

POLIO FACTS

Prepared as a service to the public by the SISTER ELIZABETH KENNY FOUNDATION



SISTER ELIZABETH KENNY

1880-1952

THE TREATMENT FOR POLIO ORIGINATED BY THIS COURAGEOUS AUSTRALIAN NURSE OFFERS VICTIMS OF THE DISEASE THEIR BEST CHANCE FOR RECOVERY. THE EFFECT OF THIS TREATMENT HAS BEEN TO REDUCE TO A MINIMUM THE CRIPPLING AFTER-EFFECTS OF POLIO.

WHAT TO DO DURING POLIO OUTBREAKS



- EXERCISE NORMAL PRECAUTIONS AGAINST EXPOSURE TO COMMUNICABLE DISEASE.
- AVOID COMING INTO CONTACT WITH NEW GROUPS OF PEOPLE... SWIMMING IN POLLUTED WATER... OVER-FATIGUE.
- CLEANLINESS OF EVERYTHING TAKEN INTO THE MOUTH MUST BE CAREFULLY GUARDED.

WHERE IS KENNY TREATMENT AVAILABLE?



FULL KENNY TREATMENT IS AVAILABLE AT KENNY TREATMENT CENTERS ACROSS THE COUNTRY. EACH CENTER IS STAFFED BY GRADUATE KENNY THERAPISTS AND DOCTORS THOROUGHLY FAMILIAR WITH THE KENNY CONCEPT OF POLIO.

THE KENNY TREATMENT INCLUDES...

1 HOT PACKS AND ATTENDANT PROCEDURES TO LENGTHEN SHORTENED MUSCLES.

2 NEURO-MUSCULAR RE-TRAINING TO RESTORE NORMAL USE OF AFFECTED PARTS.

POLIO SYMPTOMS

- HEADACHE... USUALLY SEVERE AND GENERALIZED.
- MODERATE FEVER SELDOM RISING OVER 103°.
- STIFF NECK, STIFF BACK, PAINFUL EXTREMITIES, MUSCLE WEAKNESS.

THESE AND OTHER SYMPTOMS USUALLY ABATE AFTER ABOUT 24 HOURS, RECURRING WITHIN 2 OR 3 DAYS.

CALL YOUR DOCTOR AT ONCE IF THESE SYMPTOMS ARE OBSERVED!

EARLY APPLICATION OF FULL KENNY TREATMENT IS IMPORTANT IN PREVENTING POLIO CRIPPLING!

State Ranks Below Average In Cost Of OAA Administration

Total Cost of Administration Per Case \$1.55 During 1952

As a result of the special emphasis upon efficient, economical operation, the costs of administering old age assistance in North Carolina are below those in comparable States and are far below the national average, according to Frank A. Daniels, chairman of the State Board of Public Welfare. Mr. Daniels' statement is based on information released recently by the Federal Department of Health, Education and Welfare.

The total cost of administration per old age assistance case per month in North Carolina during 1952 was \$1.55 as compared with the national average of \$2.62. Comparable figures for other southern states were Alabama \$1.61, Georgia \$1.97, Mississippi \$1.79, South Carolina \$1.65, Tennessee \$1.80, and Virginia \$2.85. North Carolina's average monthly payment was slightly more than \$25.00 in 1952.

Included in administrative cost is every service and every expenditure except the assistance payments to needy people. Not only does the administrative cost include salaries, travel, office expense, but it also in-

cludes such services as the following: the cost of detailed investigations of each case before an assistance grant is authorized; periodic review of active cases at least once a year; completion of arrangements to meet medical needs of recipients; verification of all pertinent data; writing checks; and counsel and effort directed toward rehabilitating assistance recipients.

The administration cost in North Carolina is divided between State and local offices as follows: \$1.41 for the county office and 14c for the State office. This small cost of 14c for the State office administration is to be compared with a national average of 41c or three times the cost of administration in North Carolina.

"The State Board of Public Welfare and the county departments have taken advantage of every possible measure for handling the old age assistance case load efficiently and economically," said Mr. Daniels. "We are gratified that this attention to sound administration is reflected in the Federal report."

If you save a little money every month, you will be wealthy.

Nix On Vexing Old Army Manual Warns

Rare 159-Year-Old Book Published In 1794 Lists Regulations

FORT CLINTON, Ohio—A shabby brown book, its cover worn by the hands of an untold number of soldiers who have studied it, is the prized possession of Army Warrant Officer William M. Smith, of 6008 Manderson Street, Omaha, Neb.

