

Native Of Edenton Wins Scholarship At Philadelphia

Arlieatha Overton Is Given \$2,000 to Study In London Academy

Miss Arlieatha J. Overton, born in Edenton and taken to Philadelphia when a child, has been selected by the Cosmopolitan Interracial Group of Philadelphia as the first recipient of its scholarship award designed to aid deserving individuals in the study of one or another of the performing arts. Miss Overton received a \$2,000 scholarship for study at Royal Academy of Theatre in London, leaving by plane in May and plans to be there from six months to a year.

Miss Overton received her break last September at the Free Library in Philadelphia, when she was on a program doing a monologue she wrote herself, along with Mrs. Celestine White, a fashion model, who also is president of the Cosmopolitan. The title of the monologue was "The Candle Is Burning Low."

"I've loved dramatics ever since I was a child," said Miss Overton when she was presented the scholarship, "when I was little I'd do mimicking of people. Now I do these monologues, but I like to write them, too. There's a novel I've written, and I write the material for the monologues."

Miss Overton attended William Penn High School, Temple University and Emily Norris Krider Dramatic School and is now studying at the Dauphin School. She has appeared with numerous little theatre groups in Philadelphia as well as on the air.

Solution of Three Key Problems Is Sought by Heart Researchers

By E. Cowles Andrus, M.D.
President, American Heart Association.

The fate of millions of Americans, now living and yet unborn, depends upon the speed with which research scientists find the answers to these three questions:

1. What causes the arteries to become thickened, roughened and narrowed, interfering with blood flow and nourishment of the tissues, and setting the stage for "heart attack"?

2. What are the exact mechanisms responsible for the abnormal constriction of the tiny ends of the arteries, causing high blood pressure?

3. What are the exact mechanisms through which strep infection leads to rheumatic fever, and consequently to rheumatic heart disease?

These three conditions—hardening of the arteries, high blood pressure, and rheumatic fever—cause more than ninety percent of all heart disease.

The basic causes of these disorders are unknown. Until they are found, the likelihood of establishing cures and controls is lessened accordingly.

The importance of our finding the answers to these three profoundly important "unknowns" is underscored by the fact that diseases of the heart now cause more than 794,000 deaths annually.

In their quest for new knowledge about the basic causes of these three conditions, research scientists have developed a great many promising clues which are being intensively followed-up. Moreover, they have made possible great progress in the diagnosis, prevention, care and treatment of the heart diseases.

Let us consider just a few of the more dramatic advances which are saving hearts today. Initial and recurrent attacks of rheumatic fever are being prevented through prompt and effective use of antibiotics. Antibiotics have made possible a recovery rate of better than 75 percent in subacute bacterial endocarditis, a heart infection once almost invariably fatal.

In many thousands of cases, it has been demonstrated that surgery can often repair heart valves damaged as a result of rheumatic fever, correct certain abnormalities present at birth (as in "blue babies"), and repair other heart conditions previously considered hopeless.

Relief is being brought to many thousands of heart sufferers through new drugs, new dietary controls and new therapeutic techniques.

Diagnostic and study tools are constantly improving. All of these facts resolve themselves into a hopeful picture.

High on the list of factors warranting optimism is a change of basic attitude. Slowly but surely, man is discarding the view that heart disease is necessarily fatal. He is casting off needless fears. He is becoming increasingly aware that some forms of heart disease can be prevented, some can be cured, and almost all cases can be best cared for by proper treatment after early diagnosis.

The public, too, has gained new hope from the nationwide crusade against diseases of the heart and blood vessels that is supported by the Heart Fund. Through the Heart Fund, the public has joined with medical science in fighting heart disease with research, professional and public education and community health programs.

These programs are administered by your Heart Association. Its meaningful appeal—"Help Your Heart Fund—Help Your Heart"—merits the thoughtful consideration of every American.



