

# Commissioners Of District Will Hold Meeting In Hertford

County Officials Scheduled to Meet Tuesday, March 16

Perquimans County will be host at the annual district meeting for County Commissioners of District One, on Tuesday, March 16, it has been announced by John Alexander McMahon, Assistant Director for the Institute of Government.

Representatives, including County Commissioners, County Attorneys, and County Accountants from Bertie, Chowan, Camden, Currituck, Dare, Gates, Hertford, Hyde, Martin, Northampton, Pasquotank, Tyrrell and Washington counties are expected to attend the meeting which will be conducted in the Court House in Hertford.

The principal topic to be discussed at the meeting, according to Mr. McMahon, will be public welfare. Points of the program to be brought out before the Commissioners will be the legal requirements of each welfare program and the responsibilities of county commissioners in connection with the preparation of welfare budgets and the approval of welfare grants.

Between 50 and 60 officials of the various counties are expected at the meeting, and Perquimans Commissioners R. L. Spivey and Earl B. Hollowell have been appointed as a committee on arrangements for the event.

## FISH WITH THE RIGHT SAUCE

By MARTHA STILLEY  
Virginia Electric & Power Co.  
Home Economist

To help your menu planning during Lenten season, try fish with the right sauce, and you will find it more than wonderful.

### BAKED FISH

Stuffing: 1/2 c. cracker crumbs  
1/2 c. bread crumbs  
1/4 c. melted butter  
1/4 tsp. salt  
1/4 tsp. pepper  
Few drops of onion juice  
1/4 c. hot water

Mix in order. Stuff 2 to 3 pound fish which has been thoroughly cleaned and head removed. Sew opening or hold with wooden picks. Salt and pepper inside of fish; lightly brush top with butter and sprinkle with flour or lard with bacon. Bake at 375 degrees allowing 20 minutes per pound.

Now mix one or more of the following sauces to serve with your fish:

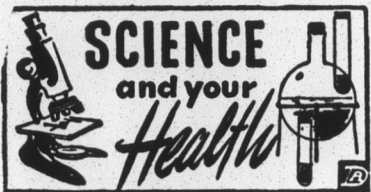
### DEVEILED SAUCE

1/4 c. butter or margarine  
1 clove garlic, minced  
1 tsp. onion, minced  
1/4 c. ketchup  
1/2 tsp. prepared mustard  
1/2 tsp. Worcestershire sauce  
1/2 tsp. parsley, chopped  
1/4 tsp. tarragon  
Pinch thyme

Melt butter or margarine in sauce pan. Cook garlic and onions in it for 5 minutes. Add remaining ingredients and bring to boiling point and remove from heat. Cool. Add a few drops only of tabasco. Serve very cold.

### TARTER SAUCE

1 c. mayonnaise



## SCIENCE and your Health

### MOTION SICKNESS

By Science Features

To millions of sensitive travelers, life on the bounding main means just one thing: seasickness. And these same unlucky travelers will often be subject to other forms of motion sickness such as air and road sickness.

The symptoms of motion sickness—and it is actually quite a serious condition—are well-known to most of us. The stomach begins to churn like the sea itself, the face becomes pale and breaks out in a cold sweat, there is dizziness and often nausea and vomiting.

These unpleasant sensations result from the stimulation, by constantly repeated motion, of certain of the body's sense organs. In the past few years science has developed several drugs in the hope of counteracting this stimulation in queasy travelers.

The most recent, and apparently the most effective, of these drugs is one called Bonamine. Tested by the Army, Navy and Air Force, Bonamine proved to give 24-hour protection against air and seasickness with just one tablet, in contrast to the repeated dosages necessary in other such drugs.

Army doctors gave Bonamine to 115 soldiers on a troopship crossing the Atlantic and found that it protected against motion sickness in 109 of the cases. When 302 paratroopers were given the drug 97.4 per cent suffered no symptoms of air sickness.

## Civil Defense Director



### EDWARD FOSTER GRIFFIN

Brig.-Gen. Edward Foster Griffin of Louisburg, new North Carolina Civil Defense Director. General Griffin's appointment by the North Carolina Council of Civil Defense, Gov. William B. Umstead, Chairman, fills the vacancy created six months ago when William F. Bailey resigned to become Director of Prisons.

2 tbsp. stuffed olives, chopped  
2 tbsp. sweet gherkins, chopped  
1 tsp. onion, minced  
1 tsp. parsley, chopped  
1 tsp. green pepper, chopped  
1 tsp. tarragon  
1 tsp. lemon juice  
1/4 tsp. salt  
1/4 tsp. pepper

Mix all ingredients very well; then chill in refrigerator. Serve cold.

