

## Swimming Pool Good Health Investment

BY K. J. EYER  
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A swimming pool is an investment in health and happiness. Swimming has long been considered one of the most healthful and beneficial sports. Recreation centers and public parks are considered incomplete without pools. Most towns and cities over 5,000 population are providing swimming pools for adults and children.

The swimming pool is a good example of an institution devised to improve hygienic conditions. Swimming is one of the best forms of exercise and about the only violent form of exercise that can be practiced in hot weather without danger of overheating the body. Swimming possesses the added hygienic advantage of promoting cleanliness.

The danger of disease transmissal is minimized with modern design and sanitary control and there is no reason for the public fearing to patronize the swimming pool at which available sanitary precautions are applied. Periodic checks for the purity of the water will be made by the health department, since it must meet health standards.

The design, construction and operation of swimming pools is being recognized more and more as a very important part of sanitation and protection of public health. The public has been educated to the importance of proper protection for drinking water and where years ago almost any kind of water was accepted from the faucet, now the water system must supply a commodity attractive to the eye, pleasant to the taste and entirely free from dangerous bacteria. These qualities have spread to the swimming pool and water meeting potable standards must be maintained if the general health of a community is to be protected and its popularity to continue. The increasing use of pools, for health, recreational and athletic purposes by a sanitary-minded public has brought about the realization that swimming pool control must take its place with other sanitation problems.

will not follow the Word of God. 4. Crowds take the line of least resistance. Jesus said, "Enter ye in at the strait gate, for wide is the gate and broad is the way that leadeth to destruction, and many there be that go in thereat. Because strait is the gate and narrow is the way that leadeth unto life, and few there be that find it" (Matthew 7:13, 14).

We dare not be guilty of taking a certain course of action just because it seems to be the way of the crowd. The broad way is not the better way, though it is crowded. The plea, "Everybody's doing it," is not a valid one for the Christian. It was following the crowd that caused the drunken sot to take his first drink, and it is following the crowd that causes people to curse, and lie, and cheat, and live unfaithfully. While the crowd may profess some interest in religion as well, and even condescend to speak well of the Church, it has nothing but contempt for sacrificial Christianity, and treats consecrated children of God with ridicule and scorn. The crowd is on its way to hell, and he who follows the crowd will follow it to its destination.

Our Lord Jesus walked a lonely pathway. He prayed alone in the garden. He died alone on the cross. The world has been shaken and

moved by men who walked alone. When society has been rotting, and nations have given away to sin, men have arisen with courage to stand alone and call the people back to God. Men like Savonarola, Wycliffe, Huss, Luther and Wesley, turned the tide of history, as they called men back to the primitive and true faith of the New Testament, because, in the face of danger, torture, and even death, they were not afraid to stand alone in the courage of their convictions.

Since the dawn of history some thirty billion people have walked upon the face of the earth, but a scant five-thousand are remembered to this day and time. Their names are recorded in your encyclopedias, and your history books. Who are they? They are the men and women who stood alone for their convictions. If they feared the crowd they showed it not.

Discipline yourself to walk alone. Stand by your convictions. Stand by the Word of God, and the God of the Word will stand by you. When Paul was tried before Nero, he said, "No men stood with me, but all men forsook me." Ah, but notice the next verse, "Notwithstanding the Lord stood with me, and strengthened me." (Much of the material in this column is taken from a sermon by Dr. Lee Roberson).

### 125 Receive Old Age Assistance In April

According to the monthly report of Mrs. J. H. McMullan, superintendent of public welfare, 125 persons received old age assistance during April, with \$3,159 being distributed. Twelve cases of aid to dependent children received \$473, with \$451 going to 12 blind aid cases and \$391 to 11 aid to permanently and totally disabled persons.

General assistance was given in nine cases amounting to \$79.14. Other financial assistance included three cases hospitalized in the county, \$225 and two cases hospitalized outside the county, \$197.74.

Service cases included two parolees under supervision, two persons received veterans rehabilitation in cooperation with the Department of Public Welfare, three received free eye examinations through the N. C. State Commission for the blind and 19 children received individual service.

Beware of him who hates the laughter of a child.  
—John Caspar Lavater.

### New Construction Hits Record Of \$35 Billion

Total new construction, one of the mainstays of the nation's economic activity, hit a new record high in 1953 of just under \$35 billions, according to figures made public by the U. S. Housing and Home Finance Agency. Preliminary data indicate that this trend was maintained in the first quarter of this year.

Residential building was the biggest single item in overall construction activity, amounting to more than a third of the total. Private home building in 1953 added up to \$11.9 billions. This was only \$700 millions under the dollar peak set in 1950 even though the number of homes started last year was nearly 300,000 fewer than in 1950. The difference lies in the fact that the average construction cost per dwelling unit was estimated at a record \$9,500 for 1953, approximately \$1,000 higher than in 1950.

Wouldn't  
"I'll tell you, Pat, my boy," the big man of the town confided, laying a patronizing hand on the young Irishman's shoulder, "I wish I had your tongue."  
"Sure, sor," grinned Pat; "but it would do yez no good without my brains."



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## Weekly Devotional Column

By JAMES MACKENZIE

"Thou shalt not follow a multitude to do evil" (Exodus 23:2).

In a recent sermon on the above verse, Dr. Lee Roberson, dynamic pastor of the Highland Park Baptist Church in Chattanooga, Tennessee, listed four dangers of the all too human practice of following the crowd:

1. Crowds have a way of making men lose sight of God, for multitudes usually follow in the way of evil.
2. Crowds make men ignore the voice of conscience. Within every man is placed an inner voice which speaks regarding right and wrong, but crowds stifle the voice until it is ignored.
3. Crowds cause men to neglect the Word of God. Multitudes will never follow the Word because it is against the flesh. Devoted and dedicated Christians will always be in the minority. The number of Bible-reading, Bible-following believers will always be small. The crowds

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