

Condensed Form For State Income Report

Qualified Taxpayers Allowed to Take Blanket 10% Reduction

"North Carolina taxpayers may take a blanket deduction of 10 per cent on 1953 returns if they are qualified to use the convenient new short form D-400A", State Revenue Commissioner Eugene Shaw pointed out today.

This new condensed form for filing State income tax was provided by the 1953 General Assembly. It may be used only by those taxpayers whose income consists of salaries, wages, commissions, and interest or dividends.

If the taxpayer's income was received from sources other than these, he must use the regular long form, D-400, which has been in use since the State levy was made on income, back in 1921.

If the taxpayer had sources of income other than those described above, and he uses the long form, he must follow the same pattern as in years past. Both husband and wife must qualify for the use of the short form before either can file on it; otherwise, both must use long forms.

Joint returns of husband and wife may be filed only if their joint income is derived from the same source or sources, and such income cannot be separated.

Some examples of income which cannot be filed on the short form include: Income from rentals, profit from sale of real property, profit from the sale of stocks and bonds, annuities, professional occupations, income from ownership and/or operation of a business or farm. This is the case even though the taxpayer may also have income from salaries or wages which would otherwise be subject to use of the short form.

If the long form must be used, the taxpayer is entitled to deduct all of his professional or business expenses,

and may deduct such personal expenses as contributions to religious and charitable organizations, certain personal taxes, personal interest charges paid, medical expenses which exceed 5 per cent of his net income, and other personal expenses deductible under the law. "A taxpayer cannot claim the standard 10 per cent deduction if required to file the long form," the Commissioner asserted.

Commissioner Shaw commented on the action of the General Assembly in providing for the simpler short form:

"It was the intention of this legislation to eliminate the necessity of non-business persons' keeping books and records on their income and allowable deductions, and thus make easier the filing of their State income tax returns."

CHRISTIAN CHURCH SERVICES

Services at the First Christian Church have been announced as follows by the pastor, the Rev. E. C. Alexander:

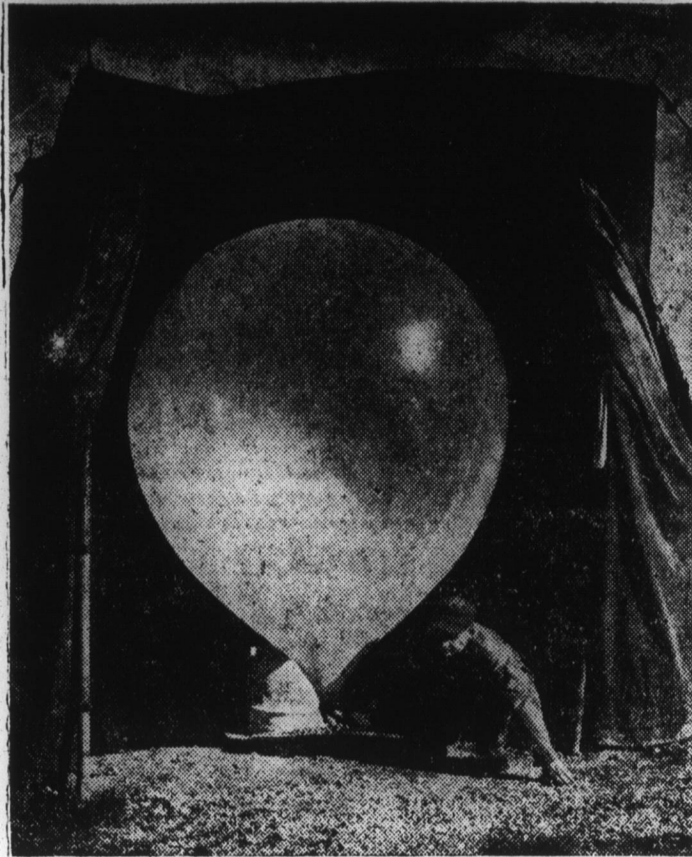
Bible School, Sunday morning at 10 o'clock; morning service at 11 o'clock; young people's meeting at 6:30 P. M.; evening service at 7:30 o'clock. Wednesday Evening Bible Class meets at 7:30 o'clock. Everybody is welcome to all services

EGG PRODUCTION DROPS

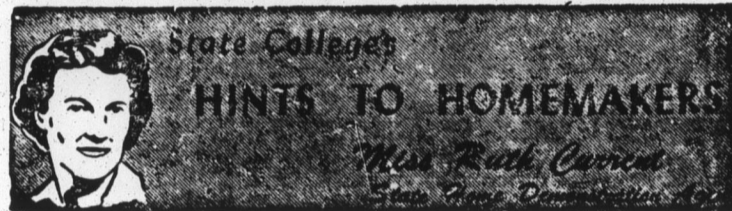
Total egg production in North Carolina during the month of January, 1954 is estimated at 109 million eggs. This amount is 2.7 per cent below the production of January 1953 — while the 8,944,000 average number of layers on hand during January 1954 is 3.4 per cent below the 9,257,000 on hand during January of 1953. The average rate of lay for all hens during the month was slightly higher than for January a year earlier.

