Good Teeth—For You, Your Child **Your Community**

By ERNEST A. BRANCH, D.D.S.

The Council on Dental Health of the North Carolina Dental Society is sponsoring this series of articles on Dental Health. The writer, Dr. Ernest A. Branch, is the Director of the Division of Oral Hygiene of the North Carolina State Board of Health. In this article Dr. Branch gives some timely pointers for the prevention of tooth decay.

The Story of Tooth Decay

In the first article of this series, dental caries, or tooth decay. For a dren to practice them. better understanding of this disease, its cause and prevention, it is necessary to know something of the structure of the teeth.

The parts of a tooth are: the crown, the part above the gums; the neck, the part at the gum line; and the root, the part beneath the gums-a single root for front teeth, double or triple for the others. The teeth are comhard protective covering of the crown; to 7 were: the cementum, a layer of bonelike ma-

one of us knows, from experience, boy. something about this disease and has a personal interest in its control.

ed for years over the cause, or caus- nelius Dail and Lucille Johnson. experiments have been conducted in period were: their efforts to arrive at the answer.

of manufacturing acids that can dis-solve the enamel and eat through the Visiting ministers for the week of dentin, thus laying the living pulp February 8-14 are: White, the Rev. open to infection." The germ most Ralph W. Knight; Negro, the Rev. responsible for this condition is called Mr. Wilder. lactobacillus acidophilus. A definite relationship has been established be- T. C. Ryrum Completes tween the presence in the mouth of lactobacilli and the occurrence of tooth decay. Refined starches, especially, fermentable sugars, are the materials ture the destructive acid.

tooth or in a groove in the chewing neglected up until now. surface. Unless checked, decay will The county agent is cooperating with tooth usually dies and, often, an abs- ing varieties, laying out the orchard cess forms at the end of the roots. area, and getting it set. This work When decay has been allowed to run also was completed this week. From traction of the tooth.

caries, prevention is all the more im- notch home orchard.

portant. The cause points to certain preventive measures. They are: first, keeping the teeth free of dental plaques (that gummy material in Clarence Jernigan, which the bacteria lodge) and second, eliminating the material on which the acid forming bacteria work. In other Mary Bembry Jernigan, and simpler words, the prevalence of Defendant. tooth decay may be reduced by brush- To Mary Bembry Jernigan: ing the teeth thoroughly as soon as Take notice that possible after eating and by reducing the daily consumption of sweets, These control measures are simple and can be practiced by each of us. They lief being sought is as follows: plainthe arch-villain in the struggle for are also effective. Start, today, adopt good dental health was identified as them for yourself and help your chil-

Again, we stress the importance of the early detection of decay, by reguifor more than two years next precedlar visits to your dentist.

Patients admitted to Chowan Hosposed of four tissues: the enamel, the pital during the week of February 1

White-Mrs. Blanche White. Presterial covering the roots; the dentin, ton Morgan, Mrs. Evelyn Whiteney a substance softer than the enamel be- and baby boy, Percy Harrell, Medlin neath the enamel and cementum, and Belch, Mrs. Laura Hopkins, Mrs. Sathe pulp, a soft spongy material in rah Hudson, Mrs. Elsie Hare and baby the center of the tooth, containing the girl, Mrs. Mamie Hare, Mrs. Eva Modnerves and blood vessels. Dental lin and baby boy, Mrs. Margaret caries attacks and destroys these tis. Swain and baby girl, Master E. J. Bovce, Jr., John Small, Mrs. Flora The prevalence of tooth decay has Willard and baby girl, Mrs. Rachel been established. Practically every- Hughes, Mrs. Mary Barnes and baby

Negro - Marjorie Jennett, Pearl Blount, Ethel Brothers, Adeline Leary, Take notice that Dental scientists have been concern- Gussie Elliott, Mietta Fayton. Cores, of dental decay. Many studies and Patients discharged during the same titled action. The nature of the re- deceased, late of Chowan County,

White-Mrs. Virgie Bond, Henry In the light of their research findings Gardner. Mrs. Chancey Comstock. Mrs. the generally accepted theory is that Lillian Elliott, Medlin Belch, Barney decay is produced by an acid that is Poole, Mrs. Evelyn Whiteney and formed by the action of certain bac-baby boy, Mrs. Eva Modlin and baby teria on the food particles, especially, boy, Mrs. Elsie Hare and baby girl. sugars and starches, that adhere to Mrs. Mamie Hare, Mrs. Blanche the teeth. This acid destroys tooth White, Ernest Patrick, William Perry, Percy Harrell, Alfred Winslow,

The mouth has been compared to a Negro-Hattie Hurdle and baby "tiny biochemical laboratory capable boy. Ethel Brothers, Gracie Brown,

Orchard On His Farm

T. C. Byrum has, at last, an orchfrom which these bacteria manufac- and to provide fruit for his family, and for the tenant families on his farm in Decay attacks first the enamel of Cross Roads community. Mr. Byrum the tooth. It usually starts on a sur- states that he has been intending to face that is in contact with another do this for the last 32 years, but just

and the dentin Mr. Byrum in this project to make it a until it reaches the pulp of the tooth. demonstration in producing the fami-When the pulp becomes involved the ly fruit supply. He assisted in selectits course the only remedy is the ex- here on, Mr. Byrum plans to follow good fertilization and management Since there is no "cure" for dental practices to grow and maintain a top-

magic in it.

