# **Removal Of Water** From Land Claims

## Several Drainage Projects Completed In County

Farmers of the Chowan Work Unit of the Albemarle Soil Conservation District have been busy in recent weeks with the application of soil and

minds of the farmers cooperating with fitted by this new drainage facility. the Soil Conservation Service through

Colbert W. Byrum, a farmer of the moved on of to a swamp outlet. Ryland Community has recently comwater and divert to a swamp outlet. Conservation District. Approximately 25 acres of newlyto water logging with each rain.

areas with the use of tile.

diversion ditch to protect several acres payments. of his good Bear Swamp land from being flooded by woods water. White were made by the Chowan Agricultur is leading this excess water through al Stabilization and Conservation Coma system of dragline ditches to the mittee. Bear Swamp Drainage System which was dug several years ago with the RECOVERING FROM OPERATION assistance of the Soil Conservation

Center Hill commmunity, has just derwent a laryngectomy operation at completed the excavation of two drag- McPherson Hospital in Durham Wedline ditches. One of Monds' ditches nesday of last week. He is recoverwas a diversion ditch for intercepting ing very nicely according to latest and diverting woods water to Bear reports.

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deeds, mortgages, lost and stolen articles, and specula-tions of all kinds. You Must Be Satisfied or no Charge.

Swamp Lateral No. 2A. The other Monds' ditch was a relief lead ditch outletting in the main ditch of the Bear Swamp System.

J. P. McNider, who farms two Bear Swamp tracts, is planning a complete revision of drainage facilities on one of the tracts Mr. McNider used a Farmers' Attention of the tracts Mr. McNider used a ditch designed to receive water from four new sloped or V-type ditches which he contemplates constructing in the near future.

N. E. Jordan, a farmer of the Gliden com amity, dug a new dragline ditch recently to improve the drainage on twenty or twenty-five acres of his land. The Jordan ditch will be employed as an outlet for the drains as well as for removal of surface

water. T. W. and J. M. Fleetwood. Jr., water conservation practices to their farmers of the Yeonim community, have just finished digging approxi-The removal of excess field water mately a half mile of dragline ditch. is at the present time most in the Between 35 and 50 acres will be bene-

A. H. Copeland, a farmer of the their soil and water conservation farm Ryland area, is now engaged in conplans. Installations of improved drain- struction of new waterways for a sizeage facilities are now being made as able area of his farm land. Large fast as available machinery will per-quantities of field water now impounded in low bottom areas will be

All of these farmers have received pleted the digging of a dragline di-technical assistance from county techversion ditch. Colbert's new ditch nicians of the Soil Conservation Serwill intercept vast quatities of woods vice working with the Albemarle Soil

According to R. C. Jordan, Soil Concleared land will not now be subjected servationist, S. C. S., the assistance given these coor erators inc. ded plan-Colbert plans to improve the drain- ning for improved drainage, prelimiage condition of one or two bottom nary surveying, cost estimating, ditch designing, ditch layout, construction C. B. White, a farmer of the Cen- supervision, and certification of perter Hill community, also dug a short formance for Federal cost-sharing

The Federal cost-sharing payments

Friends of Raymond L. Everett B. P. Monds, another farmer of the will be interested to know that he un-



## PROPER POSTURE By Science Features

"Stop slouching and stand straight," is excellent advice often given to children with poor posture. Undue stress is put on muscles and weight-bearing joint surfaces by incorrect carriage. This can lead to fatigue and pain that may result in muscular tightness and a limita-

tion of motion.

Deformities are often found during routine physical examinations, according to Dr.



John G. Kuhns of Boston University. A child has normal posture if the head is balanced over the torso without any forward or backward displacement, the chest projects further forward

than any other portion of the body, the spine has proper curvature, the stomach does not protrude and the shoulders do

not stoop.

If the chest is out, the doctor says, the shoulders cannot be rounded since the same muscles control both. If the stomach is pulled in, knock-knees and "duck" feet are unlikely to occur. The common deformities result when one or more correct posture habits

are not in effect.

Posture should be taught to children when the youngster begins to stand and walk. The child should understand what he is doing wrong and should get a full explanation and examples of proper posture, the doctor added. If corrective examples of proper posture, the doctor added. ercises are necessary, they should be given by a doctor to develop co-ordination and balance in the muscles as well as an awareness of

Here I am again. Seems to me that you all would get tired of me week after week, and maybe some of you do. Anyway, here I am, bringing you the lives of two of our charming seniors.

First let's review Miss Betty Chrisine Harris, better known as Mickey. Mickey was born April 29, 1934 and s the daughter of Mr. and Mrs. G. A. Harris of Route 2. Mickey's favorite likes are any kind of music, movies She had a hard time hoosing her favorite food (as she ikes all food) but finally settled for fried chicken. She loves to cook and satisfied herself by joining the chool's FHA Club. Mickey's not sure where she is going to work after graduation but she does know she is going to work. Personally, I believe she would make a better wife for som lucky fellow.

And our senior boy is Master Ted Richard Wright who prefers to be called "Kart". Kart is the son of Mr and Mrs. Rupert Wright of 406 East Queen Street. Kart is a member of the Monogram Club and has been for

three years. And a mighty active you have a whole year in which to member I might add. His favorite win him. likes are sports, hunting, fishing, dancing and eating. This latter con- TRY A HERALD CLASSIFIED AL firmed by the fact that it is better not to have any chocolate cake within ten miles of him as he goes stark, raving mad over it. Ted plans to enter the Naval Air Force one year after grad-uation and there will be some very sad Edenton and Chowan girls after he leaves. But cheer up girls, remember,

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