## **Swimming Pool Good Health Investment**

BY K. J. EYER District Sanatarian

A swimming pool is an investment standards. in Health and Happiness. Swimming The design, construction and operahas long been considered one of the tion of swimming pools is being recogpools. Most towns and cities over 5,- educated to the importance of proper

moting cleanliness.

swimming pool at which available san- control must take its place with other itary precautions are applied. Per- sanitation problems.

**Weekly Devotional** 

By JAMES MACKENZIE

"Thou shalt not follow a multitude

to do evil" (Exodus 23.2).

will not follow the Word of God.

We dare not be guilty of taking a certain course of action just because In a recent sermon on the above it seems to be the way of the crowd. verse, Dr. Lee Roberson, dynamic pas- The broad way is not the better way, tor of the Highland Park Baptist though it is crowded. The plea, "Ev-Church in Chattanooga, Tennessee, erybody's doing it," is not a valid one listed four dangers of the all too hu- for the Christian. It was following man practice of following the crowd: the crowd that caused the drunken sot 1. Crowds have a way of making to take his first drink, and it is folmen lose sight of God, for multitudes lowing the crowd that causes people to nancial assistance included three cases usually follow in the way of evil. curse, and lie, and cheat, and live un- hospitalized in the county, \$225 and faithfully. While the crowd may pro- two cases hospitalized outside the 2. Crowds make men ignore the voice of conscience. Within every man fess some interest in religion as such, is placed an inner voice which speaks and even condescend to speak well of regarding right and wrong, but the Church, it has nothing but con- under supervision, two persons receivcrowds stifle the voice until it is ig- tempt for sacrificial Christianity, and ed veterans rehabilitation in coopera-

the flesh. Devoted and dedicated destination. Our Lord Jesus walked a lonely

ter will be made by the health de-

t healthful and beneficial sports. nized more and more as a very importine were not afraid to stand alone in reation centers and public parks tant part of sanitation and protection the courage of their convictions. considered incomplete without of public health. The public has been 000 population are providing swim-ming pools for adults and children. protection for drinking water and where years ago almost any kind of thousand are remembered to this day The swimming pool is a good exam- water was accepted from the faucet, and time. Their names are recorded ple of an institution devised to im- now the water system must supply a in your encyclopedias, and your hisprove hygenic conditions. Swimming commodity attractive to the eye, pleas- tory books. Who are they? They are is one of the best forms of exercise ant to the taste and entirely free from the men and women who stood alone and about the only violent form of dangerous bacteria. These qualities for their convictions. If they feared exercise that can be practiced in hot have spread to the swimming pool and the crowd they showed it not. weather without danger of overheat- water meeting potable standards must ing the body. Swimming possesses be maintained if the general health of Stand by your convictions. Stand by the added hygenic advantage of propopularity to continue. The increas- Word will stand by you. When Paul The danger of disease transmissal ing use of pools, for health, recreais minimized with modern design and tional and athletic purposes by a sanisanitary control and there is no reason tary-minded public has brought about for the public fearing to patronize the the realization that swimming pool

> Lee Roberson). 4. Crowds take the line of least resistance. Jesus said, "Enter ye in at the strait gate, for wide is the gate 125 Receive Old Age and broad is the way that leadeth to destruction, and many there be that go in thereat. Because strait is the gate and narrow is the way that leadeth unto life, and few there be that find it" (Matthew 7:13, 14).

treats consecrated children of God tion with the Department of Public 3. Crowds cause men to neglect the with ridicule and scorn. The crowd Welfare, three received free eye ex-Word of God. Multitudes will never is on its way to hell, and he who fol-aminations through the N. C. State follow the Word because it is against lows the crowd will follow it to its Commission for the blind and 19 chil-

When society has been rotting, and nations have given away to sin, men have arisen with courage to stand alone and call the people back to God. iodic checks for the purity of the wa- Men like Savonarola, Wycliffe, Huss, Luther and Wesley, turned the tide of partment, since it must meet health history, as they called men back to the primitive and true faith of the New Testament, because, in the face of danger, torture, and even death,

> Since the dawn of history some thirty billion people have walked upon the

> Discipline yourself to walk alone. the Word of God, and the God of the was tried before Nero, he said, "No men stood with me, but all men forsook me." Ah, but notice the next verse, "Notwithstanding the Lord stood with me, and strengthened me.' (Much of the material in this column is taken from a sermon by Dr.

## Assistance In April

According to the monthly report of Mrs. J. H. McMullan, superintendent of public welfare, 125 persons received old age assistance during April with \$3,159 being distributed. Twelve cases of aid to dependent children received \$473, with \$451 going to 12 blind aid cases and \$391 to 11 aid to permanently and totally disabled per-

General assistance was given in nine cases amounting to \$79.14. Other ficounty, \$197.74.

Service cases included two parolees dren received individual service.

Beware of him who hates the laugh-

-John Caspar Lavater.

## moved by men who walked alone. New Construction Hits Record Of \$35 Billion

tivity, hit a new record high in 1953 lions. This was only \$700 millions man of the town confided, laying a of just under \$35 billions, according under the dollar peak set in 1950 even patronizing hand on the young Irishto figures made public by the U. S. though the number of homes started man's shoulder, "I wish I had your

ter of this year.

gest single item in overall construction activity, amounting to more than Total new construction, one of the a third of the total. Private home mainstays of the nation's economic ac- building in 1953 added up to \$11.9 bil-Housing and Home Finance Agency. last year was nearly 300,000 fewer tongue." Preliminary data indicate that this than in 1950. The difference lies in trend was maintained in the first quarthe fact that the average constructwould do yez no good without my tion cost per dwelling unit was esti- brains."

mated at a record \$9,500 for 1953, ap-Residential building was the big-proximately \$1,000 higher than in est single item in overall construc-

Wouldn't

"I'll tel! you, Pat, my boy," the big

"Sure, sor," grinned Pat; "but it



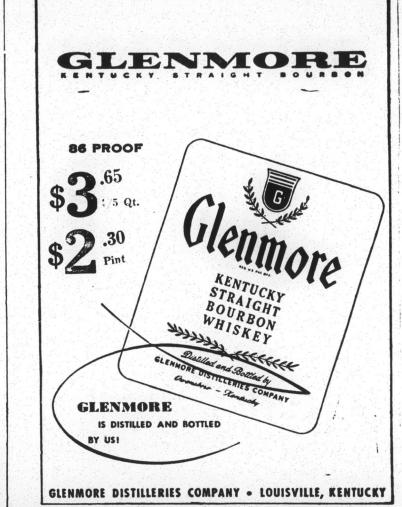
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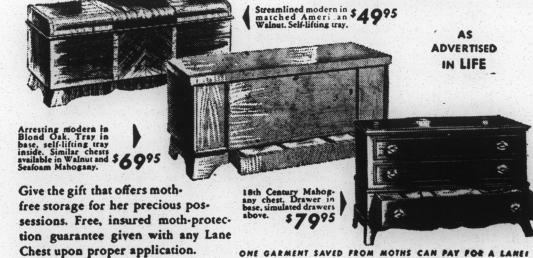
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