KNOW YOUR SOCIAL SECURITY

P. E. Bettendorf, representative of the Social Security Administration, is in Edenton every Thursday at the North Carolina Employment Security Commission in Citizens Bank Building.

Family economic security should be carefully planned to include potential insurance benefits payable under the Social Security Act. Quite often the general public underestimates the amount of money actually available to dependents of the breadwinner in case of his or her death, or to a family upon the retirement of the wage earner. Collectively, a household may receive from a minimum of $33 to a maximum of $254 per month insurance benefits based on the social security earnings of the wage earner. The monthly amount is computed on the basis of average salary or self-employment earnings and is set up so that each entitled individual is included when a check is issued.

A widow, 62 or over, or regardless of her age if she cares for a child beneficiary, may receive survivor benefits on her husband's earnings; dependent children, aged parents, and aged widowers, may also qualify. In addition, a lump-sum death payment is available and may be paid to the widow or widower or to the person who paid the burial expenses.

Of course, the benefits only partially replace the loss of earnings due to death or retirement, but can play an important role in coordinating future security with present income. It is intended that the individual provide, to the best of his ability, his own survivor or retirement income by insurance, annuities, and saving programs so that income from other sources along with social security benefits will enable the family to live in financial security and iomfort. Plan ahead by finding out about how the social security provisions fit you and your family.

Negro Home Demonstration News

By MRS. ONNIE S. CHARLTON, County Negro Home Economics Agent

Three Home Demonstration Club members were sent as delegates to the Farmers and Home Makers Conference at A. and T. College, Greensboro, June 16-19. They were Mrs. Rosa Overton, Warren Grove; Mrs. Lucy Willis, Cisco; and Mrs. Mattie Jordan, Center Hill.

Mrs. Willis and Mrs. Jordan participated with club women from five other counties in presenting a lecture and demonstration on "Courtesies to Observe When Eating." In their two-day classes they taught approximately 500 men and women that meal time is often the only time the family is all together. The family should plan to eat together at least once each day, if they cannot eat the three meals together. The worries of the day should be forgotten and the meal should be served in an atmosphere of cheerfulness and sociability. Pleasant conservation at the table prevents unnecessary hurry in eating. Where the family eats should be clean, well lighted and well ventilated. The table should be set correctly. All family members should be considerate of one another—in other words observe simple, common sense table courtesies. Every family should have at least plates, knives, forks, spoons, glasses and napkins for each member of the family. The table should be the right size for the number to be served. Parents should teach and see that their children eat correctly and be considerate of others. Details of this demonstration will be carried out in our 1960 program of work with both adults and youths.

Other classes attended by delegates and agent were "Home Nursing"—Care of the Sick; Care of the Injured; "Better Family Relations;" "Selecting and Using Cooking Utensils"; and "Trends in Home Furnishings".

Two morning assemblies were held. The Rev. Jack Waldrep, Director Religious Department, Farmers Federation, spoke on "Agricultural Industry, Its Dignity and Importance." Dr. Naomi Albanese, Dean, School of Home Economics, Woman's College, University of North Carolina, spoke on "Our Homes in a Changing World." Dr. Albanese stressed these values in our culture which we hope will never change. (1) Freedom to think—creativeness. Parents must create in a child a sense of belonging and spiritual unification in the family. (2) Value of decision making. (3) Worth and dignity of the individual.

Dr. and Mrs. Warmoth T. Gibbs entertained the group at a tea. Informal recreation was held at the gymnasium each evening.

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During this month we have emphasized the use of milk and milk products in our meals. One Tar Heel Food Shopper points out that fortunately, we have plenty supplies of milk to meet the consumer demand the year around; however, the greatest production supplies occur during the spring months. Families of all income levels can make use of this valuable food not only because it is plentiful but because it is economically priced. Milk is often referred to as a most perfect food but besides milk available, the dairy industry has given us a wide array of other nutritious, wholesome products for our enjoyment. Among these are included the cheeses. Some authorities have estimated there are over two hundred different kinds of cheeses available from which the homemaker can choose. Besides this there is a wide array of milk—whole milk, skim milk, non-fat milk, canned milk, dried milk, buttermilk and chocolate flavored milk. The list continues on and on. Along with the cheeses and the milks we have a widespead range in the various flavors of ice creams—ice milk, frozen dessents.

All of these dairy products were developed to please the consumer's palate, to add economy to food budgets, and to bring to the public the most wholesome nutritious product possible.

Since June is Dairy Month, it is fitting that we celebrate a glorious industry for bringing us a wealth of health in dairy products.

INFORMAL PORTRAIT—Standing by an ancient cannon on the East Terrace of Windsor Castle, Britain's Royal Family poses for an informal portrait. From left: Prince Charles, 10; Prince Philip; Princess Anne, 8; Queen Elizabeth II.

SENATOR SAM ERVIN SAYS

Washington — Hearings having been completed, the Subcommittee on Constitutional Rights of the Senate Judiciary Committee last week began consideration of numerous so-called civil rights bills.