Not for sale at any price, the rare, 159-year-old Army manual was published in 1794. It was written by Baron von Steuben, a Prussian general who came to America to help Washington during the Revolutionary War.

It bears the imposing title of "Regulations For The Order and Discipline Of The Troops Of The United States, to which are added Passed in Congress, May, 1792, and the Militia

Act of Massachusetts Passed June 22, 1793."

Smith, now serving at the Erie Ordnance Depot, acquired the Army manual in 1933. It was given to him by a fellow soldier while stationed at Fort Crook, Nebraska.

Although it is one of the first Army manuals published, the little book lists many military regulations which are remarkably the same as those followed today in military life.

"Non-commissioned officers cannot be too circumspect," wrote von Steuben. "They must treat the men with mildness and kindness, but at the same time obliging everyone to fulfill his duties."

The captain's first object, he stated, "is to love his men."

"But any irregularity in dress or conduct must result in punishment not only for the soldier but for the non-commissioned officer to whose squad he is attached."

One of the first duties of the recruit, states the manual, is "to learn to dress in the night and to always have a stopper for the muzzle of his gun in case of rain while on the march."

"Stoppages"—today known as statements of charges or deductions—"are to be made from a soldier's pay for loss of army equipment in these amounts:

- Firelock—\$15.
- Bayonet—\$2.
- Ramrod—\$1.
- Cartridge box—\$4.
- Bayonet belt—\$1.

These prices may seem like a pittance today, but to the private of 1794 whose pay was a mere \$4 a month, they loomed enormous.

Soldiers then—as today—were strictly prohibited from "vexing the inhabitants" of communities near their encampments, and this same phrase appears in various passages of the book.

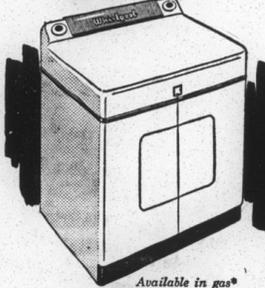
When encampment was made, guards were to be posted immediately to keep the soldiers from "vexing the local populace, and from carrying off government property to sell to buy liquor."

The ancient Army manual also brings back memories of the days BST—before scotch tape—for, just inside the cover, a torn page has been neatly sewed together with minute stitches of white thread.

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READY MIX CONCRETE DELIVERED to Edenton and vicinity from our new Williamston plant. Call us for your concrete requirements. Phone 1146 Washington, N. C. Sept 17, 24, Oct 1c

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SPORTS AFIELD

By Ted Keating

Two things about casting lines are axiomatic: (1) The lighter the line, the better it will cast. (2) The lighter the lure, the lighter the line should be.

Many casters use lines much too heavy to get the enjoyment they should out of fishing. The introduction of spinning is helping solve this. In fresh-water spinning a line over eight pounds won't work and it is dawdling on many casting rod users that a light line will not only permit better casting, but will land surprisingly big fish.

Jason Lucas says that in reasonably weed-and-slug-free water for any fish up to the size of large bass and pike, he nearly always uses a five-pound line. Where bass and pike run large, he will use a 10, sometimes a 15-pound line. The spots are rare where bass grow so large that a 10-pound line won't land them. If—and remember this if—the user keeps cutting off the worn front of his line, next to the plug, before it gets weaker than the rest of the line.

However, in bass fishing and such, for the beginner or the man who doesn't get too much practice, Lucas recommends a 12-pound line.

There are two general types of lines: the hard-braid waterproof is very common, and the soft-braid non-waterproof used by some advanced anglers. The soft will cast much better with fewer backlashes, but it will not wear as well. In heavier tests,

the soft-braid becomes too bulky. The dividing line is a matter of taste. Personally, I prefer soft-braid up to 7½ pounds test; hard-braid from that on up.

Your tackle salesman will probably look blank when you ask for soft-braid, untreated casting line and tell you no such thing is made. But ask for spinning line of that type, and you'll get what you want.

As for choosing between silk or nylon, silk casts a shade better but it won't wear as long. And a silk line must be removed and thoroughly dried after each day's fishing or it deteriorates. Nylon need never be removed and dried. But you must watch that it doesn't wear out the rod guides because rough guides will ruin the line.

The Old Reprobate

Mother—Is it true that you put an advertisement in the paper to obtain a husband?

Daughter—Yes, Ma.

Mother—I don't know what father would say to such goings on. Did you get any answers?

Daughter—Only one, from father.

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