

# Edenton - Chowan Lunch Room Menus

Menus in the lunch rooms of Chowan County Schools for October 19-23 will be as follows:

**John A. Holmes High School**  
 Monday—Pork pattie, buttered potato, green peas, rolls, butter, coconut cake, milk.  
 Tuesday—Meat loaf with gravy, steamed rice, string beans, corn bread, butter, apricot halves, milk.  
 Wednesday—Barbecued chicken, candied yams, green beans, rolls, butter, jello, milk.  
 Thursday—Pizza with hamburger and cheese, cole slaw, corn, banana pudding, milk.  
 Friday—Roast pork with gravy, whipped potato, buttered greens, rolls, butter, apple sauce and cookies, milk.  
**D. F. Walker Junior High School**  
 Monday—Bologna, navy beans, cabbage, carrot salad, rolls, butter, apple, milk.  
 Tuesday—Beef patties, spinach, candied yams, biscuits, butter, chocolate cake, milk.

Wednesday—Meat loaf with gravy, field peas with snaps, steamed rice, rolls, butter, jello, milk.  
 Thursday—Fish sticks, cole slaw, buttered corn, corn bread, butter, peach halves, milk.  
 Friday—Roast turkey, giblet gravy, creamed potatoes, green peas, rolls, butter, apricots, cranberry sauce, milk.  
**White Oak Consolidated School**  
 Monday—Franks on bun, mustard, catsup, French fries, mixed vegetables, chocolate cake, milk.  
 Tuesday—Meat loaf with gravy, creamed potatoes, green beans, vanilla or chocolate pudding, rolls with butter, milk.  
 Wednesday—Porkette steak, potato salad, buttered mixed greens, apple sauce cake, rolls with butter, milk.  
 Thursday—Roast turkey, green peas, candied yams, jello, rolls with butter, milk.  
 Friday—Perch fillet, cole slaw, buttered corn, corn bread, pineapple upside down cake, milk.

Thursday—Roast beef, butter beans, creamed potatoes, gravy, rolls, butter, pineapple, milk.  
 Friday—Tuna salad, garden peas, potato chips, rolls, butter, peach pie, milk.  
**Chowan High School**  
 Monday—Hamburgers, mashed potatoes, green black-eyed peas, chocolate pudding, rolls, butter, milk.  
 Tuesday—Pizza with ham, burger and cheese, tossed salad, glazed beets, fruit cup, milk.  
 Wednesday—Beef and vegetable soup, franks in roll, block cake, lemon icing, crackers, butter, milk.  
 Thursday—Roast turkey and gravy, sweet potato puff, green peas, cranberry sauce, orange jello, rolls, butter, milk.  
 Friday—Ravioli, lettuce and tomato salad, green beans, apple cobbler, rolls, butter, milk.

## Herald Kitchen

Continued from Page 5  
 The Keebler Company has furnished us this recipe for an applesauce pie which is bound to be good. The crust is made from Cinnamon Crisp and no baking is required.

**Applesauce Cream Pie**  
 1 packet Keebler Cinnamon Crisp.  
 6 tablespoons butter or margarine, melted.  
 1 pkg. vanilla pudding and pie filling.  
 1 cup applesauce.  
 ½ teaspoon unflavored gelatin.  
 Roll Cinnamon Crisp into fine crumbs. Combine with butter or margarine, mixing well. Reserve one to two tablespoons for topping. Press remaining crumbs firmly into a nine-inch pie plate. Chill. Prepare pie filling as directed. Cool for a few minutes. Stir applesauce and gelatin over low heat until gelatin dissolves. Spread applesauce mixture evenly over crust. Pour pie filling over applesauce. Sprinkle with reserved crumbs. Chill several hours until firm.

We made up the quickie Tomato Soup Spice Cake we told you about last week and tried a new frosting recipe which we'd like for you to add to your files. It requires some time to whip up but is worth it. It is great to work with but does not travel well for it doesn't harden or crust. It came to us with the name we are calling it.

**Mrs. Sanders Frosting**  
 ½ cup shortening.  
 ½ cup butter or margarine.  
 1¼ cups sugar.  
 1 cup milk.  
 Combine shortening, butter and sugar and beat until shortening and butter are all one color. Begin adding milk, one tablespoon at a time, beating at least one minute after each addition until all the milk is absorbed.

## Jonh A. Holmes Highlights

One of the most exciting additions to our school is the new equipment received by the driver's education department. This week Mr. Booth and Mr. Cox, driver's ed instructors, began using the \$48,000 driver trainer simulator.

Approximately 150 students now studying drivers ed may take advantage of the 16-place simulator at some time throughout their training. Such a device enables students to be seated in the "driver's seat" and to be exposed to actual driving situations.

Already the driver's education department has been using its driverator. This audio-visual device accommodates 30 students at one time. They sit at a desk, watch films that allow them to react from a driver's point of view, and a computer records their responses.

Altogether, including the driving range and equipment over \$100,000 is involved.

The JV's are to be congratulated on their efforts, especially Richard Moring, half-back; Simon Copeland, end, and Jason Weeks, quarterback. The team is coached by Henry Cox.

## Chowan Students Attending UNC-G

GREENSBORO—Ninety-nine of North Carolina's 100 counties are represented by the 6,703 students enrolled this fall at the University of North Carolina at Greensboro. Only Tyrrell County is missing.

Among the undergraduate and graduate students attending UNC-G this fall are five students from Chowan County.

There are some people who, if they were cured of their ailments, would immediately invent new diseases.

If you want an idea about the farm situation just read the figures that show national income and the proportion of it that farmers get.


The Holmes High Chapter of the Vocational Industrial Clubs of America elected officers last week. Joseph a performance in Greenville Ward was elected president; "Man of La Mancha." The vice president, Larry Palin; ECU Playhouse production secretary, Jimmy Cooper; treasurer, Herman Drew; parliamentarian, Herbert Williamson, and reporter, Mike Nix.

Unfortunately, no one has been able to locate a son, and a current VICA project Glee Club director for us, is to place trash cans, bearing Students have been placed as the VICA emblem, at varichoral leaders, but no grades cus areas around campus to can be given. We do need promote cleanliness. Linwood an adult director to instruct Lewis is the sponsor.

Edentonians are on sale this week. The staff anticipates a large volume of sales.

*A Thought to Remember*

By MARVIN BARHAM



We have all read of the Victorian period of English history. The great changes that were made during this era are among the greatest in history.

Why? What was so wonderful about the Victorian era that brought about the changes?

A story related about Queen Victoria goes something like this:

A little child was sick in one of the humble cottages outside the royal home. No one knew how really sick she was. Her father had just come as an assistant gardener. The little child did not improve. Everyone was anxious. One day, commonly clad, came a matronly mother-soul, bringing a pitcher of fresh milk. She went into the little kitchen and made the fire and prepared the fresh milk, giving it to the little girl. She put the mother to bed, for she was worn and weary and could scarcely stand. The little girl recovered. Later when the mother and child attended a gala-day celebration, Queen Victoria passed by. "That's the lady who helped us when you were sick," declared the mother.

No wonder the Victorian period changed mankind's attitudes.

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