

Dangers In Leftovers Housewives Warned

Army Cooks Give Some Summertime Food Tips

Washington — The U. S. Army has hot weather cooking tip for housewives: The best thing you can do with the bowl of leftover salad is—throw it away!

This goes also for chicken, tuna or other summer salads made with mayonnaise or salad dressings, for custards, cream-filled pies, deviled eggs, cream sauces or "made" dishes such as seafood casseroles.

A waste of good food to scrape these leftovers in the garbage?

Not at all, answer the preventive medicine experts at the Office of the Army Surgeon General. What you'll be throwing away will be a lot of bacterial growth. The gesture can save your family many a tummy-ache.

Dishes based on egg, milk, mayonnaise or salad dressing can carry the invisible menace of staphylococci—the bacteria which causes the most common type of food poisoning.

Unless the housewife is using laboratory-sterile cooking equipment and scrubbing her hands as a surgeon would before an operation, the spoon that dips the mayonnaise and the thumb that splits the eggshell may be loaded with staphylococci.

You will not die when the poison produced by the staphylococci goes to work on your digestive system, but you may wish you had before the infection has run its course. And all because you couldn't resist the slice of yesterday's banana cream pie on the pantry shelf.

For this reason, Army cooks figure very close to consumption needs when they build a menu around any of the egg-milk-mayonnaise family of foods. Housewives are advised to do the same.

The Army advises also that ingredients for such dishes be kept cold and mixed as near serving time as possible—no longer than three hours in advance of serving.

And if you have an infected cut or any other infection on your hands, the Army has a kitchen rule that is applicable. Let somebody else do the cooking.

SOCIETY SCHEDULED TO MEET NEXT WEDNESDAY

The Women's Society of Christian Service of the Methodist Church will meet Wednesday night, July 14, at 8 o'clock at the church. Mrs. G. A. Helms, president, and Mrs. John Bond will be hostess and every member of the society is urged to attend.

CARD OF THANKS

I want to take this means to thank so many friends for their cards and expressions of sympathy during the illness and death of my sister, Mrs. Ella Munden.

MRS. R. K. HALL



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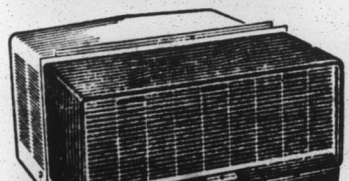
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