Dr. Andrus

Traffic System To Be Improved At Auction Block

4 or 5 Lane Drive Is Recommended to Reduce Hazards

Plans to modernize the traffic system and to eliminate the highway hazard at the Chowan Produce Exchange were started last week. Hugh B. Martin, representative of the North Carolina Division of Markets, was called in by County Agent Overman. Mr. Martin has had extended experience working with farmers exchanges in North Carolina and also in many other states. He recommended a 4 to 5 lane drive entering from Highway 32 just east of the present exchange grounds line. These lanes to follow around the present grounds and enter the auction shed at the west end of the exchange. E. L. Pierre, L. C. Bunch and W. A. Harrell, representatives of the Chowan Produce Exchange, were present and agreed that this would possibly be the best solution.

The probable plan calls for farmer vehicles entering the traffic lanes from Highway 32. Upon entering each vehicle driver will be

given a place card with a number to designate his place in the line entering the auction shed, thus to avoid confusion and misunderstanding among drivers and to treat all fairly. No vehicles are to park or line up along the highway, thus the highway hazard will be removed. All buyer trucks will be given a parking space within the grounds for loading. No cars will be allowed to park in the grounds. Farm vehicles will be required to leave the grounds as soon as they are unloaded thus avoiding congestion there. Will Harrell, the land owner, says that more parking space can be obtained if necessary.

Auxiliary To Medical Society Has Meeting

The Chowan-Perquimans Auxiliary to the Medical Society of North Carolina held its quarterly luncheon meeting Friday, February 11, at the home of Mrs. Martin Wisely.

Mrs. T. P. Brinn, First District Councilor, was present and advised the group as to making reports and contributions to the state projects which included the Cooper Red Fund, Yoder Red Fund, Student Loan Fund, Jane Todd Crawford Fund, and American Education Fund.

The Auxiliary also voted to send subscriptions of Today's Health to the libraries of Perquimans County Training School, Chowan High

School, and the Edenton white and colored high schools. The Auxiliary is concentrating much of its effort toward supporting the American Education Fund this year, a fund earmarked for distribution to the various medical schools throughout the country.

Parker Helms Is At Sales Training School

Parker Helms, Edenton representative of the Farm Bureau Mutual Automobile Insurance Company, Farm Bureau Mutual Fire Insurance Company and Farm Bureau Life Insurance Company, is one of 32 agents attending the Sales training school being conducted by Farm Bureau Insurance Companies of Columbus, Ohio from February 13 to February 18 at the Robert E. Lee Hotel, Winston-Salem, N. C.

In this school, which is one of a series of training courses held periodically by the companies, particular emphasis is being placed on the study of new developments in the insurance industry.

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Hospital Patients

Patients admitted to Chowan Hospital during the week February 7-13 were:

- White**
Edenton: Carolyn Robinson, Will Edward, Mrs. T. B. Barrow, Mrs. William Bunch, Mrs. Pauline Morgan, Mrs. Edith Renfrow, Mrs. Vivian Mooney, Mrs. Alice Shulthiss.
Tyner: Master Michael Miller, Alonza Copeland.
Hertford: Mrs. Mary Elliott.
Suffolk: Baby Glenn Koch, Whaleyville, Va.: Mrs. Nellie Byrum.
Windsor: Raleigh Pierce, Mrs. Ida Mitchell.
Creswell: Mrs. Mary Ambrose, Merry Hill: Mrs. Maggie Pierce, Ryland: Mrs. Julia Boyce, Roper: Mrs. Maude Phelps, Belvidere: Mrs. Frances Smith, Winfall: Mrs. Audrey Nixon, Hobbville: A. T. Stallings.
- Negro**
Edenton: James Wilson, Arthur McClenney, Erma Slade, Matilda Tillitt, Lillian Satterfield, Martha Fleming.
Columbia: Clara Sykes.
Tyner: Elizabeth Copeland.
Patients discharged from the hospital during the same week were:

- White**
Edenton: Mrs. Norma Griffin, Mrs. Mary Lee, Mrs. Edna Moreno, Mrs. Ruby Robinson, Mrs. Ruth Rae Elliott, Mrs. Pauline Morgan, T. B. Barrow, Baby Joanne Lee, Mrs. Edith Dean Renfrow, Mrs. Vivian Mooney.
Tyner: Henderson Peele, Master Michael Miller.
Creswell: Mrs. Mary Ambrose, Mrs. Maggie Davemport.
Hertford: Mrs. Mary Elliott.
Windsor: Raleigh Pierce, Mrs. Ida Mitchell.
Belvidere: Mrs. Francis Smith, Roper: Mrs. Thelma Chesson, Mrs. Maude Phelps.

