

SOCIETY NEWS

Attend World Series
Mr. and Mrs. West Byrum, Jr., and Mr. and Mrs. J. Clarence Leary spent several days last week in New York and attended the World Series.

At Ocean View
Mr. and Mrs. J. R. Dulaney and daughter spent Sunday in Ocean View.

In Charlotte
A. E. Jenkins and Claude Griffin are in Charlotte this week on business.

Ahoshkie Visitors
Mr. and Mrs. T. G. Whedbee and Mrs. W. D. O'Neal and children of Ahoshkie visited Mrs. O'Neal's mother, Mrs. Harry Smith on Sunday.

At Church Celebration
Mr. and Mrs. Frank Miller and Mr. and Mrs. Charles Renfrow of Edenton and Boonsville, Mo., attended the 100th anniversary of Mars Hill Church in Colerain Sunday.

Visit In Greensboro
Mr. and Mrs. J. D. Swindell spent the week-end in Greensboro visiting their son-in-law and daughter, Mr. and Mrs. C. D. Lewis and their son and daughter-in-law, Mr. and Mrs. Cullen Swindell.

Visit In Burlington
Mr. and Mrs. T. H. Shepard and children spent Saturday in Burlington visiting Mrs. Shepard's mother, Mrs. D. J. Walker.

Visits Mother
Miss Cora Edward Bond of Wilson spent the week-end visiting her mother, Mrs. E. W. Bond.

Visits Friends
Mrs. Irene Ruffin of Burlington, spent Saturday in Edenton visiting friends.

Attend Boat Races
Mrs. David Ward and children and Mr. and Mrs. Will Farmer attended the "Regatta" in Elizabeth City Sunday.

Visit In Elizabeth City
Mr. and Mrs. E. K. White spent the week-end in Elizabeth City with Mr. and Mrs. Yates Jordan and attended the "Regatta".

Chapel Hill Visitors
Mr. and Mrs. Charles P. Scott of Chapel Hill spent the week-end with Mrs. Scott's mother, Mrs. L. A. Patterson.

Week-end In Maryland
Mr. and Mrs. David White and daughter spent the week-end in Salisbury, Md.

Week-end In Virginia
Mr. and Mrs. W. T. Harry and family spent the week-end in Parkersley, Va., with Mrs. Harry's mother, Mrs. C. P. Parks. Mrs. Parks returned with her daughter for a visit.

Week-end In Kinston
Mr. and Mrs. A. M. Driver and family spent the week-end in Kinston visiting Mr. Driver's parents.

Visits In Elizabeth City
Miss Mildred Munden spent Sunday in Elizabeth City.

In N. C. Mountains
Mr. and Mrs. C. C. Wiggins and children are spending this week in the mountains of North Carolina.

Williamston Visitors
Mr. and Mrs. Fred Hoskins and family of Williamston visited Miss Louise Coke Saturday.

Return From Chapel Hill
Mr. and Mrs. Jasper Hassell have returned home after spending a few days in Chapel Hill.

Return From Nags Head
Mr. and Mrs. J. M. Jones returned Sunday after spending the summer at Nags Head.

Visitors in Edenton
Mr. and Mrs. Leon Thomas of Marshallburg, former residents of Edenton were visitors in Edenton Sunday.

Greenville Visitor
Mrs. C. L. Russ of Greenville spent the week-end with Mrs. H. B. Jones.

Pennsylvania Visitor
Mr. and Mrs. Tommy Alberts of Waynesburg, Pa., visited Mr. and Mrs. Nick George Sunday.

Week-end At Nags Head
Mr. and Mrs. John Byrum and family, Mr. and Mrs. Roy Spruill and family and Mr. and Mrs. Bill Elliott and family spent the week-end at Nags Head.

Week-end In Franklin
Mr. and Mrs. "Spec" Jones spent the week-end in Franklin, Va., with Mrs. Jones' mother.

Norfolk Visitors
Mr. and Mrs. C. G. Echols of Norfolk spent the week-end with Mrs. Echols' mother, Mrs. George D. Smith.

