

# SPORTS AFIELD

By Ted Keating

Every time we publish a picture of a man standing in a boat, a lot of people write and indignantly denounce such a practice saying that you should never stand up in a boat.

These sincere people overlook a number of good reasons why there are occasions when standing in a boat is almost a necessity, Willard Crandall, our boating editor says: "Standing in a boat is something to be universally condemned, as is rocking a boat. Even with canoes there are occasions when it is not only safe but perfectly sensible to stand. Commercial fishermen often stand up in their narrow dories to pull in nets, often in rough water. The dugout canoe of the Seminole Indian in Florida rolls more easily than a birch-bark canoe. And the birch-bark canoe is less steady than today's factory-designed canoes. Still, the Seminoles stand and pole their dugouts."

Here's angling editor Jason Lucas' opinion on the subject: "I've been in and around boats all my life and I've never heard of one nonintoxicated fisherman being drowned because of standing in a boat. Fact is, most experienced fishermen do, habitually or occasionally, stand in a boat. One may do it to stretch his legs or save turning the boat to cast behind him. There's no particular reason why he shouldn't stand—since he knows when it is safe to do so. If the boat is narrow and unstable, he probably won't stand. But if the boat is wide in the beam and stable, a person of very moderate experience should be safe in standing in it."

Naturally, circumstances vary. Only a foolish person would stand in an overloaded boat, for example. But, as the Outboard Boating Club of America advises, there are even more important things to worry about—such as heeding weather signs and always stepping into a boat rather than jumping into it.

"A good boatman piloting a good boat under good conditions could seldom come into trouble by standing up in a boat," says James G. Hildebrand, publicity director of the Outboard Boating Club.

## HEALTH FOR ALL

### CANCER

While we still have a great deal to learn about cancer, the outlook for detecting and arresting the disease has brightened considerably in the past few years. Although we still do not know the exact cause of cancer, recent advances in medical research make possible earlier and more accurate diagnosis of the disease and improved methods of treating it.

But one of the most significant gains made against cancer has been possible because the people have had a more intelligent attitude toward the disease. Not long ago, because of fear, many people who suspected they had cancer kept away from the doctor. But today, more and more people are coming to realize that cancer can be arrested when it is found and treated early and are checking with the doctor at the first hint that anything is

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wrong. Cancer is a wild or weed-like growth of cells in some part of the body which, unless checked, grows or spreads until it causes death. At one time, cancer was almost invariably fatal because it was difficult to detect until the disease was far advanced. But today there are ways of detecting cancer early so that treatment can be started while the malignant growth is still confined to one area of the body.

People who form the habit of getting an annual physical examination are apt to discover cancer, if it should strike, in an early stage. This is one of many reasons why everyone should have a medical examination as a matter of routine at least once a year.

Whether or not it is time for a yearly checkup, any symptom which might mean cancer calls for a prompt visit to the doctor. There is no pain in the early stages, when cancer cells first begin to grow. But there are other warning signals of cancer which include:

1. A lump or thickening in any area of the body, particularly in the breast, lip, or tongue.
  2. Irregular or unexplained bleeding from any body opening, or signs of blood in the urine or stools.
  3. A sore that does not heal, particularly about the tongue, mouth, or lips.
  4. A progressive change in the color or size of a mole, wart, or birthmark.
  5. Persistent indigestion, especially in people over 40.
  6. Constant change in normal bowel habits.
  7. Chronic hoarseness, sore throat, or difficulty in swallowing.
- If any of these symptoms appear the person should see his doctor with out delay. The individual thus has his best chance of catching the disease if it should be cancer, in a stage early enough for successful treatment.

We know a man who believes in the complete economic emancipation of women; he thinks that his wife has as much right to support the family as he has.

## Vets Question Box

Q—I submitted a claim for increased disability compensation and failed to show up for my physical examination, since it simply slipped my mind. What should I do now?

A—Your claim for the increase has been considered abandoned. You should file a new application and make arrangements for a new physical examination.

Q—I would like to appear before the VA Rating Board on my own behalf, in connection with a compensation claim. May I do this?

A—Yes, but a definite appointment should be made beforehand.

Q—Is there any limit to the amount of money I can borrow from a private lender under the GI Bill?

A—No. The GI Bill limit is on the amount of VA's guaranty of the loan, and not on the amount of the loan itself.

## County Agents Have Free Building Plans

Farmers who want practical help with building problems can obtain free blueprints and other assistance from county farm and home agents of the State College Extension Service.

This is pointed out by H. M. Ellis, extension agricultural engineer, who says many Tar Heel citizens may not know about this service.

Some 500 sets of plans for practically all types of farm buildings, including dwellings, are available. Upon request, the agents will show actual construction drawings and assist the farmer in choosing the type of building best suited to his needs.

Types of structures included in the list are buildings for poultry, swine, sheep, beef cattle, dairy cattle, tobacco, grain and sweet potatoes. In the preparation of each type specialists in that field were called upon for help in the functional design. Agricultural engineers then prepared the drawings with the aim of making each building

as convenient, economical, and attractive as possible.

The plans include blueprints for some 30 or more types of farm homes. All were prepared with the help of home management specialists.

Ellis says about 12,000 plans of all types were distributed last year. Persons desiring copies of any of the drawings may obtain them from the local farm agent or home agent, whose offices are located in the county seat.

## Circular Published On Cotton Insects

A revised circular giving up-to-date recommendations for cotton insect control was issued this week by the State College Extension Service.

The circular was prepared by O. H. Fulmer, W. M. Kulash, and G. D.

Jones, entomologists of the Experiment Station and Extension staffs. It is entitled "Cotton Insect Control in North Carolina."

The authors point out that the boll weevil caused North Carolina's average lint yield last year to drop to a new low of only 147 pounds per acre, but growers who dusted or sprayed as recommended consistently made yields of 1½ to two bales per acre.

Aldrin has been added to the list of recommended insecticides for 1951. A 2.5 per cent aldrin-5 per cent DDT dust is recommended for control of weevils and other insects when applied at the rate of at least 30 pounds per acre at each application. However, aldrin is a highly toxic material and should be handled with extreme care. In past years, 40 per cent sulfur has been recommended in combination with other materials for control of red

spiders. However, sulfur is now in short supply and growers are urged to use it only when necessary to control red spiders.

DDT is also scarce. It should be used in combination with toxaphene, aldrin, or benzene hexachloride for that date, DDT will be needed for boll weevil control prior to July 1. After worm control.

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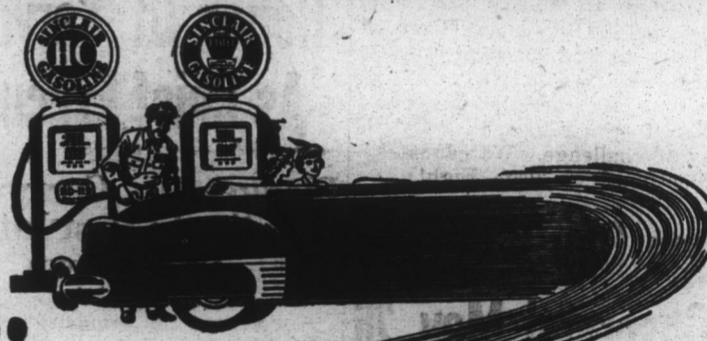
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