

## SEPTIC TANK ORDINANCE VALUABLE IN AFFECTING HEALTH OF INDIVIDUALS

Of all the factors influencing the health of individuals in rural and urban areas where public sewers are not available, no single item is of greater importance than the proper disposal of human excreta. Many diseases such as typhoid fever, dysentery, and various types of diarrhea are transmitted from one person to another through the fecal contamination of food and water, largely due to the improper disposal of human wastes. For this reason, every effort should be made to prevent such hazards and to dispose of all human excreta so that no opportunity will exist for fecal contamination of water or foods. A septic tank is an important part of the home, so good care should be taken for your protection.

Safe disposal of all human and domestic wastes is necessary to protect the health of the individual family and the community and to prevent the occurrence of nuisances. To accomplish satisfactory results, such wastes must be disposed of so that:

1. They will not contaminate any drinking water supply.
2. They will not give rise to a public health hazard by being accessible to insects, rodents, or other possible carriers, which may come in contact with food or drinking water.
3. They will not give rise to a nuisance due to odor or unsightly appearance.

In making a septic tank installation many things should be considered, such as, location in regards to water supply (a water supply should be at least 50 feet horizontal distance from any part of installation), drain field

clear of trees and shrubbery, drive ways over drain fields, size of tank, etc. Septic tanks should be cleaned only by reputable cleaners.

A septic tank does not necessarily purify the sewage, eliminate odor, or destroy all solid matter. Its purpose is to condition the sewage or domestic waste by bacterial action, so that it can be disposed of in a more satisfactory manner. The effluent may contain even more disease germs than the original sewage, and though it may appear to be clear, it is far from pure and certainly will cause foul odors if discharged or allowed to pool on surface of ground.

Since the adoption of a septic tank ordinance covering Pasquotank-Perquimans-Camden-Chowan Health District on April 25, 1953, 357 septic tank installations were made. Of this number 200 were installed for new homes or other buildings, and 157 for existing homes or other buildings. The total for each county is as follows: Pasquotank 211, Perquimans 63, Camden 43, Chowan 40.

This ordinance requires that a permit be secured from the Health Department prior to beginning work on any installation. No charge is made for a permit, which is issued after an inspection of premises is made with person or persons to make such installation.

The adoption of the septic tank ordinance is considered a very valuable service of the District Health Department. A record of each installation is on file at the Health Department, giving much valuable information such as size, location of water supply, date, and construction information.

- |  |     |
|--|-----|
| 18. Metabolic and nutritional diseases | 0.1 |
| 19. Miscellaneous                      | 4.9 |
- States having the highest disqualification rates for mental, physical and other deficiencies from July, 1950, through June, 1953, were: South Carolina, Mississippi, Louisiana, Alabama and Arkansas. Lowest rates for this period were experienced by Minnesota, Kansas, Utah, Iowa and South Dakota.

### A Summertime Meal By MARTHA STILLEY Virginia Electric & Power Co. Home Economist

With the temperature up, a simple meal to prepare and serve is the order of the day. This combination takes little time, and is both attractive and nutritious. The whole family will enjoy it eaten on the porch, or in the yard, and it will leave the budget in good condition.

- Salmon-Lima Bean Casserole**
- 1 lb. can Salmon
  - 2 tbsp. butter or margarine
  - No. 2 can potatoes or 2 1/2 cups small cooked potatoes
  - 2 cups cooked lima beans
  - 1 tbs. lemon juice
  - 1 tsp. grated lemon rind
  - 1/2 teaspoon salt
  - 1 cup sour cream
  - 1/2 teaspoon mustard (dry)
  - Dash pepper

Start oven at 300 degrees. Drain salmon, discard skin and bones and place in a 2 quart greased casserole. Melt butter or margarine; drain potatoes and lima beans and mix butter or margarine in with the drained vegetables. Arrange over salmon in the casserole. Stir mustard, lemon juice, and rind, salt and pepper, into sour cream and pour over top. Bake 30 minutes. Plenty for four.

Serve with the casserole a tossed salad of lettuce, which has been thoroughly chilled and gently broken in bite sizes, topped with salad dressing. This salad dressing can be made in advance and stored in the refrigerator.

- Salad Dressing**
- 1 can tomato soup
  - 1 tsp. Worcestershire sauce
  - 1/2 cup sugar
  - 3/4 cup vinegar
  - 1 1/2 teaspoons salad oil
  - 1 teaspoon dry mustard
  - 1 teaspoon salt
  - 1/4 teaspoon black pepper
  - 1 clove garlic cut in 4 pieces

## One Out Of Three Men Are Disqualified For Service In Army

### 13.4 Per Cent of Men Fail to Pass Mental Examination

Washington — One of every three men currently processed for military duty under Selective Service Regulations is disqualified.

According to the Army Office of the Surgeon General, approximately 3,900,000 pre-induction examinations were given to Selective Service registrants from the beginning of the Korean conflict in July, 1950, through December, 1953. About 1,250,000 of the men examined were disqualified.

