

## School Lunch Room Menus

Menus in the lunch rooms of Chowan County Schools for January 19-22 will be as follows:

### Ernest A. Swain Elementary School

Monday—Meat loaf, green beans, steamed rice, gravy, rolls, butter, apricots, milk.

Tuesday—Beef vegetable soup, crackers, peanut butter and jelly sandwiches, pineapple upside down cake, milk.

Wednesday—Fried chicken, candied yams, garden peas, biscuits, butter, apple sauce, milk.

Thursday—Hamburgers, French fries, carrot and cabbage salad, catsup, rolls, butter, peach pie, milk.

### White Oak Consolidated School

Monday—Fried chicken, macaroni and cheese, green beans, chilled peach halves, rolls, milk.

Tuesday—Fried chicken, whipped potatoes, mixed greens, apple sauce cake, rolls with butter, milk.

Wednesday—Beef vegetable soup, peanut butter and honey sandwich, pineapple delight, milk.

Thursday—Meat loaf with gravy, rice, candied yams, pears, rolls with butter, milk.

### Chowan High School

Monday—Beef and vege-

table soup, franks, block cake with chocolate icing, bread, crackers, milk.

Tuesday—Pizza with hamburger and cheese, tossed salad, dried prunes, apple sauce, bread, milk.

Wednesday—Ravioli, green peas, pear salad, cookies, rolls, butter, milk.

Thursday—Fried chicken, buttered corn, green peas, candied yams, raisin custard, rolls, butter, milk.

### John A. Holmes High School

Monday—Fillet of fish, French fries, scalloped tomatoes, corn bread, butter, apple sauce cake with whipped topping, milk.

Tuesday—Spaghetti with meat sauce, cole slaw, green peas, corn bread, butter, pear halves, milk.

Wednesday—Fried chicken with gravy, buttered rice, string beans, rolls, butter, jello, milk.

Thursday—Meat loaf with gravy, candied yams, field peas, corn bread, butter, sliced peaches, milk.

### D. F. Walker Junior High School

Monday—Spaghetti sauce with meat, green beans, apple sauce, roll with butter, cake square, milk.

Tuesday—Fish portion, cole slaw, buttered corn, pear half, corn meal muffin, milk.

Wednesday—Barbecue chicken, whipped potatoes, English peas, roll with butter, pineapple upsidedown cake, milk.

Thursday—Meat loaf, rice and gravy, lima beans, candied yams, roll with butter, milk.

Jennie: The Life of Lady Randolph Churchill by Ralph G. Martin.

Jennie, American born daughter of Leonard Jerome, married Lord Randolph Churchill, one of the Marlboroughs of England.

As a young woman Jennie's personality, intelligence, and drive proved to be an asset to her politically minded husband. Martin infers that Jennie's great influence over her husband helped him to achieve the degree of success that he held in English politics.

A better knowledge of Jennie Churchill gives the reader a better understanding of her son, Winston Churchill, who did much to shape the path of English politics over a period of many years. Winston Churchill, influenced greatly by his mother, fulfilled many of the political dreams that Jennie had had for his father.

Although Jennie did not display exemplary behavior in her personal life, she was always ready to back her husband when she was really needed.

Martin's account of Jennie Churchill's life makes the reader want to probe further and learn what became of Jennie after the death of her husband, Lord Randolph Churchill.

Mary Mac Holmes.

## SUNDAY SCHOOL LESSON

Continued from Page 4  
word of the kingdom to the best advantage. The answer must, perforce, be "where mankind gathers."

Acknowledging the fact that the Church should be the place where God's authority, God's "kingdom" is acknowledged, obeyed without question; and realized, it follows, as naturally as night follows day, that this should be the "jumping off place" for spreading the Gospel to the masses. It matters not what denomination the members profess to be—their beliefs and their acknowledgment of God's sovereignty should be universal.

Is your church . . . your innate sense of religion—"kingdom oriented?"

(These comments are based on outlines of the International Sunday School Lessons, copyrighted by the International Council of Religious Education, and used by permission).

## Around Chowan County Farms

The old year that was so new 12 months ago is now aged out and passed on. We are now on the threshold of another new year. There isn't anything we can do about our experiences, good, bad or indifferent, of the old year because that is water over the dam.

