

For And About Women

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HAM-YAM TREAT—Add honey-lime sauce to the flavor favorites of ham and yams and you have a trio of taste treats. Ham-Yam Souffles are easy to make and with the honey of a sauce are taken out of the ordinary as a choice for luncheon or Sunday supper.

The Herald Kitchen

By MILDRED HUSKINS

A favorite flavor combination is ham and yams. Add honey-lime sauce and you have a real winner.

The taste trio makes a choice luncheon or Sunday supper dish in Ham-Yam Souffles with this honey of a sauce which you will want to use for other dishes as well as for the souffles. It would be delicious spooned over a salmon loaf or served with shrimp or crab during this Lenten season. It can also be used to add sparkle to cooked carrots, squash or sliced cooked beets.

These petite souffles are easily made with mashed yams blended with ground ham, evaporated milk, green pepper and onion and egg yolks. The egg whites are beaten stiff and folded into the ham-yam mixture. You can prepare the sauce while the souffles bake in individual molds

or custard cups.

Ham-Yam Souffles
2 cups (1 lb.) ground ham.
1 cup mashed yams.
½ cup evaporated milk.
¼ cup finely chopped onion.

2 tablespoons finely chopped green pepper.
2 egg yolks, beaten.
2 egg whites, stiffly beaten.

Combine ground ham, mashed yams, evaporated milk, green pepper and egg yolks. Fold in stiffly beaten egg whites and spoon into six greased five-ounce custard cups. Place on a baking sheet and bake at 250 degrees for 40 minutes. Invert and serve with Honey Lime Sauce.

Honey-Lime Sauce
¼ cup fresh squeezed lime juice.
1 tablespoon cornstarch.
¼ cup honey.
1 tablespoon butter.

1 teaspoon grated lime peel.

Blend lime juice and cornstarch, add to honey and cook until thickened. Stir in butter and lime peel. Spoon over Ham-Yam Souffles. Makes about one cup.

One of your pretty party pies would be perfect with a meal with the Ham-Yam Souffles as entree. For your chocolate-loving family this Frozen Chocolate Torte is a do-ahead dessert which should win rave notices. Isn't it great to have all the good things that come in packages so we can make spectacular desserts with less a-do?

Frozen Chocolate Torte

1 pkg. (12 oz.) frozen pound cake.
1 pkg. (12½ oz.) fudge, buttercream frosting mix.
1 pkg. (3 oz.) cream cheese, at room temperature.
¼ cup lukewarm water.

Toasted slivered almonds (optional). While frozen, slice pound cake horizontally into four thin layers. For frosting, combine frosting mix, softened cream cheese and lukewarm water in mixing bowl. Beat at low speed with electric mixer or by hand until all ingredients are moistened. Beat at medium speed until smooth and creamy (about one

Awards Won By Girl Scouts

Girl Scouts from Edenton went to Elizabeth City Sunday to participate in the Arts Festival as part of Girl Scout Sunday. They brought home three of the eight awards given and will next participate in the Greater Tidewater Council event in Norfolk, Va., on April 20.

Fifteen vocalists from Troop 719 juniors won first place in their division with their renditions.

Marion Dail won in stitching while the poster art award went to Ann Brown. Pamela Boyce of Brownie Troop 721 was recognized for her cross-stitching.

Twelve troops in the Elizabeth City area participated in Sunday's festival held in the ballroom at the U. S. Coast Guard Base.

Parents of Girl Scouts attending the Arts Festival in Elizabeth City on Sunday were: Mrs. Taylor Brown, Mrs. Nathan Dail, Mrs. Larry Noyes, Mr. and Mrs. Larry Williams, Mr. and Mrs. E. L. Spivey, Mrs. Ray Bunch, Mrs. Yates Parrish and Mrs. Wallace Goodwin.

minute). If necessary add more water, a few drops at a time, until mixture can be spread easily. Spread filling between each layer of cake, then cover sides and top of cake. If desired, sprinkle top with toasted slivered almonds. Chill until firm. Cut into slices and serve cold. Serves eight or 10.

Since it is National Peanut Week, we should throw in another recipe which uses these flavorful morsels. Peanut Lace Roll-Ups are definitely in the party class. They are rich with an almost candy-like crispness and are intriguing to the eye.

Peanut Lace Roll-Ups
½ cup sifted flour.
½ cup sugar.
¼ teaspoon salt.
¼ teaspoon baking powder.

½ cup melted butter or margarine.
2 tablespoons milk.
2 tablespoons dark corn syrup.
½ teaspoon vanilla.

½ cup finely chopped, salted peanuts. Sift together dry ingredients. Add remaining ingredients and stir until well mixed. Drop by small teaspoonfuls onto greased and floured cookie sheets, at least three inches apart and no more than six

cookies to a sheet. Bake one sheet at a time at 375 degrees six to eight minutes, or until bubbly in center and brown around edge. Remove from oven and cool about one minute on cookie sheet. Then working very quickly, remove one cookie at a time and roll top side out around a wooden spoon handle or similar implement. Cool on handle until set, then remove to wire rack. Cookies get too firm to roll up easily, return cookie sheet to oven for about 30 seconds. Makes 2½ dozen cookies.



