cooking fats, once so scarce, are a newcomer to the plentiful foods list, as are turkeys. Miss Colwell said turkey growers are marketing a large crop early this year and that prices will undoubtedly be lower than last fall.

Broilers and fryers will be plentiful in September to add more protein to early fall menus, as will fish, dairy foods, and peanut butter.

## SPORTS AFIELD

By Ted Keating

I know of no better training for the hunter-rifleman than chuck shooting. Except for crow shooting, it requires more skill and better equipment than any other form of rifle shooting. Chuck hunting is full of thrills, and a dead shot at fairly long range, after a good piece of stalking or spying, is quite an achievement.

The mark one has to shoot at is quite small. Often only the head is visible and this sportiest of all targets is equivalent to a 3 1/2 inch bull's eye. What the successful woodchucker needs, therefore, is a rifle, ammunition and equipment with which he can surely hit a 3 1/2 inch bull's eye at an estimated 200 yards the first shot.

Col. Townsend Whelen, well known arms and ammunition authority, says that first of all, good binoculars are a must for finding chucks. Since the development of the .22 Hornet cartridge, he was used that almost exclusively in a variety of rifles equipped with a 4-power scope with double

micrometer target mounts. He writes "I have found this type of mount very essential in long-range varmin' shooting. You want to continually keep your rifle sighted to strike almost precisely 1 inch, or 1 1/2 inches above aim at 100 yards.

"I practically never miss a chuck up to 175 yards with my Hornet rifles when I can get a good steady prone or sitting position, or get worked into a steady position along a stone wall, always aided by the gun sling. More often than not I make clean kills at 200 yards. Up to that distance, when the Hornet bullet enters the chest or abdominal cavities, it practically always kills the chuck dead in its tracks.

"Finally my friends persuaded me that I was out of date and that I ought to get a rifle for the .22/3000 R2 cartridge because I would have a much longer sure-hitting range, considerably less wind drift, better accuracy, and a flatter trajectory. I found this to be true. In many respects I think it is the best of all the chuck cartridges. But the expense is much greater than for a Hornet, the rifle has to be custom-made and the ammunition has to be very carefully handloaded.

"There are two reasons why I am so partial to the .22 Hornet and the .22/3000 R2 cartridges for woodchuck shooting. First, the cartridges are so small, and the report so light, that

scarcely any farmer objects to their use. Second, the rifles have a practically unlimited accuracy life, and a pet rifle for either cartridge, tuned up to perfection, should last you almost a lifetime.

"One year I used my .257 Roberts rifle for chuck; and it also did well, but it is quite a sausage machine in the way it blows up the little beasts. The .22 long rifle, high-speed, hollow-point bullet will kill quickly only when it enters the brain, breaks the spinal column, or drives well into the center of the chest cavity of the

chuck. Such a hit, even with a scope, cannot be assured by the best rifleman at over 75 yards. And we chuck hunters do not consider a chuck at less than 100 yards a legitimate or sportsmanlike target."

It is easier to incline the early thought rightly, than the biased mind. Children not mistaught, naturally love God; for they are pure-minded, affectionate, and generally brave.—Mary Baker Eddy.

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6. SCARLET FEVER.
7. TUBERCULOSIS.

This information is found in the 10th edition of General Bacteriology written by Edwin O. Jordan, Ph.D., who is the professor of bacteriology in the University of Chicago. (pp 670 and 671).

We have in Edenton a few restaurants and grocery stores that handle raw milk. When you use a bottle of milk, look at the stopper and see that it is labeled PASTEURIZED, also be sure to get the protective Seal-right hood that protects the pouring lip of your bottle from germs that may be contacted through handling.

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