

Road Commission Adopts New Rules For Highway Signs

Land Owners Held Responsible For Signs on State Right of Way

The State Highway Commission recently served notice on sign posters, and all other persons who own, put up or control roadside advertising signs on the highway right of way. In a resolution adopted at the January meeting of the Commission, any adjacent land-owner who allows or permits an advertising sign to be erected on the highway right of way is now just as responsible as the firm or person who erects the sign.

The Commission stressed it plans to chase all signs, buildings, and other unauthorized intruders off its right of way. Under the new ruling, the owner of a roadside business can be prosecuted when an advertising sign is placed outside his place on highway property, even though he may claim he doesn't own the sign.

Formerly, only the advertising firm or the sign board company which owned and erected the sign was guilty. The Commission already has laws under which owners of offending signs, gas pumps and the like can be prosecuted for trespassing on its highway right of way.

Before the recent ruling making the land-owner jointly responsible was made, the penalty was limited to \$10. Now, that may run as high as the judge thinks wise. Separate penalties may be imposed for each day the sign is allowed to stand after it is ordered removed.

Also, the Commission said many a Tar Heel has found himself in a hopeless situation because he neglected to buy or build on the kind of road he wants.

Many people have bought low cost homes in poorly engineered housing developments. They are told that arrangements have been made for keeping up the streets. Only later, to the new home-owners learn that the streets are nobody's responsibility. When they come to the nearest highway office with requests that their streets or roads be added to the highway system, all too often their requests have to be denied. Why? Usually, because the streets are not built to State Highway Commission standards or because at least 60 feet has not been set aside for street right of way. After the Commission can't take over the streets, even if they wished to, because the right of way may be half the width the Commission requires.

Let other Tar Heels stumble into a similar predicament, the Commission urged prospective home-owners to remember:

1. Don't buy a lot or house off a paved city street or off a paved State road unless you know for sure that

Food Sense—Not Nonsense



Let's Have No 11 o'clock Drag!

Breakfast habits of many Americans on-the-go are due for a change—a change back to better breakfasts. Too often, this first meal of the day could no longer qualify as one of the good old-fashioned "three squares a day." People who skip breakfast or eat a skimpy one are apt to drag by 11 o'clock.

These are the people who may say, "I'm not hungry early in the morning." Perhaps they may not be, but are they alert at this time or does it take a good lunch to get them into action? Those who lack an early morning appetite might start the breakfast habit by eating small portions of a balanced breakfast, stepping up the quantities gradually. The cost of mid-morning hunger has been checked in an extensive study at the University of Iowa School of Medicine. During late morning hours, college students who ate a good breakfast turned out more work, were quicker in their reactions—both mental and physical—and did not tire as easily as when they either ate no breakfast or had only unsweetened coffee.

Scientists say that those who skip over this meal or who eat a slim one, frequently fail to get enough of the needed nutrients in luncheon and dinner. For example, fresh fruits which furnish vitamins for sparkle are not always included in the last two meals of the day.

What is a good breakfast? Authorities say that breakfast should furnish from one-fourth to one-third of the daily food needs. Plenty of fatigue-chasing protein should be in the breakfast—at least one-fourth of the daily protein needs should be included if that let-down feeling is not to appear by mid-morning.

A good breakfast can follow a basic pattern—fruit, a main dish such as eggs or a breakfast meat, enriched bread or toast, and milk. All of these foods except fruit are top sources of protein; they feed out a steady supply of energy. Enriched bread supplies not only protein but the essential B-vitamins, riboflavin, niacin and thiamine. Served as French toast, bread can be the basis of a high protein dish which combines eggs, milk and bread.

the road you get will be all you want.

2. Don't buy or build in a subdivision until you know for a fact that definite arrangements have been made for maintaining the roads and streets.

3. Don't assume when you build that the Highway Commission will take over the upkeep of the road past your new property. The Commission has so many such requests that many must be declined or at least delayed.

4. If you locate on a dirt road maintained by the State, don't assume the Highway Commission will pave it. Try to locate on a road that already is paved.

