

News About Clubs In Chowan County

By **HATTIE SINGLETARY**
Home Demonstration Agent

The T. O. Asbell home of Center Hill community was opened to the public last Friday afternoon as a demonstration in farm housing. C. W. Warrick, Extension engineering specialist, assisted the Asbells in planning a home to meet their needs.

Many Chowan men and women visited the attractive, livable and convenient home. Most of the ladies were impressed with the many well-arranged closets; the soft, mellow-finished floors; the properly lighted rooms and cool living porch.

C. W. Overman, County Farm Agent, welcomed the guests. Mr. and Mrs. Tom Asbell, C. W. Warrick and R. M. Ritchie, Extension engineering specialists, and Miss Mary Harris, District Home Agent, greeted the guests and discussed the outstanding features in the home.

The important features in each room were displayed and discussed by Mrs. E. N. Elliott, living room; Miss Kathleen Bomman, front bedroom; Mrs. Mack Rogerson, bathroom; Mrs. George A. Byrum, back bedroom; Miss Hattie Singletary, hall, and Miss Clara Mason, master bedroom.

Delicious refreshments were served in the dining room by Anna Lee, Sarah Margaret and Jackie Asbell.

Pamphlets telling the Asbell story are available at the Home Agents' office on request.

Picnic

Families in the Oak Grove community attended a picnic supper last Tuesday evening at the Oak Grove Community Building. Following the picnic, Mrs. Percy Nixon directed an enjoyable recreational program.

Although Mrs. Paul Ober of the Beech Fork Home Demonstration Club has doctor's orders to "take it easy for a couple of months," she is finding a way to fill her home freezer with fruits and vegetables.

Mrs. Ober packages a few quarts of beans or other vegetables almost every day.

Schedule

Wednesday, September 1, 3 P. M.—Gum Pond Home Demonstration Club.
Thursday, September 2, 3 P. M.—Center Hill Home Demonstration Club will meet in the Center Hill community Building.

The Polynesians have a ritual which, they believe, invests the ordinary hen's egg with the power to foretell coming events. It may seem strange to reverse the egg for the mystical power it could not have, but there's nothing strange about respecting the egg for the great nutritional power it does have, states the Poultry and Egg National Board. "The egg," says the Board, "contains all the amino acids necessary to growth, vigor and body maintenance. It is helpful in maintaining good health from infancy to old age."

Eggs are perishable and will deteriorate rapidly in warm weather unless given the proper care. Time, temperature and humidity are the three most important factors in conserving egg quality. The tempera-

ture of an egg when first laid is about 170 degrees Fahrenheit. The quality drops quickly if a broody hen sits on the egg for a day or longer. A good egg management program will help to prevent a loss in quality.

Stained or dirty eggs are unattractive and usually bring less when sold. Dirty eggs also spoil more quickly than clean eggs. A little time spent in producing clean eggs will more than save the time spent cleaning soiled ones.

Eggs should be gathered three to five times a day in wire baskets and then cooled quickly. When the eggs cool they should be placed in pre-cooled cases or other containers.

When you eat an egg you get proteins, vitamins and minerals to build firm muscles, red blood and strong bones and teeth.

The egg yolk is especially rich in blood-building iron. All food studies made in North Carolina show that most people need to eat more blood-building foods. One egg a day is a good rule to follow—or at least eat four or five a week.

Slow, even heat is one of the secrets of good egg cooking. High heat toughens the protein and will make your custards or other dishes separate or become watery.

The white whips up better when not too cold. Also, add a pinch of salt before beating the egg white to make more foam.

Eggs are used in cooking to: Add color, flavor or food value to other foods.

Leaven or lighten a cake or soufflé.

Thicken a custard or sauce.

Hold together oil and vinegar in mayonnaise.

Garnish or decorate dishes.

Treat your eggs right—keep them cool, covered, clean and dry. Serve eggs to your family at least four or five times a week.

Fire Commission Holds First Meeting

(Continued From Page One) sending all sections of the county, was that rural residents desire fire protection, but that they want to know how much it will cost and what sort of protection will be provided.

The idea was advanced to buy a new fire truck, not elaborate, but carrying a certain amount of water to be distributed under high pressure, as well as facilities to pump water from available sources. The idea was to place this truck somewhere near the center of the county, probably at Cross Roads and have volunteers who could answer calls.

W. J. Yates, assistant Edenton fire chief, stated that he thought such a truck will cost between \$6,000 and \$7,000. Mr. Yates also urged rural citizens to construct wells or holes near their homes so that water is easily available.

Of course, a building would be required to house the truck. It was also pointed out that the first year's outlay would be the greatest, for after the truck is purchased the only expense would be rent for the building housing the truck as well as maintenance costs and supplies.

The belief was also expressed that with this fire protection property owners would realize a saving in fire insurance rates, possibly enough to

offset the special tax.

Following a lengthy discussion, it was agreed to take no definite action until a representative from the State Fire Marshal's office comes to Chowan County to make an investigation of conditions and makes some recommendations as to the proper policy to pursue, to the end that the best possible fire protection can be secured at the least possible cost. When this representative comes to the county and completes his investigation, another meeting of the Fire Commission will be called by the Chairman Bond.