What you can do, or dream you can,

Legal Notices

NOTICE OF SERVICE OF PROCESS BY PUBLICATION STATE OF NORTH CAROLINA CHOWAN COUNTY IN THE SUPERIOR COURT

Plaintiff,

A pleading seeking relief against you has been filed in the above entitled action. The nature of the re- | Mary Kennedy Elliott, tiff seeks an absolute divorce from the bonds of matrimony heretofore existing between the plantiff and the

defendant on the ground of separation ing the bringing of this action; You are required to make defense to such pleading not later than the titled action. 18th day of March, 1954, and upon your failure to do so the party seeking service against you will apply to

This, the 21st day of January, 1954. LENA M. LEARY. Assistant Clerk of

Superior Court. Jan28.Feb4.11.18c

the Court for the relief sought.

BY PUBLICATION STATE OF NORTH CAROLINA CHOWAN COUNTY IN THE SUPERIOR COURT Alice Cayton Butler,

Plaintiff, Richard Orville Butler, Defendant.

To Richard Orville Butler:

A pleading seeking relief against

You are required to make defense their recovery. All persons indebted sonal property to the Estate of the to such pleading not later than the to said estate will please make im-18th day of March, 1954, and upon mediate payment.
your failure to do so the party seek. This 19th day of January, 1954. your failure to do so the party seeking service against you will apply to the Court for the relief sought.

This, the 23rd day of January, 1954 E. W. SPIRES, Clerk of Superior Court. Jan28, Feb4, 11, 18c

NOTICE OF SERVICE OF PROCESS Chowan County BY PUBLICATION STATE OF NORTH CAROLINA CHOWAN COUNTY

IN THE SUPERIOR COURT Plantiff,

oseph Henry Elliott

Defendant. To Joseph Henry Elliott

ake notice that

The nature of the relief being sought is as follows: an absolute di-

vorce from the bonds of matrimony heretofore existing between the plaintiff and the defendant on the ground J. N. Pruden, Attorney, of separation for more than two years Edenton, N. C. next preceding the bringing of this action.

You are required to make defense to such pleading not later than March NOTICE OF SERVICE OF PROCESS 17, 1954, and upon your failure to do you will apply to the court for the re- 28-75 that the undersigned Adminilief sought.

This, the 26th day of January, 1954. E. W. SPIRES, Clerk Superior Court. Jan28, Feb4, 11, 18pd

ADMINISTRATOR'S NOTICE

North Carolina, Chowan County Having qualified as Administrator

you has been filed in the above en- of the Estate of Henry Lee Wilson,

tiff seeks an absolute divorce from the bonds of matrimony heretofore existing between the plantiff and the defendant on the ground of separation for more than two years are the latter of the latter for more than two years next preceding the 19th day of January, 1954, or and will sell, to the highest bidder this notice will be pleaded in bar of for cash, the following described per-

> L. C. BRIGGS, Administrator of the Estate of Henry Lee Wilson,

Jan21,28,Feb4,11,18,25c

North Carolina,

ADMINISTRATOR'S NOTICE Having qualified as Administrator of the Estate of J. J. Parker, deceas- Feb4,11pd

ed, late of Chowan County, North Carolina, this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned on or before the 5th day of February, 1955, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate A pleading seeking relief against will please make immediate payment. you (has been filed) in the above en-

A. J. PARKER, Administrator of the Estate of J. J. Parker (Deceased) Route 1, Box 45 Hobbsville, N. C.

Feb.4,11,18.25,Mar4,11pd

NOTICE OF SALE OF PERSONAL PROPERTY

Notice is hereby given as requirso the party seeking service against ed by North Carolina General Statute strator of the Estate of J. W. Cates,

Boldness has genius, power and lief being sought is as follows: plain- North Carolina, this is to notify all deceased, late of Chowan County,

Thirty (30) shares of stock Edenton Cotton Mills, Edenton, North Carolina, as evidenced by Certificate No. 375. Five (5) shares of stock in Bank of Edenton, as evidenced by Certificate No. 254. Posted at the Court House door and four other public places this the 27th day of January, 1954.

JOHN W. CATES, Administrator.

FOR SALE

Valuable Farm Land 2 MILES WEST OF EDENTON ON U. S. HIGHWAY 17

Peanut, Tobacco and **Cotton Allotments**

If Interested Write or Call

PHONE 386-J-2

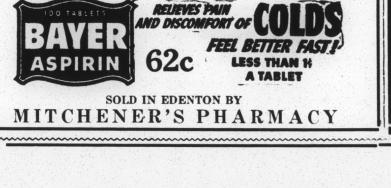
Edenton, N. C.

VALENTINE

DANCE V. F. W. Post Home SATURDAY, FEBRUARY 13th

9:00 P. M.

Couples Only





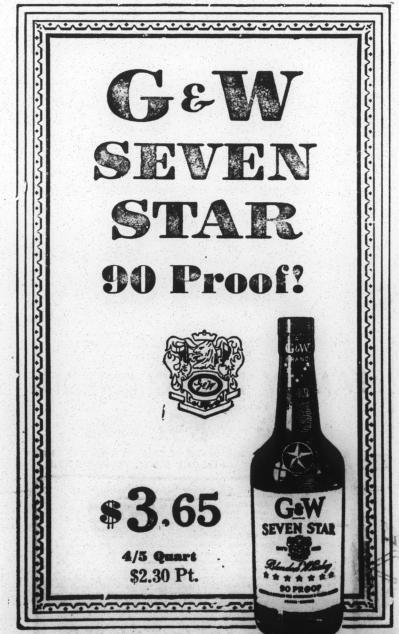
Let Us Check Your Equipment Now For Repairs ... Be Ready To Plow When The Time Comes!

Byrum Implement & Truck Company

Edenton, N. C.

EDENTON - HERTFORD HIGHWAY U.S. 17—ONE MILE FROM CITY LIMITS

operation on any tractor! You'll have to see it to believe it!



BLENDED WHISKEY, 624% NEUTRAL SPIRITS DISTILLED FROM CRAIR GOODERHAM & WORTS LIMITED, PEORIA, ILLINOIS