5. If you do locate in a subdivision outside city limits, be sure the streets are to State Highway Commission standards and that at least 60 feet has been set aside for road and street right of way. Otherwise, the streets probably never will be taken over by the Highway Commission.

The Commission says the problem could be checked if counties and cities would establish really workable planning and development boards.

Hungry

"Bill said I looked good enough to eat last night."

"And so you steered him to a high-price restaurant, I suppose."

He was ever precise in promise-keeping. —Shakespeare.

Negro PTA Raises \$134.71 At Banquet

Interesting Meeting Is Held In High School Cafeteria

The Edenton Negro High School PTA had its annual banquet on Monday night, February 1, in the school cafeteria which was beautifully decorated with assorted pot plants on each table.

A short, but impressive program was given by Shelton Badham, president of the PTA, acting as toastmaster. D. F. Walker, principal of the school, welcomed the guests. James Sawyer of Canaan's Temple spoke on the subject "What Parents and Lay People Do to Help Improve Attendance at School." W. H. Collins offered grace for the occasion. After the program a banquet dinner was served to approximately 150 guests.

The purpose of the banquet was to offer social entertainment and fellowship to all PTA members and friends, and to secure funds to help buy equipment for the Physical Education Department.

The amount of money realized from the banquet was \$134.71. More parents are urged to attend each PTA meeting which will be held at the high school gymnasium the first Tuesday in each month.

CARD OF THANKS

We wish to extend our heartfelt thanks and appreciation for the acts of kindness, messages of sympathy and beautiful floral offerings received from our many friends during the sad bereavement and death of our loved one, Mrs. Selma Rogerson.

THE ROGERSON AND HARRELL FAMILIES

FOR SALE

6-Room House
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Importance Of Milk Is Emphasized At Community Meeting

The first of a series of joint community meetings to be held this month was conducted at Center Hill community on Thursday night. The ladies provided a covered dish supper which was thoroughly enjoyed by all present. The program consisted of an illustrated discussion of needs in the family food supply, particularly pertaining to milk and milk products.

Mrs. Imogene Cochrane, the home agent, explained and demonstrated why and how important milk is in the family diet, showing that milk is one of our cheapest foods. C. W. Overman, county agent, discussed pastures and feedings of the family milk cow and how easy it is to take care of a milk cow if a family will only try. He pointed out that, at the present time, only 163 of the 798 farm families in Chowan County report having a milk cow.

"It is true that possibly most of the families use canned milk and also dried milk," said Mr. Overman, "but when you have a family cow, and plenty of milk available, you, naturally, are going to use more, and will come nearer using a sufficient amount for the family diet."

Culling Poultry Saves Yeopim Couple Money

Feeding culls and loafers is an expensive practice, according to Mr. and Mrs. J. L. Williams, of Yeopim community. Mr. and Mrs. Williams had been keeping a flock of some over 200

second laying hens. The production had dropped down to about 68. At their request, a laying flock culling demonstration was conducted with them by C. W. Overman, county agent. Mr. Overman explained to those present the characteristics to look for in good layers, and those to expect to find in poor or non-layers.

Under the direction of Mr. Overman, Mr. and Mrs. Williams began to judge the birds themselves, and before the demonstration was over they were doing a good job of culling. Some over 100 culls and loafers were removed from the flock which will convert the flock into one of profit, rather than one of loss.

Various Sections Have Community Buildings

Community improvements in Chowan County is moving forward. Cross Roads and Center Hill communities have community buildings. Community buildings are almost completed in Gliden, Oak Grove and Advance communities. A community joint meeting will be held in each of these three buildings, as well as the other two, this month.

These buildings are providing a wonderful community center for our rural people.

TOBACCO DEMONSTRATIONS

Quite a number of tobacco growers are showing an interest in treating tobacco beds to control weeds and diseases. Methyl bromide, at the rate of nine pounds per 100 square yards, is a practice being used at the present time.

A tobacco bed treatment demonstration was conducted last week with Bristoe Perry, of Advance community, with other farmers attending.

