

### KNOW YOUR SOCIAL SECURITY

John T. Grooms, representative of the Social Security Administration, is in Edenton every Thursday at the North Carolina Employment Security Commission office in the Citizens Bank Building.

The Norfolk Social Security office has some good advice for people who became eligible for social security benefits because of the 1960 social security amendments.

"To speed the payment of your first retirement check, bring the necessary proofs with you the first time you come in to file a claim for benefits," John T. Grooms, Field Representative, said today.

Any social security office can furnish application forms and assist you in the completion of your claim. However, it is a good idea to know something about what information and proofs you will be asked to furnish. A telephone call to your social security office to find out what proofs are needed will solve the problem in most cases.

When you apply for payments on your own account, you will need proof of your age and the amount of your earnings for last year.

The best evidence of age is a birth certificate issued shortly after birth, but if you do not have a birth certificate, you can prove your age in a number of other ways. A baptismal record is almost as good as a birth certificate.

### Health For All

Nothing To Sneeze At

This is the month of the most and worst colds. Right this minute some 20,000,000 people are busy with nose-drops, cough medicine, antihistamines, and grandma's pet remedy. No harm done, but nothing you take can prevent or cure a cold. You can make yourself more comfortable in spite of your cold, and that's always worth doing.

It's usually best to stay home the first day of a cold. The rest will help you fight the infection. And since you do most of your jet-propelled sneezing the first day, other people will appreciate it if you stay home, because that's the principal way colds are spread.

Nosedrops can uncork a stuffy nose. Aspirin relieves cold-type aches and pains. Antihistamines won't do much for cold symptoms unless you have an allergy of some kind at the same time. However, since many antihistamines have a slight sedative effect, they can make you care less that you have a cold.

Plenty of fluids are always good for you—make your system perk up. No special value for colds, though.

Eat anything you feel like eating, but don't gorge yourself. Heavy meals take extra energy to digest and you need all your pep to fight the cold virus.

Forget about "sweating it out." That only makes you feel weak.

Try to avoid hopping back and forth from very cold to very hot temperatures. Makes your symptoms worse.

Editor's note: That's all there is to this column. The writer came down with a bad cold and had to go home.

### Betty Layden Weds Clyde E. Lane, Jr.

The marriage of Miss Betty Lois Layden and Clyde Emory Lane, Jr., took place Friday, February 3, at 3:30 P. M. in the Up River Friends parsonage. The ceremony was performed by

certificate. Marriage certificates, birth records in family Bible, voting records, old insurance policies, and other old documents, may also be acceptable. Usually, the social security office will be able to suggest some document that will be reasonably easy to get.

To furnish proof of your earnings, you can use your 1960 Form W-2 (withholding statement) if you worked for wages. If you are self-employed, bring a copy of your 1960 income tax return including the self-employment schedule.

If your wife is planning to file for benefits also, you should ask her to accompany you to the office. She will also need proof of her age and her social security account number if she has one.

In any event, call or visit your social security office and find out what proofs will be necessary when you file a claim. You can help speed the processing of your claim and assure yourself of prompt delivery of the first check if you will bring needed proofs with you when you come in to apply for your social security.

The Rev. Orville Dillon.

The bride is a daughter of Mr. and Mrs. James Oliver Layden, Sr., of Hobbsville. The bridegroom is the son of Mr. and Mrs. Clyde Emory Lane, Sr., of Belvidere.

The couple will make their home with the bridegroom's parents in the Whiteston community.

### CHRISTIAN SCIENCE

A hopeful message of universal freedom will be delivered in Christian Science churches Sunday in the Lesson-Sermon entitled "Man."

Man's rightful heritage of freedom will be brought out in the Scriptural selections which include Paul's advice to the Colossians (3:9-11): "Lie not one to another, seeing that ye have put off the old man with his deeds; and have put on the new man, which is renewed in knowledge after the image of him that created him: where there is neither Greek nor Jew, circumcision nor uncircumcision, Barbarian, Scythian, bond nor free: but Christ is all, and in all."

From "Science and Health with Key to the Scriptures" by Mary Baker Eddy will be read (227:24-26): "Citizens of the world, accept the glorious liberty of the children of God, and be free! This is your divine right."

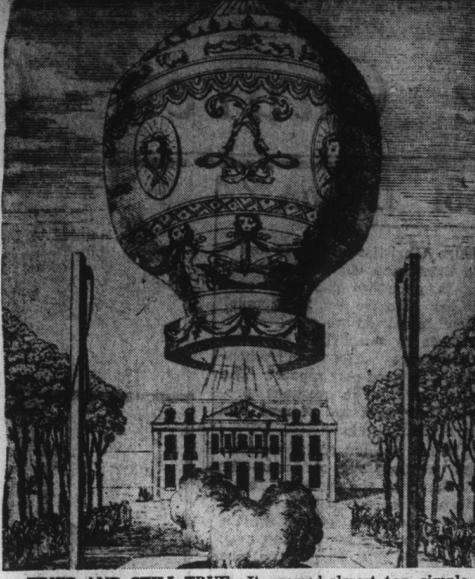
For children, there is neither past nor future and—what so rarely happens to us—they take pleasure in the present.

—La Bruyere.

