## **North Carolina Near Bottom In Rate Of Polio For Five Years**

## Official Figures Made Public By N. C. Board Of Health

North Carolina ranked near the bottom of the list of states in polio incidence during the last five years, U. S. Public Health Service statistics show.

Standing 45th among the 48 states and the District of Columbia in polio case rate, North Carolina's record as a low polio prevalence state was bettered only by Georgia, in 46th place; Alabama in 47th; Pennsylvania in 48th and South Carolina on the bottom rung of the ladder.

These official figures were published by the National Association for Infantile Paralysis, and were made public through the office of the North Carolina Board of Health, at the request of Hugh Morton of Wilmington and Linville, chairman of the State Advertising Committee of the Department of Conservation and Develop-

cause in some manner the public has nassed and put to good use. The beolina was one of the worst polio from Christ and His work." states", Mr. Morton said.

lio is concerned," he continued.

abnormal polio incidence in three abnormal polio incidence in three receive spiritual help from each North Carolina counties, there were 21 church, but never add anything to its other states with greater polio case ministry, and never shoulder any of its rate than the Tar Heel State, based burdens. A newcomer to any church number of cases per 100 000 populanumber of cases per 100,000 popula-

Nonetheless, polio reports were widely quoted during the summer and special attention, that the churchmany prospective tourists stayed away from North Carolina, many actually shifting vacation plans to visit states with a much higher polio rate than North Carolina, Morton said.

## **Weekly Devotional** Column

By JAMES MACKENZIE

ligious journals that come to me from olics become too smug as you read week to week is "The People's Pul- this. I have run across at least six pit," edited by Dr. R. Burton Mignard, Roman Catholic families while visitthe well-known Bible scholar and pas- ing around Edenton who haven't been toral counselor. In the current issue inside a church for years and years, Dr. Mignard runs an editorial on "Loy- and who have never been inside the alty" that I feel is particularly appli- local church of their denomination).

over it is required in stewards, that must come first in your life if you a man be found faithful," Dr. Mignard would be a loyal servant of Jesus writes: "A priceless commodity of-Christ. Instead of arranging your ten lacking in the Lord's people is loy-church attendance to fit your plans, alty and faithfulness. The Scriptures you should make your plans so they declare that loyalty is a quality that won't interfere with your church atis required in a steward (a Christian tendance. When the doors of your put in trust with the Gospel), there-church are open, that's where you before, nothing less can please our Lord, long, uniting your testimony with that who was faithful unto death, even the of other Christians, and rendering undeath of the cross.

be faithful to his work as a steward Holy. (dispensing the Gospel). There are a number of ways whereby this required Chicken Fry Enjoyed faithfulness may mind expression: witnessing to others about the Lord Jesus, systematically giving to the Lord's work, loyally supporting the ing aloof from any one Bible-believing spite a storm. church, and moving on Sundays from Curtis Forehand supplied a nice outone preacher to another. Church door fryer. The ladies brought a tramps, ecclesiastical wanderers, and bountiful supply of potato salad, picspiritual hoboes are glorying in a

Dear Chitars

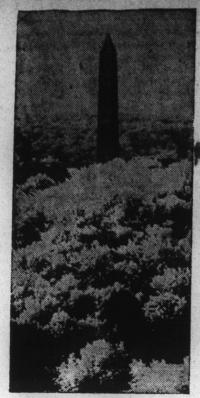
over the free world come such com-ments as these from readers of THE CHRISTIAN SCIENCE MONITOR. an international daily newspaper:

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long eye of the Army's 100-inch infra-red lens camera picked up the Washington Monument from a Maryland site 20 miles away.

"North Carolina's tourist industry perverted light of liberty. Like buck-

Let us apply what Dr. Mignard has "Statistics prove that actually North to say to conditions here in Edenton. Carolina is one of the safest places in I wonder if the Lord is pleased with the nation, insofar as exposure to po- folk who refuse to settle down to any one church, but tramp from one to Even in 1953, when there was an another; like parasites they expect and is extended a hearty welcome, and made the object of special attention. And it is only for this hospitality, this tramp goes to church at all. When he has been attending long enough to become "just a worshipper," and the special attention is no longer accorded him, he moves on to another church and the cycle begins again.

Of the same species is our local, home-grown variety of "Nags Head Christian." This is the church-member who once made a solemn vow hefore God and man to support his church in its worship and its work to the best of his ability. But he must have had his fingers crossed when he did it. Church, to him, is where you go when you don't have anything else One of the best of the many re- to do. (And don't you Roman Cathcable to conditions here in Edenton.

Quoting I Corinthians 4:2: "Morefore the parentheses; your church to the Lord the praise and thanks He "To what is the believer to be faith- so much desires and deserves. Reful? According to the text he is to member the Sabbath day, to keep it

# In Advance Section

Members of the Advance Home local church with prayer and consist- Demonstration Club and Agricultural ent attendance. A great evil among Club enjoyed a chicken fry at their Christians is the false idea of remain- new community building last week de-

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kles, cake and chicken cut ready to

Mrs. Bill Goodwin, Mrs. Bristoe Per ry and Charlie Overman kept the ry and Charlie Overman kept the chicken turning with long forks. Jarris Skinner and Woodrow Lowe kept the fire fed just right. Other members of the group helped also. The clouds got darker and darker and just as the last piece of fried chicken came out of the par reindrens began to fall. out of the pan raindrops began to fall. A few minutes later a severe electrical storm broke loose.