George W. Bunch of Cross Roads community, was also assisted in conducting a demonstration on treating a tobacco bed with methyl bromide to control weeds and diseases. A 50-yard section of bed was treated, leaving another section untreated for comparison.

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—Persius.

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CLASSIFIED ADS

EASE THROAT! BUY SOOTHING, sanitizing, OLAG Tooth Paste at the drug store.

MAN WANTED — GOOD NEARBY Raleigh business now open. If willing to conduct Home Service business with good profits, write immediately. Raleigh's, Department NCB-310-45, Richmond, Va. 1tpd.

LOST — WEDDING AND ENGAGEMENT rings with two rubies on each side and diamond in center. Both rings identical. Have initials R.O.R. inscribed in rings. If found please notify Mrs. Reather S. Ward, P. O. Box 101, Edenton. 1tp

RED, WHITE AND BLUE GRAPE Vineyard—2 each Red Lucile, White Niagara, and Early Blue Fredonia—total Six Grape Vines 2 yr.—Offer No. 3-D—for \$3.30 Postpaid. Write for Free Copy New 56-page Planting Guide Catalog in color, offered by Virginia's Largest Growers of Fruit Trees, Nut Trees, Berry Plants, Grape Vines, and Ornamental Plant Material. Salespeople wanted. Waynesboro Nurseries, Waynesboro, Virginia. 1tc

WANTED TO BUY—9 x 15 RUG. Must be in good condition. Phone 480. Feb4,11c

FOR RENT—6-ROOM APARTMENT with one and half baths. Most conveniently located one block from downtown Plymouth on Main St. See or call Mrs. L. O. Horton, phone 2676, Plymouth. Feb11,18pd

SEWING MACHINE REPAIRS—on all makes. Free estimates in advance. We will loan you a machine while yours is being repaired. SINGER Sewing Center, 605 East Main Street, Elizabeth City, N. C., phone 4306. Nov4tc

WE HAVE AN OPENING FOR ONE man to do specialty saleswork in Edenton. If you have a car and can furnish good references contact C. W. Chearning, P. O. Box 559, Goldsboro, N. C. Phone 3101. Feb4,11pd

FOR SALE — ELECTRIC RANGE and refrigerator. Good condition. Apply 814 North Broad Street. Feb4,11pd

SINGER SEWING MACHINES—New Singer machines may be purchased for as low as \$94.50. Budget terms. Liberal trade-ins. SINGER Sewing Machine Center, 605 East Main Street, Elizabeth City, N. C., phone 4306. Nov5thc

OLD LINE LIFE INSURANCE COMPANY desires full or part time representative in Edenton. Full line of life, annuities and retirement income policies with disability benefits from the first day of disability. High school or college education desirable. Apply Box 165, Edenton. Jan28, Feb4,11,18,25c

BUSINESS OPPORTUNITY—HUGE profits. Set up your own soft ice cream business, drive in, or store. Latest model continuous Electro Freeze freezers. No franchise or royalty. Will train you and can finance complete equipment. Electro Freeze Distributor, 1305 W. Trade Street, Charlotte, N. C. Phone 63980. Jan28, Feb4,11,18pd

HELP WANTED—MAN WITH CAR between ages of 25 and 55 to sell Nationally Advertised Watkins Products to Farmers in Chowan County. Man willing to travel on his routes six days a week will earn \$90 per week or more. If interested, write R. L. Rollins, Box 113, Goldsboro, N. C. Jan28, Feb4,11c

WANTED—WHY WORRY ABOUT Athlete's Foot, Boils, Burns, Itch, Eczema, Impetigo, Pimples, Psoriasis, Ringworm or any known skin disease. Ask your druggist about V-J-O. ExpFeb20, 1954pd

FOR SALE—AT GUS LANCASTER Stockyards, Rocky Mount, N. C. February 24th, five two-year-old Registered, Horned, Hereford Bulls. Ready for service. Larry Domino bloodlines. Big bone, short legged, deep bodied and short coupled. Should produce good results on any commercial herd of beef cattle. Wayside Farms, Statesville, N. C. Feb4,11,18c

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