# For And About Women

PAGE THREE THE CHOWAN HERALD, EDENTON, OCTOBER 16, 1969.



COOKIES THAT TRAVEL-Probably nothing cures a bad case of home-sickness for the youngster off at school as much as a box of cookies from Mamma. Cookies that travel are these frosted Peanut Crunch and Pumpkin Nut Bars.

## The Herald Kitchen

**Pumpkin Nut Bars** 

1 cup packed brown sug-

1/2 teaspoon baking pow-

1 teaspoon cinnamon.

1/4 teaspoon ginger.

1 teaspoon vanilla.

1/2 cup chopped nuts.

2 eggs.

1/4 teaspoon nutmeg.

2/3 cup pumpkin (cooked

Combine all ingredients

except nuts in large mixer

bowl. Beat for two min-

nuts. (Black walnuts are

great for these). Spread in

13 by nine by two inch

1/2 cup shortening.

1/2 teaspoon soda.

frosting.

ar.

Combine shortening, sug- and one-half cups powder-

pieces.

#### By MILDRED HUSKINS

Cookies that travel be- ar, flour, soda, baking ed sugar, one tablespoon portant this time of year. utes. Fold in corn flakes, juice. Makes about one A box of Mamma's peanuts and oatmeal. cupful. cookies seems to help cure Spread evenly in greased Mrs. Bessie Goble of school.

These recipes have only two steps in the preparation and each makes a big pan of bar cookies. They are rich moist cookies that stay fresh even though it takes them several days .º der. get to their destination. Even the frosting is easy to mix and is as packable as the cookies. Don't worry about the cookies going or canned). stale after they arrive.

You know, "come over to my room, I got a box from home."

#### Peanut Crunch Bars 1/2 cup shortening. 1 cup packed brown utes with electric mixer at sugar. 1 cup flour.

1/2 teaspoon soda. 1/2 teaspoon baking powder.

2 eggs.

X

**BPW Week Observance** Set Edenton will pay tribute

to its working women on October 19-25 as part of the nationwide observance of National Business Women's Week, calling attention to the contributions of America's 29 million working women who now make up 37 per cent of the total labor force and furnish many of its executives and supervisors.

Mayor George Aima Byrum has issued a proclamation setting aside National Business Women's Week.

Initiated by the National Federation of Business and Professional Women's Clubs in 1928, this week spotlights the achievements of career women and their contributions to the national economy and social structure.

Throughout the nation, more than 3,800 BPW clubs and their 180,000 members represent the interests of all working women. The National Federation, which is celebrating its 50th an- eral of Mrs. Ziegler's sisniversary this year, has a history of developing leadership and supporting legislation to insure equal opportunity and recognition for working women.

The Edenton Club will mark this year's National Business Women's Week by having a "dutch" breakfast Monday at 7:30 P. M. at the Edenton Restaurant.

bound to develop about pan. Bake at 350 degrees wonderful White Chocolate Edenton - Chowan Schools eight to 10 days after that 20 to 25 minutes. Spread Cake which we'd like to attended a meeting of the son or daughter goes off to when cool with orange try sometime soon if we National Council of Teach-

It seems a friend sends The program, featuring Mrs. Goble the chocolate well-known speakers, was from Ohio and this cake is designed to appeal to teachers of mathematics from If you can find the the elementary to the chocolate, here is a good junior college level.

The local representatives keep it until the white included:

> Miss Mary Mac Holmes, D. F. Walker (primary); Mrs. Hattie Asbell, White Oak; Ralph Cole, Ernest A. Swain; Mrs. Marguerite Burch, Chowan High School and Miss Gene Tomlinson, supervisor of elementary education.

### EASTERN STAR FISH

#### FRY NEXT SATURDAY

Edenton Chapter, Order

## Chowan Herald Society News

Mr. and Mrs. Britton By- technic Institute.

Mr. and Mrs. John Ga-

Mrs. Lattie Mae Spear

Edgar Rogerson of Wins-

her parents, Mr. and Mrs. guests of Mr. and Mrs. Daniels. Clyde Adams. Henry Overton of Edenton.

Mrs. Sydney Smith spent She had as her guests Mrs. guest her father, R. R. Rich parents. Helen P. Johnson of Nor- of Burgaw. folk, Mrs. T. W. Williams Miss Beth Tolley of Raand Mrs. James W. Collins leigh spent the weekend of Elizabeth City. with her mother, Mrs. E.