Norfolk Visitor
Mrs. F. J. Pusey of Norfolk spent the week-end with Mr. and Mrs. Cecil Fry.

Visit In Rose Hill
Mr. and Mrs. J. D. Elliott spent the week-end in Rose Hill visiting Mrs. Elliott's mother, Mrs. D. G. Alderman.

ROTARIANS MEET TODAY
Edenton's Rotary Club will meet this (Thursday) afternoon in the Parish House at 1 o'clock. Gerald James will be in charge of the program. The club has had four consecutive 100 percent meetings, so that President Gillem Wood urges every member of the club to be present today.

Sanitarian Of District Stresses Cleanliness As Health Protection

K. J. Eyer Emphasizes Importance of Clean Homes

K. J. Eyer, sanitarian for the District Health Department, urges thorough cleanliness in the home as a health protection.

Mr. Eyer has this to say: Sanitation is a way of life. It is the quality of living that is expressed in the clean home, the clean farm, the clean business and industry, the clean neighborhood, the clean community. Being a way of life it must come from within the people; it is nourished by knowledge and grows as an obligation and an ideal in human relations.

Today people expect to have a longer span of life than our ancestors as a result of the wonderful developments in the medical field and our better understanding of health protection. Good sanitation is one of the chief responsibilities of public health. This is true because of the relation of sanitation to preventive medicine. While it may not be true that uncleanness, within itself always causes disease, we do know that filth is a breeding place for many germs. That is why it is necessary, in the interest of good faith, to promote environment sanitation and personal cleanliness.

One will find the evasion of the laws of sanitation and downright carelessness of individuals, block progress toward bettering the appearance and sanitation of a community and especially healthy living conditions of the individual. Medical profession notes that communities or areas in which epidemics and disease has been most prevalent are those which have low health records, rodents, flies, poor environment conditions, etc.

The health of each member of the family depends upon the health and behavior of all members in the home. In other words, everyone from the oldest members to the youngest must learn and do his part in order that the most benefit may be expected from the family plan of healthy living.

Cleanliness around the home is desirable because it adds to attractiveness, it gives to the home-dweller a sense of self-respect, it acts as a stimulant to right living. It is not easy for people to be as careful of their conduct when they live in unclean places as it is when all surroundings

are bright and clean.

If dirt should bear no relation to disease, there still would be good and sufficient reason for cleanliness. Nothing is more unattractive than dirt, nothing else gives such a sense of poverty and loss of self-respect. All dirt is not dangerous; yet all dirt is to be avoided. Dirt may be classified as any of three kinds:

1. Dirt which is in itself dangerous, like the waste from human bodies.
2. Dirt which may be dangerous, like decaying animal or vegetable matter in which flies breed; for flies will go to exposed human wastes and then carry disease germs to human beings.
3. Dirt which is harmless in itself but may become dangerous like piles of tin cans where rain water accumulates and mosquitoes breed, or piles of rubbish which may harbor decaying matter or disease-laden filth.

Health and comfort to a large extent are dependent upon a good sanitary environment and high personal hygiene standards. The provision of an adequate and safe water supply, the proper disposal of human waste, a safe milk supply, insect and rodent control, the proper disposal of garbage and trash, general cleanliness and the observance of health habits, are very essential. The chief object of personal hygiene is to attain and maintain a high level of health so as to use and enjoy the blessing of well-being. Good health makes possible the highest enjoyment of life and the best service in the world. Health does not consist simply in keeping out of the hospital. Good health consists in keeping the body and mind at the best level.

Today, when so much is heard of the remarkable progress in the prevention of disease, we too frequently forget that we have had and still do have a very effective and inexpensive method of preventing illness, namely, the use of soap and water. Since our hands come in contact with so many things that can be detrimental to our health, every member of the family should form the habit early of washing their hands carefully and often.

If one will apply a good common sense application of cleanliness around the home much can be accomplished to make life more pleasant and safer.

Your Ironing Jobs Begin On The Line

It's not on the ironing board that ironing begins. Your clothes line is the starting point.

