

## COLORED NEWS

### Negro Home Demonstration News

By MRS. ONNIE S. CHARLTON, County Negro Home Economics Agent

Darnell Blount, first place winner in the Junior Enriched Corn Meal Muffin Contest in Chowan County, demonstrated Saturday to 18 4-H Club girls, how to make enriched corn meal muffins. The demonstration was held at the Brown-Caver Library.

Darnell emphasized that every family should use enriched corn meal since this meal has added vitamins and minerals. These vitamins and minerals will improve the family's health and enriched corn meal is a good low cost food.

Those attending were: Alma Capehart, Christine Alexander, Joyce Cooper, Kay Wardsworth, Pauline Thomas, Barbara Collins, Anne Blount, Sandra Gregory, Esther Nixon, Marjorie Jernigan, Ruby McCleese, Alice Outlaw, Delores Nowell, Jo Anne Walton, Shirley Rankins, Ethel Burke, Bertha Mae Felton and Deborah Jordan.

Two officers from each home demonstration club have been asked to attend a Council meeting Friday, September 15, in our office at 1:30 P. M.

Three Community "Development organizations—Center Hill, Hudson Grove and Yeopim met last week. Each group checked accomplishments on goals for 1961 which were made in January. Plans were made toward completing work on goals by October 31—closing date for the Community Progress Contest.

This week Paradise Road, Virginia Fork and Ryans Grove communities meet. Warren Grove-Green Hall community will meet September 26. Remember each family has a responsibility toward the progress of the community. Are you doing your part?

In buying apples the best rule for the food shopper to follow is to buy only those apples that are in season. When the particular variety is in season, the quality is usually best and the price is generally at its lowest.

**Look For Apples That Are: Firm, Ripen or Ripe, Free From Blemishes and Bruises,**

**Of Good Color for Variety.** It is always a good policy to choose apples for the desired purpose. For example:

To eat raw—those pleasing in appearance, texture and flavor.

To bake—those that will hold their shape.

To stew—those that are tart and will cook in a short time.

Apples should be handled carefully for bruising detracts from appearance and can cause waste.

**How Many Apples For A Pie?** There are two large, three medium, or four small apples in one pound. Six to eight medium size apples are required for a nine-inch pie or for three cups of applesauce. One bushel contains about 42 pounds of apples. It is less expensive to buy apples by the bushel or box than by the pound.

**Storage** Apples should be kept in a cool, moist place at about 30 to 35 deg. F. with a relative humidity of 85 to 90 percent. When stored in the refrigerator, apples should be put in plastic bags. One should keep

apples away from potatoes, onions, and dairy products because the apples will absorb odors from these other items.

**Food Value** Apples furnish food nutrients that are valuable in promoting good digestion, minerals, organic acids, pectin, and bulk. They have some vitamin A and C plus calcium. Apples are considered favorite "other fruits" that we need daily for a healthful variety in the diet. They are also a low calorie, healthful, between-meal snack. An average apple contains 85-95 calories.

### New Books At Local Library

New books lately arrived at the Brown-Caver Library are: The Red Badge of Courage by Crane; Always Another Dawn by Crossfield; The Nation's Safety and Arms Control by Hadley; A President's Odyssey by Smith; World Book of Great Inventions by Meyer; The World of Plant Life by Hylander; A Dictionary of American Antiques by Drepper; The Encyclopedia of Sports by Menke; The Human Body by Best; A Treasury of Great American Speeches by Hurd; The Little Leftover Witch by Laughlin; "B" is for Betsy by Haywood, and The Middle Moffat by Estes.

### RE-ENLISTS IN AIR FORCE

Staff Sergeant David Blount of Headquarters 3rd Missile Battalion (Nike-Hercules) 61st Artillery, Loring Air Force Base, Me., recently re-enlisted in the Army for the last time before retirement.

During his 18 years in the Army Sergeant Blount has served in Germany and Japan as well as Kansas and New York. His parents are Mr. and Mrs. Henry C. Blount, 142 E. Carteret St., Edenton.