NASH AD FEATURES N. C.

Full page advertisements of the Nash Motor Company now appearing in Sports Afield, Outdoor Life, Field and Stream and other national publications feature North Carolina. They are the famous Ed Zern series, and this one is a letter about the mountains of Western North Carolina by John Gasque of Asheville, famous outdoor writer.



HOLDING THE BAG!—This helium-filled balloon soon will be on its way up into the stratosphere to gather valuable weather data for Army anti-aircraft sharpshooters at Camp Nupunja, Okinawa. Balloons like this haul aloft radiosondes—electronic weathermen—which relay back to earth weather data vital to pin-point accuracy.



SHOPPING TO SAVE—The thrifty homemaker becomes a smart shopper when she shops with a carefully-planned market list. She can save more pennies in her budget by observing these points:

1. Shop in person whenever possible.
2. Shop from store to store for the best food buys in price and quality.
3. Read labels to determine quality, size and weight. Consider food use. Less expensive grades of most foods have the same food value and are just as satisfactory for many purposes as more expensive and perfectly shaped foods.
4. Compare relative costs of different forms of food—such as fresh, canned, frozen and dried.
5. Select vegetables and fruits which are plump and firm and without decay. Sometimes fruits and vegetables with only slight, superficial blemishes which can be removed will be cheaper and just as satisfactory for cooking. Wilted vegetables may be an utter waste because they often cannot be used at all.
6. Buy eggs to get the best value under state grading regulations. Strictly fresh, high-grade eggs, although not necessarily the largest size are preferred when served as a single dish. For casseroles, croquettes, meat loaves and general cooking, smaller eggs are quite satisfactory. The color of the egg shell does not affect the eating quality or the food value, but sometimes affects the price.

Practice Relaxing—Twisting your handkerchief, a lock of hair or other personal articles indicates self-consciousness, nervousness. This self-conscious habit can be overcome without too much trouble if one will exercise a little will power. Practice constantly letting the hands lie relaxed and really be relaxed. One must develop a feeling of muscular control and noise. It makes other people around you have the "hebe jebies" to see someone twisting, pulling, or fidgeting with some article of clothing, fussing with hair, face, or clothing accessories. These are indications of emotional insecurity.

Make the habit of letting the hands lie relaxed in your lap, on the arm of a chair or desk, or wherever you sit down.

Oranges — Buying Do's for Best Values—Choose fine fruit, heavy for its size. Skin should be smooth, waxy and thin. There are different kinds of oranges—juice oranges, Valencia and Navel. The Navel orange is perfect for sectioning, slicing, and eating out of the hand (perhaps a bit higher in price). They are seedless. Valencia are excellent for juice and sectioning. Juice oranges often come in bags. Sometimes color has been sprayed on their bright skin. The coloring does not change the flavor or eating quality. The coloring is a harmless vegetable coloring that makes the fruit colorful and bright. In an eight pound bag of large oranges (10 to 14 oranges) you could expect to get about eight, eight-oz. glasses of juice. In a five pound bag of oranges (six to nine large oranges) you would get about five glasses. Be a good consumer buyer.

SOUPS—Have you ever used some of the good creamed soups for pour-on sauces, creamed dishes, or as a base for casserole dishes? They're wonderful! Those leftover vegetables and meats you would rather not look at again can be made not only tempting to look at, but also so very good! Try cream of tomato, asparagus, mushroom and celery soups; and there are many others.

COOKING TO SAVE—Many important vitamins and minerals may go down the drain, into the garbage or be destroyed by heat if the cook does not take time to understand and know

dering and dry cleaning is a science and an art. Are we satisfied with the way our clothes are returned to us from our laundrier and dry cleaners?

Good grooming is directly related to knowledge and skill of laundering and dry cleaning. What problem is bigger for the housewife than that weekly laundry for the family? Are the nylon undergarments, sheets and pillowcases grayed from following poor laundry practices? What about curtains, slip covers, draperies, blankets that have been sent to the dry cleaners? Are they off color? Have the woollens been shrunk?

It's time for homemakers to start studying more about the high cost of laundering and dry cleaning, at home and away from home.

STRETCH THE FOOD DOLLAR—Follow advertising and weekly market specials.

Foods in season, plentiful and locally-produced, cost less.

Use low-cost foods like dried peas and beans, macaroni products and rice often. There are many combination dishes which will use one of these staple foods as the foundation.

Use economical cuts and lower

grades of meat. All grades of meat have essentially the same food value. Many "variety meats," such as heart and tongue, may be nutritious penny savers.

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