



School Lunch Room Menus

Menus in the lunch rooms of Chowan County Schools for April 6-10 will be as follows:

John A. Holmes High School

Monday—Fillet of fish, peas and carrots, French fries, corn bread, butter, banana cake, milk.

Tuesday—Country style steak with gravy, whipped potatoes, string beans, rolls, butter, jello, milk.

Wednesday—Fried chicken with gravy, buttered rice, green limas, rolls, butter, cake, milk.

apricot halves, milk.

Thursday—Pizza with hamburger and cheese, cole slaw, buttered corn, apple sauce, cookies, milk.

Friday—Cheeseburger with bun, potato chips, navy beans, strawberry shortcake, milk.

White Oak Consolidated School

Monday—Franks on bun, mustard and catsup, dry beans, cole slaw, devil food cake, milk.

Tuesday—Hamburger patties, whipped potatoes, mixed vegetables, scalloped tomatoes, rolls with butter, milk.

Wednesday—Barbecue chicken, buttered corn, green peas, fresh peas, rolls, milk.

Thursday—Meat loaf with gravy, rice, buttered greens, jello, rolls with butter, milk.

Friday—Ocean perch, catsup, French fries, green beans, upside down cake, corn bread squares, milk.

Chowan High School

Monday—Cubed steak, creamed potatoes, blackeye peas, peach halves, cookies, rolls, butter, milk.

Tuesday—Pizza with hamburger and cheese, tossed salad, peanut butter, fruit cup, crackers, bread, milk.

Wednesday—Baked ham, potato salad, green beans, apple cobbler, rolls, butter, milk.

Thursday—Chicken pan pie, sweet potato puff, green peas, jello with fruit, rolls, butter, milk.

Friday—Breaded fish portions, French fries, cole slaw, apricots, lemon block cake, hush puppies, butter, milk.

Ernest A. Swain Elementary School

Monday—Hamburgers, catsup, carrot and cabbage salad, French fries, rolls, butter, peach pie, milk.

Tuesday—Spanish rice with beef, green beans, carrot strips, corn bread, butter, apple sauce, milk.

Wednesday—Meat loaf with gravy, turnip greens, creamed potatoes, rolls, butter, apricots, milk.

Thursday—Tuna salad, garden peas, potato chips, rolls, butter, jello, milk.

Friday—Chicken croquettes, candied yams, butter beans, rolls, butter, pineapple, milk.

D. F. Walker Junior High School

Monday—Spaghetti and meat sauce, string beans, roll with butter, peach half, cake square, milk.

Tuesday—Fried chicken, rice and gravy, lima beans, biscuit with butter, apple pie, milk.

Wednesday—Franks, macaroni and cheese, tossed salad, roll with butter, orange juice, milk.

Thursday—Sloppy Joe, buttered cube potatoes, peas and carrots, bun, cake with chocolate icing, milk.

Friday—Fish portion, mixed vegetables, French fries, corn meal muffin, lime jello, milk.

Eastern Star Installs Officers

In a beautiful and impressive ceremony officers for Edenton Chapter No. 302, Order of the Eastern Star, were installed at an open installation meeting March 18.

Many friends and relatives of the officers, as well as visitors from neighboring chapters, attended the event.

The installing officers were Sam McPherson of Elizabeth City, associate grand patron, installing officer; Mrs. Margaret Bell, past matron, installing marshal; Mrs. Mattie Butler, past matron, installing chaplain and Mrs. Grace Byrum, past matron, installing organist.

Officers installed for the 1970-71 year were as follows: Worthy matron, Mrs. Louise M. Ervin; worthy patron, James N. Oglesby; associate matron, Mrs. Ruth H. Overman; associate patron, Charles W. Overman; secretary, Mrs. Kathleen B. Skiles; treasurer, Mrs. Mary McD. Leary; conductress, Mrs. Lina W. Stallings; associate conductress, Mrs. Elnora C. Walker; chaplain, Mrs. Doris C. Barnes; marshal, Mrs. Pauline H. Oglesby; organist, Mrs. Caroline P. Swindell; Adah, Miss T. Frances Marshbourne; Ruth, Mrs. Mary S. Sides; Esther, Mrs. Ola C. Williford; Martha, Mrs. Pearl B. Harrell; Electa, Mrs. Ethel Haskett; warder, Mrs. Blanche S. Moore; sentinel, Paul Sides; pages, Mrs. Velma Quinton and Mrs. Caynelle Armstrong.

Following a very impressive program, a social hour and refreshments were enjoyed in the dining room.

Concert Choir Completes Tour



MA BARKER IN ACTION: Shelley Winters, portraying the infamous Ma Barker, holds frightened customers at bay during a bank holdup in American International's drama, "Bloody Mama." The film, depicting the wild crime spree of the Barker gang in the 1930's, begins an engagement on Thursday, (Friday and Saturday) April 1, at the Taylor Theatre.

Definition

Hollywood: Where the girls cross the streets carefully and their legs recklessly. —Beehive, Koklak, Alaska.

CULLOWHEE—Miss Beverly Rose, 305 North Broad Street, Edenton, is a member of the Concert Choir at Western Carolina University. The Choir recently returned from the annual tour of North Carolina towns and communities.

A group of select voices, the Concert Choir performs a wide variety of music, ranging from folk music to large scale choral works. Recent performances of the Concert Choir include two appearances with the North Carolina Symphony and a nationwide broadcast of Christmas music on the Mutual Broadcasting System.

Miss Rose is the daughter of Mr. and Mrs. Sandy Rose. She is a sophomore majoring in music. She is a member of Music Educator's National Conference.

The dog shook his head no.

Time Not Wasted

A dog just returning from obedience school was met by his owner, who said, "Did you learn how to add and subtract today?"

It is impossible to enjoy idling thoroughly unless one has plenty of work to do. —Jerome K. Jerome.

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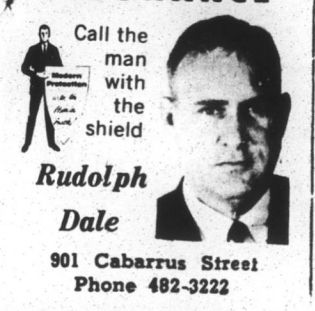
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A Thought to Remember

By MARVIN BARHAM

"BELIEVE YOU CAN, AND YOU CAN."

The above statement is something you might believe—or disbelieve. However, belief is one of the most powerful of all problem solvers.

As an illustration—it was generally accepted for many years that it was impossible for a man to run a mile in four minutes. Along came a frail Englishman by the name of Roger Bannister—he ran the mile in 1954 in four minutes flat. Today there are many who even break that record.

Why do men break records? They believe they can!

Why do people reach for goals? They believe those goals can be obtained.

The chief reason that people are beaten down by difficulties is because they allow themselves to think they can be beaten.

Don't all of us finally find out that we are usually bigger than all our difficulties?

OUR THOUGHT TO REMEMBER: We repeat: "Believe you can, and you can."

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