Mr. and Mrs. Heywood S. R. Tolley. Ziegler, Jr., attended the funeral of Mrs. Julian Phelps last Thursday at rum and sons of Norfolk,

Va., spent the weekend Windsor. in Edenton visiting rela-Mr. and Mrs. Joe Capel tives and friends. had as their guest Mr. Ca-

pel's father, M. L. Capel, of dou of Chesapeake, Va., Rockingham. visited her parents, Mr. and Mr. and Mrs. Richard Mrs. Preston Cayton of Ricks of Boykins, Va., and Edenton. Mr. and Mrs. R. L. Brad-

shaw of Franklin, Va., visited Mr. and Mrs. Douglas and Mrs. Cleo Ambrose at-Cale. tended a beauty show in Norfolk, Va., on Sunday. Mr. and Mrs. E. L. Belch,

Jr., of Virginia Beach, Va., Mr. and Mrs. Kent spent the weekend with Kurtz, Wanda and Calvin of Annandale, Va., were the Mr. and Mrs. Clyde Adams. Mr. and Mrs. H. S. Ziegweekend guests of Mr. and Mrs. W. T. Boyce, Sr. ler, Sr., attended the fun-Mr. and Mrs. Phillip!

ter, Mrs. Julian Phelps, at Jethro of Hampton, Va., Windsor last Thursday. visited Mr. and Mrs. D. H. Jethro, Sr., over the week-Mr. and Mrs. Ed Simpend.

kins of Arcadia, Calif., visited Mr. and Mrs. Rupert Wright of Edenton.

ton-Salem is spending a few days in Edenton visit-Mr. and Mrs. L. E. Briting friends and relatives. ton and children, Mrs. Grace Webb and Roy Mr. and Mrs. John L. Bunch of Edenton spent Goodwin, Sr., spent the the weekend with Mrs. Britton's sister and husband, Mr. and Mrs. Bill Bunch of Virginia Beach,

Miss Catherine Taylor of Louise Hamilton and aunt, East Carolina University, Mrs. Norine Gibbs of the Greenville, visited her par- Eastern Shore, Va., at the ents, Mr. and Mrs. W. J. home of Mr. and Mrs. Bill Taylor, over the weekend. Hamilton.

weekend at their cottage in Kitty Hawk. Mr. and Mrs. Eric Hamilton of Kershaw, S. C. visited his mother, Mrs. 

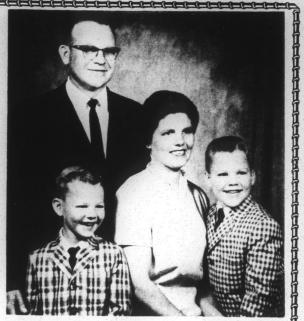
Miss Debby Adams, Mr. and Mrs. George Mrs. Vivian Mooney of Miss Beverly Phelps of who is attending Old Do- Henry Overton of Hope- Raleigh spent the weekend Greenville visited her parminion University, visited well, Va., were weekend with Mr. and Mrs. W. Jim ents, Mr. and Mrs. Archie Phelps, over the weekend.

reunion at Virginia Poly-

Mr. and Mrs. Billy Wal- Mrs. Earl Mitchell and Mr. and Mrs. Johnny lace of Greenville spent son, Herbie, visited her last weekend at Nags Head. Goodwin, Jr., had as their the weekend with their mother, Mrs. W. A. Mills, Sunday.

> Miss Judy Mills visited Mr. and Mrs. Bill Hamilton spent the weekend at Miiss Kitty Ross in Norfolk, Blacksburg, Va., attending Va., over the weekend. the football game and class

MORE SOCIETY **ON PAGE 5** 



**"Family Of The Week** 

Mr. and Mrs. William H. Carr, Jr., and Sons of Zuni, Virginia

Chandler's Studio

PORTRAITURE-COMMERCIAL-WEDDINGS 446 WEST WASHINGTON STREET

Suffolk, Virginia 23434

The Lincoln National Life

Insurance Company

Announces the Opening of an Office in Edenton and the Appointment of

### **CALVIN HARRELL**

### **Special Representative** With Offices in

- as --

First National Bank Building

the home-sickness that is 13 by nine by two inch Stony Point makes this Five staff members of

could just find white ers of Mathematics in Rachocolate in our market. leigh October 9-11.

a favorite in her house.

recipe to try. Clip it and

chocolate is available. White Chocolate Cake 1/4 lb, white chocolate

1/2 cup boiling water. 2 cups sugar. 1 cup butter (two sticks). 4 eggs. 21/2 cups cake flour.

1 teaspoon baking powmedium speed. Fold in der. 1 cup buttermilk.

1 teaspoon vanilla

1 cup coconut flakes. 1 cup finely chopped pan. Bake at 350 degrees nuts.

of the Eastern Star, will

powder, eggs, water and grated orange peel and two come more and more im- vanilla. Beat for two min- tablespoons fresh orange Math Teachers **Meet In Raleigh** 