But we now have a new year and let each one of us ask our own selves, "What will we do with 1970?" Will we strive to be a more pleasant person with the other members of our family? Will we realize that we are not always right and that often times the other fellow is right? Will we strive to shape our attitudes in the development of the best life possible for these about us as well as ourselves? Will we take a close look at our errors and mistakes in our farm work, or whatever our occupation may be, and strive to avoid these in 1970?

The friendliness shown us and the attitudes of others toward us is very dependent upon our attitudes and friendliness toward them. If we want to have a friend, we must be a friend.

Important Dates To Remember: Please note these dates for educational meetings con-

cerning swine—January 19 and 26, February 2 and 9; Center Hill Community Building; 2:00 P. M. These should be real beneficial to those who are considering getting into the hog business as well as those already in the business of producing hogs.

## Learning Lab Course Slated

The Adult Education Division of College of the Albemarle will offer a non-credit basic shorthand class, beginning Tuesday, January 20. Classes will meet on Tuesdays and Thursdays from 10 A. M. to 12 noon in the Edenton Learning Lab, located at the Ernest Swain Elementary School in Edenton.

The course will be concerned with the theory of Gregg shorthand with emphasis on pre-transcription training with an introduction to speed building. Phonetics, penmanship, word families, brief forms and phrases will also be covered.

Interested persons may register at the first class meeting on January 20 or by calling the Edenton Learning Lab, phone 482-4745.

For further information call the Adult Education Division of College of the Albemarle, 335-0821.

Another educational meeting that is of importance is on February 3 at 2:00 at the Center Hill Community Building. This is a peanut production meeting. Varieties and other topics in peanut production will be discussed.

Please make an effort to attend these meetings. They are being held for your benefit. Thank You: Last Thursday night was one of the greatest highlights in Miss Ruth's and my life. There must have been at least 350 of you present in a chilly building to honor us.

To all of you who attended and the hundreds more who were not there, we say, "Thanks a million." We just love you all. The expressions from each community just couldn't have been better. Several of you have asked for the words I paraphrased in song in closing my remarks. Here they are: "God bless Chowan County, folks that we love, Stand beside them and guide them, through the day with the light from above. From Perquimans, Gates and Yecopim, to the Chowan and sky above. God bless Chowan people, the folks that we love."

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Wrong Treatment  
No matter how much you nurse a grudge, it won't get better.  
—Booster, USS Galveston.

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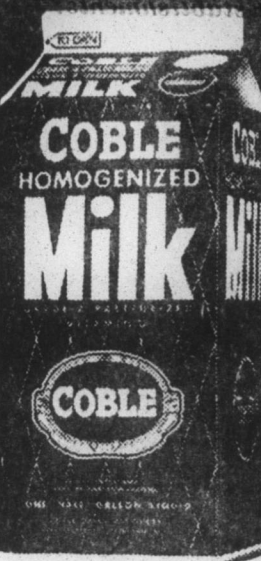
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## Sports Camp At Oak Ridge

GREENSBORO—Oak Ridge Military Institute will be the site of a 1970 Johnny Unitas' All-America Football Camp in June.

The announcement was made jointly by Col. William P. Pope, superintendent of Oak Ridge and Eugene E. Smith of Greensboro, president of All-America Sports Camps.

Oak Ridge Military Institute, a growing, 117-year-old college preparatory school, is northwest of Greensboro in Guilford County. A new football field was recently added as a part of the school's current extensive expansion program, which was begun in 1967.

Both Col. Pope and Smith expressed pleasure with the arrangement, which will bring leading professional players from the National Football League to the school as instructors for the camp session June 14-19.

Boys from age eight to those preparing to enter their senior year of high school are eligible to attend the camp.

Instructors for this year's camp will be Mike Curtis and Willie Richardson of the Baltimore Colts, Chris Hanburger of the Washington Redskins and Dan Reeves of the Dallas Cowboys. Paul Gay, football coach at Sanford High School, Sanford, will be camp director.

This will be the second Johnny Unitas' Football Camp for Greensboro. The first was held in 1969 at Guilford College.

Additional information and application blanks may be obtained by writing: Johnny Unitas' All-America Football Camps, P. O. Box 9591, Greensboro, N. C. 27408.

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