"It Isn't the Heat" It's the humidity. It's your imagination. Anything but the heat.

Let's stop pretending. Summer heat in most of the United States in just as hot as tropical heat. And it's not an "unusual" summer. It's every summer. It's time we took some les sons from our friends in the tropics time to learn how to live with the heat we can't explain away.

Let's talk a walk through a town that's right on the equator. Notice the way the people walking slowly on the street are dressed? Men in white that reflects the sun's rays, wo men in long sleeved blouses and cotton sarongs to the ankles-clothes that cover up, but fit easily, allowing the air to circulate. Notice that just about everyone wears some sort of has suffered unduly in the past be- ing broncoes, they refuse to be har- head covering, or carries a parasol. Now let's go into this little house algotten the impression that North Car-liever has a freedom from sin, but not most hidden by green, leafy trees. It's noontime, and everyone is taking a it's not a light meal of salad. They siesta—if not sleeping, at least lying eat highly spiced meats, vegetables down for a short rest in the shade. When they get up, they'll have a shower, sluicing themselves with tepid wa- ing fats and sugar. ter from that huge pottery jar. They may do this three or four times a are in the category of hitting yourday, and in between they'll frequently self on the head with a hammer. It bathe head and arms.

Dinner time comes late, in the com-

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ing star, chooses a crisply tailored cotton sundress for a summer at-ternoon. Her dress is designed by Miss Ann of Natlynn Juniors in soft cotton broadcloth. The halter strap around the neckline is detachable to facilitate smooth sun tanning. Contrasting solid colored cotton lines the matching stole.

rice, and fresh fruit, but few of the heat and energy-giving foods contain-

The cooling properties of hot spices feels so good when you stop. We may not want to adopt that tropic custom parative cool of the evening. And but there are some that may well add to our summer comfort: clothes that protect from the sun's heat, yet allow air to circulate on the skin; food that is appetizing, yet provides all the necessary nutrients; frequent bathing in tepid water. The mid-day siesta may not always be practical, but we can walk, not run, on the shady side of the street. We can try to get plen-ty of rest. Most important, we can admit that it's hot, and adjust to the fact instead of fighting it.

extension family relations specialist practice it every day. There is a kind of understanding that exists among friends that is different from the understanding you'll get from parents or teachers.

check these questions:

bates, or other competitions—do you congratulate your opponents? Do you often offer to help with the dirty work? Can you take criticism without getting angry? When your friends win honors or get invitations that you would like to have gotten yourself, do you like them just as well and show it? How do you receive your own tributes and honors—do you brag about them? Do you make sure ev-

## **Kidney Slow-Down May Bring Restless Nights**

When kidney function slows down, many folks complain of nagging backache, headaches, dizziness and loss of pep and energy 
Don't suffer restless rights with these discomforts if reduced kidney function is getting you down—due to such common causeas stress and strain, over-exertion or exposure to cold. Minor bladder irritations 
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Capsule Facts On
'53 Traffic Accidents

Of the 1,118 persons killed in traffic accidents in North Carolina last year, 954 met their fate on rural road ways, while 164 died in mishaps or city or village streets.

The Motor Vehicles Department reports that no traffic deaths occurred in three counties—Tyrrell, Hyde and Yancey.

eryone knows your good fortune?

Are you always glad to take part in activities even though you know your part is only a minor one? Do you stick at a job until you have finished what you started out to do? Do you want to? When you are disappointed or discouraged because things do not go your way, do you make the best of it anyhow? Are you careful not to take more than your share of gradit for Alice and the part in activities even though you know your part is only a minor one? Do you stick at a job until you have finished what you started out to do? Do you want to? When you are disappointed or discouraged because things do not go your way, do you make the part in activities even though you know your part is only a minor one? Do you want to? When you are disappointed or discouraged because things do not go your way, do you make the part in activities even though you know your part is only a minor one? Do you want to? When you are disappointed or discouraged because things do not go your way, do you make the part in activities even though you know your part is only a minor one? Do you want to? When you are disappointed or discouraged because things do not go your way, do you make the part in activities even though you know your part is only a minor one? Do you want to? When you are disappointed or discouraged because things do not go your way, do you make the part in activities even though you know your part is only a minor one? Do you want to activities even though you know your part is only a minor one? Do you want to activities even though you want to a credit for things done?

How did you rate? What kind of a To Get Along With Folks person are you—selfish? considerate? Skill All Should Learn to dislike yourself, Mrs. Grimsley says "Everyone needs friends," says Corsonality. Getting along with other inne Justice Grimsley, State College people is an acquired skill; you must

### 4-H PROJECTS VISITED

rom parents or teachers.

Assistant County Agent Robert S.

If you're beginning to wonder just Marsh reports that 4-H Club peanut what sort of person you really are, projects are looking very well, but that heck these questions:

When you don't win—in games, debeen severely damaged by the drought.



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