White shall not neutralize the black, nor good compensate bad in man, absolve him so; Life's business being just the terrible choice. —Browning.

TRY A HERALD CLASSIFIED

### County News

By MRS. ROLAND EVANS

The Chowan Home Demonstration Club met Monday, September 11, at 2:30 in the Community Building. Mrs. C. J. Hollowell presided. The group sang "Red River Valley" and Mrs. Minnie Corprew gave the devotion with the group repeating the Lord's Prayer in unison.

Miss Pauline Calloway, home agent, gave a demonstration on "Time and Energy," using such topics as "Where Does Your Time Go?" "Where Do You Waste Time?" and "How Much Time Do You Spend For Interruption?" Mrs. E. N. Elliott gave a report on the County Council. Miss Calloway gave a report on the development meeting held in Elizabeth City on Friday night of last week.

Mrs. E. N. Elliott is one of the directors from Chowan County. The Chowan County Fair will be held October 2-7 and the State Fair October 16-21.

A refinishing furniture workshop will be held September 20 at the Chowan Community Building. It will be an all day affair.

Mrs. C. J. Hollowell is on the Achievement Day Committee. The Christmas Festival will be held December 5 in Edenton. Mrs. H. W. Dale was acting hostess.

Mrs. Sue Blanchard, 70, a native of Chowan County, died Sunday at 2:10 P. M. at the home of her son, Raymond C. Blanchard of 2807 Old Norfolk Road. Survivors are her husband, Charles Watson Blanchard; a daughter, Mrs. T. H. Twine of Magnolia, Va.; four sons, Raymond Blanchard of

Suffolk, Watson Blanchard of Oak Ridge, Va., Bill Blanchard of Magnolia, Va., and Thomas Blanchard of Richmond, Va.; a sister, Mrs. Mary Dail of Franklin and six grandchildren. A funeral service was conducted in Hill Funeral Home, Suffolk, Tuesday at 2 P. M. by the Rev. T. C. Mitchell of the First Baptist Church, of which she was a member, and the Rev. James Tate of Wilroy Baptist Mission. Burial was in the Holly Lawn Cemetery.

Mrs. E. N. Elliott went to Nags Head Tuesday.

Mrs. Deb Leary is visiting Mrs. C. J. Hollowell this week. Mr. and Mrs. Lewis Corprew visited Mrs. Minnie Corprew recently.

A WMU leadership conference was held Tuesday at the Corinth Baptist Church near Elizabeth City.

The Audrey Gordon Circle of Rocky Hock Church met Monday night at the home of Mrs. Carlton Bunch.

The annual Associational Sunday School meeting was held at Sandy Cross Church Monday night at 8 o'clock.

A 4-H leaders meeting was held at Chowan Community Building Tuesday night.

Mrs. Danny Nixon has gone to join her husband in Indiana. Mrs. Vandy Byrum is on the sick list.

Mrs. Vandy Byrum is on the Jr. of Suffolk visited their parents in Rocky Hock over the week-end.

David Allred brought the message on Sunday morning at the

Rocky Hock Church. He has been called to the ministry and was licensed Sunday morning at Rocky Hock. He is attending Wake Forest College in Winston-Salem.

Mrs. Lizzie Bunch visited Mrs. Edgar Pearce recently.

The Rev. John T. Byrum, retired minister, died last week in Belhaven, N. C. Funeral services were conducted at Ballard's Bridge Church, where he was buried.

Students who have entered or returned to college are: Gerald Harrell, East Carolina; Zacky Harrell, State; Emily Leary, Campbell; David Allred, Wake Forest; Faye Ober, East Carolina; Kathryn Tynch, East Carolina; Becky Harrell, Campbell; Mary Alice Perry, Chowan; Ester Layton, Chowan; Mary Ann Hare, Woman's College, Greensboro.

Murray Tynch is attending the second national conference of Southern Baptist men, September 13-15 at Memphis, Tenn. Mrs. Tynch, Mike and Patricia accompanied him.

