

DAR Congress In Session This Week

Interesting Program In Progress For 3-Day Meeting

The 54th annual congress of the Daughters of the American Revolution assembled in Durham Tuesday afternoon for a three days' session.

The executive board met at a Dutch breakfast Tuesday morning. Mrs. G. A. Kernode, State Regent, presided at the afternoon meeting at 2 o'clock with the State officers entering to the procession played by Mrs. William H. Hall. Mrs. Benjamin, State president of the Children of American Revolution, brought greetings and after the meeting tours were made to Durham factories and the Sarah P. Duke gardens.

A banquet was held at 6 o'clock, at which Mrs. Charles Carroll Haig, national president, C.A.R., Washington, was the speaker. Special music was rendered by Norman Cordon, Metropolitan Opera singer, who was accompanied by Walter Golde.

At the Tuesday night session the principal speaker was Henry Evans Robinson, D.D., pastor of the First Congregational Church of Burlington, whose subject was "Our Nation on Trial."

State officers held a breakfast Wednesday morning, and at the morning session reports were submitted by special and national committees. At noon a memorial service was held in the First Baptist Church, when the roll of deceased members was called and flowers placed in a wreath.

A conference luncheon was held at 1 o'clock, when the speaker was Mrs. R. M. Lester. From 4:30 to 6 o'clock Mrs. Hollis Edens honored the State

officers at a tea. At the evening session the principal speaker was Senator J. F. Whitfield.

This (Thursday) morning district directors and chapter regents will have a breakfast with Mrs. C. E. Teague presiding. The morning session will open at 9:30, when district directors and regents are expected to make reports. New district directors and State officers will be presented and pages introduced, and after various committees are introduced, the conference will adjourn.

"Judging Livestock" 4-H Club Subject

Regular 4-H Club meetings were held in the schools last week. The subject of the agent's demonstration was "Judging Livestock." Slides were shown of desirable and undesirable breeding animals and reasons were given for placing a particular animal in each group.

One local 4-H club meeting was held at the home of a club member, Esther Hollowell, on Wednesday night. This meeting was for club members of the Center Hill community. Attendance was not so good as it was at the meeting in January. However, several other meetings were held the same night. Therefore, the agents felt that it was a successful meeting.

Several visits were made to 4-H Club members last week concerning the poultry project which is sponsored by the Berkley Feed Co., Norfolk, Va.

VFW AUXILIARY MEETING
The Auxiliary of William H. Coffield Post, No. 9280, Veterans of Foreign Wars, will meet tonight (Thursday) at 8 o'clock in the VFW home. Mrs. Ellie Mae Parrish urges all members to attend.

The heroes of mankind are the mountains, the highlands of the moral world. —A. P. Stanley.

THAT'S A FACT

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You Can Begin
SAVING AS LITTLE AS A COUPLE OF DOLLARS EACH PAYDAY THROUGH THE SAVINGS BOND PAYROLL SAVINGS PLAN WHERE YOU WORK.

State Colleges HINTS TO HOMEBREAKERS

Save Food Through Right Storing—Storing food is just as important as buying. If foods are not properly cared for, money saved by careful buying may be lost.

In this day of mechanical refrigerators, freezers, vegetable compartments and similar equipment, the basic problem of storage is sometimes forgotten. Moist foods should be kept moist; dried foods should be kept dry; frozen foods should be kept frozen; and fresh foods as nearly in their fresh-cut or field-ripened condition as possible.

All perishable foods need refrigeration. Most refrigerating equipment collects moisture in the form of frost on the freezing coils. A large part of this moisture may be drawn from the foods as well as the air in the refrigerator. Consequently, most foods, with the exception of thick-skinned fruits like oranges, should be wrapped or covered to prevent this loss of moisture and shrinkage in weight and size and to avoid the transfer of food flavors.

Some of the refrigerators on the market today are equipped with "moist-cold". In this type of refrigeration, humidity is created in the food compartment so that foods may be kept uncovered without drying.

Here are a few suggestions for food storage: bread—Store in a bread box with a few small holes for circulation of air; leftover bread may be dried, rolled and stored in a tightly covered jar for use as bread crumbs. Leftover rolls, coffee cake, or quick breads should be wrapped in waxed paper and reheated, or split and toasted for other meals.

PENNY SAVERS—Buy foods in quantity, if possible. For example, when buying apples for baking, plan to use them in other meals in different forms, like apple salads, fried apple rings and apple betty.

Buy government inspected meat with purple inspection stamp. This stamp is required on all meat shipped across state lines. Meat grades include Prime, Choice, Good, Commercial and Utility. In general, the less expen-

sive cuts and lower grades will be the best buy if properly cooked—but choose carefully. Cheaper cuts may prove more costly in the long run if they contain too much fat or bone. When buying ungraded beef, check to see that the lean meat is light red, velvety-appearing and liberally veined with fat.

Buy breads, flour and cereals only if "enriched" or "restored" or "whole grain" is printed on the labels. They cost no more and add extra B vitamins.

NOTICE

The Chowan Ruritan Club is sponsoring a Box Supper at the Chowan High School auditorium Friday, March 12, at 7:30 P. M.

and minerals to the diet.

Buy "cash-and-carry" to save the extra cost of credit or delivery charges.

Buy foods by weight rather than bulk measurement or count whenever possible. Check scale to be sure the indicator is on zero before food is weighed.

PRESBYTERIAN SERVICES

Revival services continue at the Presbyterian Church every night at 7:30 until March 10. The speaker, the Rev. Terrill Lytle, gifted young preacher, musician and Gospel chalk artist. Everyone is invited to attend these services which feature a faithful presentation of the Gospel, special music, and congregational singing of

the grand old Gospel hymns.

Sunday morning worship service at 11 o'clock with a sermon by Mr. Lytle. Sunday School at 10 A. M., classes for all age groups.

M-G-M's CINEMASCOPE

Knights of the Round Table

Starring ROBERT TAYLOR - ANA GARDNER - MEL FERRELL

in COLOR!

4 DAYS BEGINNING MARCH 14

Taylor Theatre
Edenton, N. C.

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NOTICE!

MEETING OF BOARD OF EQUALIZATION AND REVIEW

The Board of County Commissioners of Chowan County will meet as the Board of Equalization and Review in the Court House on Monday, March 15th, at 10 o'clock A. M., for the purpose of the equalization of property values, and the said Board will adjourn from day to day until this work is completed.

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