

Edenton - Chowan Lunch Room Menus

Menus in lunch room of Chowan County Schools for May 18-22 will be as follows:

White Oak Consolidated School

Monday - Franks on bun, mustard and catsup, French fries, mixed vegetables, peanut butter cookies, milk.
 Tuesday - Spaghetti and meat balls, green beans, chilled mixed fruit, devil food cake, rolls with butter, milk.
 Wednesday - Oven fried chicken, potato salad, English peas, jello, rolls with butter, milk.
 Thursday - Ocean perch fillet, buttered corn, cole slaw, corn bread squares, lemon cake, milk.
 Friday - Hamburger steak, orange juice, candied yams, buttered mixed greens, apple sauce cake, rolls with butter, milk.

Ernest A. Swain Elementary School

Monday - Beef and noodle casserole, green beans, cole slaw, rolls, butter, pincapple, milk.
 Tuesday - Pork chops, candied yams, butter beans, biscuits, butter, cherry pie, milk.
 Wednesday - Chicken salad, bun, tossed salad, buttered garden peas, potato chips, corn, apple sauce, cake sliced tomatoes, rolls, butter, square, milk.

D. F. Walker Junior High School

Monday - Barbecue beef on bread, milk.
 Tuesday - Fish portion, mixed vegetables, French fries, corn meal muffin, lemon glaze cake square, milk.
 Wednesday - Fried chicken, rice and gravy, garden peas, roll with butter, milk, jello.
 Thursday - Meat loaf, cream-cd potatoes, green beans, biscuit, apple pie, milk.
 Friday - Franks, baked beans, cabbage slaw, roll, orange juice, cake square, milk.

John A. Holmes High School

Monday - Chuck wagon steak, buttered potatoes, green juice, peach cobbler, milk.
 Tuesday - Fish portion, mixed vegetables, French fries, corn meal muffin, lemon glaze cake square, milk.
 Wednesday - Fried chicken, rice and gravy, garden peas, roll with butter, milk, jello.
 Thursday - Meat loaf, cream-cd potatoes, green beans, biscuit, apple pie, milk.
 Friday - Franks, baked beans, cabbage slaw, roll, orange juice, cake square, milk.

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 Friday - Fish portions, cole slaw, French fries, apricots, block cake with lemon icing, hush puppies, milk.

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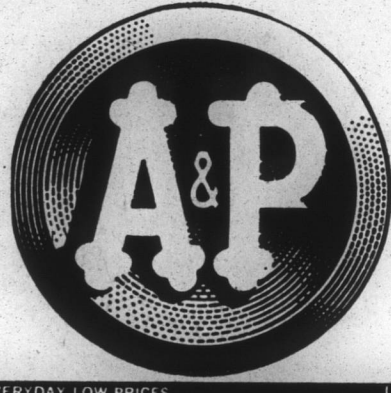
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You Can Cut Food Costs...

WITHOUT SACRIFICING QUALITY, WITHOUT RISKING A PENNY

There are about 120 Comparative items listed on this page. Half of them are popular National Brand products. They represent a fraction of the many National Brands we sell. The other half are famous A&P Brand products.

No matter what you buy on this page, you can be sure of getting a quality product and an excellent value. We at A&P guarantee your complete satisfaction without reservation. The choice is yours... famous National Brands at prices we believe will save you money or quality A&P Brand products at prices we know will save you money... meaningful savings without asking you to sacrifice quality.

We feel a responsibility to remind you of this choice... this significant way to cut food costs. We think knowing this is important to you... today.

EVERYDAY LOW PRICES CANNED VEGETABLES

Item	Price	Save
Apple Sauce	21c	19c
Cranberry Sauce	31c	25c
Fruit Cocktail	33c	27c
Grapefruit	31c	27c
Cling Peaches	29c	25c
Cling Peaches	41c	35c
Bartlett Pears	39c	29c
Crushed Pineapple	21c	20c
Crushed Pineapple	43c	39c
Sliced Pineapple	21c	19c
Sliced Pineapple	43c	39c
Asparagus	55c	49c
Pork & Beans	2/39c	2/33c
Pork & Beans	33c	29c
Pork & Beans	2/25c	2/23c
Cut Green Beans	2/39c	2/20c
Cut Green Beans	29c	17c
Green Beans	2/55c	2/35c
Lima Beans	29c	25c
Golden Corn	29c	18c
Golden Corn	29c	20c
Golden Corn	2/55c	2/35c
Green Peas	2/37c	2/31c
Green Peas	2/57c	2/45c
Sauerkraut	2/45c	2/38c
Spinach	25c	20c
Cherry Drink	37c	30c
Grape Drink	37c	30c
Orange Drink	37c	30c
Tropical Punch	37c	30c
Pineapple Juice	21c	19c

EVERYDAY LOW PRICES HEALTH & BEAUTY AIDS

Item	Price	Save
Tooth Paste	\$1.05	49c
Spray Deodorant	\$1.49	89c
Hair Spray	79c	69c
Liquid Shampoo	\$1.15	59c
Aspirin	\$1.07	19c
Aspirin	\$1.89	39c
Buffered Aspirin	\$1.49	69c
Mouth Wash	\$1.19	49c
Multiple Vitamins	\$2.94	99c
Multiple Vitamins	\$3.29	99c
Petroleum Jelly	45c	25c
Petroleum Jelly	69c	39c
Shave Cream	\$1.19	59c