The total disqualification rate during this period was 32.4 per cent, broken down as follows: 15.0 turned down for medical reasons only; 13.4 failed the mental examination; 3.2 failed both mental and medical examinations; and 0.8 per cent were not acceptable for administrative reasons (criminal records, moral and other reasons).

The principal disqualifying medical defects, based on a sample of medical records of men found not acceptable for the period July, 1950, through December, 1951, revealed the following diagnostic breakdown:

- | Defect   | Percent |
|--|---------|
| 1. Circulatory system diseases                       | 15.5    |
| 2. Bones and organs of movement diseases and defects | 14.7    |
| 3. Psychiatric disorders                             | 12.8    |
| 4. Digestive system diseases and defects             | 10.5    |
| 5. Eye defects                                       | 7.6     |
| 6. Ear and mastoid process defects                   | 6.4     |
| 7. Allergic diseases                                 | 5.8     |
| 8. Congenital malformations                          | 4.4     |
| 9. Infective and parasitic diseases                  | 3.3     |
| 10. Failure to meet height and weight standards      | 2.7     |
| 11. Neurologocilia diseases                          | 2.5     |
| 12. Neoplasms (tumors, etc.)                         | 2.5     |
| 13. Skin and cellular tissue diseases                | 2.1     |
| 14. Endocrine system diseases                        | 1.6     |
| 15. Respiratory system diseases                      | 1.3     |
| 16. Genito-urinary system diseases                   | 1.1     |
| 17. Blood and blood-forming organ diseases           | 0.2     |

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Setting sail for Hawaii, this pretty vacationer looks forward to an exciting stay in the land of coconuts and palm trees. She's taking her uke along to pick up some island tunes. Her strapless cotton denim sundress by Stephanie Korot of California is ideal for deck wear and later for the beach. Denim is one of the most popular fabrics for vacation sportswear, the National Cotton Council reports.

1 dash ketchup  
Combine in bowl and beat, or blend in blender. Bottle and store in refrigerator.

For a dessert that will have the family begging for more, serve an English Trifle which has been made in the morning.

- English Trifle**
- 1/2 lb. cake (pound cake, yellow cake, any slightly stale cake, or lady fingers will do)
  - 1/2 cup currant or strawberry jam or jelly, or fresh fruit
  - 1/4 cup blanched almonds
  - 2 cups soft custard (pudding mix can be used)
  - 1 cup heavy cream
  - 1/2 cup sherry or sherry flavoring

Line the bottom of a glass bowl with cake that has been broken in small pieces. Spread a layer of jelly or jam over cake and pour 1/4 cup of sherry over this. Sprinkle slivered almonds over jelly. Cover with custard to which you have added the remaining 1/4 cup sherry. Chill in the refrigerator. Before serving, cover with whipped cream. This recipe makes 8 to 10 servings.

Time, whose tooth gnaws away everything else, is powerless against truth.

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## HAYSEED

By UNCLE SAM

IN THE LAP OF TIME

There have always been problems. There are problems today of every size, color and dimension. Just as long as the human race exists there always will be problems. Men, races and nations rise and fall, either by being able to handle their problems or by failing to handle their problems.

There are some problems that may be handled by amending a constitution, passing a law or making a legal decision. There are other problems that are so aged by time that none of these procedures will remove them.

The United States has come to grips with one of its greatest problems. In the colonial days there was slave and race segregation. In the War Between the States legal slavery was abolished. But race segregation still lives on. Though the Supreme Court may reverse its decisions yet its latest decisions are the interpretations of the laws of the land. Segregation is a deep rooted custom. Laws and decisions cannot wholly destroy this custom. Only the slow moving hand of time can destroy the recognized custom of segregation. No laws or customs can be changed where an overwhelming majority of the citizens disapprove of the change. Segregation is slowly passing away. This is not being done by laws and decisions of courts but by the hand of time. The most sensible way of handling the problem of segregation is to place it in the lap of time and await the final and impartial decision. Segregation was not born in a day neither will it pass away in a day.

## Chowan Native Dies At Virginia Beach, Va.

Mrs. Ellie H. Pierce, 76, died Thursday afternoon at 4:30 o'clock in a Virginia Beach hospital after an illness of four days. She was a native of Chowan County but lived in Princess Ann County, Virginia, for the last three years.

Surviving are three sons, Arnold Pierce of Hobbsville, Arthur Pierce of Baltimore, Lester Pierce of Bayside, Va.; one daughter, Mrs. Leora Chapman of Norfolk; three sisters, Mrs. T. P. Morris of Hertford, Mrs. Minnie Williams of Shiloh, Miss Alice Harris of Hampton, Va.; 10 grandchildren and four great grandchildren.

She was a member of the Ballard's Bridge Baptist Church. Funeral services were held at the Willford Funeral Home Saturday afternoon at 2:30 o'clock with the Rev. W. V. Brown, pastor of the Hobbsville Baptist Church, officiating. Burial was in the Ballard's Bridge Churchyard.

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