

Negro Home Demonstration News

By MRS. ONNIE S. CHARLTON, Negro Home Demonstration Agent

This week is National Home Demonstration Club Week. At this time I would like to share with you our Club Collect which is our home demonstration club prayer. The explanations given are by Mrs. Corinne G. English, Extension Specialist in Family Relations. She says, "if we repeat the Club Collect daily, as a prayer, it will help us grow into finer, more secure, happier home-makers."

The things we ought to do and all the things we want to do? The answer is an individual one. Learning to put first things first is important if we would grow "calm," serene, gentle. "Teach us to put into action our better impulses, straightforward and unafraid. Good impulses won't help others unless we put them into action! Yesterday is already a dream Tomorrow is only a vision But today, well lived, Makes every yesterday a dream of happiness; And every tomorrow a vision of hope— Look well, therefore, to this day, (from the Sanskrit)

"Let us be done with fault-finding and leave off self-seeking. We are all prone to criticize and correct others, forgetting that a word of praise and appreciation will encourage effort and achievement. We are "Long" on fault-finding; "Short" on praise! Before we try to change others, let's start first with ourselves. "May we put aside all pretense and meet each other face to face, without self-pity and without prejudice.

"Grant that we may realize it is the little things that create differences, that in the big things of life we are as one. Pettiness, prejudice, self-seeking cause misunderstanding, unhappiness, discord. We need approval, acceptance, affection from others. They need it from us! "And may we strive to touch and to know the great, common heart of us all, and O Lord God, let us forget not to be kind. Understanding why another acts as he does will make us kinder in our judgments and actions and we will live as we pray The Golden Rule, "Do unto others as you would have them do unto you."

Feeling sorry for oneself will destroy happiness and usefulness at any age. If we will concentrate on the good things in life we enjoy, we won't have as much time to complain about the things we lack. In the church, in the school, and especially in our homes we should respect the integrity and worth of each individual, remembering that our unconscious attitudes may be influencing—and hurting—others. "May we never be hasty in judgment and always generous. "The Sioux Indians have this prayer: "Oh, Great Spirit, help me never to judge another until I have walked two weeks in his moccasins."

We want to reach new people. We will be happy to have you join the home demonstration club nearest you this month. Schedule for Month of May Edenton, May 13—Mrs. Clara B. Simons, 8:00 P. M. Cisco, May 14—Mrs. Annie Sue Gordon, 2:30 P. M. White Oak, May 15—Mrs. Ida Holley, 2:30 P. M. Paradise Road, May 19—Mrs. Marie Jerkins, 8:00 P. M. Hudson Grove, May 20—Hall, at 2:30 P. M. Canaan Temple, May 21—Mrs. Lula Wills, 2:30 P. M. St. John, May 22—Mrs. Carrie Harrell, 1:00 P. M. Triangle, May 23—Mrs. Myrtle Wardsworth, 2:30 P. M. Virginia Fork, May 26—Mrs. Martha Johnson, 7:00 P. M. Warren Grove, May 27—Mrs. Elletta McClenney, 2:30 P. M. Green Hall, May 28—Mrs. Louvenia Valentine, 2:30 P. M. Center Hill, May 29—Community Building, 2:30 P. M. Ryans Grove, May 30 — Mrs. Roxanna Simpson, 2:30 P. M.

"Let us take time for all things, make us to grow calm, serene, gentle. It has been said that this planet has three billion human beings and the only thing all have in common is 60 minutes every hour. Someone has said, "Well arranged time is the surest mark of a well-managed mind." How much "time" have you? Do you ever feel pushed, rushed, frustrated? How can we do all

the proceeds of her husband's insurance policy to reduce the mortgage on her home. It may seem strange to you that a widow with Mary's responsibilities would not check up on her rights to social security benefits sooner than 8 months after her bereavement. But the

On the other side of the ledger there was a \$7,000 mortgage on the house she and her husband had purchased just two years before. Mary, in thinking about her situation, decided she would have to arrange day care for the children, a boy of 7, and two girls, 5 and 2 years of age, and find a job. Later on, she realized, she might have to sell the house, but she put that decision out of her mind for the moment. It was not until just this week, eight months after her husband's death, that Mary even considered one valuable asset—her husband's social security. When she called at her local social security office, Mary found that she and the children were eligible for social security survivors benefits of \$200 a month, based on her husband's earnings under social security. With her first check, she and the children will also receive back payments for the months of September to February, and in addition, she will be paid a lump-sum death payment of \$255. Monthly payments of \$200 will come to Mary and her children for 13 years, until the 5 year old reaches 18. For the following 3 years, until her youngest girl is 18 years of age, monthly benefits of \$162.80 will be payable to the family. Payments will stop at that time, but when Mary reaches 62, if she has not remarried, she will become eligible for a monthly check of \$61.40 for the rest of her life. With a steady income to count on while the children are grow-

