

Dr. Ed Bond Speaks At Edenton Woman's Club Meeting, Using Mental Health As His Subject

An interesting address on mental health by Dr. Ed Bond highlighted the March meeting of the Woman's Club held in the Parish House Wednesday of last week.

During the course of his address, Dr. Bond touched on the incidence of mental illness and what a problem it is. He defined mental health in terms of behavior and gave a brief outline of how one's personality grows and affects this behavior. He also commented on anxiety and its functions.

Dr. Bond told his Woman's Club audience some 9,000,000 Americans have some form of mental disorder, adding that one of every two hospital beds is occupied by a psychiatric patient. He cited the need for more and better facilities for psychiatric care and more funds for research.

Dr. Bond defined mental health in terms of behavior, saying abnormal or neurotic behavior is largely determined by unconsciousness factors, and psychotic behavior refers to a complete separation of behavior from the wide range of normal. "If our behavior is largely determined by unconsciousness factors, we are in good mental health," Dr. Bond said, "and if our behavior is largely controlled by factors outside of our awareness, we may be in poor mental health."

Dr. Bond said personality determines the way we behave and defined it as "the sum total of our body, temperament, character, desires, beliefs—all of these qualities which give each of us an individual uniqueness."

"These parts of the personality have to work together effectively to maintain adequate self-esteem," the speaker continued, saying "the personality must have an optimum number of sound ideas well related to the environment, a sufficient quantity of good will in relation to others, and must avoid acquiring too much hate. Failure to achieve these may be as bad as some physical defects. He cited the development of one's personality from infancy and declared "that maturity of personality is attained only through successive stages of maturation in which arrest and deviations may occur."

Proven facts concerning the causes of mental disorders are regrettably limited, Dr. Bond continued, adding the best help so far comes from experience in this field and the formulation of theories as to how disorders of personality have developed. "Except in those mental disorders in which there is a psychological impairment of the brain through toxic or structural changes, human behavior is explainable in terms of various psychological experiences or needs," Dr. Bond declared.

The speaker noted there is no justification for the pessimistic suggestion that the pace of modern life conduces to mental breakdown and pointed up the importance of religious ideas and spiritual forces in maintaining proper personality balance. "The founders of the science of psychiatry have often stated that in the final analysis, many patients who failed to make a proper adjustment to life had first failed to establish proper religious ideas and practices," Dr. Bond said. "Prevention of mental illness is the important thing and it is largely through proper attention to normal home, school and church life that our youth will develop into mature citizens and keep on the right road."

Commenting on anxiety, the speaker declared this is a result of any threat of change in the concept of the self, and said anxiety will always be a part of life. "It alerts us when the self is threatened. It results from living and also because of its presence makes living worthwhile," he said.

Dr. Bond said there is no such thing as an abnormal or neurotic type of anxiety, declaring the apparent difference in the effects of the reaction lies in the way the individual handles his share of anxiousness and what he does to overcome it.

During the business session, seven new members were elected to the club. They include Mesdames Heywood Ziegler, Jr., David Warren, James Griffin, Richard Schuman, Eugenia Babylon, John Pavlich and James Johnson.

Mrs. Gerald D. James was elected secretary of the club replacing Mrs. Ralph Blades who resigned. Elected as delegates to the state convention to be held in Charlotte April 15-17 were

Mrs. J. M. Thorud and Mrs. Robert Boyce with Mrs. Wesley Chesson, Jr., and Mrs. Gerald D. James as alternates.

Committee reports were heard and projects for the near future outlined.

Guests included Mrs. Fred Brown and Mrs. William Vogdes. Hostesses were Mesdames W. T. Harry, R. B. Smith, Roy Spruill, John Bunch, Murray Byrum and Thomas Byrum.

Petition Withdrawn For Improvements

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Dr. A. M. Stanton and Robert Powell appeared at the meeting in behalf of the Barker Street and Williamson Road property owners, who objected to the cost involved for curbing and guttering and inferred that they preferred a hard-surfaced street instead of curbs and gutters.

The Councilmen complied with the petition for withdrawal, so that unless some later action is taken no street improvements will be made.

No complaint was received from Albania Street property owners, so that a motion was passed to advertise for bids to construct curb and gutter and storm sewer on Albania Street, as well as adding curb and gutter at the same time on West Hicks Street. These bids will be reviewed at the next meeting of Town Council.

The withdrawal of the petition has cost the town \$473.48 which represents the engineering expense for that portion of the work.

At the request of Fire Chief W. J. Yates the Councilmen agreed to make an appropriation for the expense in connection with the annual meeting of the Eastern North Carolina Firemen's Association which will meet in Edenton Tuesday night, April 8. The Association comprises about 30 towns.

The Councilmen also agreed to appropriate \$100 toward the expense of staging the annual Chowan County Fat Stock Show and Sale at the American Legion building Wednesday, March 26.

Charlie H. Jernigan was granted a permit to operate a taxicab. During the meeting Jesse Harrell was re-appointed as a member of the board of directors of the Chowan Hospital. He was appointed for a three-year term.