EVERYDAY LOW PRICES MORE MONEY-SAVERS

Item	Price	Save
Detergent	29c	25c
Liquid Bleach	91c	69c
Liquid Bleach	25c	21c
Liquid Bleach	43c	35c
Liquid Bleach	67c	57c
Liquid Cleaner	69c	39c
Spray Cleaner	79c	49c
Window Cleaner	49c	29c
Air Freshener	59c	49c
Furniture Polish	99c	43c
Liquid Detergent	35c	29c
Liquid Detergent	59c	45c

EVERYDAY LOW PRICES MORE GROCERY SAVINGS

Item	Price	Save
Black Pepper	55c	43c
Table Salt	2/27c	2/20c
Margarine	49c	39c
Margarine	35c	21c
Corn Oil	47c	39c
Cooking Oil	65c	57c
Shortening	\$1.03	79c
Peanut Butter	51c	45c
Mayonnaise	77c	69c

EVERYDAY LOW PRICES DAIRY PRODUCTS

Item	Price	Save
American Cheese	41c	33c
Pimiento Cheese	41c	33c
Swiss Cheese	55c	33c
American Cheese	75c	63c
Pimiento Cheese	75c	65c
Ice Cream	79c	49c
Ice Milk	69c	49c
Evaporated Milk	3/65c	3/61c
Instant Milk Solids	\$1.59	\$1.45
Instant Milk Solids	\$1.09	\$1.03
Instant Milk Solids	45c	41c
Instant Breakfast	79c	59c

EVERYDAY LOW PRICES MORE GROCERY SAVINGS

Item	Price	Save
Tea Bags	\$1.29	\$1.09
Tea Bags	65c	59c
Tea Bags	25c	21c
Loose Pack Tea	85c	79c
Coffee	79c	63c
Ground Coffee	95c	79c
Ground Coffee	\$1.03	95c
Ground Coffee	\$1.89	\$1.85
Freeze Dried Coffee	\$1.97	\$1.49
Freeze Dried Coffee	\$1.13	95c
Freeze Dried Coffee	67c	59c
Drink Mix Powder	6/45c	6/31c
Drink Mix	2/37c	2/25c

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EVERYDAY LOW PRICES CANNED FOODS

Item	Price	Save
Vegetable Soup	2/35c	2/30c
Vegetable Beef	2/45c	2/39c
Mushroom Soup	2/39c	2/37c
Tomato w/Rice	2/39c	2/37c
Chicken Noodle	2/39c	2/37c
Chicken w/Rice	2/39c	2/37c
Vegetarian Veg.	2/35c	2/30c
Fancy White Tuna	53c	45c
Light Chunk Tuna	59c	51c

EVERYDAY LOW PRICES FROZEN FOODS

Item	Price	Save
Grape Juice	25c	23c
Grape Juice	47c	43c
Orange Juice	27c	18c
Orange Juice	49c	33c
Asparagus Spears	65c	59c
Baby Green Limas	29c	20c
French Green Beans	25c	23c
Broccoli Spears	33c	23c
Brussels Sprouts	39c	29c
Golden Cut Corn	2/43c	2/35c
Mixed Vegetables	2/49c	2/39c
Leaf Spinach	23c	14c
Baby Green Limas	45c	39c
Broccoli Spears	45c	39c
Brussels Sprouts	55c	43c
Green Peas	37c	29c

EVERYDAY LOW PRICES MORE MONEY-SAVERS

Item	Price	Save
Dried Prunes	45c	43c
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Seedless Raisins	37c	35c
Pretzel Stix	41c	35c
Confectioners Sugar	23c	19c
Brown Sugar	23c	19c
Granulated Sugar	69c	67c
Granulated Sugar	\$1.37	\$1.33
Utility Bags	39c	35c
Sandwich Bags	35c	31c

* This item multi-priced at the store for even greater savings. Single unit prices used for easier comparison.

"SUPER-RIGHT" QUALITY HEAVY CORN-FED BEEF

CHUCK SALE

BLADE CUT CHUCK ROAST	45c	FULL CUT CHUCK ROAST	49c	BONELESS CHUCK ROAST	65c
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"SUPER-RIGHT" QUALITY HEAVY CORN-FED BEEF

WHOLE HINDQUARTER

69c

STEAKS	\$1.25	\$1.45
GUBED CHUCK STEAK	95c	
FULL CUT CHUCK STEAK	59c	

Item	Price	Save
WHOLE HOG SAUSAGE	69c	
FISH STICKS	35c	55c
MARSHMALLOW PIES	\$1.00	
OUR OWN TEA BAGS	79c	
DRINK MIX	19c	
SPARKLE GELATIN	29c	
PEANUT BUTTER	99c	
BREADED SHRIMP	89c	\$2.79
HOY PRICED LIQUID	29c	
DAILY DOG FOOD	10c	59c
TEXIZE FREEWAX	49c	89c
SHOE STRING POTATOES	25c	
NILLA VANILLA WAFERS	35c	



Prices This Ad Effective Thru Saturday, May 23

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Harrell's, Inc.