Mr. and Mrs. M. M. Nixon went to Georgia recently.

Family Night was held Thurs-

day night of last week at Rocky Hock Church. The Rev. Ralph Harrell showed slides of Africa. Mr. and Mrs. J. F. Perry spent the week-end in Suffolk and Portsmouth recently.

Roland Evans went to Portsmouth Saturday morning.

Mrs. Evans visited Mrs. Stanford Perry in Suffolk Saturday morning.

Little Scottie Sawyer of Elizabeth City spent last Thursday with her aunt and grandmother, Mrs. Perry and Mrs. Evans.

Mrs. M. M. Nixon and Mrs. H. W. Dale went to Elizabeth City Thursday.

### GUM POND CLUB MEETS

On September 6, at 8 o'clock the Gum Pond Club met with Mrs. Elsie Bunch, with 15 members present. The meeting began by singing Red River Valley with Mrs. Cora Evans leading.

### SKIN ITCH DON'T SCRATCH IT!

Scratching spreads infection causing MORE pain. Make this test. Apply ITCH-ME-NOT. Itching quiets down in minutes and antiseptic action helps speed healing. Use instant-dry ITCH-ME-NOT for eczema, insect bites, toe itch, other surface rashes. If not pleased, your life back at any drug store. TODAY at MITCHENER'S PHARMACY

**Custom Made Furniture**  
— and —  
**Furniture Refinished**  
—◆—  
**RHOADES SHOE REPAIR**

ing in devotion reading from the 103rd Psalm. The Lord's Prayer was prayed in unison.

Miss Pauline Calloway was in charge of the demonstration. "Where Does Your Time Go?" There was much discussion on it. It made one stop and wonder what she did with her time. Mrs. Florine Nixon gave a report on Safety. She said that

two-thirds of the traffic deaths happen at night. Mrs. Delcie Smith gave a report on the County Council meeting. The roll was called, minutes read and approved.

The meeting was adjourned by repeating the Club Collect. The hostess served Ritz, cocktail on Saturday. She said that



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STRAIGHT BOURBON WHISKEY  
6 YEARS OLD  
\$2.30 PINT  
\$3.60 86 PROOF 4/5 QUART  
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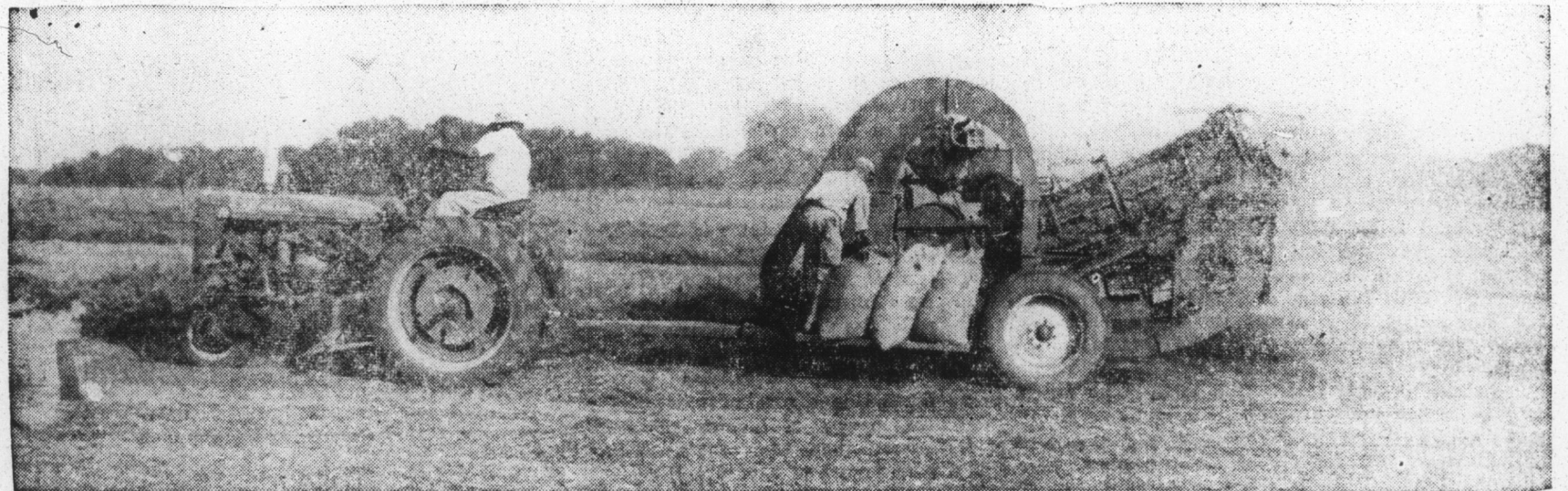
### OH, MY ACHING BACK

