## Senator Sam J. Ervin Says

The criticism ignores the ticle II of the Constitu- to interpret it.

by the nature of the office Congress far beyond their

by your Vepco Home Economist

"Dollar Dinner Night" comes to your house when you

combine economical convenience foods with thrifty

8 frankfurters diagonally sliced in thirds

Brown franks and cook green pepper and onion in

butter until tender. Stir in remaining ingredients. Heat,

stirring occasionally. Makes four servings for one

dollar! Electricity saved you time and trouble and

For more great recipes, call your local Vepco office

and ask for your free copy of "Electric Cooking-the

Easy Flameless Way." Or write to Vepco, Box 1194,

electricity to serve MEXICAN SKILLET.

1 can condensed tomato soup

½ cup green pepper strips

13 cup chopped onion

2 tbls. margarine

3 cups cooked rice

1 tbls. pickle relish

13 cup water

Richmond, Va. 23209

WASHINGTON - Much a Supreme Court Justice constitutional limits. On oc- tional government has been said about the occupies and the awesome casions too numerous to Senate's exercise of its con. power he exercises in it. mention, it has struck tice Fortas in committee stitutional duty to examine Supreme Court Justices down state action and hearings has been directed the qualifications of Jus- hold office for life, and state legislation in areas solely toward determining tice Fortas to be Chief cannot be held responsible clearly committed by the whether he possesses a Justice of the United in any way to the people. Constitution to the states, sense of judicial self-re-States. In some quarters After they ascend the In so doing, the late straint and is willing to it is said that senators bench, no external author- Justice Owen J. Roberts exercise it. In the last should abdicate their duty ity can control their of- put the problem aptly two analysis, the only way to and comply with the Presi- ficial conduct or make decades ago in his dissent preserve constitutional govdent's request without in- them keep their oaths to in Smith vs. Allwright: ernment is to deny seats on support the Constitution.

real obligation of senators give the nation pause. The cision, overruling that an- terpret the Constitution actragic truth is that in re- nounced about nine years cording to its true intent. and particularly those who cent years the Supreme ago, tends to bring adjudiare members of the Judici- Court has repeatedly cations of this tribunal inary Committee to forth- usurped and exercised the to the same class as a rerightly perform their con- power of Congress and the stricted railroad ticket, stitutional tasks. The ob- states to amend the Con- good for this day and train At Livingstone ligation arises out of Ar- stitution while professing only."

and consent of the Senate." legislative body. On other power to amend the Con- ball coach.

This in itself ought to cern is that the instant de- who are unwilling to in-

sequences of wholesale ju- Street. ing constitutional proviments.

Stone stated this under- pounds. standably in the Butler

"While unconstitutional exercise of power by the executive and legislative branches of the government is subject to judicial restraint, the only check is our own sense of selfrestraint."

Justice Fortas has been on the Supreme Court for three years. The question confronting the Senate is whether he ought to be elevated for life to the office of Chief Justice - an

My questioning of Jus-"The reason for my con- the Supreme Court to men

dicial usurpations; and in The tri-captain was a do not observe the langu- CIAA in 1966 and was duce the bacteria in wood- from the bilge. age and history of exist- honorable mention in 1967, en fish holds, even though

sions will abide by the omore, Sutton has caught pears visually clean and language and history of 87 passes for over 1,600 newly adopted amend- yards and 16 touchdowns

### **Sunday School** Lesson

Continued from Page 2

we have - our bodies, our from day to day on our allotted span on this earth.

the statement of the Savoffice more powerful than iour: "In my Father's house that of the Presidency in there are many man- wood against the uptake of and pump the used cleanits impact upon constitu- sions . . . " and, in accepting, we affirm our belief in a life after death. This, too, is God - given. Should we not find the time, therefore, to do our level best to find the time to continue God's work while we are waiting, here on earth, to inherit the Kingdom? Is not this our primary commitment - our first duty?

The works of the Bible should be our compass, and they should be referred to when we lose our way. For from this Book can learn much.

Insuring Glass

NEW YORK-Americans spent some \$40 million to insure glass during 1965, the Insurance Information Institute reports. This is almost four times the \$11.8 million in glass insurance premiums recorded in 1941.

If you're sick or hurt?

self, your shouse, your



JOE THURUD

Nationwide Insurance



men have long been aware some cases, the bilgy conof the need of keeping their vessel's fish hold Sanitary conditions in the hold directly affect the quality of the fish held this area. Yet, only scanty information has been available to fishermen It is idle to suggest that Sylvester Sutton of Eden- on how to properly clean tion which provides that On some occasions it has Congress and the states ton will be a tri-captain of and sanitize this most crithe President shall appoint encroached upon the con- can redress the conse- the 1968 Livingstone Col- tical region. The closest Supreme Court Justices stitutional powers of the quences of judicial usurpa- lege Bears, according to approach to cleanliness in "by and with the advice Congress as the nation's tions by exercising their John D. Marshall, II, foot- many cases has been to cleaning are the following wash the hold, pen boards steps: (1) rinse, (2) wash, The gravity of this ob- occasions it has stretched stitution. In the first Sutton, a rising junior at and fish boxes with harbor (3) rinse, (4) sanitize. ligation is clearly revealed the legislative powers of place, the Constitution the Salisbury college, is the water-without using baccannot be amended fast son of Mr. and Mrs. Willie terial or other suitable should be done as soon as enough to redress the con- Sutton, 401 North Oakum cleaning or sanitizing compounds.

