

Environmental Improvement Urged

ATLANTIC CITY, N.J. — Dr. Hugh J. Scott, school superintendent in the District of Columbia, has urged home economists to help improve urban environments in order to decrease hostility, fear and confusion among young people.

He outlined areas for improvement in housing, family life, education, health services, recreation and other subjects. "Living has to be much more than a precarious exercise in survival," he said.

"The battle against the negative consequences of industrialization and urbanization must be won by a direct confrontation with the deplorable conditions which we have permitted to develop," Dr. Scott said.

Dr. Scott said "the deterioration of essential institutional supports in urban areas is close approaching the point of complete intolerance. Our young, to some degree have inherited a good deal of the hostility, fear and confusion that accompany a deteriorating social order."

A representative of the Connecticut Natural Gas Corporation described experimental residential use of the fuel cell power source which was developed for space flight. Mrs. Georgia DiPietro said the fuel cell generated electricity in the home itself, using less fuel and less than one per cent of the amount of pollutants that are emitted from coal or oil fired central electric generating stations.

Paul Lachance, professor of nutritional physiology at Rutgers University, urged a policy of "nutrification" which he described as fortification of commonly eaten foods with a broad group of additional nutrients. The degree of fortification would be in proportion to the protein content, he explained. "If the food supplied 20 per cent of the recommended daily allowance (RDA) of protein, it could also carry 20 per cent of the RDA for vitamin A, vitamin C, iron, calcium, etc.," he said.

Joan Gussow, nutrition instructor at Columbia University, said educators "Must hard sell good nutrition with as much sophistication as the fun food manufacturers now use to hard sell malnutrition."

"Food manufacturers and

their advertisers have changed our eating patterns," she said. "Until we in nutrition education understand how they achieved this and are willing to act on that understanding, we can teach the four food groups until we are blue in the face."

She said major dietary imbalances were too fat, too much sugar, too many calories and too little fiber.

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Dr. Richard L. D. Morse, home economics professor at Kansas State University, described a pilot program, which trained mature (over 45) persons as homemaker-home health aides.

Farmer Gets Less Than Half of Food Dollar

Ever wonder how much of your food dollar actually goes to the fellow who produced the food?

Latest figures from the Department of Agriculture show that farmers last year received an average of 40 cents from each dollar you spent at the store for farm-produced foods.

If you bought a dollar's worth of canned corn in 1972, the farmer who grew that corn got only 11 cents as his share.

Other food items and the farmer's share of the dollar spent are: white bread—15 cents; frozen peas—16 cents; potatoes—27 cents; dried beans—43 cents; fryers—49 cents—and eggs—57 cents.

The USDA study also showed that the typical household spent \$1,311 for farm-produced foods at the store in 1972.

This was 33 per cent more than the same food cost 20 years ago, but farmers' share rose only 13 per cent. Biggest factor in the increase was processing and marketing costs.

New Books At Local Library

New books received at Shepard-Pruden Memorial Library include the following:

ADULT FICTION

What Did I Do Tomorrow? by L. P. Davies.
The Devil of Aske by Pamela Hill.

Proud Flesh by William Humphrey.

The Summer Before the Dark by Doris Lessing.

ADULT NON-FICTION

I'm Running Away from Home. But I'm Not Allowed to Cross the Street by Gabrielle Burton.

Serpico by Peter Maas.

A Dictionary of Drugs by Richard B. Fisher.

Cosmetics from the Kitchen by Marcia Donnan.


Lusitania by Colin Simpson.

Enemy at the Gates by William Craig.



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