

# THE CHOWAN HERALD

SECTION B

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Edenton, North Carolina, Thursday September 11, 1969

## **Edenton - Chowan Lunch Room Menus**

Menus at the county peas, rolls with butter, Monday - Spiced ham jello, milk. school lunch rooms for cherry jello, milk. September 15-19 will be as Wednesday - Chicken green beans, potato sticks, carrot sticks, garden peas,

follows: White Oak Consolidated buttered rice, vanilla cook- rolls, butter, milk.

ies, rolls with butter, milk. Tuesday-Meat loaf and School Monday — Hot dog on Thursday — Hamburger gravy, steamed rice, turnip

bun, mustard and onions, on bun, mustard and cat- greens, peach halves, rolls, French fries, green lima sup, green beans, potato butter, milk. beans, caramel ice cake, salad, brownies, milk.

milk. Tuesday - Spaghetti and tered corn, cole slaw, lem- buttered corn, sliced pinemeat balls, toss salad with on ice cake, saltines, milk. apple, crackers, bread, Chowan High School French dressing, green

## You Don't Have to Give A Pound Of Flesh ...

All the good people of the Red Cross Bloodmobile are interested in is one, small pint of blood . . . you keep the flesh.

The next time the Bloodmobile visits your community, go on by and let them have a pound  $\rightarrow$  er, pint, that is!

#### FALL BLOODMOBILE SCHEDULE

Oct.	16
Oct.	22
Oct.	22
Nov.	3
Nov.	10
Nov.	17
	Oct. Nov. Nov.

### The Norfolk & Carolina Tel. & Tel. Co.

sandwich, pimento cheese, Wednesday - Tuna salad, ies, prunes, milk.

croquets, mixed vegetables, strawberry short cake, cole slaw, cake squares, French fries, green peas, be held Saturday evening, corn meal muffins with butter, milk. Thursday — Cheeseburger

on bun, buttered potatoes, lima beans, peach crisp,

Friday-Beef steak with onion gravy, buttered rice, mixed greens, apple sauce, rolls with butter, milk.

John A. Holmes High School

Monday - Country style buns, potato chips, buttered steak with gravy, whipped corn, strawberry shortcake, potatoes, mixed green vege- milk.

tables, rolls, butter, cook-

Tuesday — Tuna salad, corn bread, butter, lemon iced cake, milk. Wednesday-Chicken cro-

quettes, buttered potatoes, green limas, rolls, butter, Thursday-Spaghetti with

"Family Night" **Bathroom Planning Guide** Available **Event Planned** The Audio-Visual Aids Committee of Edenton Bap-

tist Church announces a "Family Night" program to September 13. The affair will be held in the Fellow-

An evening meal - in the form of a covered dish supper - will be served, followed by a motion picture entitled "City of the Bees" This film will be of interest to all ages.

For Quick Results Try Herald Classified Ads

alliroom Planning ou are planning to remodel your kitchen or bathroom, we suggest you visit your local plumbing





Drive ahead, cautions apple cobbler, rolls with Liberty Mutual Insurance Tuesday - Fried chicken, Companies. By watching whipped potatoes with road and traffic conditions gravy, broccoli with cheese ahead of you, rear-end col-





#### Wednesday-Chicken sal- milk. Friday-Tuna salad, but- ad on lettuce, green peas, milk.

Thursday - Baked ham, potato salad, green beans, apple sauce, rolls, butter, milk. Friday-Tuna fash salad on lettuce, cole slaw, pota-

to sticks, crackers, bread, lemon block cake, milk. Ernest A. Swain

Elementary School

Monday-Hamburger patties, French fries, carrot and cabbage salad, rolls, butter, apple pie, milk. Tuesday - Corned beef, potatoes and onions, steamed cabbage, beet pickles, corn bread, butter, pineapple, milk. Wednesday-Chicken croquettes, green beans, can-

rolls, butter, ice cream sandwiches, milk. Thursday - Roast beef, butter beans, creamed pota-

toes, rolls, butter, sliced peaches, milk.

rolls. milk.

High School

tossed salad, green beans,

butter, milk. sauce, rolls and butter, lisions can be avoided.

jello, milk. butter, milk.

#### meat sauce, cole slaw, string beans, corn bread, chocolate cake, Friday - Hot dogs with

ship Hall of the church.

by

contractor. Many contractors now have available a Bathroom Planning Guide American-Standard filled with decorating ideas, color schemes and floor plans, as well as time and money saving ideas.

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