

Negro Home Demonstration News

By MRS. DNNIF S. CHARLTON, County Negro Home Economics Agent

Home Demonstration County Council will meet January 29 in the office at 1:30 P. M.

The 4-H County Council will meet January 30 at the Edenton High School cafeteria, 1 P. M. Young men and women from all neighborhoods of the county are asked to meet at Robin's Restaurant Monday, February 1, at 7:30 P. M.

Center Hill-Cisco Community group will meet February 4, at 7:30 P. M.

What's better than a bowl of piping hot soup these cold days? Historically, soup probably originated as a happy means of using up odd bits of meat and vegetables. Ever since boiling was known as an effective cooking procedure, soup was its companion, a companion which served gentry and peasant with equal grace.

Soups may be based on vegetables, meat, poultry, seafood or combinations of these; there also are clear soups, chowders, vegetable purees, bisques and specialties of all sorts. A soup may contain as many as 30 different ingredients. Soups can be delicious, wholesome and filling. They add many nutrients to your diet.

Homemade Soup — Use your imagination for combinations of fine foods. One of the best ways to utilize food that might otherwise be wasted. Clear soup broths and bouillions serve for quick refreshment while thick, creamy soups with meat,

fish and vegetables can be meals in themselves, satisfying appetites and furnishing many nutrients.

When buying soups—
1. Look to see if the soup is condensed, which means you either add water, stock or milk.
2. Check the price and approximate number of servings to find the cost per serving.
3. Read the list of ingredients used in the soup. These will be listed from food used in the greatest quantity to the food used in smallest amount.
4. Compare labels of different brands of the same kind of soup.

Clear Soup Garnishes—A thin slice of lemon sprinkled with parsley; a few slices of stuffed olive or slivers of cucumber pickle; cooked vegetables such as thinly sliced mushrooms, tiny slivers of carrots, asparagus tips; shredded salted almonds; macaroni or noodles in fancy shapes.
Jelled Soup Garnishes—Chopped olives, slivers of pickle or relish, sieved hard-cooked egg; chopped water cress, mint or parsley; slices of lemon.
Cream Soup Garnishes—Croustons; cereal croutons, egg dumplings, diced cooked vegetables; pimento strips; shredded salted almonds; crisp cooked diced bacon; grated cheese; buttered popcorn; salted whipped cream or rosy cream; minced chives; parsley or water cress.

Hearty Soups—Buttered popcorn; slices of smoked sausage or frankfurters; crisp cooked diced bacon, minced parsley.

CHOWAN NEWS

By CATHERINE AMAN, Assistant Home Economics Agent

The Adult 4-H Leaders met on Monday night, January 25, at the Oak Grove Community Building. The call to order was given by acting chairman, Bristoe Perry. A very inspiring devotional was given by Mrs. Percy Nixon. The group enjoyed singing together "Battle Hymn of the Republic" led by C. W. Overman.

Mrs. Emmett Jones called the roll, which showed 14 leaders and four extension workers present.

Miss Catherine Aman, assistant home economics agent, gave six county leader certificates to leaders who were not present at the achievement program. Harry Venters, assistant agricultural agent, recognized Marvin L. Evans as a district winner in the adult leadership contest. Mr. Evans received a certificate and a \$25 savings bond for his outstanding record as a leader in the 4-H Club program of Chowan County.

Bristoe Perry, chairman of the Chowan County 4-H Development Fund Organization, told the leaders about the 4-H development fund and the part Chowan County will play in this program. Mr. Perry reviewed the group on the objectives of this project and how it will help improve the overall 4-H program in North Carolina.

National 4-H Club Week, which will be March 5-12, was discussed by the group. A committee appointed by the 4-H County Council will work up detailed plans for Chowan County's observance of 4-H Club Week. The leaders agreed to give their support in the preparation for this observance.

Additional 4-H leaders and community clubs in Ryland, Rocky Hook, Cross Roads and Yeopim were discussed. Plans are under way to expand the present 4-H program in Chowan and this will include trying to organize more community 4-H clubs.

