

## People's Thrift - Mindedness Boosts Saving Bonds Sale

The thrift-mindedness of the American people, which has played such an important role in the economy in the last few years, has been particularly helpful to the U. S. Savings Bond program and to the maturing of the near-record public debt.

Not only have individual purchases of Savings Bonds this year been higher than at any time since the end of World War II, but the public has also lengthened the term of the debt maturity is another step toward the basic objective.

The Savings Bond program has made a contribution toward both of these goals. Ownership of these bonds by individuals currently represents close to a fifth of the entire public debt. Furthermore, the maturing period of E and H bonds, about 80 out of 100 provided they are held and not cashed before hand, is more than twice the average length of the entire marketable public debt.

Peak Year for Maturities

This has been the peak year for maturities of E bonds, reflecting



## HEALTH HORIZONS

### Recovery from Mental Illness

When mental illness affects someone close to us, we are apt to be far more shocked than if it were a physical disease. Perhaps we are even inclined to regard such a relative or friend as a sort of stranger—suddenly "different" and fearful. If this has ever happened to you, it may help you to become acquainted with the view of the eminent Dr. J. C. Whitehorn of The Johns Hopkins University School of Medicine.

#### "Normal" and "Abnormal"

As Dr. Whitehorn sees it from long experience, there is no terrifying difference between the "normal" and the "abnormal." "We all have some moments of aberration," he says, "from which some of us right ourselves more promptly than do others." (Have you ever done something uncharacteristically, or made a slip of the tongue, and exclaimed laughingly, "I must be losing my mind?") "Fortunately, these recovery processes operate in the main, pretty well, without our conscious surveillance, and it is only when recovery is seriously impeded that we observe the phenomena to which we give the name mental illness."

Apparently the forces leading to recovery are strong, even in those who have been seriously ill. "Even in the large public mental hospitals . . . improvement is the rule, and not the exception," this authority states.

#### Two Forces for Recovery

There are two conditions that Dr. Whitehorn believes can lead a mentally ill person toward recovery. First, rather surprisingly, is association with other patients—an idea which "runs counter to much popular belief. Innumerable relatives of patients have expressed to me their troubled con-



cern for the particular patient in whom their interest centers is severely depressed and unfavorably influenced by close association with other patients. "Serve, so to speak, as focus of healthy and constructive processes"—"terms of health" that seem to spread from one patient to another.

Second requirement concerns every relative and friend of a mentally ill patient. "I submit, in all seriousness," states Dr. Whitehorn, "that some form and degree of faith and support from others is a necessary basis for the acquiring of mental health." This should be supplemented with "mutual respect" that does not demand subservience. "If you think of mental illness as a pest, after all, so 'abnormal' people will be better able to meet this necessary aid."

the record purchases in 1954. The strong increase in the popularity of E bonds is reflected in the fact that an estimated total of \$5.6 billion of such bonds will have fallen due. However, current indications are that more than \$1 billion of E bonds maturing in 1954 will be kept and only \$1.2 billion turned in for cash.

Total E bond maturities from May, 1951, when they started coming due, to the end of this year add up to approximately \$12.6 billion. Based on the trend to date, around \$11.4 billion of these bonds will be held and only about \$4 billion cashed. These retained matured bonds represent nearly a third of all E bonds owned by individuals. Here is further evidence of the strength of the people's determination to save.

New purchases of E and H Savings Bonds by individuals this year will run around \$5 billion, according to current indications. The total exceeded \$4 billion from January through October. Purchases this year have been running more than 10 per cent above 1953, and make 1954 the best year for Savings Bonds since World War II when the patriotic factor was such

An important recent development in the E Bond program is the increased demand for the large denominations, those of \$500 and \$1,000 face value. Right now purchases of these bonds add up to nearly half of all E Bonds acquired as against little more than a third two years ago.

The truly generous is the truly great.—John Home.



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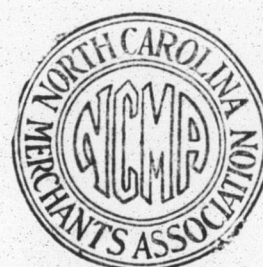
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County officials will enjoy a four-day holiday over Christmas, meeting Monday morning agreed to close all offices Friday before Christmas, as well as on Monday, December 27.

#### JOINS PHI BETA KAPPA

Forty-seven successful candidates for Phi Beta Kappa, national honor society, were in the woods. Out there the brooks initiated into the University of life, too.

#### Alike

Miss Chatterton — I hope you have enjoyed this afternoon as much as the Superwomen's Club?

Mr. Grimm—I have, indeed! It for Phi Beta Kappa, national honor society, were in the woods. Out there the brooks initiated into the University of life, too.

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