As a freshman and soph- the surface of the hold ap- faces dry from the rinse, a free of slime.

debris, has been largely ing solution from the hold.

ITS PRICE RANGE!

Most commercial fisher- tively ineffective and, in dition became more pronounced. However, impregnation of the wood of the hold with a solution of copper - 8 - quinolinolate (cunilate), a wood preservative, has been quite effective in resisting uptake of the debris. This makes the

Basic to all effective

wood easier to wash.

Rinse: Cleaning the hold possible after the fish and ice are removed. Flush Experiments have shown down as much debris as the second place, it is ab- standout at D .F. Walker that conventional hand possible using fresh water surd to expect that Su- High School. He was chos- scrubbing and rinsing with applied at a high velocity. preme Court Justices who en on the first team of All- harbor water does not re- Pump this watery waste Cleaning: Before the sur-

concentrated detergent solution - up to 10 times Fish holds, in many more concentrated than for the Bears. He is 6 ft. cases, have been construct- recommended for normal Chief Justice Harlan Fisk 1 in. tall and weighs 185 ed to store fish, with little cleaning - should be apor no consideration given plied by a high pressure to ease in keeping them sprayer or by means of a sanitary. Slime, blood, ex- stiff brush. Synthetic creta and water from iced household laundry-type defish contaminate the hold tergents are usually quite area. These materials are effective. They should be especially difficult to re- of the type suitable for remove from wooden holds moving material of a probecause only the exposed, tein nature. Chlorinatedupon our exercise of power sculs, this bountiful uni- outer surface of the wood and iodinated-type deterverse in which we have can be effectively washed, gents are available that reour being; our loved ones, Debris which enters inner act chemically with the the privilege of our senses layers of wood through proteins causing an effer--all these are God - given porous outer areas remains vescence of CO2 that actublessings that we enjoy in the wood to cause foul, ally lifts the debris from bilge-like odors and con- the surface. Detergents are taminate incoming fish most effective when used As Christians we accept with "spoilage causing" with warm water.

Rinsing: Rinse the hold Painting, to seal the with cool to tepid water

### The Yellowed

nament at the State Bap- ment. tist Assembly Grounds near Carolina Beach.

Town Council authorized to install a water main on West Albemarle Street in the vicinity of Beaver Hill Cemetery. Agreement was made to furnish the town suitable right of way for the headquarters. the location of the main and for the petitioners to

David E. Hervey told High School lunch rooms. Town Council that he was torney J. N. Pruden, how- truck.

ever, ruled that there was Junior Memory Work Tour- no violation of any agree-

In considering the town's budget, Town Councilmen made provision for changthe Board of Public Works ing police headquarters from East King Street to the northern end of the town plant on South Broad Street. The move saved the town the rent for

Superintendent W. pay connection charges purchase chairs for the when a bill was presented. Rocky Hock and Chowan

What was said to be the overcharged for electricity final boat load of Chowan at the Edenton Naval Air County watermelons left Station which, he said, vio- the county dock for northlated both the spirit and ern markets. Over 20 letter of the agreement ar- boats left Edenton with rived at in federal court in approximately 500,000 mel-Elizabeth City. Town At- ons shipped by boat and

For Quick Results, Try A Herald Classify!



"BELIEVE YOU CAN, AND YOU CAN"

The above statement is something you might believe-or disbelieve. However, belief is one of the most powerful of all problem solvers.

As an illustration—it was generally accepted for many years that it was impossible for a man to run a mile in four minutes. Along came a frail Englishman by the name of Roger Bannister -he ran the mile in 1954 in four minutes flat. Today there are many who even break that record.

Why do men break records? They believe they can!

Why do people reach for goals? They believe those goals can be obtained.

The chief reason that people are beaten down by difficulties is because they allow themselves to think they can be beaten. Don't all of us finally find out that we are

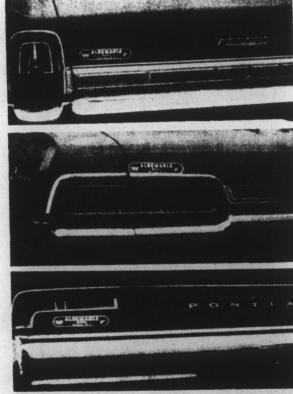
usually bigger than all our difficulties. OUR THOUGHT TO REMEMBER: We repeat: "Believe you can and you can."

Colonial Funeral Home

Edenton, North Carolina 

# They All Appear The Same From The Front . . . .

TAKE A LOOK AT THE REAR



YES SIR...

You Can Bet Your Bottom Dollar You See

> The Mark Of The Leader!

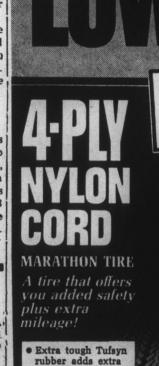
DAY 'N DAY OUT!

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GOODSYEAR

Fed. Ex. Tax and old tire Size Biackwall 8.25-14 8.15-15 \$2.35 \$2.36 \$19.45 8.55-14 8.45-15 \$2.56 \$2.54 \$21.60 9.00-15 \$26.05 \$2.81

Tubeless blackwall, plus \$1.58 Fed. Ex. Tax and old tire 6.50 x 13

6.00 x 13

Tubeless blackwall, plus \$1.81 Fed, Ex. Tax and old tire

7.75 x 14 Tubeless blackwall, plus \$2.19 Fed. Ex. Tax and old tire

Whitewalls only \$3 more

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