

## Negro Home Demonstration News

By Mrs. ONNIE S. CHARLTON, County Negro Home Economics Agent

Last Thursday we attended the Northeastern 4-H District Federation held at Central High School in Gates County. Our community 4-H clubs, which have senior 4-H Club members, were organized a little late for their participation in the contest this year, but these members attended and observed the various contests. They plan to start early on the awards program for another year. Hilda Jordan, Jane Overton, Ann Frinks, Lizzie Saunders, Samuel Coston, Doris Overton, Doris Jordan and their 4-H club leader, Mrs. Arizona Fleming, Junior 4-H Club members attending were Olivia Harrell and O. C. Hoiley, Jr. Angus Small served as a judge at the Federation meeting. I accompanied the groups.

### More Milk in Your Meals

For flavor and extra nutrition use fresh, dry and evaporated milk in cooked dishes. Fresh milk has best flavor and is easy to use.

Nonfat dry milk and evaporated milk are especially good to use in cooking if your supply of fresh milk is limited. They are economical. Add extra food value by using evaporated milk undiluted; by using dry milk in "stepped up" amounts on adding it to foods that usually include very little or no milk.

Making and serving milk drinks to the family is one of the easiest ways to get the amount of milk one needs. Here is a delicious milk drink:

**Banana Milk Shake**  
Put into a 1½ quart bowl—¾ cup mashed, ripe banana, ½ teaspoonful vanilla, 1 cup instant (in dry form) milk.

Beat with electric or rotary hand beater until mixture is smooth.

Stir in gradually 2 cups ice-cold water.

Spoon into the mixture ½ pint vanilla ice cream.

Beat again until smooth. Serve at once. Makes four servings.

**A Medley Of Milk Drinks**  
To one cup of cold milk, stir in one of the following:

1 mashed ripe peach and a drop of vanilla.

¼ cup canned crushed pineapple.

¼ sweetened crushed raspberries or strawberries.

2/3 tablespoon strawberry jam.

2/3 tablespoon thawed frozen grape, orange or pineapple concentrate.

1 cup orange juice, 1 drop almond flavoring and ½ teaspoon sugar.

1 tablespoon chocolate syrup.

**Meat Loaf**  
1 pound ground beef.  
½ pound ground pork.  
1 egg slightly beaten.  
2 cups canned or cooked tomatoes.

2 cups coarse, dry bread crumbs.  
2 tablespoons finely chopped onion.

1½ teaspoons salt.  
¼ teaspoon dry mustard, if desired.

1 cup nonfat dry milk.

Put all ingredients into bowl in order given. Mix well. (The mixture will be sticky.) Shape into loaf in a shallow pan. Bake uncovered in a moderate oven (350 deg. F) about 1½ hours. Eight servings.

**St. Paul's Goes On Summer Schedule**

Beginning Sunday, June 14, Saint Paul's Episcopal Church will return to its summer schedule of services which received popular response last year.

Holy Communion is celebrated year-around at 8:00 A. M., Sundays and 10:30 A. M., Wednesdays and Holy Days. The "late service," however, will begin at 10 o'clock rather than 11.

The summer session of Church School continuing through July will commence each Sunday at 9 o'clock in the Parish House. The theme this year is "Symbols of the Church" and a workshop will be conducted in conjunction with the services and periods of instruction. All ages are cordially invited to attend.

The rector may be seen at any time by appointment or weekdays in the Parish House between nine and noon.

**POCAHONTAS MEETING**  
Chowanoke Council No. 54, De-

grees of Pocahontas, will meet tonight (Thursday) at 8 o'clock in the Red Men hall. Mrs. Barbara Farless requests all members to attend.

## Mass Blood Test Program Started

Beginning Monday of this week a county-wide mass blood testing began in Chowan and Perquimans counties, sponsored jointly by the state and local Health Departments.

Dr. J. A. Johnson, health director, says technicians from the State Board of Health will travel every road in the two counties and visit every home in a grass-roots campaign to offer to every person an opportunity to receive a free blood test. This test takes one minute and could save years of suffering in later life. "Bad blood, if adequately treated," says Dr. Johnson, "will add years to the life of the patient."

"Syphilis, or bad blood, is a very deceptive disease and in nearly every case the person does not know he is infected until he takes a blood test. When this disease does begin to show itself, it has already begun to affect the patient as heart disease, crippling, insanity, or blindness."

Dr. Johnson says he hopes every person will take advantage of this free health service and that the technicians will be welcomed into the homes and communities.

