

C) - SECOND SERMONS

By FRED DODGE

Test: "He who is content can never be ruined." —Lao-Tsze.

The "bachelor lady" smiled at anyone who suggested that it was too bad that she did not have a husband. This was her contented reply.

"I have a dog that growls, a parrot that swears, a fireplace that smokes, and a cat that stays out all night. Why should I want a husband?"

We are inclined to view a contented person as lazy. Yet the great minds, the active minds, the achieving minds, urge us to seek contentment. Busy Benjamin Franklin, the American of incredible accomplishments, declared Contentment to be "the

Philosopher's Stone that turns all it touches into gold."

Do not confuse resignation with contentment. Resignation is defeat sitting sadly in immature idleness. Contentment is not the end of effort. Contentment is an adult respect for limitations. It is something to be attained within physical, mental, moral, social and legal restrictions. Many ancient and modern thinkers term it, "the quiet mind." It is not an idle mind, a sluggish mind, a sorrowing mind. It is alert, busy, creative, productive of good. But it is also, simply content. Strive for it. This doorway to earthly happiness will open to anyone, anywhere.

KNOW YOUR SOCIAL SECURITY

P. E. Bestendorf, representative of the Social Security Administration, is in Edenton every Thursday at the North Carolina Employment Security Commission in Citizens Bank Building.

Yesterday I overheard a conversation between two ladies who were eating lunch. Both felt strongly about their conversation and their voices were raised a little. They were discussing my favorite subject—Social Security—so I couldn't help eavesdropping. Finally, I just couldn't resist any longer and introduced myself as the social security man. Well, the three of us had such an interesting discussion that I thought perhaps you would be interested in what we said.

Both ladies are members of one of the ladies' clubs here in town. One is program chairman and was looking around for a program for next month's meeting. The other had an important problem of her own. Both she and her husband were getting close to retirement age—her husband is almost 65 and she is nearly 62. She was wondering whether she ought to take her social security payments at age 62 or wait until she was 65. Well, I answered her question by explaining about how a woman's benefit is somewhat smaller if she starts getting it before she is 65. I told her what she could expect to get each month if she started getting her social security now and how much if she waited to 65. Well, what began as "just one question" led to a lot more questions and we had a lively discussion.

The other lady had questions of her own to ask. She'd never had her social security card changed from her maiden name. What should she do about this? Also, she'd quit working when she'd gotten married. What would happen to the social security tax she had paid in. As we talked, one of the ladies said, "Isn't it a shame that all of the club members weren't here today to ask their questions about social security?" I told her that the Social Security Administration is very much interested in sending its representatives to meet with groups of all sorts and to help their group members to understand their social security. So, next month I'll meet with their club at the program chairman's invitation.

Now, I wanted to tell you this

Heads Merchants



Frank L. McCabe of Raleigh above, is the new president of the N. G. Merchants Association, succeeding Charles B. Zeiger of Gastonia. Other officers of the 8,000-member retail organization are: A. Finley Atkinson, Burlington, first vice president; Paul A. Johnston, Littleton, second vice president, and Thompson Greenwood, Raleigh, executive vice president.

Three to four cups a day is a good health protection measure for young and old, says Miss Wilson.

Joyce Smith Joins Sigma Pi Alpha

Twenty-one students at East Carolina College have been initiated as new members of Sigma Pi Alpha, national honorary foreign languages fraternity. Each of those chosen as members has completed twenty hours of work and established a high academic record in the college department of foreign languages.

Among the Sigma Pi Alpha initiates is Joyce Smith, Route 3, Edenton.

Milk Products Add To Health Protection

"Pennies spent for a glass of milk are among the homemaker's wisest investments," says Miss Virginia Wilson, nutrition specialist for the N. C. Agricultural Extension Service.

Miss Wilson points out that studies show diets are often lacking in calcium and riboflavin (vitamin B2). Fortunately, milk is one of the richest sources of these two food elements. In fact, it is almost impossible to get the amount your body requires daily without some milk.

To get the amount of calcium in a quart of milk you could eat one of these: 27 pounds potatoes, 7 1/4 pounds carrots, 28 oranges, or 39 eggs. These fruits and vegetables are next to dairy products as the best source of calcium.

To get the riboflavin in a quart of milk you could eat one of these: 3 1/4 ounces liver, 2 1/3 pounds beef, 14 ounces cheddar, 1 1/2 pounds dried beans, or 1-1/3 pounds of leafy greens.

Milk is also a rich protein food needed throughout life to build strong muscles and keep them in good repair. One quart of milk has the equivalent in protein value of five eggs five ounces of chicken (three-fourth pound of chicken as purchased), or two



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Sunday School Lesson

THE BLINDNESS OF INJUSTICE

International Sunday School Lesson for May 24, 1935.

Memory Selection: "If a kingdom is divided against itself, it cannot stand. And if a house is divided against itself, that house will not be able to stand." (—Mark 3:24-25).

Lesson Text: I Kings 11:9 through 12:33.

This lesson shows the devastating results of selfishness and injustice. It strives to show that justice is necessary for the achievement of unity in social living; to expose disruptive factors in modern life; and to point out ways of attaining unity in our national and world community.

