## **Use Of N. C. State** Parks Un Shari

# 49.52 Per Cent More

The total was 1,116,741, an increase of 369,874 or 49.52 percent over 1949, surgery. One of the simplest is the according to State Parks Superinten-dent Thomas W. Morse. Picnicking, as pneumothorax. With this operaswimming and boating continued to be tion, air is inserted between the cov-doctor thinks surgical procedures are popular sports, but greatest gains ering of the sick lung and the lining required.

were made by campers and hikers of the chest wall, causing the lung to the chest wall, causing the lung to shrink into a smaller space. The air Plant Beds Need parks in 1950 as compared with only compressing the lung is gradually ab-3,436 the year before, and 28,606 sorbed, and the operation is repeated hikers as compared with 6,384 in 1949. to keep the lung collapsed for as long

Of the 13 parks maintained by the as it is necessary. N. C. Department of Conservation and Development, the most widely lapse, known as pneumoperitoneum, the loftiest mountain in Eastern press the diseased area. The lung re-

The sharp increase in hiking was leigh and Durham, where 8,649 hikers took to the trails last year. Crabtree during that time. When permanent Creek, with 12,149 campers, accounted for most of the increase in this field, although 554 hardy souls camped atop Mt. Mitchell and 1,849 others roughed it overnight at Hiwassee Lake, near the Great Smokies.

Attendance at other state parks for 1950 follows: Cape Hatteras (undeveloped) no report; Hanging Rock, 138,416; Hiwassee Lake, 80,499; Jones Lake (exclusively for Negroes) 12,-839; Pettigrew (off Highway 64 near Plymouth), 10,793; Rendezvous, undeveloped, near North Wilkesboro, no report; Singletary Lake (in Southeastern N. C., near Elizabethtown), and Town Creek Indian Mound, near Troy, no report.

## HEALTH FOR ALL

SURGERY AND TB

The lung is normally one of the most active organs of the human body, but when damaged by a serious die like tuberculosis it needs



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#### **Nothing Better** Than Good Food, Says Ohio Man

If a man isn't able to eat the foods he likes he's in mighty sorry shape—imagine going through life without being able to enjoy a fine big platter of bacon and eggs. That is the way Joseph N. Damillot, 3414 E.

5th Street Day-

millot, 3414 E.
5th Street, Dayton, Ohio, used
to be, but since
he has been
taking HADACOL, he says
he feels just
fine and is able
to enjoy lots

to enjoy lots and lots of fine

foods. Mr. Da-millot found that taking HADACOL helped his system overcome a deficiency of Vitamins B<sub>1</sub>, B<sub>2</sub>, Niacin and Iron.

Vitamins B<sub>1</sub>, B<sub>2</sub>, Niacin and Iron.

Here is Mr. Damillot's statement: "My first bottle of HAD-ACOL convinced me that HAD-ACOL was what I needed for the gas on my stomach at nights. I could not keep food on my stomache, but after the first bottle I was going great. Now I eat bacon and eggs, and other foods that never would stay with me. I also can sleep well at nights. Thanks to HADACOL I will never be without it, and can recommend it to all who suffer with the above ailments that I

In a second form of temporary colused were Morrow Mountain in the air is injected into the abdominal thickly populated Piedmont sections cavity to push up the diaphragm un-295,244 visitors; Mount Mitchell, atop der the damaged lung and thus com-America, 193,311 visitors, and Fort expands as the air is slowly absorbed,

Phrenic nerve paralysis is a simple due to accent on that sport at Hang- operation which temporarily paralyzes ers and dealers indicates they are making Rock Park, north of Winston- the diaphragm on the side under the ing and distributing at least as much Salem, where 16,161 engaged in it, and sick lung and compresses it for about canvas as was made last year. A at Crabtree Creek Park, between Ra- six months. The moving of the lung 9 per cent increase in tobacco acreage in breathing is cut down considerably paralysis of the diaphragm is necessary, the phrenic nerve is cut instead old canvas than was used last seaof merely crushed.

Thoracoplasty, an operation per- Many dealers say they are making

the rest it can get to heal.

That is why patients with tuberculosis are put on complete bed rest in a tuberculosis hospital. When the patient is physically and mentally relaxed, the normal work of the lungs is cut down. With the constant mossis cut down. tion of the lung lessened, the organ will grow back in about three months in the later areas and acc has a better chance to heal. will grow back in about three months in the later areas and acc in such a position that they will keep shortage in local sections. Sometimes, bed rest alone is not the diseased part of the lung permanenough for the sick lung. When this ently collapsed.

Surgery never takes the place of bed rest in treating tuberculosis but rather supplements it, if and when the

## **Good Management**

An extension tobacco specialist at State College this week urged Tar Heel tobacco growers to follow proper plant bed management and thus help prevent the occurrence of a possible shortage of plant bed canvas during the season.

The specialist, Roy R. Bennett, says Macon, near Atlantic Beach, 193,364 and the diaphragm returns to its nor growers in many areas of the State visitors. bed cloth. A check with manufacturallotments for 1951, however, will call for some increase in plant bed yardage and will require the use of more



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is the case, the doctor advises "collapsed therapy," or some other type lobectomy, the removal of a diseased lobe of the lung, and pneumonectomy, an operation in which the entire distribution of the supply can take place when local was 1,116,741, an increase Bennett urges growers to buy what up into March.

The State College tobacco specialist says good management will enable tobacco growers to transplant this year's larger crop from much less plant bed yardage than was shown last season. He urges all growers to provide plenty of water for their plants, take measures to control in-

mold control. Bennett also advises growers to take care of whatever old plant bed cloth they may have on hand.

sects, and apply materials for blue

No matter how little you pay you can always get something worse for less money.

BIRTH ANNOUNCEMENT Mr. and Mrs. C. D. White annot this will the birht of a son, born January 11 at Chowan Hospital. The beby weigherwise, he ed 7 pounds and 13 ounces.

Probably "Bas Bas"

"What's the idea of the Greens hav-

They have adopted a French baby want to understand what she says when she begins to talk."

Two classes of people believe in oluntary control: the naive and

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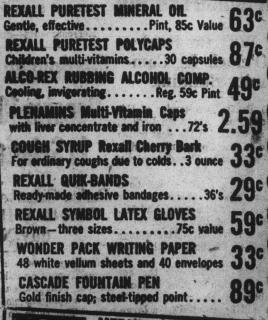
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