

SCHOOL AND YOUR CHILD

By John Corey, Appalachian State Teachers College

ABC's Of Visual Difficulty

Children must see well to do well in school. Most learning comes through vision, states Dr. Roy Blanton, principal of the laboratory high school on the campus of Appalachian State Teachers College, Boone, N. C.

And smart parents see to it that Junior receives a thorough visual examination not later than age five, advises Dr. Blanton, who has worked with children for over 20 years.

Early comparison of Junior's visual development with that of others his own age can avoid many difficulties that would occur later on.

As the youngster moves through this school year, alert parents and teachers also constantly observe him for indications of visual problems.

There are distinct reactions that warn of possible difficulties. These should be known.

The reactions have been grouped into these ABC's of symptoms as set down by two noted authorities, Drs. Lois B. Bing, chairman of the American Optometric Association's committee on visual problems of children and youth, and George D. Spache, head of the reading laboratory and clinic at University of Florida.

Dr. Spache was a visiting professor this past summer in the reading center of Appalachian State Teachers College.

Here are the ABC's of poor vision symptoms:

A's (Appearance of Eyes)
Eyes crossed constantly (or even occasionally).
Reddened eyes.

B's (Behavior)
Watery eyes.
Encrusted eyelids.
Frequent eyes.
Daydreaming.
Short attention span for any task requiring visual concentration.

C's (Complaints)
Headaches, nausea or dizziness associated with use of the eyes.
Burning or itching eyes (rubbing them frequently).
Seeing double.
Blurring of vision when looking up from close work.

Avoidance of using eyes together by turning the head so that only one eye is used.
Tilting the head or placing the head so close to the book or desk that only one eye is used.
Showing farseness by thrusting head forward when looking at distant objects or frowning, scowling or blinking excessively.
Disliking tasks requiring visual concentration. (Afterwards, the child may be unusually nervous, irritable, restless or tired).
Using finger or a marker to guide eyes across a page and to the beginning of a new line.

Parents and teachers can observe all these ABC's of visual difficulty symptoms among children at all grades.
Drs. Bing and Spache advise: "Children displaying one or more of them persistently, particularly when visual concentration is required, deserve to have a complete examination of the total process of vision as quickly as possible before avoidance becomes habitual."



MATCHLESS BEAUTY—Elke Jacobsen uses a reflector that will focus the sun's rays on the end of her cigarette to give her a light in a jiffy in Aruba, Netherlands Antilles.

Mrs. Sophie Farless Dies At Merry Hill

Mrs. Sophie White Farless, 69, of Merry Hill died Saturday, November 24, in the Bertie Hospital at Windsor.

Surviving are her husband, W. H. Farless; two sons, W. H. Farless, Jr., of Merry Hill and Edsel Farless of Portsmouth, Va.; two daughters, Mrs. Joseph D. Compitello of Lynnhaven, Va. and Mrs. Vernon Baker, Jr., of Colerain; six sisters, Mrs. S. B. Adams, Mrs. W. H. Taylor and Mrs. E. J. Pruden, Sr., of Merry Hill, Mrs. Jessie Perry of Texas, Mrs. Bernard Willford and Mrs. Richard Smithwick of Windsor, Route 2; four brothers, Joe White and J. W. White of Merry Hill, M. J. White of Windsor and Herman White of Chester, Pa., and seven grandchildren.

Funeral services were conducted at Riverside Baptist Church Sunday afternoon at 2:30 o'clock by her pastor, the Rev. LeRoy Campbell and burial followed in the church cemetery.

TRY A HERALD CLASSIFIED

WISDOM of the Ages



James Russell Lowell

"Not failure, but low aim, is crime."