### HORSERADISH SAUCE

1 c. heavy cream  
2 tbsp. horseradish  
2 tbsp. lemon juice  
1/4 tsp. salt  
1/4 c. parsley, chopped  
Whip cream, mix in horseradish, lemon juice, salt and finally the chopped parsley. Chill thoroughly.

## Conservation Of Food On Farm Important

The Agricultural Workers Council has set as one of its major objectives in 1954 to get farm families to produce and conserve an adequate home food supply on the farm. Toward this objective a club order of fruit trees has been made for seven families and a club order of strawberry plants was made for twelve families.

In the joint community meetings in February the value and importance of milk and keeping a milk cow was



## 60 - SECOND SERMONS

—By—  
FRED DODGE

TEXT: "An injury is sooner forgotten than an insult."

—Chesterfield.

There is a story told of a man so ugly that, in his younger years, he fought everyone who commented on his ugliness. After he became old, a long streak of ill-luck made him too weak to fight over such remarks. One day a neighbor inquired about his health.

"How are you feeling now?" he asked.

"To tell the truth," the ugly man replied, "I'm feeling awful bad. Starvation is staring me in the face."

"Well," said his neighbor, "That is mighty tough on both of you."

stressed. Through news articles and meetings adequate home gardens with successive plantings to provide a continuous supply of vegetables is urged.

Gratitude to God makes even a temporal blessing a taste of heaven.

—Achille Poincelot.

### Minutes Of County Board Of Education

The Board of Education held its regular meeting Monday, March 1, 1954 at 10:00 A. M., in the office of the

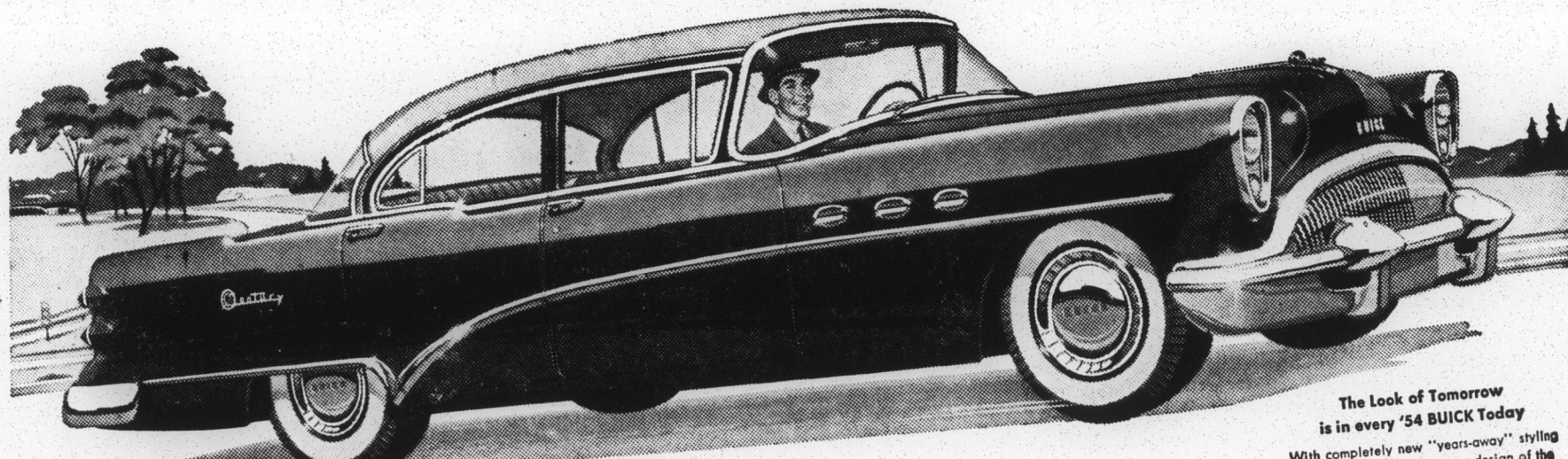
Haven't we all heard clever insults? Perhaps we have spoken a few. Stabbing and wounding with a shaft of sharp wit is as cruel as tying a tin can to a helpless dog's tail. Many times we inflict the pain thoughtlessly. A clever insult leaps to our lips. We say it. We hear applause for our cleverness and seek new opportunities to use this talent. Soon a habit is formed. Friends are lost. Hearts are hurt. With so much unhappiness in every lifetime, how much finer it is to bring happiness through the habit of offering a generous compliment. For wit, substitute wisdom. Men are feared for their wit. They are loved for their wisdom.

Superintendent. The following members were present: G. B. Potter, Carvey Evans, D. H. Berryman, J. I. Boyce and Conroy Perry.

Mr. Potter, chairman, called the meeting to order by requesting the reading of the minutes of the previous meeting. The secretary read the minutes and same were approved by a motion made and passed.