Our last lesson pointed up the truth that power must be used with a keen sense of responsibility, if God's will and purpose are to be fulfilled in the lives of both individuals and nations. As long as Solomon exercised his power with an awareness of his responsibility to God and his people, his kingdom prospered. Tragedy came to him and his people, however, when he became irresponsible, turned away from God, and gave his allegiance to other gods.

After a reign of forty years Solomon died, and his son Rehoboam succeeded him as the ruler of the Hebrew nation. In our Scriptures today we find Rehoboam, although seeking the advice of the elders (probably be

cause this course of action was court decorum and a well established procedure from early days) making a show or following the formalities, but rejecting the advice of the older men, which was to be a servant to his people and to work for the welfare of all. We read how Rehoboam took counsel with younger men, who advised him to deal harshly with the people, because they feared that any attempt to treat the people with kindness would be misunderstood as weakness. The people were only seeking justice. The burden of slave labor and labor taxation had become insupportable to them. Rehoboam's harsh reply caused a division in his kingdom, with disastrous consequences.

Persons in positions of authority are responsible for creating unity by demanding justice for all people. Justice is primary for unity in our modern social institutions. It must prevail if we are to achieve harmony in our homes, our nation, and our world. The main question with which we must concern ourselves is: How far is justice a requirement for unity in our social institutions?

One of the questions being raised today in church circles is: Must organic division be evil? It is admitted that there is far too much division in the church. But is division in and of itself wrong? Lutheran students were convinced that Martin Luther did not sin when he took his stand against abuses in the church. Continued on Page 6—Section 2

Chowan County Churches

EDENTON BAPTIST REV. W. N. CARROLL, Pastor Sunday School at 9:45 A. M. Morning worship service, 11 A. M. Training Union at 6:30 P. M. Evening service at 7:30 o'clock. Mid-week prayer service Wednesday at 7:30 P. M.

GREAT HOPE BAPTIST REV. HENRY V. NAPIER, Pastor Sunday School at 10 A. M. Morning worship service, 11 o'clock. Evening worship at 8 o'clock. Prayer service Wednesday at 8 P. M.

ROCKY HOCK BAPTIST REV. R. L. RAINES, Pastor Sunday School morning at 10 o'clock. Morning worship at 11 o'clock. Training Union at 7 P. M. Evening worship at 8 o'clock.

EDENTON PRESBYTERIAN REV. JAMES MACKENZIE, Pastor Sunday School Sunday morning at 10 o'clock. Morning worship at 11 o'clock. Girls Meeting—all teen-age girls—Sunday, 6:30 P. M. Brigade—all teen-age boys—Tuesday, 7 P. M. Mid-week Prayer Service—Wednesday night at 7:30 o'clock.

FIRST CHRISTIAN REV. E. C. ALEXANDER, Pastor Sunday School at 10 A. M. Morning worship at 11 o'clock. Young People's meeting at 6:30 P. M. Evening worship at 7:30 o'clock. Wednesday evening service at 7:30 o'clock.

ST. ANN'S CATHOLIC FATHER C. F. HILL, Pastor Sunday Masses at 8 and 11 A. M. Confessions Saturday 7-8 P. M. Information Class, Wednesday 8 P. M. Novena Devotions: Wednesday, 7-8 P. M. Phone 2017.

CENTER HILL BAPTIST REV. HENRY V. NAPIER, Pastor Morning worship at 11 o'clock first and third Sundays. Sunday School at 10 A. M. Evening worship at 8 o'clock second and fourth Sundays. Prayer service Thursday at 8 P. M.

EDENTON METHODIST REV. J. EARL RICHARDS, Pastor Church School Sunday morning at 9:45 o'clock. Preaching service Sunday morning at 11 o'clock.

MACEDONIA BAPTIST REV. L. C. CHANDLER, Pastor Sunday School at 10 A. M. Preaching every Sunday morning at 11 o'clock and every Sunday night at 7:30 o'clock. Prayer meeting Wednesday night at 7:30 o'clock.

WARWICK BAPTIST REV. R. B. COTTINGHAM, Pastor Sunday School at 10 A. M. Preaching service at 11 A. M. RVU at 8 P. M. Prayer service Thursday nights at 8 o'clock.

SAINT PAUL'S EPISCOPAL REV. GEORGE S. HOLMES, Rector 8:00 A. M. Holy Communion, 9:30 A. M. Church School, 10:00 A. M. Adult Bible Class, 11:00 A. M. Morning Worship, 7:30 P. M. Young Churchmen, Wednesday, 10:30 A. M. Holy Communion.

BALLARD'S BRIDGE BAPTIST REV. LAMAR SENTELL, Pastor Sunday School Sunday morning at 10 o'clock. Preaching services at 11 A. M. and 8 P. M. Prayer meeting Wednesday night at 8 o'clock.

CHURCH OF GOD REV. JOHN MARTIN, Pastor Sunday School at 10 A. M. Preaching service at 11 A. M. WPP Sunday at 7 P. M. Evening worship at 7:30 o'clock.