Members of the Fire Commission, all of whom attended Friday's meeting, are: Chairman W. E. Bond, W. J. Yates, John A. Kramer, J. A. Webb, Jr., Ward Hoskins, Clarence Harrell, Corey Evans, J. Gibson Perry, A. M. Forehand, J. I. Boyce, T. A. Berryman, McCoy Spivey and J. Edwin Buplar.

Edenton Schools Will Open September 1st

(Continued From Page One)

Edenton Elementary School: Ernest A. Swain, principal; first grade, Ruth Lockamy, Betty Salisbury, Thelma White and Mrs. B. G. Willis; second grade, Mrs. Carolyn Barker, Ruby Felts and Margaret White; third grade, Myrtle Jenkins, Helen Scarborough and Mrs. Bessie Shepard; fourth grade, Nancy Allen, Mrs. Lloyd Griffin and Lena Jones; fifth grade, Mrs. Ruth Bunch, Minnie Hollowell and Janet Weeks; sixth grade, Mrs. Ruth Basnight and Mary Lee Copeland; librarian, Myrtle Waff.

Edenton Junior-Senior High School: Gerald D. James, principal; N. J. George, George K. Gelbach, Julianne Lynn, Mrs. Frances Hollowell, Sabra Nunalee, William Billings, Cecil Fry, Victor Tucker, Delphia Rawls, Harriet Lyons, Alton Brooks, Mrs. Margaret Jenkins, Mrs. Alice Belch, Jennette Rivenbark and Mrs. Louise Blades, librarian.

Edenton Colored School: D. F.

Walker, principal, B. C. Newsome, Gertrude Godley, Lula Tillett, Annie Frances Gilmer, Thomas I. Sharpe, Howard K. Wilson, George T. Gray, Mrs. Flossie H. Modlin, Mrs. Marie Crumpton, Alexander Blaine, Mrs. Loreta B. White, Mrs. Novella P. Wilson, Mrs. Laura M. Lowe, Mrs. Santoria Reeves, Mrs. Ruth H. Frinks, Ruby C. Lyons, Otha A. Jones, Elton C. Hall, John A. Wynn, Jr., Roberta Banks, Mrs. Izetta B. Redmon, Mrs. Mabel B. Collins, Flossie K. Sawyer, Isabella Mott, Roxie E. Lowe, Mrs. Tamar Williams, Mrs. Elizabeth L. Barnes, Rose E. Lyerly, Mrs. Doris Gunn Gilliam, Ruby H. Grantham and Elizabeth Taylor.

St. John's School, S. N. Griffith, principal, Mrs. Floretta Blount and Mrs. Willie Mae Winfield.

Farmers To See Two New Soybean Varieties

Chowan County farmers who attend a special field day at the Tidewater Experiment Station near Plymouth Wednesday, September 15, will see two of the most outstanding soybean varieties yet developed.

Astor Perry, Nickels for Know-How peanut specialist, says the two new varieties, Lee and Jackson, have many of the characteristics long sought by soybean producers in this area.

Lee in particular has been outstanding in yield, shatter-resistance and resistance to most of the common soybean diseases. Jackson has combined the qualities of the Volstate and Palmetto varieties, giving a tall plant high in yield.

The Lee variety is well adapted to the Ogdan area and the Jackson variety to the Roanoke area. Perry believes that Lee will eventually replace Ogdan and that Jackson will partially replace the Roanoke variety.

Both of these varieties were developed by the USDA at the North Carolina and Mississippi Experiment

Stations and represent many years of testing under various conditions. The Jackson variety has been in commercial production by certified seed growers for two years and next year's seed supply should be adequate. Lee, however, was not released until this spring and will not be available in any volume until next year's crop is harvested.

One of the most outstanding characters of Lee is pod-shatter resist-

ance. This variety shatters very little, even if left in the field well beyond the time it matures. This fact, combined with the variety's resistance to purple stain, bacterial pustule, wildfire and frog-eye, makes it North Carolina's most outstanding soybean.

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Interview will be held at the Cherry Hotel in Wilson, N. C., from 1 to 9 P. M., Wednesday, Thursday and Friday of this and next week.

Invest half an hour of your time for the job of a life-time.

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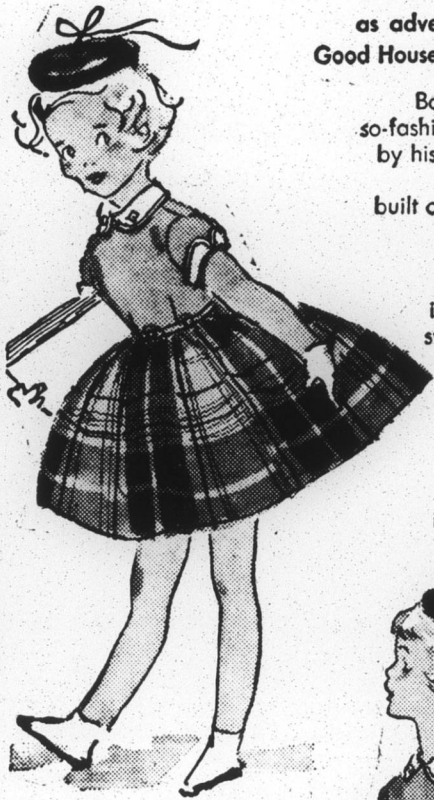
Kate Greenaway's "Little Boy Look"

the feminine fashion for Back-to-School

as advertised in Good Housekeeping, September

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