## Edenton Colonials Plays Weeksville

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team will provide the sort of baseball fans want to see," he said.

On the roster of the Colonials are Tom Bass, John Harrell, Ted Lassiter, Gerald Lassiter, Chester Weikel, Edgar Rogerson, Haywood Harrell, Wilbur Cas-teiw, Lin Jordan, Doug Leary, Roy Harrell, Claude Barnett, Fred Lassiter, Murray Wheeler, Billy Wilkins, Jim Reeves, Ronald Ambrose, Zackie Harrell, Leonard Martin, Andrew Whit-ton, B. Dawson, Ronald Saunders and, of course, Gene Taylor as playing manager.

Comparatively few fans have attended the games thus far this season, so that it is hoped the attendance will pick up in order to provide the national pastime during the summer.

**ROTARIANS MEET TODAY**  
Edenton Rotarians will meet this (Thursday) afternoon at 1 o'clock in the Parish House. The program will be in charge of Lloyd E. Bunch and Dr. Ed Bond, president, urges a 100 per cent attendance.

## DAR Awards Go To 12 Students

Edenton Tea Party Chapter of the Daughters of the American Revolution presented 12 awards to students in the Edenton and Chowan schools. Nine Good Citizenship Medals were given for nationalism, patriotism, leadership, citizenship and scholarship. Three certificates of award were presented for outstanding work in American history.

Recipients at the Edenton Elementary School were Phil Harrell, sixth grade, the Good Citizenship Medal, and J. Norfleet Pruden, fifth grade, History Certificate Award.

At the Edenton Junior-Senior High School Jack Webb Bunch received the Senior Citizenship Medal and Jo Anne Leary the Junior Citizenship Medal. The History Award went to Jim Partin.

Chowan High School Citizenship Medals were presented to Sierry Baker, seventh grade; Betty Jean Smith, eighth grade; and Jerry White, High School. Johnny Hutchings Baker received the History Award.

Good Citizenship Medals were given at the Edenton Negro school to Mattie Robinson, primary; Charles Vaughan, elementary and James Dred, high school.

## Bettendorf Speaker At Rotary Meeting

P. E. Bettendorf of Norfolk, representative of the Social Security Administration, was principal speaker at last week's Rotary meeting. Mr. Bettendorf, who is well versed in the Social Security program, told the Rotarians that quite a bit of money is lost on the part of local citizens because they are entitled to benefits but do not make application for them. He urged Rotarians to advise any people who might be eligible for some form of Social Security benefits to call on him when he is in Edenton Thursdays.

Mr. Bettendorf said approximately \$25,000 is sent into Chowan County every month in way of benefits and that this money finds its way in many channels of trade.

At the close of his address the Rotarians asked quite a few questions in order to be enlightened on the Social Security program.

## Guy C. Hobbs On Agribusiness Tour

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largest electro-mechanical egg grading and distributing plant, at a push-button beef cattle feeding operation, at several truck farms and fruit and vegetable pickling plants and at Disneyland, Knotts Berry Farm, Ghost Town and the University of California at Berkeley.

Programs each evening will feature discussions of agribusiness progress in California with farm and bank leaders of the state. At overnight stops in Los Angeles, Anaheim, Bakersfield, Fresno, Monterey and San Francisco, the caravanners will consider marketing agreements, local and area agribusiness programs and, in general, how California farmers have overcome many of their marketing problems.

Why a cross-country caravan? Said John F. Watlington, Jr., Wachovia president: "Giving the bankers and agricultural leaders of our area an opportunity to observe how better markets are improving the farm economy in California (which has the largest agricultural income of any state in the nation), we believe, will help materially in establishing or acquiring these valuable facilities in the Carolinas."

## Bill Passed To Get Back School Taxes

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County. According to the bill a justice of the peace shall tax \$5 costs, in lieu of all other fees, as his fee in criminal cases where he has final jurisdiction and shall receive \$5 as fee in all cases transferred to other trial courts where a warrant is issued by the justice of the peace. The bill also provides a fee of \$3 for issuing summons, subpoenas, granting continuance, order of removal, trial by jury or justice of the peace, entering judgment, transcript of judgment and issuing execution.

A \$5.00 fee is allowed for issuing claim and delivery on warrant of attachment, \$1.00 for return or appeal, \$7.50 for hearing petition for widow's allowance, issuing notice to commissioners, allowing widow's allowance and making return.

## CIVIC CALENDAR

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Methodist Church Sunday morning, June 14, at the 11 o'clock service.

