

Negro Home Demonstration News

By MRS. ONNIE S. CHARLTON, County Negro Home Economics Agent

District 4-H Recognition Day will be held Saturday in Powellsville. First place winners in the various projects and activities from the seventeen counties in the Northeastern District will attend. Those attending from Chowan County are: Doris Overton, Doris Jordan, Carl Coston, Joseph Twine, Oscar Fleming—Center Hill; Brenda Johnson, Ruby Simons—Virginia Fork; Mary Louise Lassiter, Jean Hall—Warren Grove; James Taylor, David Felton—White Oak; Marjorie Harris, Fred Joyner, Kelsey Fleming—Edenton.

Chickens: Look for—
 1. Plump appearance
 2. Smooth, moist skin
 3. Flexible breast bone
 4. Few pinfeathers
 5. Short body and breast indicating meaty bird.
Avoid:
 1. Bruised, dry or purplish skin
 2. Hard, dry scaly legs
 3. Hard breastbone
 4. Many pinfeathers.

SUNLAY SCHOOL LESSON

A Bountiful Thanksgiving
 Turkey first graced the Thanksgiving table early in the 17th century. Today, almost three and a half centuries later, this tasty morsel has elevated to the position of being a great symbol of American gratitude for the blessings of a plentiful harvest. As the Thanksgiving season gets under way, turkey will be King at the meat counters across the nation. This delicious food is as much American as is Plymouth Rock.

Supplies are down from a year ago but prices have decreased due to efficiencies in the industry. Prices will vary as to size of bird and whether or not you choose a hen or gobbler. You will find supplies adequate for the demand—so take your choice at the market of fresh or fresh frozen birds in the size you like best.

Look for:
 1. Plump appearance with a broad breast and short body
 2. Clean, waxy skin with a few pinfeathers
 3. Well-rounded thighs and a good meat coverage on the back
 4. Pliable keel bone.

Avoid:
 1. Bruises or discoloration
 2. Thin, skinny body
 3. Birds with many pinfeathers.

Take Care Of Turkey
 Fresh turkey will keep two or three days in the coldest part of the refrigerator until cooking time. Wrap it loosely in aluminum foil, parchment paper, or waxed paper before refrigerating.
 Frozen turkey should be kept frozen until it is to be cooked. Allow sufficient time for defrosting. Defrost in the refrigerator. Allow two to three days to defrost a large, whole bird and one to two days for the small, whole bird.
 Prompt cooking after thawing is best. Stuff the bird just before roasting.

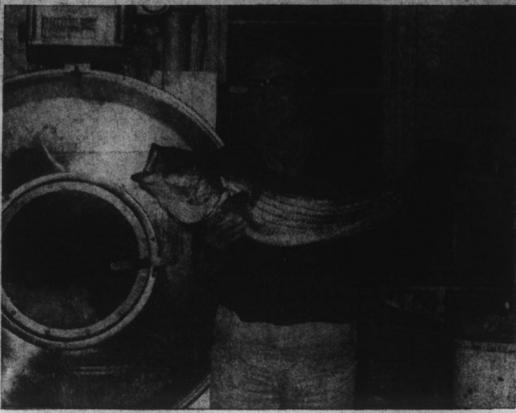
very people are the ones who show the greatest lack of appreciation, perhaps because they are so used to peace of mind and comfort and good health that they take it for granted.

And on the other hand, it is among the poor, the oppressed, the sick, the halt and the lame that we find the greatest appreciation of God's goodness. Those who have no money with which to buy artificial luxuries and pleasures seem to be more keenly aware of all the good things which are free. Those who live in city streets appreciate all the more keenly the green swards of grass, the leafy majesty of trees, God's good, clean air, when they are confronted with it. Those who have come through a period of ill-health, appreciate the surcease from pain, the returning feel of well-being that returns with good health. The blind man, denied the sight of this basically beautiful world, has his remaining senses tuned to an appreciation of the majesty of God's handiwork much more finely than those of us in full possession of all our senses as we go about our lives on this earth.

Let us go further into what is perhaps the most important admonition of our lesson. "It is good to give thanks," declares the psalmist, "to the Lord." (Psalms 92:1). He is the author of every good gift, the giver of every blessing. How shallow is our gratitude if it fails to recognize "the Giver of every good and perfect gift!"

Those of us who remember to say thanks usually do not forget God for very long. Instead, gratitude takes us by the hand and leads us into the presence of the Creator and Owner of the universe, the Giver of all things good. It teaches us the language of

This One Didn't Get Away!



Needless to say, this one didn't get away. J. P. Ricks, Sr. is showing a rockfish which he caught last week. The whopper tipped the scale at 12 pounds and was caught near the Albemarle Sound bridge while fishing with J. A. Gardner, who was less fortunate for he came home empty-handed.—Photo by J. P. Ricks, Jr.

faith and the vocabulary of prayer. It puts us "on speaking terms with God." Therefore it is fitting and right that once a year we observe a day to say "Thanks" to God for all his blessings.

Gliden News

Mr. and Mrs. C. A. White visited their sister, Miss Willie Mammie Parks made a business

Notice To Administrators, Executors And Guardians
 The law requires an ANNUAL ACCOUNT to be made each year and an Inventory to be filed within 90 days after qualifying. If your Annual Account, Inventory or Final Account are past due, we respectfully urge that you file same at once, as we are required to report all such cases to the Grand Jury, which will convene at the November term of Chowan County Superior Court, November 28th.

YOUR COOPERATION WILL BE VERY MUCH APPRECIATED!

TOM H. SHEPARD
 Clerk of Superior Court

trip to Edenton Wednesday. Mrs. Joe Webb, Jr., of Edenton spent Sunday afternoon in the home of her mother, Mrs. A. D. Ward.

Mrs. L. N. White is spending the week in Portsmouth, Va., with her mother who has recently been a patient in Norfolk General Hospital.

Mr. and Mrs. A. D. Ward and daughter, Kaye, visited Mrs. Ward's parents, Mr. and Mrs. C. T. Rogerson of Belvidere Sunday evening.

The Rev. R. B. Cottingham is guest preacher in a revival at Highland Baptist Church, Jacksonville, Florida.

The Rev. Jesse Ray Mansfield conducted services in Warwick Baptist Church Sunday, both morning and evening.

ATTENDS BSU MEETING
 The Wingate College Baptist Student Union attended the State BSU meeting in Winston-Salem over the week-end.

Miss Carolyn Doshier, dean of women and BSU adviser at Wingate, made the trip with the students. George Gerding, dean of men, also accompanied the group, which included Miss Barbara Allred, daughter of the Rev. and Mrs. Thurman Allred.

There is too much animal courage in society and not sufficient moral courage.
 —Mary Baker Eddy.

Edenton Optometrists Attend Fall Congress

Dr. A. F. Downum and Dr. L. E. Ferguson were among 150 North Carolina vision specialists who attended the fall educational congress of the North Carolina State Optometric Society held in Winston-Salem last week.

The Congress featured three of the nation's foremost experts in the field of vision care. They included Dr. William Feinbloom, president of the New York Optometric Center; Dr. Arthur Shlaifer, associate professor of ocular pathology and optometry at Pennsylvania State College of Optometry, and Dr. Allen E. Banik, famed optometrist who authored the best-selling, "Hunza Land."

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Who hath not learned that when alone he has his own thoughts to guard, and when struggling with mankind his temper, and in society his tongue?
 —Mary Baker Eddy.
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