JEHOVAH'S WITNESSES E. P. LONG, Congregational Servant Bible school at 8:00 o'clock Sunday afternoon at Kingdom Hall. Bible study Wednesday night at 8 o'clock. Service meeting and ministry school Friday nights at 8 o'clock.

ASSEMBLY OF GOD REV. AND MRS. OTTIS DENTON, Pastors Gens of Devotion Broadcast Sunday at 9:30 A. M. Sunday School at 9:45 A. M. Morning worship at 11 o'clock. Children's Church at 8:30 P. M. C. H. at 10 P. M. Bible study at 7:30 P. M. Praying service meeting at 7:30

YEOPIM BAPTIST Sunday School Sunday morning at 10 o'clock. Preaching services every first and third Sunday morning at 11 o'clock.

EVANS METHODIST REV. FRANK FORTESQUE, Pastor Preaching services every first and third Sundays at 9:30 A. M.

CENTER HILL METHODIST REV. FRANK FORTESQUE, Pastor Preaching services every first and third Sundays at 11 A. M.

COLORED CHURCHES PROVIDENCE BAPTIST REV. F. H. LAGUARDE Sunday School at 9:30 A. M. Morning service at 11 o'clock. Evening service at 7:30 o'clock. Prayer meeting Wednesday night at 7:30 o'clock. Young people's and senior choir practice Friday nights at 8 o'clock. Men's Bible Class meets Monday night at 8 o'clock.

ST. JOHN THE EVANGELIST EPISCOPAL REV. CLYDE BEATTY, Minister First Sunday at 11 A. M. Holy Communion and sermon. Second Sunday at 9 A. M. Holy Communion. Third Sunday at 9 A. M. Holy Communion. Fourth Sunday at 11 A. M. morning prayer and sermon. Sunday School each Sunday afternoon at 3 o'clock.

CHURCH OF GOD IN CHRIST ELDER J. A. SAWYER, Pastor Preaching second and fourth Sunday. Pastor's Day. Every first and third Sunday. Church Day. Sunday School at 11 A. M. to 1 P. M. Prayer and Bible Band Tuesday night at 8 o'clock. Wednesday night choir practice at 7:30 o'clock. Thursday night choir practice at 7:30 o'clock. Friday night Pastor's Aid Society at 8 o'clock. Saturday night young people's Bible quiz and recreation.

WARREN GROVE BAPTIST REV. J. E. TILLET, Pastor Sunday School at 10 A. M. Preaching service at 11:30 A. M. every second and fourth Sunday. Women's Exhortations and Mission Union meets every fourth Sunday after the morning service.

WELCH'S CHAPFL BAPTIST REV. W. H. DAVIS, Pastor Sunday School at 10 A. M. Preaching service first Sunday at 11:30 A. M.

ST. JOHN BAPTIST REV. E. E. MORGAN, Pastor Sunday School at 10 A. M. Services every first and third Sundays at 12 o'clock noon.

PINEY GROVE A. M. E. Z. REV. M. H. EBHON, Pastor

UNION GROVE A. M. E. Z. REV. J. E. GORDON, Pastor

RYAN GROVE BAPTIST REV. M. A. HIDDICK, Pastor

GALF STREET BAPTIST REV. RAYMOND A. MORRIS, Pastor Sunday School at 10 A. M. Services every second and fourth Sunday at 11 A. M. Prayer meeting Thursday evening at 8 o'clock.

ST. LUKE CHRISTIAN REV. KELLY GOLDMAN, Pastor

JEHOVAH'S WITNESSES ELDER J. C. HALL, Pastor

CENTER HILL BAPTIST REV. H. C. SAUNDERS, Pastor

WHITE OAK CHAPFL BAPTIST REV. R. M. MCNAIR, Pastor

KADESH A. M. E. ZION REV. R. A. WILLIAMS, Pastor Sunday School at 10:30 A. M. Morning worship at 11:00 o'clock. Evening service at 7:30 o'clock.

Go To Some Church Each Sunday



THE CHURCH FOR ALL... ALL FOR THE CHURCH

The Church is the greatest factor on earth for the building of character and good citizenship. It is a storehouse of spiritual values. Without a strong Church, neither democracy nor civilization can survive. There are four sound reasons why every person should attend services regularly and support the Church. They are: (1) For his own sake. (2) For his children's sake. (3) For the sake of his community and nation. (4) For the sake of the Church itself, which needs his moral and material support. Plan to go to church regularly and read your Bible daily.

His garden is the envy of all the neighbors. They say it's because he has a green thumb.

But the truth of the matter is, he loves to see things grow... and he works hard to help them grow... and he enjoys the hard work because he finds deep satisfaction in the beauty of his fruit.

The same spirit pervades the churches of our community. Congregations thrive and souls grow in spiritual strength because of consecrated men and women who love to see this God-given growth... who work hard to implant Christian truth in their hearts and yours... who enjoy this unselfish dedication of their time and talents and treasure because they share the joy of Christ in its spiritual fruit.

Be an active church member! Volunteer for enriching service in your congregation's busy, fruitful life!

Table with columns: Day, Book, Chapter, Verses. Lists church service times for various denominations.

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