- Negro**
Edenton: Matilda Tillitt, Arthur McClenney, Ernestine White, Erma Slade, James Wilson, Lillian Satterfield, Margaret Cooper.
Windsor: Gladys Johnson.
Tyner: Elizabeth Copeland.

- Births**
Mr. and Mrs. Donald Robinson, Edenton, a son; Mr. and Mrs. Herbert Byrum, Whaleyville, Va., a son; Mr. and Mrs. Charles Renfrow, Edenton, a son, who died.

Visiting ministers for the week February 14 to 20 are: White, the Rev. Mitchell E. Edwards; Negro, the Rev. Frank Harris.

Meekness cannot well be counterfeited. It is not insensibility or unmanliness, or servility; it does not cringe or whine. It is benevolence imitating Christ in patience, forbearance and quietness.

—William Swan Plumer.

"Rising Flood" Is Rated Best Play In Dramatic Festival

Colored School Will Be Host to Festival on February 25

"Rising Flood," a one-act drama, presented by the 12-B Class of the Edenton Colored School, was selected by the critic judge as the best play during the annual dramatic festival.

Members of the cast included Ruby Jordan, Marie Halsey, Shelton Stanley, Lorraine Calloway, Elbert Copeland and James Hedgebeth.

Outstanding sound effects, make-up and costumes contributed to the success of the play. The entire production was directed by T. I. Sharpe, advisor to the 12-B Class. M. C. MacMillan, Mrs. White and student assistants aided each cast in setting up the stage for performance and costume changes.

Shirley Bowser, a junior, was commended by the critic judge for her role as a French girl in "Stoney's Brides."

The second best play was "Stoney's Brides," presented by the 11-B Class, directed by Mrs. F. H. Modlin.

The Dramatic Festival is an annual event at Edenton High School. Grades 9-12 present plays on a home-room basis. Plays are judged by criteria set up by the Northeastern North Carolina Drama Association, Mrs. Mitchell of State Teachers College, Elizabeth City, was critic judge for the festival.

Each class was commended by the critic judge for the plays presented. The selection of plays by grade levels and characters selected for the entire festival received favorable comment from the critic judge.

Members of the faculty and student body acknowledge with thanks the furniture used in the productions, supplied by the Edenton Furniture Company.

The Edenton School will be host to the Dramatic Festival sponsored by the Northeastern North Carolina Drama Association on February 25. Plays will begin at 9:30 A. M. The Association is predicting three sessions for the day.

Special Music At Red Men's Meeting

Chowan Tribe of Red Men will hold their weekly meeting Monday night at 7:30 o'clock in the Red Men hall. A special feature of the meeting will be music rendered by Francis Slade and the Four Aces, William E. Barrow, sachem of the tribe, urges a full attendance.

Meekness as Christ used the word is not inert; it is energetic. It is not negative; it is positive. It is not passive; it is active.

—Rev. W. A. Cameron.

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Ham Salad 8-oz. Pkg. 45c

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1 can (9-oz.) CS red sour pitted cherries
1 cup sugar
1 tablespoon all-purpose flour
24 teaspoon-salt
Drain cherries thoroughly. (Use juice for gelatine salad or dessert base. Do not use it in this pie.) Mix sugar, flour and salt; save 1 tablespoon of this to sprinkle on bottom crust before putting in filling. Add cherries, coloring, extract and butter to flour mixture. Let stand while crust is prepared. Make pie shell according to your favorite recipe or package directions. Line an 8 or 9-inch pie plate with pastry. Sprinkle with the 1 tablespoon flour mixture. Pour in filling and cover with top crust. Bake in a hot oven, 425 degrees, 30 to 40 minutes. Makes 1 8 or 9-inch pie.

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