#### SECTION ONE—Page Four

# **Danger Pointed Out To Farmers If They**

## Stand to Lose Two Ways

al manager of the N. C. Cotton Grow- milk products, such as, cheese, and ers Assoication.

though he thought he was planting his full allotment, will lose in two ways," very little food value. We find that Club. Mann said. "First, he will lose the in- a six ounce bottle of soft drink costs come from the unplanted portion.

allothent or one acre, which ever is the larger. This would also mean a the larger. This would also mean a loss in total allotment to the county! and state, Mann said.

"Having the land measured accurately can prevent much of this unintentional underplanting, the cotton leader explained."

will pre-measure the allotment and al- Building. low this as the official measurement for compliance.

Mann also pointed out that most communities have residents who know how to measure land and that the services of these men could be obtained to stake out the prescribed limits.

"Guessing acreage can be a dangerous practice when so much is involved," Mann said. "It seems reasonable to assume that our cotton acreage will serious."

**NEWS ABOUT 4-H** 

**CLUBS IN CHOWAN** 

By CLARA MASON

Assistant Home Agent

4-H Club on Friday, April 10th.

with them.

up to 25 years of age. After that, at of May. least one pint daily. This does not There Underplanting cotton acreage allot-mean that you have to drink "just plain milk," it can be used in custard, milk shakes salads and many other year, according to M. G. Mann, gener- milk shakes, salads and many other

Let's compare the cost of milk with 3:00 (Home Management Leaders).

5c while six ounces of whole milk at 25c a quart costs only 4.7c, skimmed April 22, Thursday—Oak Grove "Second, his future allotments will 25c a quart costs only 4.7c, skimmed

> We are very proud of our Junior 4-H girls and we feel that this previous, training will enable them to become

State winners when they become Senor members.

For a fee, the county ASC office April 28 at the Chowan Community day, April 19:

**News About Clubs** In Chowan County By MRS. IMOGENE COCHRANE Home Demonstration Agent

be cut again next year, and if we lose The family wash was-and still is valuable acres through underplanting for too many housewives-the most this year, our problem of maintaining dreaded and the most tiring of all farm income will become even more housekeeping jobs. Old methods in-

cluded a lot of unnecessary walking, stooping, stretching, lifting and carrying of heavy loads of water and wet clothes, and fire wood where the "old black pot" was used for heating wa-

ter for washday. Old style laundry equipment was a far cry from the modern electrically operated laundry equipment. Too of-

The Junior Dairy Foods Demonstra- ten the wash place was, and still is, tions are really "under way." This inconveniently located, the equipment past week seven of these teams prac- poorly arranged, and the water supticed. On Wednesday, April 7, Linda ply unhandy. Too often the clothes Brabble. Judy Weathersbee, Peggy lines were, and still are, poorly built Williams, Lula Rogerson, Linda Spi- and located too far from the wash vey, Kay Lowe, Carolyn Small and place. Heavy wet clothes must be car-Gloria Crummey practiced their dem- ried long distances.

onstrations at the home agent's of- Electric power and running water fice. On Thursday the teams at Rocky truly are making it possible for the Hock were assisted by the Assistant modern homemaker to make her job Home Agent with their demonstra- of housekeeping easy. This is espetions. The girls at Rocky Hock are cially true of home laundering. Much



THE CHOWAN HERALD, EDENTON, N. C., THURSDAY APRIL 15, 1954.

as follows: Mary Alice Perry, Becky depends on the location of the laundry Harrell, Esther Layton and Joyce Nix- center, the arrangement of equipment on. Barbara White and Betty Byrum, of the Edenton Senior 4-H Club, gave their demonstration before the entire water, as well as a handy and convenient method of drying the clothes. Through these demonstrations not These phases are included in the Underplant Cotton only do these girls learn the value of month's demonstration "Laundry la-milk and milk products, but their fel-bor savers," of the Home Demonstralow students and families learn along tion Clubs of Chowan County. This demonstration will be followed by a Executive Says Growers Some of the milk facts brought out demonstration on "Modern Laundry are as follows: This one we all know, Methods" which will be given by the at least one quart of milk is needed Home Management Leaders the month

There will be a training school for

April 15, Thursday-Leader Training School, Community Building at April 20, Tuesday-3:00 at Ryland

April 21, Wednesday-3:00 Byrd

be affected if his underplanted acre-age is more than 10 per cent of his and dry milk costs 2c. So milk in Carlton Privott and Mrs. Percy Nixon

### **Edenton Jr.-Sr. Menu**

Following is the menu at the Eden-The County Junior Dairy Foods ton Junior-Senior High School lunch Demonstration contest will be held room for the week beginning Mon-

Tuesday-Hamburgers, mashed potatoes, gravy, cole slaw, beets, rolls. butter, milk, stewed apricots.

Wednesday-Sliced bologna, navy beans, lettuce and tomato salad, carrots, bread, butter, milk, pineapple upide down cake.

Thursday-Brown beef and gravy, buttered potatoes, turnip greens, celery, carrots, hot biscuits, butter, milk, loughnuts.

Friday-Chicken pan pie with corn, candied yams, garden peas, radishes, olls, butter, milk, cookies.

NEYS

When kidney function slows down, many folks complain of nagging backache, loss of pep and energy, headaches and dizziness. Don't suffer longer with these disconforts if reduced kidney function is getting you down—due to such common causes as stress and the control of a prosume to

down-due to such common causes as stress and strain, over-certion or exposure to cold. Minor bladder irritations due to cold, dampness or wrong diet may cause getting up nights or frequent passages. Don't neglect your kidneys if these condi-tions bother you. Try Doan's Pills-a mild diuretic. Used successfully by millions for over 50 years. While often otherwise caused, it's amazing how many times Doan's give happy relief from these discomforta-help the 15 miles of kidney tubes and filters flush out waste. Get Doan's Pills today!

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