The leaders were informed about the recreation training workshop which will be held February 15, 16, and 17 at the Chowan Community Building from 7 to 9:30 P. M., each night. Officers for the Chowan County Adult Leaders Organization for 1960-61 are: President, Carlton Perry; vice president, Marvin Evans; secretary-treasurer, Mrs. Jarvis Skinner; assistant secretary-treasurer, Mrs. Carlton Perry; reporter, Mrs. Emmett

Jones. The adult leaders of Oak Grove, Mrs. Jesse Lane, Mrs. Percy Nixon, Mrs. Marvin Evans, served delicious refreshments.

The next meeting will be held in April at the Center Hill Community Building.

Hospital Notes

Visiting Hours: 10:00-11:00 A. M., 2:00-4:00 P. M., 6:00-8:00 P. M. Children under 12 not permitted to visit patients.

Patients admitted to Chowan Hospital during the week of January 18-24 were as follows

White
Mrs. Dorothy Campen, Edenton; Mrs. Bera Nixon, Edenton; Henry Allen Lane, Hertford; Mrs. Mary Alice Martin, Edenton; Mrs. Violet Phelps, Roper; Jesse White, Hertford; Mrs. Hazel Hollowell, Edenton; J. R. Hare, Tyner; Mrs. Florence Smith, Edenton; Mrs. Annie Ruth White, Edenton; Mrs. Pearl Temple, Hickory, Va.; Mrs. Sylvia Harris, Edenton; Master Mark Hess, Edenton; Mrs. Lillian Elliott, Hertford; Mrs. Grace Overton, Columbia; Mrs. Nancy Briley, Edenton; LaDell Parker, Edenton; Master Art Bunch, Edenton; Mrs. Ernest R. Spruill; Percy Harrell, Edenton; Miss Sarah E. White, Tyner.

Negro
Mattie Roulac, Edenton; Katie Cooper, Edenton; Andrew Wilson, Edenton; Kenneth Sutton, Edenton; Sam Brown, Edenton; Haywood Wills, Edenton; Dora Virginia White, Edenton; Annie Green, Edenton; Leander Long, Edenton; Linel Lassiter, Sunbury; Hattie Spruill, Hertford.

Discharges during the same week were:
White
John C. Cobb, Merry Hill; Clyde Hollowell, Edenton; Mrs. Eva Gurganus, Roper; Mrs. Hazel Hollowell, Edenton; Mrs. Violet Phelps, Roper; Mrs. Elizabeth Nixon, Edenton; Jesse White, Hertford; Mrs. Mary Strange Williams, Edenton; Mrs. Dorothy Campen, Edenton; Mrs. Mary Martin, Edenton; Master Mark Hess, Edenton; Henry Allen Lane, Hertford; Mrs. Guy Ella Landry, Edenton; Mrs. Sylvia Harris, Edenton; Mrs. Annie Ruth White, Edenton; Mrs. Grace Overton, Columbia; Mrs. Hazel Elliott, Edenton; Mrs. Nancy Briley, Edenton.

Negro
Ardestine Savage, Edenton; Mamie Holley, Edenton; Andrew Wilson, Edenton; Mattie Roulac, Edenton; Solomon McCuller, Columbia; Kenneth Lee Sutton, Edenton; Sam Brown, Edenton; Dora Virginia White, Edenton; Jessie Coston, Tyner.

Births
Births during the same period were: Mr. and Mrs. Milton Mar-

tin of Edenton, a daughter; Mr. and Mrs. Charlie Phelps of Roper, a daughter; Mr. and Mrs. Ethelbert Temple of Hickory, Va., a son; Mr. and Mrs. Wheeler M. Harris of Edenton, a daughter; Mr. and Mrs. Watson Earl White of Edenton, a daughter; Mr. and Mrs. Joseph Landry of Edenton, a son; Mr. and Mrs. William Frank Coston of Tyner, a daughter; Mr. and Mrs. Wilson White of Edenton, a son; Mr. and Mrs. Ray Briley of Edenton, a daughter; Mr. and Mrs. Ernest Lassiter of Sunbury, a daughter.