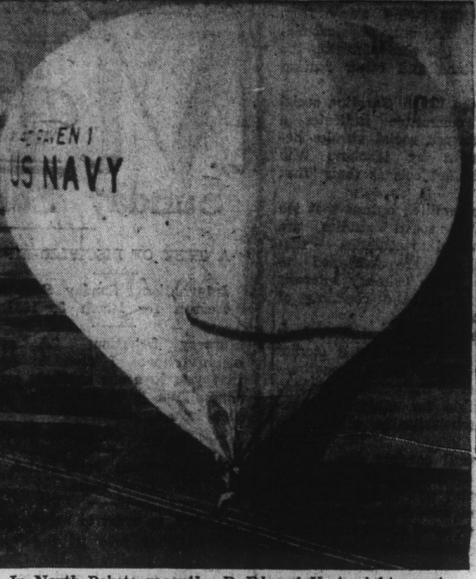
### EASY MONEY IN NEW POST POSITION GAME

The first winners of hundreds of dollars are already spending their money . . . and more cash winners are on the way. Play the exciting and profitable Post Position game in the Baltimore American. You may win . . . but you can't lose. See entry blank, easy rules in

BALTIMORE AMERICAN on sale at your local newsdealer



**TRIED AND STILL TRUE**—It seemed almost too simple when 178 years ago the Montgolfier brothers brought man's dream of flight to reality. Their balloon, left, was launched over the French countryside by building a fire under the craft. As the air within warmed, the balloon rose in the air. As it cooled, it settled slowly earthward.



In North Dakota recently, P. Edward Vost, right, montgolfiered to a 9,000-foot, two-hour flight in a U.S. Navy test balloon. Suspended in a swing seat, he manipulated a portable propane burner which warmed the air inside. To land, he merely turned down the flame. Advantages, says the Navy, are economy and simplicity of operation.

### Tar Heel Farmers Taking Steps To Keep State In Farming, But-

Interest in certified seed reached a new peak in North Carolina during 1960.

Dr. John Rice, director of the N. C. Crop Improvement Association at State College, reports that 381,365 blue certification tags were issued during the year. This was 10 per cent more than for any previous year.

Along with using a record amount of certified seed, North Carolina farmers continued to show a strong interest in new crop varieties. As a result, the N. C. Crop Improvement Association certified more new varieties than it ever had in any one year.

### GUEST SPEAKER AND MUSIC AT KADESH CHURCH SUNDAY

Dr. Walter Lowell, editor of the Star Of Zion, of Charlotte, will preach at the Kadesh A.M.E. Zion Church Sunday morning, March 5, at 11 o'clock. At the night service at 7 o'clock the Elka Chorus will present a program. This is considered one of the best choruses in Eastern North Carolina and the public is cordially invited to attend.

### Modern Young lady motorist

"It's snowing and sleeting and I'd like to buy some chains for my tires."

"I'm sorry—we keep only groceries."

Motorist—"How annoying that is! They told me this was a chain store."

Another requirement of disc-

ipleship emphasized in today's Scripture is the command that we love one another. The obligation to love is as old as human life, but here it receives a new emphasis because Jesus gives holy love a new motive. He does this by relating his love to his death. His sacrificial dying gives both measure and meaning to Christian love. He loved his disciples not only with his life, but also with his death. To love more is utterly impossible. His love cost him his life.

The test of our discipleship is that we love as Christ loves. This love of one Christian for another is something very special. It goes beyond benevolence, and it exceeds generosity. It is love that has become concern. Hence the two tests of discipleship merge together in one test—caring or acting love. True, holy love involves incredible suffering, as the story of the cross reveals. But love can win its way only by suffering—it has no other authority, no other weapon. It succeeds or fails only as it expresses itself in concern. We do not identify a Christian by outward trappings. We recognize him by his serving love—love that is characterized and clarified by the practical good it does.

In the end the world will not be won by campaigns, visitations or revival meetings, although each one of these has its place. The world will be won, our Scripture says, when Christians come together in the warm fellowship of holy love expressed in caring sacrifice.

When will the world be brought to Christ? Only when

it sees this test of discipleship in living reality.

(These comments are based on outlines of the International Sunday School Lessons, copyrighted by the International Council of Religious Education, and used by permission.)

### Minutes Of Board Of Public Works

Edenton, N. C. Jan. 19, 1961.

The Board of Public Works met this day in special session at 8 o'clock P. M., at the Edenton Municipal Building with the following members present: T. C. Byrum, Jr., Chairman, Jesse L. Harrell, Ralph E. Parrish, J. P. Ricks, Jr., and J. H. Conger, Jr.

Chairman Byrum opened the meeting and explained that this

meeting was called to comply with the request of the Town Council that the Board of Public Works make recommendations to them concerning a water and sewer assessment policy for the Town of Edenton.

The Board discussed in considerable detail the need for an assessment policy and the application of various possible policies as they may apply to the Town of Edenton, and after these discussions the following conclusions were unanimous:

The Town of Edenton should adopt an assessment policy as set forth in the General Statutes of the State of North Carolina and allow the Board of Public Works 60 days in which to study the policy and make recommendations to the Town Council on the legislation required to bring this policy in line with the thinking of the two boards and conditions as they exist in the Town of Edenton.

The unanimous opinion of the Board of Public Works is that by handling the matter in this manner we will have in the interim period an assessment policy on which corrective legislation could be introduced, possibly before actual application would be necessary, also it would be much easier, less time consuming, and more suitable as to legal application to handle this matter in this manner rather than attempt to write a complete new assessment policy.

Chairman Byrum presented to the board members a written report on a meeting held in Raleigh, N. C., between Mayor John Mitchener, Councilmen Al Phillips and George A. Byrum and E.W. Board Chairman T. C. Byrum, Jr., and members of the

State Stream Sanitation Committee on January 18, 1961.

There being no further business the meeting was adjourned.

RALPH E. PARRISH, Secretary

### OH, MY ACHING BACK

Now! You can get the fast relief you need from nagging backache, headache and muscular aches and pains that often cause restless nights and miserable tired-out feelings. When these discomforts come on with over-exertion or stress and strain—you want relief—want it fast!

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