The way you hang your clothes on the line can simplify your ironing procedure, says Mamie Whisnant, State College home management specialist.

Hang all garments on the line by their strongest points. For example, hang shirts and pajama tops with the tail several inches over the line. Pin at side seams and at center front to hold shirt front closed and to dry it straight. Dry jackets and blouses on hangers. Some jackets may be hung by the hem but generally they'll have fewer wrinkles if allowed to dry on a hanger.

Dry dresses on rust-proof hangers or hang on the line by shoulders at

side seams. Hang skirts and pants by the waist band. Miss Whisnant says you'll find that pants dried on pants stretchers require little or no pressing.

Towels and pillowcases will blow free from wrinkles and creases if they are hung about one-third over the line. Hang pillowcases with hem or open end down.

There's also a trick to removing clothes from the line that will save you more time from the ironing board. Fold flat pieces (sheets, bedspreads, table clothes, etc.) as they're removed from the line and place them flat on the bottom of your laundry cart or basket. This practice will keep at a minimum wrinkles that must be ironed out later. Fold and place together those pieces that won't need ironing like washcloths and towels. And then place together in a basket the clothes to be sprinkled.

A Cordial Invitation

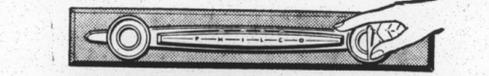
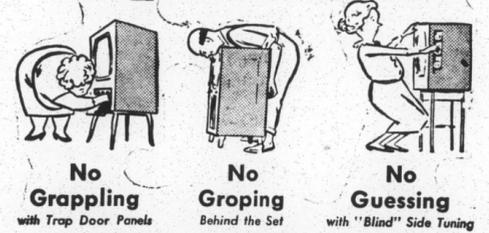
Your fellow-citizens, the parishners of St. Ann's Church, Edenton, extend to the general public a sincere and warm welcome to a series of lectures explaining their Catholic Faith.

- OCTOBER 7 Christ is God!
"Thou art the Christ, the Son of the Living God." (MATT. 16:16)
- OCTOBER 14 Christ in the Church.
"The Church is His Body" (EPH. 1:22)
- OCTOBER 21 You live in Christ!
"This life is in His Son." (1 JN. 5:11)
- OCTOBER 28 Christ in You!
"You are in Me, and I am in You." (JN. 14:20)

These lectures will take place in St. Ann's Church on North Broad Street on the Thursday evenings of October at 8 o'clock. A question period will follow the lecture. There will be no collections.

EXCLUSIVE!

NEW 1955 PHILCO TV Finger Tip Tuning System



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WEEK-END SPECIALS

- Fresh Pork Picnics, lb. 39c
- Fresh Dressed Hens, lb. 45c
- Fresh Beef Liver (sliced), lb. 29c
- HARRELL'S OLE VIRGINNY Sliced Bacon, 1-lb. cello 65c
- Fresh Cut Rib Steaks, lb. 59c
- Center Cut Pork Chops, lb. 69c
- SWIFT'S BROOKFIELD Sausage, 8-oz. pkg. 35c
- Mrs. Filbert's Oleomargarine, lb. 29c
- Ballard's Oven-Ready Biscuits, 2 cans 25c
- Wesson Oil, qt. bottle 73c
- 8-POUND PAILS
Harrell's Pure Lard. \$1.79
- Swift Corned Beef, 12-oz. can 47c
- 17-OUNCE PACKAGE Pillsbury Chocolate Cake Mix 35c
- 17-OUNCE PACKAGE Pillsbury Yellow Cake Mix 35c
- 14-OUNCE PACKAGE Pillsbury Angel Food Cake Mix 57c
- 13 1/2-OUNCE PACKAGE Pillsbury Chocolate Chip Cookie Mix 37c
- Large Lettuce, 2 heads 29c
- New Florida Grapefruit, 3 for 25c
- Bartlett Pears, 4 for 17c
- Large Bananas, 2 lbs. 25c
- Red Bliss Potatoes, 10-lb. bag 39c

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