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Let's go to Church Sunday

Sunday School Lesson

WHAT IS THE CHURCH?
International Sunday School Lesson for December 2

Memory Selection: "You are a chosen race, a royal priesthood, a holy nation, God's own people, that you may declare the wonderful deeds of him who called you out of darkness into his marvelous light." — I Peter 2:9

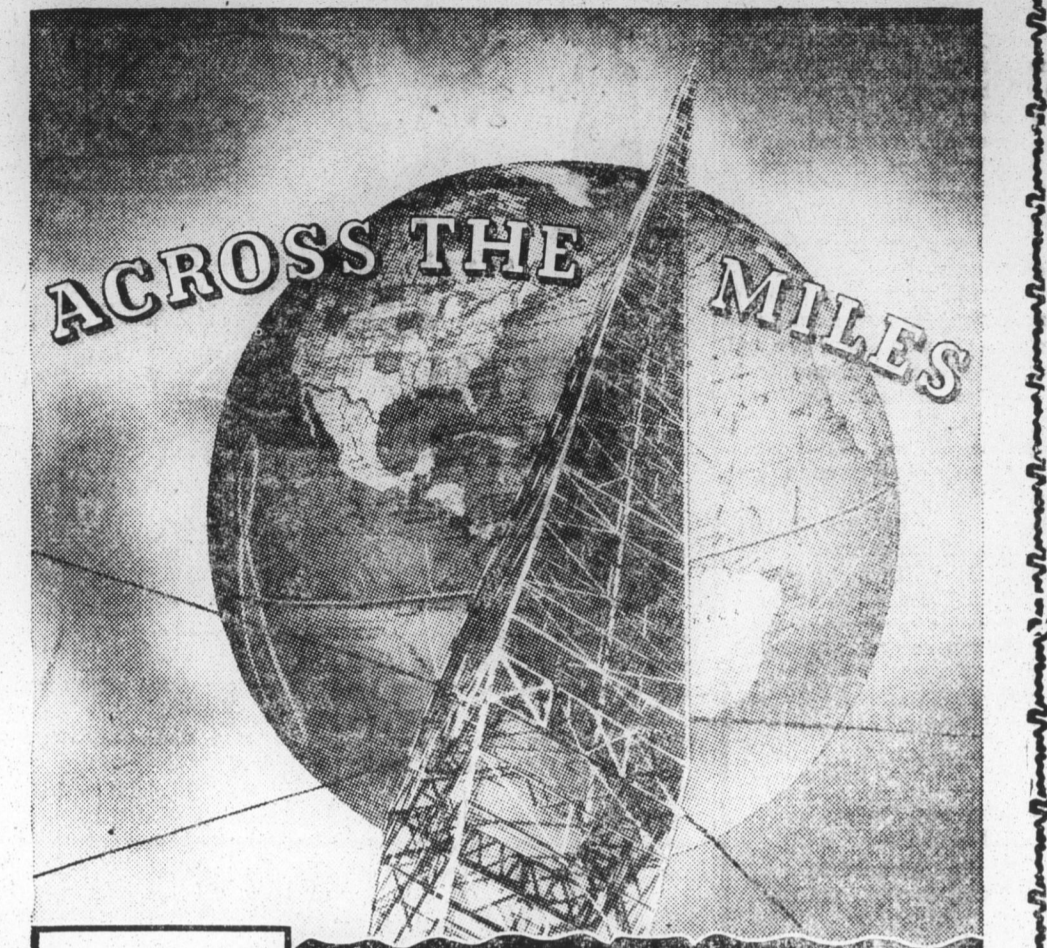
Lesson Text: Matthew 18: 15-20; John 17:20-26; I Corinthians 11:23-26; 12:12-13, 27-31; Ephesians 2:11-22

Today we look for a deeper understanding of the nature of the church and of our responsibility as members to help the church fulfill its mission in the world.

The first three verses of the Book of Matthew deal with discipline in the life of the church. They reflect the thought and practice of the early church. The last two verses emphasize that discipline was to be exercised only as persons were gathered together in prayer. In I Corinthians Paul emphasizes the unity of the church.

When we think of the church, do we think of a particular building? Or do we think of a group of people who are banded into a club for fellowship for a religious purpose? Is the church a human organization? Let us, first, look at the meaning of the church in the New Testament.

From the early days of the Christian movement the church has been thought of as the body of Christ. Paul said, "Now you are the body of Christ and individually members of it." The writer of the Letter to the Ephesians spoke of the alive and growing nature of the church when he said, "In whom the whole structure is joined together and grows into a holy temple in the Lord." Christ is the head of the church. The church depends upon the living presence of Christ to keep it



THE CHURCH FOR ALL... ALL FOR THE CHURCH

The Church is the greatest factor on earth for the building of character and good citizenship. It is a storehouse of spiritual values. Without a strong Church, neither democracy nor civilization can survive. There are four sound reasons why every person should attend services regularly and support the Church. They are: (1) For his own sake. (2) For his children's sake. (3) For the sake of his community and nation. (4) For the sake of the Church itself, which needs his moral and material support. Plans to go to church regularly and read your Bible daily.

