

Your MENTAL HEALTH

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N. C. Department of Mental Health

SOCIAL COMPETENCE

Think with me for a minute and help me name some of the more significant roles we all play and for which we should be fully prepared. What are the important functions we all perform as we go through life? We're all students at one time or another, aren't we? Most everybody gets married. Almost all have children. We try to amuse ourselves. We should involve ourselves in the affairs of our community.

In other words, in the jargon we've been using, we all play a student role, marital and parent roles, recreational and civic roles. But how well were we prepared to enact these roles? How competent are we in those we are now carrying out? How well are we preparing our children for these roles?

Look briefly at some of the facts. Most children don't know how to study—their major job is they are growing up. A good half of our marriages end in divorce, desertion, annulment, permanent separation, or continuing unhappiness. Perhaps twenty million people in our country are emotionally distressed and in need of some degree of psychiatric aid. Seemingly, the bulk of this results from parents not being adequately educated in parent-child relationships. Parents aren't being prepared for the parental role.

Boredom and loneliness and isolation from community activities are signs of our times. What preparation has there been for the recreational and civic roles? Evidently there has not been enough. Give your child a chance toward social competence and good mental health. Help him get prepared for his major social roles.



This Is The Law

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ness be an adult?

No. Although a person less than 21 years of age cannot make a valid will of his own, he may be an attesting witness to the will of one who is an adult.

In North Carolina a person competent to be a witness generally in this state may act as a witness to a will.

Must the attesting witnesses sign after the testator has signed?

Yes. There must be a signature to attest before there can be an attestation. Until the testator has signed, there is no will to attest.

Must the attesting witnesses sign the will in the presence of the testator?

Yes. The testator must actually see or be in a position to see not only the attesting witness but also the will itself at the time the witness signs it. The testator is not required to look at the witness, but his view must not be obstructed.

Must the testator sign his name in the presence of the attesting witnesses?

No. In North Carolina it is not necessary that the testator sign his will in the presence of the attesting witnesses, but if he does not do so he must acknowledge to them his signature previously affixed thereto.

Raw food cost for Veterans Administration's 166 hospitals was \$45 million in 1968.

According to the VA, the Making plans for the future is often a way to escape work in the present.

PROFILES OF GREAT AMERICANS

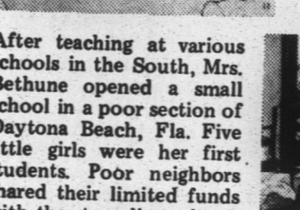


Mary McLeod Bethune, educator, group organizer, White House adviser and United Nations delegate was born in South Carolina in 1875, the first free-born child of ex-slave parents. She had 17 brothers and sisters.

Mary walked five miles to school every day as she covered the first four elementary grades. Then, with no immediate prospects of further schooling, she sorrowfully returned to the cotton fields.



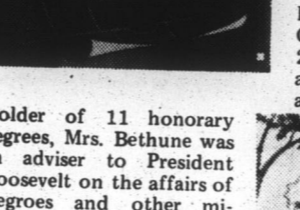
In her teens, however, she was chosen to attend a Presbyterian seminary in North Carolina. Because she was a diligent student, the principal and his wife assisted her in getting a second tuition scholarship—this time to Moody Bible Institute in Chicago.



In 1906, with a down payment of \$5.00, she started building what was to become Faith Hall. Mrs. Bethune cultivated the support of the city's wealthier winter residents. Within two years after its opening, the school, which later merged with the Cookman Institute, had 250 students. At its 50th anniversary it was a fully accredited college.



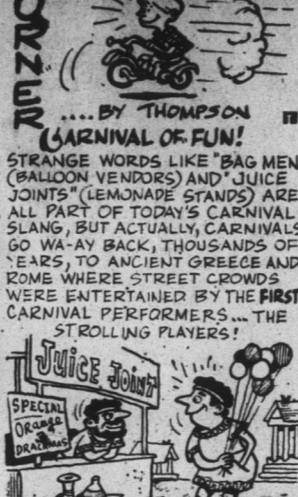
Holder of 11 honorary degrees, Mrs. Bethune was an adviser to President Roosevelt on the affairs of Negroes and other minority groups. At her death in 1955, she left behind a brilliant record of service and distinction.



Mary McLeod Bethune's biography and others in the Leading American Negroes series of sound filmstrips can be purchased by educational organizations through the Society for Visual Education, Inc., 1345 A Diversey, Chicago, Illinois 60614 a Division of The Singer Company.



CHILDREN'S



...BY THOMPSON
CARNIVAL OF FUN!
STRANGE WORDS LIKE "BAG MEN" (BALLOON VENDORS) AND "JUICE JOINTS" (LEMONADE STANDS) ARE ALL PART OF TODAY'S CARNIVAL SLANG, BUT ACTUALLY, CARNIVALS GO WAY BACK, THOUSANDS OF YEARS, TO ANCIENT GREECE AND ROME WHERE STREET CROWDS WERE ENTERTAINED BY THE FIRST CARNIVAL PERFORMERS... THE STROLLING PLAYERS!

Sunday School Lesson

Continued from Page 2

A receptive ear, an understanding and forgiving heart, an act of positive kindness, quietly and unobtrusively performed, becomes mute testimony to the strength and beauty of Christianity — an example that leads others out of confusion to deep personal convictions and values, both at a personal and national level. How Christian-oriented are you? — your home? — your Church? How fearless? How un-confused?

SALE OF VALUABLE FARMLAND

The undersigned owner will offer for sale at public auction at the Courthouse door in Hertford, Perquimans County, N. C., at 12:00 noon on Friday, September 12, 1968, the tract of farmland situated in Bethel Township, Perquimans County, containing 36.8 acres, bounded on the south by N. C. Road No. 1339 (known as Pender Road), on the north and east by woodland owned by H. S. Hofler and Sons Lumber Company, and on the west by the Felton property. This land is in cultivation and has 7.15 acres of peanut allotment.

The high bidder will be required to deposit 10 per cent of his bid at the sale, with the balance payable on delivery of the deed within ten days. Owner reserves the right to reject all bids at the sale.

For map of survey and additional information, contact Dewey W. Wells of LeRoy, Wells, Shaw and Hornthal, Attorneys at Law, 112 North Martin Street, Elizabeth City, N. C.

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Sun., Mon. and Tues., Aug. 31 - Sept. 2 (G)
Richard Harris and Vanessa Redgrave in "CAMELOT"

Wed. and Thurs., Sept. 3-4 (M)
"PRETTY POISON"



PROMOTED — Joe G. Johnson, 23, son of Mr. and Mrs. Joe Johnson, Route 3, Edenton, was promoted to Army specialist four July 31 during ceremonies near Cu Chi, Vietnam, where he is serving as a mortarman with Company A, 2nd Battalion of the 25th Infantry Division's 14th Infantry.

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See page 60

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Delivers excellent highway performance, especially in tight turns. A massive wrap-around tread takes a firm hold and guards against breakaways. Rugged nylon cord body surpasses most non-belted new-car tires in strength by 19%. In wear by 13%. Super Guard gives you the kind of safety and economy you're looking for in a highway tire.

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