

### Meeting Slated By Publishers

By PETE IVEY

CHAPEL HILL--When the newspapermen come to Chapel Hill this weekend for the annual

### Tips To Curb Dental Plaque

This is the second in a series of six articles on dental health published by (The Chowan Herald), in cooperation with the Chowan Dental Society, in observance of National Children's Dental Health Week, February 4-10

Well, now I'm pretty convinced that it's important to control dental plaque so I can prevent being afflicted by decay and gum disease. But just how do I go about it?

Essentially, you must develop good home oral hygiene habits to effectively clean the teeth at least once a day to disrupt the plaque-forming process. And, of course, you should continue to have periodic professional check-ups to make sure your efforts are keeping things under control.

Learning the basics of a good home program begins with the disclosing tablet. These tablets are made up of harmless vegetable dyes that stain plaque. After chewing a tablet, rinse your mouth out with water. Then observe the areas that are stained so you can see just where the plaque is located. You might want to use a mouth mirror to see the back sides of the teeth.

The toothbrush, if used properly, will remove a major portion of plaque. Use an end-rounded, soft-bristled brush and gently scrub the outside and inside surfaces of the teeth until the stain is gone. Then, vigorously scrub the biting surfaces on the tops of the teeth.

Now, examine the teeth to see where stained areas still remain. Most likely, you will find the greatest concentration in the crevices between the teeth. These areas can be cleaned by using dental floss. The floss should be worked between the teeth and each side of the tooth should be scraped by the floss.

A word of caution: let your dentist show you exactly how to use floss. Improper usage can injure sensitive gum tissue.

### Death Claims Mrs. Jethro, 78

NANSEMOND, Va.--Mrs. Mabel Virginia Jethro Jordan, 78, died January 9 in her home.

A native of Washington, she was the widow of Herbert I. Jordan and a daughter of Monteville and Zinetta Twiddy Jethro.

She was a member of Wilroy Baptist Church and its Fellowship Sunday School.

Surviving are three daughters: Mrs. Paul J. Brinkley, Mrs. Wilbert Hobbs, and Mrs. Marjorie Roberts, all of Suffolk, Va.; a brother, Dallas Jethro of Edenton, N.C.; a sister, Mrs. Earl Outlaw of Corapeake; seven grandchildren and eight great-grandchildren.

A funeral service was held last Thursday in Sidney F. Harrell Funeral Home in Suffolk, Va. by Rev. William B. Denston. Burial was in Meadowbrook Memorial Gardens.

Institute, under auspices of the University, they will be observing the 100th anniversary of the N. C. Press Association - formed at Goldsboro in 1873, with Major J. A. Engelhard of Wilmington the first president.

North Carolina's newspapers, from the beginnings at New Bern, roughly a century before the formation of the press association at Goldsboro, came together at an assembly called by Williams Biggs of Tarboro. Thirty newspapers were represented at the first meeting in Goldsboro - these papers including the Raleigh Sentinel, Greensboro Patriot, Charlotte Observer, Asheville Citizen, Wilmington Journal, Hillsborough Recorder, Statesville Intelligencer, Lumberton Robesonian, Newbern Journal of Commerce, Concord Sun, Kinston Gazette, Tarboro Southerner, Hickory Tavern Press, Weldon News, Louisburg Courier, Henderson Tribune, Battleboro Advance.

The meetings in the next few years of the new association were held in Raleigh, Wilmington, Charlotte, Catawba Spring (near Hickory), Asheville, Winston, Elizabeth City and Waynesville.

The publishers and editors talked about their responsibilities for improved journalism, advertising rates, and the glories of North Carolina. Invariably, the annual conventions featured an "orator", usually a fellow newspaperman. Often the association was teated to poems - the latter written by young ladies (one of them was the official poet of the press association). Zeb B. Vance was one of the orators.

In 1880, 65 papers in North Carolina attended the convention in Asheville.

A speech by Josephus Daniels, editor of the Wilson Advance, was the highlight of the 1885 convention. Daniels praised the press association for "elevating the tone of journalism" in North Carolina. The press had condemned lynch-law, said Daniels. It had helped to shape good legislation in the state, locally and statewide.

"An editor should be careful what he prints," said Editor Daniels. "A country weekly goes into the family, is read by children and neighbors. It ought to contain nothing to vitiate the mind of the reader or to produce evil thoughts."

Mr. Daniels also declared that a newspaper editor "has no right to outrage the public sense of decency and propriety by publishing all the sickening details of crime."

Further, an editor ought not to print anything "that would bring a blush to the cheek of the purest maiden," Daniels said. Josephus Daniels later changed his mind, and as editor of the Raleigh News and Observer, when he was once criticized for publishing news that would have not followed his 1885 rule-of-thumb, Mr. Daniels said, "If the Lord let's it happen, we let's it be printed."

Mr. Daniels in 1885 praised major national universities for installing journalism courses, and he predicted that the University of North Carolina would one day have a course to train editors.

The day is coming, Mr. Daniels said in 1885, when no man would be allowed to be managing editor of a paper without apprenticeship or examination - the goal being to weed out the incompetent.

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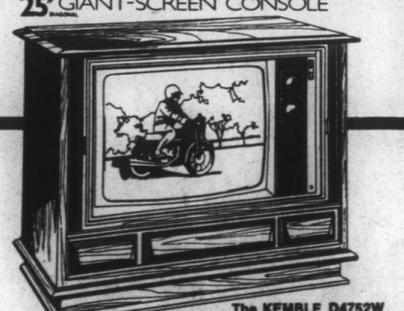
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