Time was when it took a month for a letter to get from one city to another, and such things as radio and television were unheard of.

Now we don't think in terms of miles — we think in terms of the time it takes to span them, and it doesn't take long to get around the world.

As for communications — well, they're instantaneous, these days.

But for all of that, we seem to find it just as hard to understand one another as we ever did.

Only one form of communication hasn't changed... God's method of communication. He speaks to you through His Church, and through a Bible that has survived the centuries. Go to church this Sunday, every Sunday, and hear His message for yourself.

| | | | | | | |
|------------------|-------------------|---------------|----------------|-------------------|--------------------|--------------------------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Isaiah 4:9-15 | Psalms 33:6-15 | Acts 2:1-8 | Acts 2:7-12 | Romans 10:5-11 | Romans 10:17-20 | I Corinthians 1:18-25 |

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Chowan County Churches

- YEOPIM CHURCH**
REV. TERRY JONES, Pastor
Sunday School Sunday morning at 10 o'clock.
Preaching services every second Sunday night at 7:30 o'clock and fourth Sunday morning at 11 o'clock.
- EDENTON BAPTIST**
REV. R. N. CARROLL, Pastor
Sunday School at 10 A. M.
Morning worship service, 11 A. M.
Training Union at 8:30 P. M.
Evening service at 7:30 o'clock.
Mid-week prayer service Wednesday at 7:30 P. M.
- GREAT HOPE BAPTIST**
REV. HENRY V. NAPIER, Pastor
Sunday School at 10 A. M.
Morning worship second and fourth Sundays at 11 o'clock.
Evening worship first and fourth Sundays at 8 o'clock.
Prayer service Wednesday at 8 P. M.
- CENTER HILL METHODIST**
REV. C. T. WILSON, Pastor
Preaching services every first and third Sundays at 11 A. M.
- EDENTON PRESBYTERIAN**
REV. HUGH S. EVANS, Pastor
Sunday School Sunday morning at 10 o'clock.
Morning worship at 11 o'clock.
Girls' Meeting—all teen-age girls—Sunday at 6 P. M.
Christian Service Brigade—all teen age boys—Tuesday, 7 P. M.
Mid-week Prayer Service—Wednesday night at 7:30 o'clock.
- FIRST CHRISTIAN**
REV. E. C. ALEXANDER, Pastor
Sunday School at 10 A. M.
Morning worship at 11 o'clock.
Young People's meeting at 8:30 P. M.
Evening service at 7:30 o'clock.
Wednesday evening service at 7:30 o'clock.
- ST. ANN'S CATHOLIC**
REV. MICHAEL MULKERN, Pastor
Sunday Masses at 8 P. M.
Daily Masses at 8 P. M.
Confessions before every Mass.
Sunday School 11:45 Sunday 2 P. M.
Convert instructions or private consultation by appointment. Phone 2617.
- CENTER HILL BAPTIST**
REV. HENRY V. NAPIER, Pastor
Morning worship at 11 o'clock first and third Sundays.
Evening worship at 8 o'clock second and fourth Sundays.
B. T. U. at 7 P. M.
Prayer service Thursday at 8 P. M.
- EMMANUEL BAPTIST CHURCH MISSION**
REV. ERNEST BOATWRIGHT, Pastor
Sunday School, 10 A. M.
Morning service 11 o'clock.
- EDENTON METHODIST**
REV. VAN T. CRAWFORD, Pastor
Sunday School Sunday morning at 9:45 o'clock.
Preaching service Sunday morning at 9 o'clock.
- MACEDONIA BAPTIST**
REV. GORDON SHAW, Pastor
Sunday School at 10 A. M.
Preaching every Sunday morning at 11 o'clock and every Sunday night at 7:30 o'clock.
Prayer meeting Wednesday night at 7:30 o'clock.
- WARWICK BAPTIST**
REV. WARREN L. ROLLINS
Sunday School at 10 A. M.
Preaching service at 11 A. M.
B. T. U. at 7 P. M.
Prayer service Wednesday nights at 8 o'clock.
- SAINT PAUL'S EPISCOPAL**
REV. GEORGE B. HOLMES, Rector
8:30 A. M. Holy Communion.
9:30 A. M. Church School.
10:00 A. M. Adult Bible Class.
11:00 A. M. Morning Worship.
7:30 P. M. Young Churchmen.
Wednesday, 10:30 A. M. Holy Communion.
- BALLARD'S BRIDGE BAPTIST**
REV. A. CARL HART, Pastor
Sunday School Sunday morning at 10 o'clock.
Preaching services at 11 A. M. and 8 P. M.
Prayer meeting Wednesday night at 8 o'clock.
- CHURCH OF GOD**
