

## Negro Home Demonstration News

By MRS. ONNIE S. CHALTON, County Negro Home Economics Agent

Marjorie Harris, 4-H Club member from Chowan County, was awarded third place in the Northeastern District in the Corn Meal Enrichment Activity. In completing the requirements in this activity, Marjorie entered her enriched corn meal muffins in competition at the North Carolina State Fair and her muffins were judged second place in the district. The total score included scores made on muffins and 4-H record, which put Marjorie third place in the district. She is the daughter of Mr. and Mrs. H. C. Harris.

The Northeastern District Federation of Home Demonstration Clubs will be held November 3, at the Riverview School, Murfreesboro, N. C. The theme this year is, "Our Responsibility—Prepare Youth to Accept the Challenge of Change." Two agents in the district, Mrs. Hazel Parker, Edgemont, and W. F. Wright, Nash, who attended the 1960 White House Conference on Youth, will present a report of this conference. Another feature on the program will be the presentation of youth activities in the District.

Each Home Demonstration Club should have a large delegation to attend. Non-members are invited. Let us know today if you plan to attend.

Please get your Home Demonstration Check Sheet for 1960 in by Monday, October 31.

It is apple time and apples are important. Apples are one

of the most important fruits in this country. Fresh consumption has decreased to some extent, while processed apple use has increased. Apples are always good fresh out of hand, fried, baked, made into sauce, pies, cake, etc. You will enjoy this recipe:

**Apple-Sweet Potato Casserole**  
 4 medium size apples  
 6 medium size sweet potatoes cooked whole  
 1/2 cup brown sugar  
 1 teaspoon salt  
 3 tablespoons butter or margarine  
 1/2 cups nuts, peanut or pecans  
 Core and cut apples in rings. Peel sweet potatoes; cut in lengthwise slices 1/2 inch thick. Alternate layers of potato slices, apple rings, sugar, nuts and seasoning in greased casserole. Cover and bake in moderate oven (325 deg.F.) for about 50 minutes.

By all means, do not waste a single apple. Here are your directions for canning apples.

Pare and core apples. Cut in slices. Drop prepared apples in water containing 2 tablespoons each of salt and vinegar to prevent apples from darkening. Drain, then boil 5 minutes in thin syrup or water. Pack hot fruit to 1/2 inch of top. Cover with hot syrup or water, leaving 1/2 inch head-space. Process in boiling water bath. Glass jars. Pints, 15 minutes. Quarts, 20 minutes.

ger of a truck terminal got into an accident, resulting in his clothes catching on fire. He nearly burned to death, while pleading for passing motorists to stop and help him. None would. A housewife finally helped him, when it was nearly too late. Another chapter on man's indifference to his fellow man. Happiest people in town seem to be the post-office gang, happiest individual in town seems to be Milt Bunch, most inspiring man in town is Charlie Overman. I'm always impressed with the great spirit of together-

ness, shown by the folks of the Rocky Hock community. Businesses Edenton doesn't have: a shoe store, a bakery, a bowling alley, a skating rink. Businesses Edenton had but were shuttered in recent months: Chowan Motor Company, Tastee-Freeze, The Rug Shop, Hiway 17 Drive-In, Cherry Restaurant, J & B Motor Company, Albemarle Motor Court and Restaurant. That's a long list and one ponders the reasons. Poor management? Lack of advertising? ... What? Richard Rodgers outlasted both his lyricist partners, Larry Hart and Oscar Hammerstein the Second. Both of his partners' last names began with H, if you can make anything out of that. Two baseball retirements announced this month; Casey Stengel, involuntarily and Ted Williams, voluntarily. Raleigh News & Observer carried the joke about the Nixon-Kennedy debates not being broadcast as summer re-runs, and credited a listener with the job. Said listener picked it up from the Red Skelton Show. I'm a little curious about the fuss being made in the newspaper about that recent television interview with Khrushchev. Chief point of criticism was that it gave Khrushchev a sounding board for his poison-propaganda. But don't the newspapers re-print most of his speeches and UN tirades? Time Magazine and the New York Post both came out in favor of giving Khrushchev, the anti-cancer medicine a fair try, but bucking the American Medical Association is worse than fighting city hall. They won't let anything be put into general use that they themselves haven't perfected. It's pride versus saving lives. With the AMA, pride wins hands-down.