Now! You can get the fast relief you need from nagging backache, headache and muscular aches and pains that often cause restless nights and miserable tired-out feelings. When these discomforts come on with over-exertion or stress and strain—you want relief—want it fast! Another disturbance may be mild bladder irritation following wrong food and drink—often setting up a restless uncomfortable feeling.

Doan's Pills work fast in 3 separate ways: 1. by speedy pain-relieving action to ease torment of nagging backache, headaches, muscular aches and pains. 2. by soothing effect on bladder irritation. 3. by mild diuretic action tending to increase output of the 15 miles of kidney tubes.

Enjoy a good night's sleep and the same happy relief millions have for over 60 years. New, large size saves money. Get Doan's Pills today!

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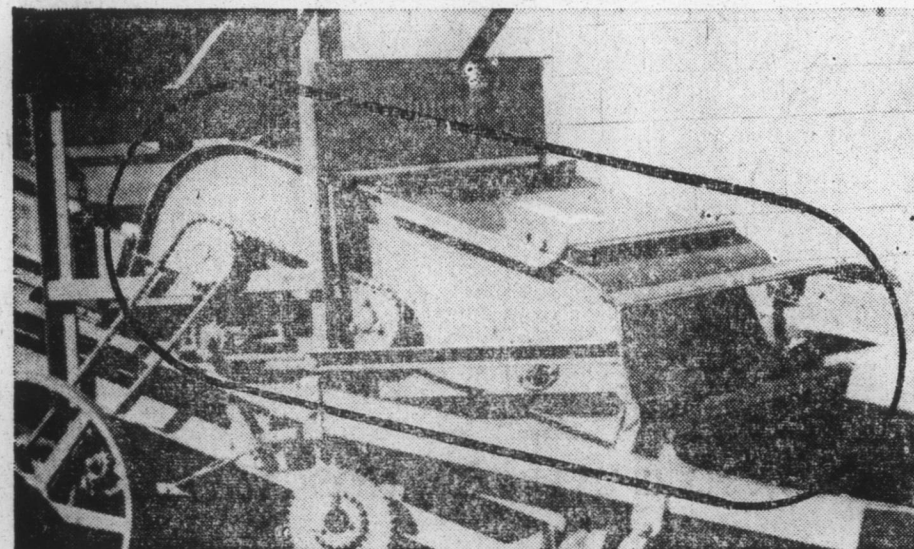
New extended dust chute on the air lift elevator keeps dirt from the bagging operations and provides cleaner operating conditions. Note that the only dust in this picture comes from the hood at the rear.