The County Treasurer's report for February was read, and same adopted by a motion made and passed. The local school fund treasurer's report for Chowan High, Rocky Hook and White Oak Consolidated Schools were read. These reports were adopted by

**MOUNTAIN RIDGE**  
STRAIGHT BOURBON WHISKEY  
\$3.35 / 4 7/8 quart | \$2.10 / pint  
4 YEARS OLD • 86 PROOF  
GOODERHAM & WORTS LTD.  
PEORIA, ILL.



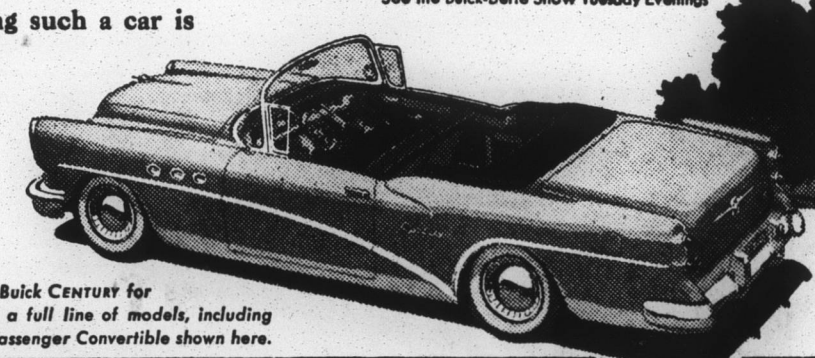
The Look of Tomorrow is in every '54 BUICK Today  
With completely new "years-away" styling  
—Keynoted by the dream-car design of the panoramic sweep-back windshield.

## Take it Easy you don't have to prove a thing!

LET'S be sensible about this subject of horsepower. An all-American tackle doesn't go around tackling people in everyday life. A world-record sprinter doesn't have to demonstrate his prowess on city sidewalks. The better you are, the less you have to prove it. And that's how it is with a Buick CENTURY. Of course it's a spectacular performer—a car with *instantly* responsive action. It has to be, for this one combines a high-compression 200-horsepower V8 engine with a nimble weight of only 3866 pounds as it comes off the assembly line. That's a power-to-weight ratio that chalks up a new record—a ratio that no other Buick has ever reached before. It can spin your wheels on a dry pavement if you give it the gun, but why waste rubber? If some show-off wants to get the jump on you at a traffic light, why not let him have fun? He isn't kidding anyone but himself, when the name on your car is CENTURY. simply this: You know so well what it can do that you never have to prove it. That lets you enjoy the tireless ease of its gait in ordinary driving, when only a fraction of its eager power is working. It gives you a quick reserve for breasting a hill—and the happy knowledge that there's still more to come in a sudden emergency. Sure, this is more power than most people really have to have. But you can hardly call it extravagant, when you are buying more horsepower per dollar in a CENTURY than you get in any other car in America.

# BUICK

the beautiful buy



WHEN BETTER AUTOMOBILES ARE BUILT BUICK WILL BUILD THEM

The 200-horsepower Buick Century for 1954 is available in a full line of models, including the stunning new 6-passenger Convertible shown here.

CHAS. H. JENKINS MOTOR COMPANY Inc.  
105 to 109 E. Queen Street PHONE 147 Edenton, N. C.

a motion made and passed. The superintendent raised the question about converting the oil burning system at the Chowan High School gymnasium to a coal stoker, in that coal at State expense could be used for heating this building. For the past three years the expense of fuel has been paid from county funds, because the State refused to allot funds for oil used for fuel. By a motion made and passed, the superintendent was requested to secure bids on the cost of the proper size coal stoker installed. The superintendent advised the Board that the proper forms were being prepared for the application of building funds with the State, with respect to the additions and alterations at Chowan High School. The secretary read the bills for February in the amount of \$3,706.95, upon motion made and passed, same were approved. Current expense, \$1,052.22; veterans program, \$845.65; teacherage fund, \$36.75; capital outlay, \$598.70; vocational teachers' salary and travel, \$718.00; lunchroom program, \$455.63; total, \$3,706.95. There being no further business, the Board adjourned. G. B. POTTER, Chairman W. J. TAYLOR, Secretary

FAMOUS STAR TELLS OF COMEBACK  
Undismayed after a tragic succession of illnesses threatened to wreck her brilliant career, Judy Garland, famous actress of screen, radio and television fame tells how she staged a courageous comeback. Don't fail to read "A Star Is Reborn," illustrated feature in the March 21st issue of THE AMERICAN WEEKLY Magazine in Colorgrave with The BALTIMORE SUNDAY AMERICAN Order From Your Local Newsdealer