

School Lunch Room Menus

Menus in the lunch rooms of Chowan County schools for April 13-17 will be as follows:

John A. Holmes High School

Monday — Chuck wagon steaks, buttered potatoes, green peas, fresh apple, rolls, butter, coconut pudding, milk.

Tuesday — Baked ham, potato salad, string beans, rolls, butter, jello, milk.

Wednesday — Meat loaf with gravy, steamed cabbage, candied yams, corn bread, butter, apple sauce cake with whipped topping, milk.

Thursday — Roast turkey, gravy and dressing, buttered rice, corn, rolls, butter, apricot halves, milk.

Friday — Sloppy Joe with bun, potato chips, black-eye peas, fresh apple, peach upside down cake, milk.

Chowan High School

Monday — Corned beef hash, green beans, cole slaw, devil's food cake, rolls, butter, milk.

Tuesday — Pizza with hamburger and cheese, tossed salad, peanut butter sandwich,

fruit cup, cookies, bread, crackers, milk.

Wednesday — Luncheon Meat sandwich, lima beans, beet pickles, strawberry shortcake, rolls, butter, milk.

Thursday — Roast turkey, sweet potato puff, green peas, jello with fruit, rolls, butter, milk.

Friday — Spaghetti with meat balls, carrot and cabbage salad, sliced pineapple, peanut butter cookies, rolls, butter, milk.

White Oak Consolidated School

Monday — Spanish rice with beef, green beans, chilled apple sauce, cookies, rolls with butter, milk.

Tuesday — Chicken croquets, creamed potatoes, buttered mixed greens, fresh apples, rolls with butter, milk.

Wednesday — Pork loaf with gravy, buttered rice, buttered mixed greens, scalloped tomatoes, rolls with butter, milk.

Thursday — Tuna salad, cole slaw, green peas, chilled fruit cup, rolls, milk.

Friday — Hamburger on bun, mustard and catsup, buttered

corn, lima beans, chocolate cake, milk.

Ernest A. Swain Elementary School

Monday — Weiners, carrot and cabbage salad, dry beans, rolls, butter, apple pie, milk.

Tuesday — Ravioli, butter beans, cheese slices, corn bread, butter, pineapple upside down cake, milk.

Wednesday — Chinese pic, green beans, rolls, butter, Bavarian pudding, milk.

Thursday — Chicken salad, garden peas, potato chips, rolls, butter, pear halves, milk.

Friday — Baked ham, turnip greens, potatoes, biscuits, butter, ice cream sandwiches, milk.

D. F. Walker Junior High School

Monday — Country style steak, rice and gravy, lima beans, roll with butter, pineapple upside down cake, milk.

Tuesday — Fish stick, cabbage and carrot salad, buttered corn, jello, milk.

Wednesday — Hamburger patty, French fried with catsup, English peas, roll with butter, cake square with peanut butter icing, milk.

Thursday — Barbecue chicken, cube potatoes, mixed vegetables, roll with butter, fresh pear, milk.

Friday — Spaghetti and meat balls, string beans, apple sauce, spiced cake square, roll with butter, milk.

SOCIAL SECURITY REPORT DEADLINE IS APRIL 15

Do you need to file an annual report of your earnings with the Social Security Administration? If so, you have until April 15 to make the report.

All social security beneficiaries born after February 1, 1897, are required to file a report with the Social Security Administration if they earned over \$1,680 last year. These earnings include wages as well as any self-employment income. The failure to file the report by April 15 may result in loss of benefits.

The local social security office will be glad to help you with any questions you may have, or will assist you in completing your annual report. If you go to your social security office for help in filing this report, take your 1969 W-2 form, or if you were self-employed, a copy of your tax return.

The social security office for the Chowan County area is located at 401 South Dyer Street, Elizabeth City, N. C. The people in that office will be glad to help you with any matter concerning social security.

CARD OF THANKS

The family of Alonzo V. Slade wishes to express their appreciation for cards, flowers, food and many other acts of kindness during the illness and death of their departed one.

CARD OF THANKS

I want to express my sincere thanks to each circle, Sunday School class and each individual for all the cards, flowers and visits while I was in the hospital and also while convalescing at home.

VIOLA WILSON.

League To Meet Here On Tuesday

Officials from towns and cities across North Carolina will meet with the staff of the North Carolina League of Municipalities in a series of 10 regional meetings which begin April 9.