A committee presented a report relative to a proposed building for the Street Department on West Hicks Street. Arrangements have been made for the department and E & W Department to use a driveway jointly and the committee, J. Clarence Leary and J. Edwin Bufflap, was authorized to work with the Board of Public Works in an effort to purchase a lot in the rear of the town property which will give access to the railroad for unloading supplies for the Street Department, as well as providing more room for both departments.

Councilman Raleigh Hollowell reported that papers are now being prepared giving the town a 20-foot right of way for extending East Eden Street from Court Street to the rear of the business firms on the east side of Broad Street. The idea in mind is to provide a street which will start at Court Street, going west, then south between the town and county property with the exit between the Court House and hotel to King Street.

VFW MEETING

William H. Coffield Post No. 9280, Veterans of Foreign Wars, will meet Tuesday night, March 18, at 8 o'clock. Commander Earl White is very anxious to have a large attendance.

Tommy Kehayes Wins Coveted Scholarship

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el Hill are Mr. Morehead, chairman; John L. Morehead of Charlotte; Robert M. Hanes of Winston-Salem; Norman Cocke of Charlotte and Hugh Chatham of Elkin.

Morehead Scholars are selected on a basis of scholarship, manhood, courage, devotion to duty and other qualities.

The Morehead Scholarships are fashioned after the Rhodes Scholarships, but adapted to the undergraduate level.

Young Kehayes was also one of eight of the students to be interviewed after their selection on their home town schools. Tommy's comment in the interview follows:

"Whether a subject in our high school was hard or easy depended on what the student was looking for. If he was willing to work, there was always something to be gained from a course. I was not bored or idle. I had too much work, both academic and extra-curricular.

"Our biggest problem was the lack of discipline on the part of the students. I mean a lack of the responsibility the students should show themselves."

Julius Roberts Killed In Automobile Wreck

Continued From Page 1, Section 1

was almost severed, his back was injured and he sustained a fracture of his right leg.

Valentine and Hathaway were more fortunate, both escaping with minor cuts and bruises.

The accident was investigated by State Patrolmen D. O. Williams and T. E. Vaughan, who estimated the damage to both cars was \$3,000. Both cars were badly damaged. The patrolmen stated that Valentine was the driver of the Thornton car and that he had been drinking and had no operator's license and would be charged with manslaughter.

Chowan had no fatal automobile accidents in 1957, but the patrolmen report that this was the second one so far this year. Roberts was a prominent and popular Negro and funeral services were largely attended Wednesday afternoon.

County Council Will Meet At Center Hill

The County Council of Chowan County Home Demonstration Clubs will meet in the Center Hill Community Building Wednesday afternoon, March 19, at 2 o'clock. Miss Anna Mayor teacher of French in the Edenton schools, will be the principal speaker, so that a very interesting program is anticipated. All members are urged to attend.

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BEST SLOGAN—Displaying her work and the medal it won for her, Donna Antonette poses proudly after triumphing in the New York Police Athletic League annual Brotherhood Poster Contest. Donna, who lives in Maspeth, Queens, was awarded the medal for the best slogan at World Brotherhood Headquarters in Manhattan.

Winners Announced In 1958 Art Show

Continued From Page 1, Section 1

Richard Bass, second; Charles Bunch and Ken Worrell. Honorable mention, second grade, Mary Lou Spear, first; Henry Wells, second; Anna Hoskins, honorable mention. Third grade, Wesley Chesson, first; Vonnie Wright, second; Ray Goodwin, honorable mention. Fourth grade, Dianne Ross, first; Robert Hartman, second; Norfleet Pruden, honorable mention. Fifth grade, Kate Shaw, first; Carol Elaine Pickler, second; Jane Jolly, honorable mention. Sixth grade, Betsy Campen, first; Betty Acker, second; Waverly Bond, honorable mention.

Murals, sixth grade, Mrs. David Holton, first; fourth grade, Miss Lena Jones, second; fifth grade, Mrs. R. F. Coleman, honorable mention.

Jerry Nixon, seventh grade, Edenton High School, first prize for a booklet on Evangelism and first place for drawing.

Winners from Chowan High School were: Second grade, Don Bunch, first; Connie Hobbs, second; Lynn Privott, honorable mention. Third grade, Bernard Byrum, first; Al Asbell, second; Linda Faye Perry, honorable mention. Fourth grade, Rose Marie Lane, second. Fifth grade, Annette Bunch, first; Jeanette Bunch, second; Annette Bunch and Florette Byrum, honorable

mention. Seventh grade, Frances Smithson, first; Judy Haste, second; Carol Bass, honorable mention. Eighth grade, Jane Carolyn Chappell, first; Malcolm Bunch, second; Nancy Ward, honorable mention. Murals, second grade, Mrs. Rountree, first and second.