REV. RICHARD SWISHER, Pastor
Sunday School at 10 A. M.
Preaching service at 11 A. M.
Evening worship at 7:30 o'clock.
W.P.E. Wednesday at 7:30 P. M., followed by prayer meeting.
- JEHOVAH'S WITNESSES**
R. F. LONG, Congregation Servant
Bible study at 9:00 o'clock Sundays afternoon at Kingdom Hall.
Bible study Wednesday night at 8 o'clock.
Service meeting and ministry school Friday nights at 8 o'clock.
- ASSEMBLY OF GOD**
REV. C. L. WILES, Pastor
Sunday School, 9:45 A. M.
Worship Service, 11:00 A. M.
Christ Ambassador Service, 6:30 P. M.
Evangelistic Service, 7:30 P. M.
Wednesday night prayer service, 7:30 P. M.
- EVANS METHODIST**
REV. C. T. WILSON, Pastor
Prayer service every first and third Sundays at 9:30 A. M.
- HAPPY HOME PENTECOSTAL HOLINESS CHURCH**
HAROLD C. LEAKE, Minister
Sunday School, 9:45; Morning Worship, 11:00; Lifeliners, 6:45; Evening Worship, 7:45; Wednesday Prayer Service, 7:45.
- WHITE OAK CHAPEL BAPTIST**
REV. R. M. McNAIR, Pastor
- ROCKY HOCK BAPTIST**
THURMAN W. ALLRED, Pastor
Sunday School Sunday morning at 10 o'clock.
Evening worship at 11 o'clock.
Training Union at 7 P. M.
Evening worship at 8 o'clock.
- COLORED CHURCHES PROVIDENCE BAPTIST**
REV. F. H. LAGUARDE
Sunday School at 9:30 A. M.
Morning service at 11 o'clock.
Evening service at 7:30 o'clock.
Prayer meeting Wednesday night at 7:30 o'clock.
Young people's and senior choir practice at 8 o'clock.
Men's Bible Class meets Monday night at 8 o'clock.
- ST. JOHN THE EVANGELIST EPISCOPAL**
REV. CLYDE BEATTY, Minister
First Sunday at 11 A. M. Holy Communion and sermon.
Second Sunday at 9 A. M. Holy Communion.
Third Sunday at 9 A. M. Holy Communion.
Fourth Sunday at 11 A. M. morning prayer and sermon.
Sunday School each Sunday afternoon at 3 o'clock.
- CHURCH OF GOD IN CHRIST**
ELDER J. A. SAWYER, Pastor
Every second and fourth Sunday, Pastor's Day.
Every first and third Sunday, Church Day.
Sunday School at 11 A. M. to 1 P. M.
Prayer and Bible Band Tuesday night at 8 o'clock.
Wednesday night choir practice at 7:30 o'clock.
Thursday night choir practice at 7:30 o'clock.
Friday night Pastor's Aid Society at 8 o'clock.
Saturday night young people's Bible quiz and recreation.
- WARREN GROVE BAPTIST**
REV. J. E. TILLET, Pastor
Sunday School at 10 A. M.
Preaching service at 11:30 A. M. every second and fourth Sunday.
Women's Educational and Mission Union meets every fourth Sunday after the morning service.
- WELCH'S CHAPEL BAPTIST**
REV. W. H. DAVIS, Pastor
Sunday School at 10 A. M.
Preaching service first Sunday at 11:30 A. M.
- ST. JOHN BAPTIST**
REV. C. M. HEIDELBURG, Pastor
Sunday School at 10 A. M.
Services every first and third Sundays at 12 o'clock noon. Vesper service at 6 o'clock.
- GALE STREET BAPTIST**
REV. C. M. HEIDELBURG, Pastor
Sunday School at 10 A. M.
Services every second and fourth Sunday at 11 A. M.
Prayer meeting Wednesday evening at 8 o'clock.
- PINEY GROVE A. M. E. Z.**
REV. M. H. EBRO, Pastor
- UNION GROVE A. M. E. Z.**
REV. J. E. GORDON, Pastor
- RYAN GROVE BAPTIST**
REV. M. A. RIDDICK, Pastor
- ST. LUKE CHRISTIAN**
REV. KELLY GOLDMAN, Pastor
- JEHOVAH'S WITNESSES**
ELDER J. C. HALL, Pastor
- CENTER HILL BAPTIST**
REV. H. C. SAUNDERS, Pastor
- KADISH A. M. E. ZION**
REV. A. A. WILLIAMS, Pastor
Sunday School at 9:30 A. M.
Morning worship at 11:00 o'clock.
Evening service at 7:30 o'clock.
- PLEASANT GROVE A. M. E. Z.**
REV. JAMES WILLIS, Pastor
Sunday School at 10 A. M.
Morning worship service at 11 o'clock.
Choir rehearsal Wednesday night at 8 o'clock.
- CANAAN TEMPLE A. M. E. Z.**
REV. W. H. SENSOM, Pastor
Sunday School at 10:15
Morning worship at 11:30 o'clock.
Young People's meeting at 2 P. M.
Evening service at 7:30 o'clock.
Tuesday night first Senior Choir practice at 8 o'clock.
Wednesday night second Senior Choir practice at 8 o'clock.
- HAWKINS CHAPEL A. M. E. Z.**
REV. M. H. EBRO, Pastor
- LOCUST GROVE A. M. E. Z.**
REV. LANIER, Pastor