BEECH FORK CLUB MEETS

The Beech Fork Home Demonstration Club held its January meeting in the home of Mrs. Lester Harrell. The members were delighted to have the Rocky Hook Club meet with them. The meeting was opened by singing "Onward, Ever Onward", after which Mrs. Paul Ober gave a very inspiring devotional reading, Matthew 6:1-18 followed by prayer by Mrs. Kermit Perry.

The Beech Fork Club welcomed Mrs. Travis Jackson as a new member. Mrs. Lester Harrell gave a report of the County Council meeting, informing the members that the Beech Fork Club was to be hostess at the March County Council meeting. It was decided that the Rocky Hook and Beech Fork Clubs would have a joint meeting in February, each one carrying a covered dish and inviting the husbands.

Mrs. Lloyd Parrish of the Rocky Hook Club gave a garden leader's report asking all to plant more vegetables and listing some good varieties.

Everyone was reminded of the workshops in January, February and March.

After the business, Miss Pauline Calloway, home economics agent, gave the demonstration on "Meal Planning". "Meal Planning," said Miss Calloway, "starts in the garden." She told the members how the seven basic food groups had been cut to four groups, putting all fruits and vegetables in the same group. The other groups are the same.

During the social period Mrs. Paul Ober led the group in recreation. Mrs. Lester Harrell and Mrs. Thurman Ashley, hostesses, served tasty refreshments.

Three Phthisic Cows Make High Records

McCoy Phthisic of Tyner is the owner of three registered Guernseys that have recently completed official production records, according to the American Guernsey Cattle Club.

Bayville Soute Reva, a senior three year-old produced 13,639 pounds of milk and 632

pounds of fat in 305 days. She was milked two times daily. Pine Grove Proud Virginia, a junior three year-old, produced 10,647 pounds of milk and 584 pounds of fat in 289 days. She was milked two times daily.

Pine Grove Beauty Vivian, a junior three year-old, produced 12,035 pounds of milk and 528 pounds of fat in 295 days. She was milked two times daily.

These official production records were supervised by North Carolina State College.

Anything that interferes with individual progress ultimately will retard group progress. —George H. Houston.

SUNDAY SCHOOL LESSON

which caused his enemies to react so violently. Paul taught concerning Christ with the expectation that his hearers would accept Him as Saviour and Lord. All Christian teaching should point to a decision for Christ, or to deeper loyalty to Him.

Further, persons are won to Christ through education when believers are inspired to go out to share the faith with others. The lasting results of the teachings of Paul in Berea and Athens were not seen only in those whom he led to repentance and faith, but also in the inspiration which sent them out to seek and find others.

In Dornakal, India, it is part of the service of Christian baptism for every new believer to place his hand upon his head and say solemnly, "Woe to me if I do not preach the gospel!"

(I Corinthians 9:16). Christian teaching should inspire that kind of dedication. Christian teaching requires not only the art and skill of the teacher, but also the interest and response of those who are taught.

The Christian's outlook is eternal; it may grow dim when faced by indifference or ignorance, but it remains to challenge each new generation. It changes the world as it changes men. At its best the Christian faith results in repentance and faith. In a single moment a new world is born in the one who makes Christ the central fact of his life.

Christian teaching inspires people to face Christ and all that he means to the individual life and to society. The secular teaching which prevailed in Athens encouraged curiosity, but it resulted in the destruction of what had once been a great civilization. When the darkness of the Middle Ages threatened to blot out all that once had seemed permanent, it was Christian teaching which saved the world. The demand for repentance and faith claimed enough response to save the best of the past for what the future would bring.

The Christian movement has given birth to countless institutions of learning. Faith in Christ creates a desire for additional knowledge. The events in Athens should remind us that facts are not sufficient. There is no assurance of new life for men in the teaching of a body of material.