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ABUNDANT LIFE

by ORAL ROBERTS

REPORTER SAVES WOULD-BE SUICIDE ON CHRISTMAS EVE

It was Christmas Eve. A police reporter on the Seattle Post Intelligence of Seattle, Washington, was sitting at his typewriter when suddenly an overwhelming impulse came to him. Not knowing why, he hurried to Pioneer Square, three blocks away, just in time to knock a loaded pistol away from the head of a man about to shoot himself. A cold rain was falling, and the gun slid across the glistening grass. Everything seemed so unreal that the reporter felt that he was enacting a strange drama. Across the street at a glance he noticed the time shown by a clock in the window of a restaurant. It was five minutes past 7:00.

Just a few minutes before, he had been sitting at his typewriter. Now here he was in Seattle's "Skid Row" with a man he had just saved from death. Where did the impulse come from that sent him out into the dreary night? What had sent him directly to the spot where a human being was about to hurl himself into eternity? The man dropped on his knees and began fumbling in the wet grass for the gun. The reporter pushed him with his foot and he sprawled on his face. Then the reporter picked up the gun. "Let's go home," he said. "Where do you live? What's your name? Is it Jack?" "How did you know my name?" asked the man who was sobbing. "I don't know," said the reporter, "but let's go somewhere where we can talk."

The poor fellow shook his head. "I don't want to talk," he said. social security people can tell you that this is an old story. Many young widowed mothers delay in applying for social security survivors benefits. When there is such a delay, the law provides that benefits can be paid retroactively for no more than 12 months before the time they apply.

Before the end of a year following their husband's deaths, most widows have been forced to carefully assess their sources of income and do learn about their rights to social security benefits. But in the meantime, they have suffered acute anxiety about the future and may even have disrupted their living arrangements unnecessarily. Mrs. W. and her children are receiving the maximum family payment of \$200 a month because Mr. W.'s earnings were high. Payments to a fatherless family



Washington — Action by the Senate Judiciary Committee last week evidenced the growing concern that exists in Congress that the United States Supreme Court should refrain from further invading the field left to the Congress and the States by the Constitution. Usurpation There is room for disagreement as to the particular remedy for the encroachment and usurpation by the court. I voted for the proposal in the Judiciary Committee because I honestly feel that the Supreme Court has far exceeded its proper bounds by acting as a legislative body contrary to the meaning of the Constitution. My hope is that this action will serve to call attention to the

Court that it should stick to its legal knitting and desist from moving into the legislative field. Criticism of the Court does not come easy with me; I respect our democratic institutions, but I am compelled to speak out against what I am convinced is usurpation of power whether it be in the judicial, legislative or executive branches. If we are to preserve the balance between the States and the Federal Government and the division of power within the Federal government, it must be done by insisting upon legal and constitutional principles. No public official should be above criticism, and I cannot subscribe to the theory that the court is sacrosanct.

Vote Unexpected

The overwhelming vote in the committee was unexpected. By a vote of two-to-one majority my colleagues took this action to report the bill which should produce important national debates. A debate of this nature can be very constructive. It will inform the people of the importance of separation of powers and the wisdom of the Founding Fathers in establishing this concept.

Dangers of Encroachment

The dangers of judicial encroachment are numerous. Perhaps one of the most serious is substitution of personal notions of what the law ought to be for what the law is. Another is the methodical reduction of the States to meaningless zeros, the ultimate of the miscomprehension that Washington can do everything better. With these things fresh in mind, the Judiciary Committee has now acted. I favor a great debate on this issue. Such is long overdue. The debate should not be sectional, reckless or irresponsible.

Military Pay Bill

The Senate unanimously passed the military pay bill last week. While considering the proposal, I was struck by the fact that the Armed Services are today in keen competition with the business world for trained manpower to carry on our complex defense establishment. Highly skilled personnel have been leaving the ser-

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Notice To All Democrats

The Democratic County Convention will be held in the Court House at Edenton at 3:00 o'clock, Saturday afternoon, May 10, 1958, for the purpose of organizing according to the Plan of Organization of the Democratic Party, and for the election of delegates to the State Convention.

The State Convention will be held in the Auditorium in the City of Raleigh at 12:00 o'clock Noon, on Thursday, May 15, 1958.

All Democrats are cordially invited to attend.

CHOWAN COUNTY DEMOCRATIC EXECUTIVE COMMITTEE

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