Closing Thought: To get anywhere with faith, learn to pray big prayers. God will rate you according to the size of your prayers.

**Just Depends**  
 A man was on his way to visit some friends during summer vacation. The way led through a swamp. "Say," he asked, "is it true that an alligator won't hurt you if you carry a torch?" The guide thought a moment. "Depends on how fast you carry it, I reckon."

## Farm Facts

To become the world's most efficient farmer, the American farmer has had to stop up vastly his outlay for production materials. He, thus, is able to supply his fellow countrymen with food and fiber at prices proportionately lower in relation to their incomes than people in other countries are paying. Farmers' expenditures for labor, farm machinery, feed, fertilizer, insecticides and other items increased from \$6.4 billion a year during 1937-41 to \$25.1 billion in 1958. Prices of land, machinery, and equipment have continued upward, and farmers in general have increased the over-all sizes of their operations. They are handling more land, machinery, and livestock. As a result this and inflated prices, the total value of capital per farm has gone up.

Investment per farm worker in the U.S. is more than twice as great as the investment per worker in industry.

Total farm investment in 1959 (\$200 billion) was equivalent to more than two-thirds the value of all stocks of corporations listed on the New York Stock Exchange. Farmers have twice as

much invested in machinery as does the entire steel industry, and five times as much as the automobile industry. Investment per farm worker in the United States is more than twice the investment per worker in industry.

## WITH THE FARM WOMEN

By MAIDRED MORRIS

### Good Meals For Busy Days

"Just four hills yielded four bushels of butternut squash," reported Mrs. Otwell, garden leader in Caldwell County. Mrs. Otwell told how she prepared the squash. "I fried, stewed, and made casseroles with the young immature squash but the mature squash are baked, sliced thin and fried, or put in casseroles," reports Mrs. Otwell.

Miss Elaine Coulter, assistant home economics agent, says Mrs. Otwell has learned that butternut squash are good prepared any way sweet potatoes or pumpkins are used. A butternut squash pudding with whip cream topping is a delightful dish.

### Pays To Save

"It pays to save," said Mrs. Odell Peele, Plymouth, when she was asked about buttons on her dress. "These buttons were given me off an old duster worn by my aunt in the horse and buggy days." Mrs. Peele has used and reused the buttons on garments throughout the years. Mrs. Frances Darden, home

economics agent, says Mrs. Peele has saved many dollars on her clothing by shopping wisely and reusing buttons and zippers.

### Clothing Projects

Plans have been made for Mrs. Jo Tucker, Mrs. Ann Raliff, and Mrs. C. B. Bunn to make aprons for Christmas sales. They plan to sell the aprons on markets in Chapel Hill, Southern Pines, and Charlotte. Miss Anna J. Fitzgerald, assistant home economics agent, reports the project involves making the Christmas aprons now to be placed on the market. They should make beautiful as well as useful Christmas gifts.

### HD Leader Shares Talents

Mrs. J. A. Sauer, who is a member of the Woodland Home Demonstration Club in Wake County, visited the Western Boulevard Club. She presented a demonstration on making fancy party sandwiches and canapes.

Mrs. Margaret Babson, home economics agent, reports Mrs. Sauer was originally in the catering business in Ohio. How-

ever, now Mrs. Sauer is sharing her talents with club women in Wake County.

### Conserve Chicken By Canning

Mrs. T. E. Anderson and Mrs. Willie Givens of Cherokee County agreed to can chicken for their exhibit at the fair. Their families raise broilers for market so they had cull hens available for canning.

Miss Thelma Wheeler, home economics agent, says the meaty pieces of one hen would fit into a quart jar and the boney pieces were cooked, the meat removed, and canned with the broth. This can be a large saving when you consider that a 6 1/2 ounce can of boned chicken retails for 37 to 43 cents.

### Plan Clothing Budget

Would you like to dress fashionably on a small clothing budget? The magic is performed by wardrobe planning, sewing at home and knowing what to wear when. At the achievement day program in Alexander

County, Mrs. Donald Mayberry will model a luxurious-looking white wool dress trimmed in mink, which cost \$3.25.

Mrs. Agnes Watts, home economics agent, says Mrs. Mayberry made the mink collar and cuffs from fur trim of an old coat. She also designed the dress herself, so no pattern was necessary.

