THE CHOWAN HERALD, EDENTON, NORTH CAROLINA, THURSDAY, FEBRUARY 20, 1969.

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PAGE THREE\_B

'Super-Right" Meats — Great Buys During Our Celebration!

69c

69c

75c

2<sup>2-Lb.</sup> 29C

A&P

14-Oz. Pkg.

Pancake

Pancake

. GUARANTEED TO PLEASE YOU

Boneless

SUPER-RIGHT" HEAVY CORN-FED BEEF

SHOULDER STEAK

"SUPER-RIGHT" HEAVY CORN-FED BEEF

**GROUND STEAK** 

BONE

3-Oz \$1.00

79c

Pkgs.

CUBED CHUCK STEAK

"SUPER-RIGHT" HEAVY CORN-FED BEEF LEAN

Franks

59c

GREAT SNACK TREAT

. GREAT TOPPING FOR FRESH OR FROZEN STRAWBERRIES!

A&P Smooth Whip DESSERT TOPPING MIX

97% CAFFEIN COTTEE

24-Oz.

WAFFLE SVrup

SEA BRAND FROZEN

**Breaded Oysters** 

SUPER-RIGHT" QUALITY HEAVY CORN-FED BEEF

. BONE

ALL MEAT

WHOLE

HALF HAM

12-Oz. 39c

49c

Pkg.

&P LONG GRAIN

35c

Lunch Room Menus

ty school lunch rooms for butter, cookies, milk. February 24-28 will be as Friday - Beef-vegetable follows:

Chowan High School Monday - Franks, beef strawberry shortcake, milk. and vegetable soup, cheese squares, strawberry shortcake, crackers, butter, milk. Monday-Luncheon meat, Tuesday-Stew beef, po- carrot and cabbage salad,

turnip greens, sliced pine- ter, apple pie, milk. apple, rolls, butter, milk. Wednesday - Barbecue with beef, buttered corn,

ter, milk. Thursday-Fried chick- ties, butter beans, sweet

en, steamed rice, butter potato puff, biscuits, butbeans and corn, broccoli, ter, apple sauce, milk. rolls, butter, ice cream, milk

slaw, French fries, hush sandwiches, pineapple uppuppies, lemon block cake, side down cake, milk. apricots, milk.

## White Oak Consolidated School

Monday — Macaroni and peach pie, milk. cheese, Vienna sausage, D. F. Walker High School green peas, pickled beets, Monday - Cheeseburger rolls and butter, fruit cup, on bun, candied yams, peas milk.

Tuesday — Pork patties milk. with gravy, cheese wedge, buttered potatoes, baked cole slaw, whipped potabeans, rolls and butter, ap- toes, corn bread, jello, ple sauce cake, milk.

Wednesday — Chicken with rice, buttered greens, buttered rice, greens, rolls, yams, rolls and butter, pea- lemon cake square. Thursday - Ham macanut butter cookies, milk.

buttered potatoes, pineap- ding, milk. ple upside down cake, Friday - Chicken salad, rolls and butter, milk.

slaw, corn, rolls and but- milk. ter, peach crisp, milk.

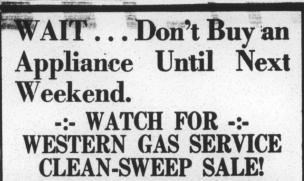
John A. Holmes High School

Monday-Fish crisp, peas my sincere appreciation to and carrots, French fries, everyone who has rememorange juice, corn bread, bered me with visits, praybutter, chocolate cake, ers; cards, flowers and milk.

Tuesday-Sliced bologna, the hospital and since my sliced cheese, bread, but- return home. A special tered potatoes, green limas, thanks to the ministers of peach crisp, milk. Wednesday - Barbecued all of you.

chicken, candied yams, GEORGE O. CHAPPELL, string beans, orange juice, p rolls, butter, jello, milk.

Thursday - Pork loaf He that gives to a gratewith gravy, whipped pota- ful man puts out at usury.



Menus at Chowan Coun- toes, apple sauce, rolls, soup, pimiento cheese sandwich, hot dog, bread,

> Ernest A. Swain **Elementary School**

tatoes, carrots, onions, green beans, rolls and but-Tuesday — Spanish rice

pork, string beans, candied corn bread and butter, yams, apple pie, rolls, but- chocolate pudding, milk. Wednesday-Sausage pat-

Thursday - Beef vegetable soup, crackers, pea-Friday-Fish sticks, cole nut butter and honey

> Friday-Tuna salad, cole slaw, garden peas, potato chips, rolls and butter,

and carrots, apple pie, Tuesday - Fish portion, milk

Wednesday-Roast pork,

Thursday - Oven fried roni and cheese, green chicken, mixed vegetables, peas, biscuit, tomato pud-

succotash, tossed salad, Friday-Tuna salad, cole school baked rolls, butter,

the area. May God bless

Tyner, N. C.



Beverages gifts during my stay in

GUARANTEED TO PLEASE

Instant Potatoes

SPECIALLY PRICED—A&P FROZEN

ALL PURPOSE --- YELLOW

**Pork Spare Ribs** 







**Seedless Raisins** 

2 51/2-Oz Pkgs

REGULAR OR

LOW CALORIE



10

12-Oz Cans

'SUPER-RIGHT" HEAVY CORN-FED BEEF

SHOULDER ROAST

"SUPER-RIGHT" HEAVY CORN-FED BEEF

"SUPER-RIGHT" HEAVY CORN-FED BEEF

**BONELESS STEW** 

FRESH-ALL PURPOSE

79c

15-Oz Pkg

45c 1614-Oz Pkg.

29c

**49**c

Founder's Celebration Grocery Values! 😽

Smooth

whip

CHUCK STEAK