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Negro Home Demonstration News

By MRS. ONNIE S. CHARLTON, County Negro Home Economics Agent

Center Hill community was awarded first place in the Community Development Contest for 1962. This community will be judged in the area contest along with first place communities in Gates, Perquimans, Pasquotank, Camden and Currituck counties.

Other blue ribbon communities in Chowan County are Paradise Road and Warren Grove-Green Hall. Other awards were: red ribbon communities—Ryans Grove, Hudson Grove; white ribbon communities—Virginia Fork and Canaan Temple. Judges were: Mrs. S. N. Fayton, Edenton, M. W. Coleman, Agricultural Agent, Bertie County and Henry Revelle, Assistant Agricultural Agent, Hertford County.

Dr. Rudolph D. Artis, Associate Professor in Social Science, Elizabeth City State Teachers College, guest speaker for the Awards program Tuesday at White Oak Consolidated School, spoke on "The Values We Hold." Dr. Artis pointed out that others know the values we hold by our attitude, beliefs, ideas, ideals, by the choices we make, listening to what people say and the way we spend our time, money and energy. Suggestions were given by Dr. Artis, that individuals, families and groups should consider and follow to develop worthwhile, useful values.

Prayer was offered by J. B. Small, former County Agricultural Agent. The summary of Community Progress for this year was given by Mrs. Minnie Summers. Marvin Roberts presided at the program.

Community Awards were presented by J. Gilliam Wood.

Presidents from each Home Demonstration club are asked to meet in our office Monday, December 3rd at 2:00 P. M.

Have you gotten your Chest X-ray? Today, Thursday, is the last day the mobile unit will be in Chowan County. Be sure to go before 5:00 P. M. Take your family and neighbors. The unit is in front of The Betty Shoppe on Broad Street.

WEDDING ANNOUNCED
Mr. and Mrs. William Norton

Wildridge, Jr., of Lynnhaven, Va., announce the marriage of their daughter, Miss Lee Kathryn Wildridge, to Walter Spence, Jr.

Mr. Spence is the son of Mr. and Mrs. Walter Weeks Spence of Kitty Hawk, N. C. The wedding was solemnized Friday, November 16, at the Thalia Methodist Church. Mrs. Spence is the granddaughter of Mr. and Mrs. Bruce Jones, Sr., of Edenton.

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