Whatever crushes individuality is despotism, by whatever name it may be called. —J. S. Mill.

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## Frankly Speaking

By FRANK HUBERTS

Biggest TV fizzle of the year was the so-called political satire, "Potomac Madness," starring Bob Hope. The only time TV has been successful with satires was on the old Sid Caesar shows. The former Cuban ambassador to Great Britain says there are 150,000 Cuban refugees in Florida, preparing a counter-revolution against Castro. This should be a substantial answer to those who claim that this country is treating Castro unfairly, and supplying false information about Cuba. Incidentally, I spoke to a lady in Edenton who recently fled Cuba and she also feels Castro will eventually be overthrown. One good reason she gives is the great respect the majority of the Cubans have for people of the U. S. A bit of history culled from the wires of the Associated Press: "In 1774, housewives in Edenton, North Carolina, resolved not to drink or wear anything made in England." Dateline on that story was the 24th. In Spartanburg, South Carolina, the mana-

## OH, MY ACHING BACK

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## DOAN'S PILLS

## Taylor Theatre

EDENTON, N. C.

Thursday, Friday and Saturday, October 27-28-29—Steve McQueen, Yul Brynner and Eli Wallach in "THE MAGNIFICENT SEVEN"

CinemaScope and Color

Sunday, Monday and Tuesday October 30-31—November 1—Paul Newman and Joan Woodward in "FROM THE TERRACE"

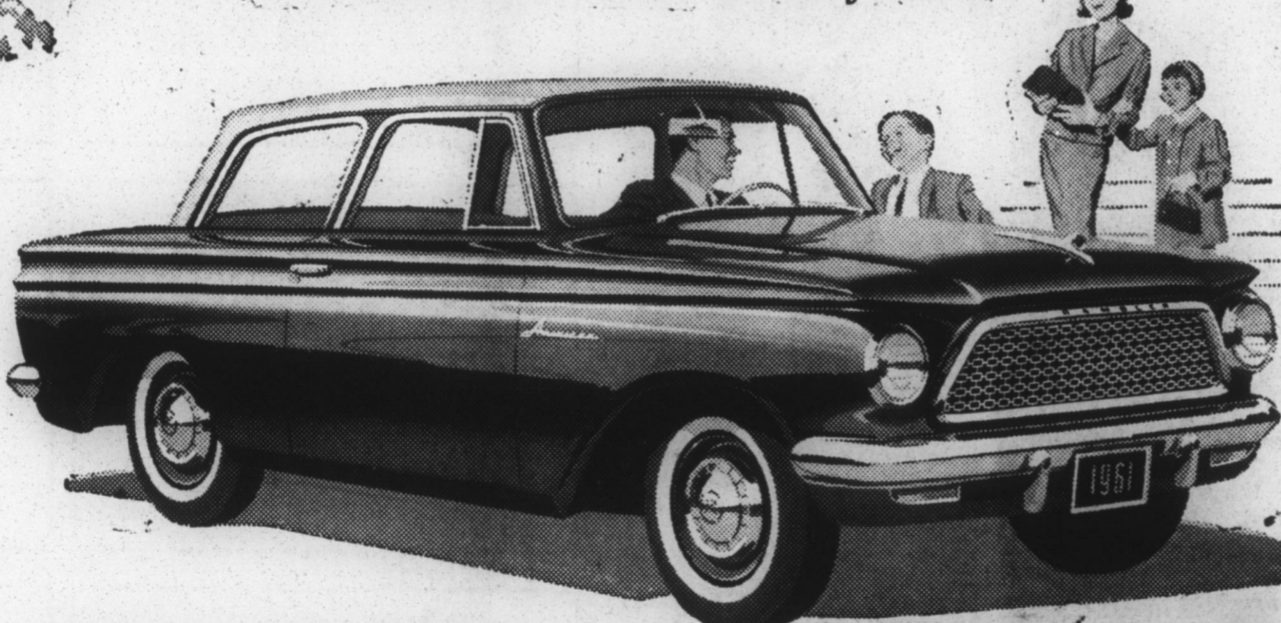
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Golfing with Sam Snead Sunday Shows: Shorts 2:30 & 8:30; Features 3:10 & 9:10. Monday and Tuesday: Shorts 7:30; Feature 8:10.

Wednesday and Thursday, November 2-3—Vincent Price in "HOUSE OF USHER"

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