ENGAGEMENT — The engagement of Miss Emily Arlene Bass to Hiller Fahey Byrum, Jr., is announced by her parents, Mr. and Mrs. W. Clarence Bass, Rt. 3, Edenton. Mr. Byrum's parents are Mr. and Mrs. Fahey Byrum, Rt. 1, Edenton. A July wedding is planned.

American Legion Will Celebrate

Edward G. Bond Post, American Legion, and Legion Auxiliary will have a covered dish dinner Friday at 7 P. M., to celebrate the Legion's 50th anniversary.

Guest speakers for the occasion will be Sen. Robert Morgan of Lillington and Charlie McCullers.

Those who cannot attend the dinner are encouraged to be on hand at 8 P. M. for the speeches.

Social Items

Mr. and Mrs. John Earl Whitson and family of Newport News, Va., visited Mr. and Mrs. Leroy Skinner and Mr. and Mrs. W. H. Whitson over the weekend.

Mr. and Mrs. Al Warden of Cassey Key, Florida, were overnight guests of Mr. and Mrs. David Goodwin and Mrs. H. C. Goodwin last week.

Mr. and Mrs. Walter Stuple of Fort Wayne, Ind., and son, Walter Stuple, Jr., of Fort Bragg visited Mr. and Mrs. D. M. Reaves this week.

Club Members At Conference

Three members of the Edenton BPW Club were in Chapel Hill last weekend attending the 13th annual "Spotlight on Women" personal development conference. The conference was held on the UNC campus.

Miss Edna Snell, Mrs. Roy Hassell and Mrs. Clara Tolley represented the local club at the event. The theme was: "A Changing America: Morale and Morality." Delivering the major addresses were Dr. E. Maynard Adams of the UNC philosophy department; Dr. Robert M. Miller of the UNC history department; Dr. Samuel S. Hill, Jr., of the UNC religion department, and Dr. Richard Bardolph, professor of history at UNC-G.

Herald Society News

M. W. Peltz, Jr., has returned to his home in California after spending some time in Edenton visiting with his grandmother, Mrs. Lucy H. Boyce.

Mr. and Mrs. Shelton Goodwin and Mr. and Mrs. Richard Goodwin spent the weekend at Carolina Beach visiting Mr. and Mrs. Thomas Jackson, Jr., and Mr. and Mrs. Wayne Goodwin.

Mr. and Mrs. Bob Hutcheson and family of Wilson visited Mrs. George Privott and Mrs. Laura Harrell over the weekend.

Shelia Hughes and Ricky Hardin spent the weekend with Shelia's mother, Mrs. Mabel Hughes of Norfolk, Va.

Mr. and Mrs. Paul Partin and family spent Sunday in Scotland Neck visiting relatives.

Mr. and Mrs. J. H. Bunch, Mrs. L. E. Bunch and Mrs. E. L. Pearce spent the weekend in Washington, D. C.

Mrs. Ava Rice of Hollister spent the weekend with her daughter, Mrs. George Clark.

Mrs. Julia Hassell, Miss Edna Snell and Mrs. Clara Tolley spent the weekend in Chapel Hill at the BPW Spotlight on Women Conference. While there, Mrs. Tolley visited her daughter Beth.

Mr. and Mrs. Wayne Rawls and family spent Thursday in High Point.

Miss Mary Sue Rogerson spent Monday in Norfolk.

Judy Twiddy of Chesapeake, Va., spent the weekend with her parents, Mr. and Mrs. Curtis Twiddy.

Mr. and Mrs. Ronald Clark and son of Fayetteville were weekend guests of Mr. and Mrs. Richard A. Pate.

Mr. and Mrs. James Gray of Elizabeth City were weekend guests of Mr. and Mrs. Robert White.

Mr. and Mrs. Ruffin Odom and son of Dover, Del., spent the weekend with her parents, Mr. and Mrs. H. A. Campen.

Bonne Alexander of Chesapeake, Va., spent the weekend with her parents, Mr. and Mrs. J. W. Alexander.

Mr. and Mrs. Carl B. Cranmer moved this week to Southern Pines.

Mr. and Mrs. Jasper Hassell and family visited Mr. and Mrs. James L. Hassell and family of Hampton, Va., Sunday.

Mrs. David Warren and children of Chapel Hill visited Edenton relatives over the weekend.

Mrs. W. H. White, Mr. and Mrs. Leo G. LaVoie and Jerry visited with Mr. and Mrs. Robert A. White and Carol of Virginia Beach over the weekend.

Norfleet Pruden, a student at the University of North Carolina, spent the weekend with Mr. and Mrs. William Wells.

Jack Habit, West Byrum, Leonard Small and Henry Allen Powell attended the Atlantic Coast Conference Tournament in Charlotte last week.

Mrs. Judy Lane and Steve spent the weekend in Ahoskie visiting Mr. and Mrs. Ramon Harmon, who are the proud parents of a baby boy.

Pete Dail, Jim Darnell, E. L. Hollowell and Tom Shepard attended the Jefferson Jackson dinner in Raleigh Saturday.

FRATERNITY PLEDGE

Bill Mitchener, son of Mayor and Mrs. John A. Mitchener, Jr., has pledged Pi Lambda Phi social fraternity at the University of North Carolina in Chapel Hill. In order to pledge a UNC fraternity, undergraduate men must be at least second semester freshmen with a "C" quality point average.

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