## HOW?

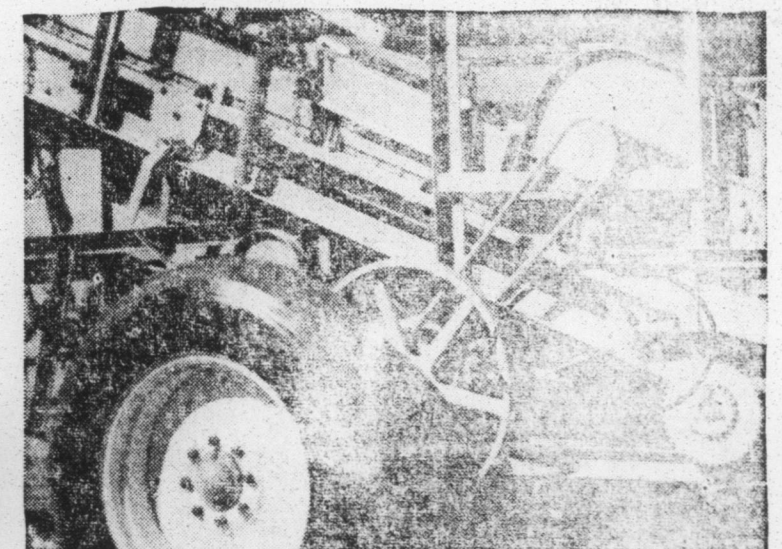
How can we say it was "Best" last year, and then say it's "Even Better" now?

Last year we told you that no other machine could approach the Lilliston Combine for pure versatility, flexibility, and the ability to make a fast, clean harvest under all kinds of operating conditions. It was the best. But this year, we can count more than 25 improvements over

the 1960 models, and that's why we can say it's even better. Lack of space keeps us from telling you about all of them—so we can show you just a few. They'll give you an idea of the excellence of the 1961 Lilliston.



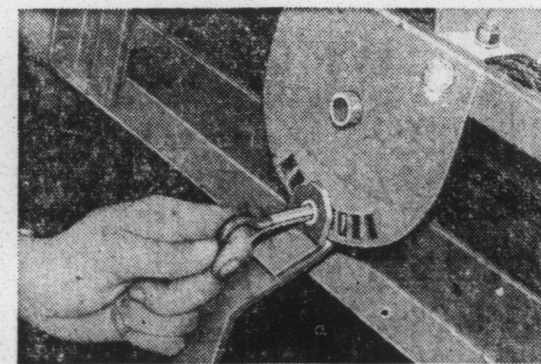
Triple action picking head handles even the smallest clump of peanuts—gets the nuts off the vines with much less power than ever before.



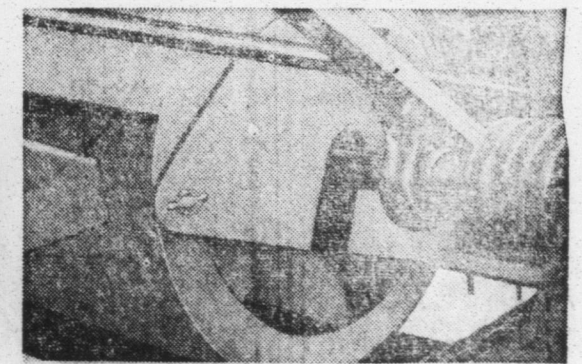
Draper adjusts automatically to keep proper tension. You don't have to touch it. It also cleans itself—specially designed rollers simply auger the dirt back to the soil.

**FLASH!** More evidence that the Lilliston is the Combine for 1961. Here's what Mr. L. B. Connell, Manager of Wight Tractor Sales, has to say:

"I have just come from a field demonstration where Lilliston's 1961 Peanut Combine was in operation and I want you to know that your machine led the field in every manner of speaking—the forward motion, clean nuts in the bag, nuts off the vines. And there is no loss this year behind the machine. Again Lilliston has proven its superiority in engineering a machine for the peanut grower."



Simply by pulling a pin you can quickly change air blast direction to maintain consistent top performance. Adjust separation as the combine is working.



Single fan door gives you close separation control. Set it exactly where it will do the most good.

Now, more than ever before—for cleaner, faster, more profitable harvesting, go all the way with Lilliston

### Have You Seen It Yet?

The new Series 1100 Lilliston Shaker-Windrower is the quietest, smoothest, slickest running shaker you've ever seen. Yet it is surprisingly low-priced. Available in a tow or lift, with leg stand or gauge wheels, with or without plows.



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