Knowledge was not enough for Athens in the first century, nor is knowledge sufficient in

the twentieth century. Education at its finest and best will result in repentance for the evil choices which mar life and faith in the Christ in whom we see the nature of God.

(These comments are based on outlines of the International Sunday School Lesson, copyrighted by the International Council of Religious Education, and used by permission.)

TRY A HERALD CLASSIFIED

Taylor Theatre

EDENTON, N. C.

Thursday, Friday and

Saturday, January 28-29-30—

Pat Boone, James Mason, Arlene Dahl and Diane Baker in

"JOURNEY TO THE CENTER OF THE EARTH"

CinemaScope and Color

Sunday, Monday, Tuesday and

Wednesday, Jan. 31-Feb. 1-2-3

Rock Hudson, Doris Day, Tony Randall, Thelma Ritter

—in—
"PILLOW TALK"

CinemaScope and Color

NO ADVANCE IN PRICES

KNOW YOUR SOCIAL SECURITY

P. E. Bettendorf, representative of the Social Security Administration, is in Edenton every Thursday at the North Carolina Employment Security Commission in Citizens Bank Building.

An important date for farm operators to remember is January 31, 1960. On or before that time, employers of farm help must report the amount of cash wages paid farm workers during 1959 to the District Director of the Department of Internal Revenue. This statement applies to all farmers who employ farm workers whose work meets the definition of Agricultural labor, as defined by the social security law. To determine if your farm worker is covered by the social security law there are three (3) tests which can be applied.

Test No. 1 includes all agricultural workers who are paid \$150 or more in cash wages during 1959. In determining if the \$150 a year test is met, all cash wages must be included regardless of whether paid on a time, piecework, or other basis.

Test No. 2 includes those workers who perform agricultural labor for one employer on 20 or more days during the year for an amount computed on a time basis. The time basis may be by the hour, day, week, etc. (In determining if this test is met, count only the days on which the employee worked for cash pay, computed on a time basis. However, if the 20-day-year test is met, all cash wages paid during the year, whether on a time, piecework, or other basis, are subject to social security tax.)

The third test concerns domestic service in the private home of an employer. If the service is performed on a farm operated for profit, the domestic employee is considered an

agricultural worker and must meet either test No. 1 or test No. 2.

If your agricultural worker meets any one of the three tests, your yearly report showing the worker's name, social security account number, and amount of cash wages paid during 1959 must be submitted by January 31, 1960 to the District Director of Internal Revenue. The report should be made on Treasury Department Form 943 and can be obtained upon application from the Internal Revenue Service. To facilitate accurate reporting, the employers should keep records showing the employee's name, social security number, number of days worked, cash paid, and the amount deducted as tax from the worker's wages.

Your failure to report an employee timely and properly may jeopardize his rights to benefits and payments to his survivors if he should die.

HUGE CORN STOCKS

Stocks of corn on N. C. farms are estimated to be 47,586,000 bushels as of January 1, 1960. The current estimate is 3,646,000 bushels more than the 43,940,000 bushels on farms a year earlier and is 6,532,000 bushels above the 1949-53 average. The larger on-farm stocks results primarily from a record production of corn in 1959.

Not Necessary

"Have you heard the latest? Mrs. Fisher walks in her sleep."
"How perfectly absurd, when they have three cars."

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Notice To Chowan County TAXPAYERS!

1959 taxes are now due. If any taxpayer cannot pay his or her taxes in one payment, they can make partial payments until paid.

PAY NOW and SAVE
AVOID THE INCREASED INTEREST

Open Saturday During January Until 5:00 P. M.

Earl Goodwin

SHERIFF OF CHOWAN COUNTY



When a telephone call is the best help of all

Very often, the peace of mind you get from a telephone call is as valuable as the help it brings. So, whether you are making an emergency call or having a friendly chat with a neighbor, you can depend upon your telephone to provide service whenever you need it. Can you imagine trying to get along without it?

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