Civil Rights Again

As a member of that Subcommittee I was encouraged by the lack of support for resurrection of the old Part III of the 1957 bill. In fact, the initial vote last week in executive session was five to three against including its harsh provisions. You will recall that the Senate by a vote of 52 to 38 killed Part III of the 1957 bill, the section authorizing the use of federal injunctions where one alleges he is denied the equal protection of the laws, language so broad as to jeopardize Constitutional principles and to vest in a single human being, namely, the Attorney General of the United States, complete authority over the States, the counties and municipalities. While it is impossible to predict where the future course will lead with respect to this type of legislation, it is heartening to see that the Senate's repudiation of Part III in 1957 has sobered the thinking of the country. Not even the Administration wants old Part III now—a complete reversal of its original stand.

It is well to remember that these piece-meal victories, coming after long hours of hearings, study, and debate, are not only victories for the South; they are victories for the preservation of reason and Constitutional principles.

Hope for Reason

In the deliberations of the subcommittee and later the full committee, I hope that reason will prevail against those who seek to impose the harsh measures. While there is not great national attention focused on so-called civil rights bills at the moment, interest will develop as time goes on this summer. I want the people of North Carolina and Nation to be informed of developments. It is a good thing that the so-called civil rights bills evoke long national debate; the great debate of 1957 vividly disclosed that the people of the country, the President, the press, the majority of Congress did not know what was in the bill until its dangers were disclosed by a meticulous course of action based on common sense and reason. As a consequence the bill was shorn of its harsher provisions. One of the leading newspapers of the country said that in talking on the Civil Rights Bill, the Senate has used its ancient privilege to clear up obscure issues. Debate in the Senate can again serve to develop the dangers in the bills now before Congress.

South A Minority

As I have said repeatedly, the South is a minority in the Senate and the House; we do not have the votes to deny the will of Congress. The one thing on our side is that we do have the abiding conviction of the soundness of our precepts and we take our task seriously in the battle for sound principles. The only way we can reach the ears of our colleagues and the country is by meaningful and meritorious debate to show that we are attempting to preserve Constitutional principles for all Americans of all races.

Wheat Referendum Will Be Held July 23

Favorable Vote Will Set Support Rate at 75% of Parity

The main issue at stake in the referendum of wheat farmers scheduled for July 23 will be the parity level at which the crop will be supported for complying farmers. According to H. D. Godfrey, state administrative officer for the Agricultural Stabilization and Conservation Committee, a favorable vote will set the support rate at 75 per cent of parity on the 1960 crop while an unfavorable vote will drop support to 50 per cent of parity.

The wheat allotment for North Carolina for 1960 is 295,879 acres. This compares with our state's wheat allotment for this year of 296,346 acres and is based on a national allotment of 55 million acres. The same 55 million acre allotment prevailed this year since that is the minimum fixed by law. The slight decrease in the allotment for this year is brought about by reduced planting trends in this state. The 295,879 acre allotment to this state compares with 10,636,275 acre allotment for the state of Kansas and a 30,000 acre allotment for the state of Arizona. Kansas is the largest wheat producing state and Arizona is the smallest in the commercial area.

In discussing the issues at stake in the coming referendum, Godfrey says that in addition to the level of support, growers will be making a choice for or against marketing quotas and over-planting penalties. However, he stressed the fact that acreage allotment will remain in effect regardless of the outcome of the referendum, and planting within these allotments will still be a requirement for eligibility under the price support program and the Soil Bank program.

MORE CABBAGE EXPECTED

Late spring cabbage production in North Carolina for 1959 is expected to amount to 364,000 cwt. or 12.3 per cent above the 324,000 cwt. harvested in 1958. Yields this year are expected to average 140 cwt., as compared to 120 cwt. for last year. The crop prospects in most areas of the Coastal Plains were very favorable on June 1. Harvest there is progressing satisfactorily and the quality of the crop out is very good. Total production for the seven late spring states is estimated at 1,122,000 cwt., or just 6,000 cwt. more than was produced in the same area last year.

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Friday and Saturday, June 26-27—
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Also Three Cartoons

Sunday and Monday, June 28-29—
Deborah Kerr and Maurice Chevalier in
"COUNTS YOUR BLESSINGS"
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Ingar Stevens, Mel Ferrer and Harry Belafonte in
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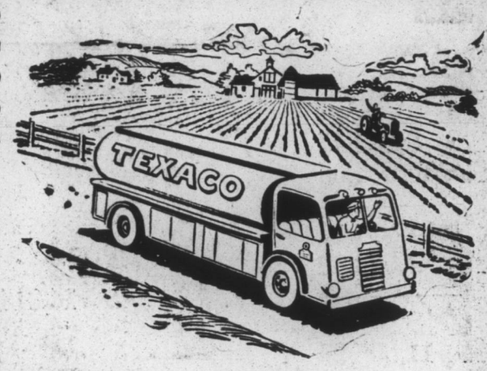

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