Center Hill Home Demonstration Club will sponsor a variety show Friday night, June 26, at 8 o'clock in the Chowan High School auditorium.

Edenton Rotary Club will meet this (Thursday) afternoon at 1 o'clock in the Parish House.

Legion Auxiliary will meet Tuesday night, June 16, at 8 o'clock at the home of Mrs. Paul Holoman.

An emergent communication of Unanimity Lodge No. 7, A. F. & A. M., will be held tonight (Thursday) at 8 o'clock.

Edenton Lions Club will meet Monday night, June 15, at 7 o'clock.

Chowanoke Council No. 54, Degree of Pocahontas, will meet tonight (Thursday) at 8 o'clock.

Edenton's Jaycees will meet tonight (Thursday) at 7 o'clock at the Edenton Restaurant.

A mass blood test program is now in progress in Chowan County.

A dance will be held at the VFW home on the old Herford road Saturday night from 9 to 12 o'clock.

Chowan County Commissioners will meet Monday morning, June 15, at 9 o'clock to consider the 1959-60 budget for the county.

Chowan Tribe of Red Men will hold a free wiener roast Monday

night, June 22, at 7 o'clock. William H. Coffield, Jr., Post No. 9280, Veterans of Foreign Wars, will meet Tuesday night at 8 o'clock.

Planning Group Studying Program

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list the assistance of a landscape architect for a long range program of beautification. Already numerous contacts have been made and are being considered. Great effort is being made to acquire a guest speaker who will further convince Edenton citizens of the great need for such a program and one who will stress potentials and natural assets to the traveling public as well as economically.

Mrs. R. J. Boyce and Mrs. J. M. Thorud made interesting and informative reports on their recent trip to Pinehurst to the Woman's Club convention which they attended along with Mrs. Wesley Chesson, Jr., president of the Edenton Club.

The club voted to sponsor the Girl Scout organization and help in any way necessary in securing leaders for this worthwhile project for the young ladies of tomorrow.

It was decided that the March meeting be a closed meeting—this being the month new members are voted into the club.

Guests at the meeting were Mesdames Marvin Wilson, Allen Harless, Jr., Edward Carson, Bland Smith, L. F. Ferguson and Harold Shore.

Hostesses for this meeting were

Betty Dixon, Dorothy Graham, Peggy Holmes, Edith Nixon, Dot Pavlich and Ann Spruill.

**FARM FRESH FOODS AT GATESVILLE OPERATING**

The new packing plant in Gatesville swung into high gear Tuesday and Manager Don C. Hall announced that Farm Fresh Foods will now be packing snap beans, squash, potatoes, corn and watermelons.

About 30 women showed up Friday to take instructions on grading beans. Two members of the U. S. Department of Agriculture were on hand to give the instructions. A few bushels of snaps were run off and the grader belt worked perfectly.

according to Hall. Anyone wishing to sell to the market may contact Hall at the plant in Gatesville.

**VFW MEETING**

William H. Coffield, Jr., Post No. 9280, Veterans of Foreign Wars, will meet Tuesday night, June 16, at 8 o'clock. John Bass, commander, urges a full attendance.

**G&W SEVEN STAR**

**\$2.50 PINT**

**\$3.95 FIFTH**

SEVEN STAR BLENDED WHISKEY, 90 PROOF, 37½% STRAIGHT WHISKEY 6 YEARS OR MORE OLD, 62½% GRAIN NEUTRAL SPIRITS, GOODERHAM & WORTS LTD., PEORIA, ILL.

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**Remember Father Sunday, June 21**

Wearable gifts really get close to DAD! If you really want to please him, give DAD a gift he can wear. Choose it here and you can be sure that he will appreciate your good taste. Every item carries the label of a nationally known concern.

<b>ARROW AND WING DRESS SHIRTS</b>	<b>SUMMER WASH 'N WEAR SLACKS</b>	<b>JANTZEN AND CAMPUS Bathing Trunks</b>	<b>SHORT SLEEVE SPORT SHIRTS</b>
\$2.95 - \$3.95 - \$5.00	\$5.95 to \$11.95	\$1.98 to \$5.95	\$1.98 to \$4.95
<b>Bermuda Shorts</b>	<b>CURLEE &amp; DARBY HOUSE SUITS</b>	<b>SHORTIE PAJAMAS</b>	<b>HANES &amp; FRUIT OF LOOM SHORTS</b>
\$2.98 to \$7.95	\$32.50 to \$55.00	\$2.69 to \$3.95	69c and 97c

**BATES SHOES for DAD**

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