Rocky Hock winners were: First grade, Bill Smith, first and second; Nelson Byrum, honorable mention. Second grade, Sandra Bunch, first; Charlotte Nixon, second. Third grade, Ruth Ann Bass, first and second. Fourth grade, Nancy Louise Bass, first; Margaret Tynch, second. Fifth grade, Joe Gardner, first; Carroll Tynch, second; Robert Wayne Harrell, honorable mention.

Adult winners were: Oil Painting, Louise Dixon, first; Pat Waff, second; Frances Shore, honorable mention. Pastels, Milly Price, first; Pat Waff, second; Betsy and Bunny Brinson, honorable mention. Water Color, Enola Smith, first; Rebecca Warren and Ida Smyer, second; Louise Dixon, honorable mention. Pen and Ink Sketch, Pat Waff, first. Charcoal, Sara Wood Wickham, first; Frances Shore, second. Photography, Gus Hughes, first. Crafts, Frances Inglis, first and second.

Unbound courage and compassion joined proclaim him good and great, and make the hero and the man complete.

—Joseph Addison.

\$18,000,000 Paid Daily During 1957 For Life Insurance

Every 24 hours during 1957, on the average, American families received \$18,000,000 from their life insurance policies, according to the Institute of Life Insurance.

The year's aggregate benefit payments from life insurance policies in the United States were \$6,660,700,000, up \$782,500,000 from the year before and nearly \$4,000,000,000 more than at the end of World War II.

"The tremendous growth in life insurance protection is clearly shown in this 150 per cent increase in benefits in just 12 years," Holgar J. Johnson, Institute president, said. "What is more, the benefit increase may well accelerate in the years ahead, as the large aggregate of new insurance, purchased in the years since the war, moves into the area of maximum benefit payment."

All Benefits Rose
Both death benefits and "living" benefits, going to policyholders themselves, increased during 1957.

Death benefits totaled \$2,710,700,000, up \$291,700,000 from the year before and \$1,431,000,000

more than in 1945. This rise is primarily a reflection of the increased ownership of life insurance and not increased mortality, as the death rate among policyholders last year was considerably lower than in 1945.

"Living" benefits totaled \$3,950,000,000, up \$490,800,000 in the year and \$2,562,400,000 more than in 1945. These figures reflect the growing use of life insurance for living needs.

The "living" benefits paid in 1957 were half again as large as total benefit payments of all kinds in 1945 and more than three times the death benefit

payments of 1945. In addition to these payments under life insurance and annuity contracts, American families last year received \$2,077,600,000 in benefits under health insurance policies issued by the life companies. This was \$311,700,000 more than the year before and brought total payments to American families from their life insurance companies under both life and health policies to \$8,728,300,000, some \$1,094,200,000 more than the year before and nearly \$6,000,000,000 more than in 1945.

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FARM FOR SALE

By authority given the undersigned by all the heirs of John J. Byrum, deceased, the undersigned will sell at public auction for cash to the highest bidder on March 29, 1958, at twelve o'clock noon, at the Court House door in Edenton, North Carolina, that farm formerly owned by John J. Byrum, deceased, located approximately 18 miles North of Edenton on North Carolina State Highway No. 32, lying in Third Township, Chowan County, North Carolina, described as follows:

(1) Commencing at the gate on the main road running South 23 1/2 degrees West 6 chains to a dead pine, then South 88 degrees West 8 1/10 chains to a sweet gum in the center of branch, then along center of said branch to the run of Sandy run swamp, then along run of swamp to Donnie Byrum's line, then along said Donnie Byrum's line to the first station, containing thirty-six (36) acres. This being John J. Byrum's part of the land owned by his father C. S. Byrum, deceased, home place.

(2) A small tract of land adjoining the above bounded as follows: Beginning at a pine stump, where J. J. Byrum, R. S. Ward and J. D. Ward corners running an Easterly course 55 1/2 feet to the New road, thence a Southernly course along New Road to J. J. Byrum's line 380 feet, thence a Southernly course along said line to the first station. Containing one-fourth acre, more or less.

This land has the following allotments:

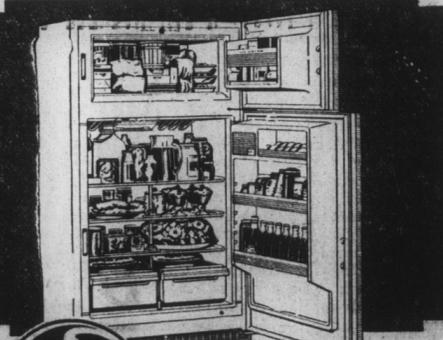
3.9 ACRES PEANUTS
2.3 ACRES COTTON
7.4 ACRES CORN

Reserved and excepted from the above land is the Byrum family graveyard containing approximately one-half acre, the boundaries of which have been marked.

The successful bidder at this sale will be required to make a deposit of five (5%) per cent of his bid pending advanced bid, said sale to remain open for ten (10) days for advanced bid to be made to the undersigned. In event of advance bid there will be a Re-sale of this property.

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