S. Leigh Wilson, executive director of the league, and staff members will brief municipal officials on current municipal problems, discuss legislation for the 1971 General Assembly and league service programs.

Growing problems which municipal labor unions, the continuing need for more responsive revenue sources, regionalism and the outlook for needed legislation will be discussed at these sessions.

The series of meetings will begin with a session April 9 in Southern Pines. Other dates and places: April 14, Edenton; April 15, Wilson; April 29, Wilmington; April 30, New Bern; May 6, Salisbury; May 7, Reidsville; May 13, Waynesville, and May 14, Morganton.

A special meeting will be held in Greensboro on April 22 which will involve only municipal officials from cities with a population of 30,000 or more.

The League of Municipalities is a federation of 375 towns and cities in North Carolina working together to promote their common interests, with a staff available in Raleigh. Mayor Thomas Stewart of Washington is current league president.

Town Administrator W. B. Gardner of Edenton is a board member.

While government is designed to serve the people, it cannot support them.

Around The Farms In Chowan County

By R. M. THOMPSON
County Extension Chairman

Many farmers that are beginning to plant corn and other crops and are thinking about spraying need to spend a little while getting their sprayers cleaned up in order to properly spray the material.

It is not unusual to see spots in fields a year after the material was applied that will not grow certain crops because the operator might have stopped down the row to clean out nozzles or his sprayer equipment. We are suggesting that sprayers be mounted on the tractor and clean water flushed through the entire system, making sure all the strainers are clean, including the intake strainer which has caused problems in many spray rigs.

Use an old toothbrush or something similar to clean the screens and nozzles of the sprayer. Do not use your pocketknife or wire or nails to do this. Then check the nozzles to be sure that the patterns are like you want them, and that there are no leaks in any of the fittings. Adjust the pressure regulator and make sure this is working properly.

To calibrate the sprayer, test it under field conditions and one of the best ways is to spray a measured acre and measure the amount of material that is required to fill the tank back up. This will give you the amount of material you spray to the acre. Another way is by using a quart jar method. You do this by measuring a certain number of feet, driving this distance, timing it and then

catch the material from a nozzle to see if a quart of the spray material is put through the nozzle in the same length of time that it takes to drive it. For instance, if the nozzles are 20 inches apart and you want to spray 20 gallons to the acre, you would measure off 327 feet and catch a quart of material in the same length of time that it takes to drive the 327 feet.

If you have any questions concerning calibration of your

Dr. Blackwell Robinson, associate professor in the Department of History and Political Science at the University of North Carolina at Greensboro, has completed his seventh book, titled "The North Carolina Adventure." It is written for school-age children.

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SUNDAY SCHOOL LESSON

Continued from Page 6

The early church came into being in times of persecution and disbelief. Today it is no longer persecuted, it is no longer unbeliever. But it needs to grow. And it can only grow, it can only reach new people, through the dedication and commitment of its members.

How effective a witness are YOU?

(These comments are based on outlines of the International Sunday School Lessons, copyrighted by the International Council of Religious Education, and used by permission).

VOTE FOR

THOMAS PAUL GRIFFIN

CANDIDATE

First Township
Edenton-Chowan
Board of Education
Democratic Primary
May 2, 1970



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March 26	\$405.00
March 27	\$400.00
March 28	\$395.00
March 30	\$390.00
March 31	\$385.00
April 1	\$380.00
April 2	\$375.00
April 3	\$370.00
April 4	\$365.00
April 6	\$360.00
April 7	\$355.00
April 8	\$350.00

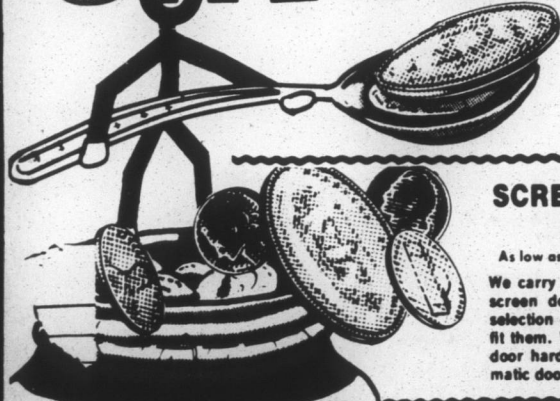
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