

# For And About Women

Page Three THE CHOWAN HERALD Thursday, August 9, 1973

## Herald Society News Marriage Vows Are Exchanged

Lt. Col. Frank A. Hughes and family of Washington, D. C. visited his mother Mrs. Gladys Hughes over the weekend.

Mr. and Mrs. C. B. Smith visited relatives in Altoona Pa. last week.

Mr. and Mrs. Cecil Fry, Jr. and children of Raleigh visited his parents Mr. and Mrs. Cecil Fry, Sr. on Country Club Drive last weekend.

Mr. and Mrs. Woodard Smith of Lake Butler, Fla. spent several days with his mother Mrs. George Smith and sister and family Mr. and Mrs. Jesse Harrell.

Mr. and Mrs. Lewis Leary and daughter Anne, J. M. Parrish and Vicki Leary spent weekend at Myrtle Beach, S. C. visiting Mr. Steve Leary.

Dr. and Mrs. Richard Hardin visited Dr. Hardin's mother Mrs. George Richards in Oxford, Pa. last weekend.

Mr. and Mrs. Wesley Chesson and family are vacationing in Myrtle Beach, S. C. this week.

Mr. Joseph Thorud has returned after spending a few days in Pittsboro, visiting her daughter and family Mr. and Mrs. Lewis Ralston.

Mr. and Mrs. Joe Debnam and daughter, Mary of Frankfurt, Germany are here for a months visit with his parents Mr. and Mrs. EP Debnam.

Mr. and Mrs. James Dail have returned after a trip to St. Louis, Mo. where they visited their son Gary for several days.

Mr. and Mrs. Nelson Crandall and family, Mrs. Julian Wood and Mrs. Holmes Clare and daughter Christina of N. Y. are spending this week at the W. E. Bond cottage in Nags Head.

Mr. and Mrs. Erwin Griffin, Jr. and son Jeffrey of Raleigh and Mr. and Mrs. Harry Mashburn and children of Columbia, S. C. visited Mr. and Mrs. Erwin Griffin, Sr. Saturday, the two couples were on their way to Nags Head for a vacation.

Miss Beth Katkaveck has returned home after spending the summer at Myrtle Beach, S. C.

Mrs. E. C. Toppin and daughter are visiting her parents Mr. and Mrs. Ben Clark in Sweetwater, Texas for several days.

Mr. and Mrs. Britton Byrum of Virginia Beach spent the weekend in Edenton visiting relatives and friends.

Mr. and Mrs. Frank White, Jr. have returned from Bangor, Maine after spending several days. Their son Jeffrey stayed in Bangor visiting his brother Frankie who resides there.

Miss Pat Bond left Saturday for a two weeks stay at Camp Lochill Farm in Hillsborough.

Mr. Frank Katkaveck vacationed in Florida last week.

Mrs. Elbert Peele, Mrs. Lloyd Parrish and Mrs. Edgar Lane toured Colonial Williamsburg, Tuesday.

Mr. and Mrs. George A. Byrum and Mrs. Raymond Mansfield left Sunday for a buying trip in New York City and returned Tuesday.

Mr. and Mrs. George Nixon, Mr. and Alton Clark and Mr. and Mrs. Graham Bass, Jr. spent the weekend at Nags Head.

Mr. and Mrs. W. K. Putney of Lynchburg, Va., were the weekend guest of her sister, Mrs. Emma Woodie on North Broad Street.

Mr. and Mrs. Rusty Calaci and children Tina, Pete and Julia of Los Angeles, California are visiting Mrs. Calaci's parents Mr. and Mrs. Otha Bennett. Mrs. Calaci is the former Juanita Bennett of Edenton.

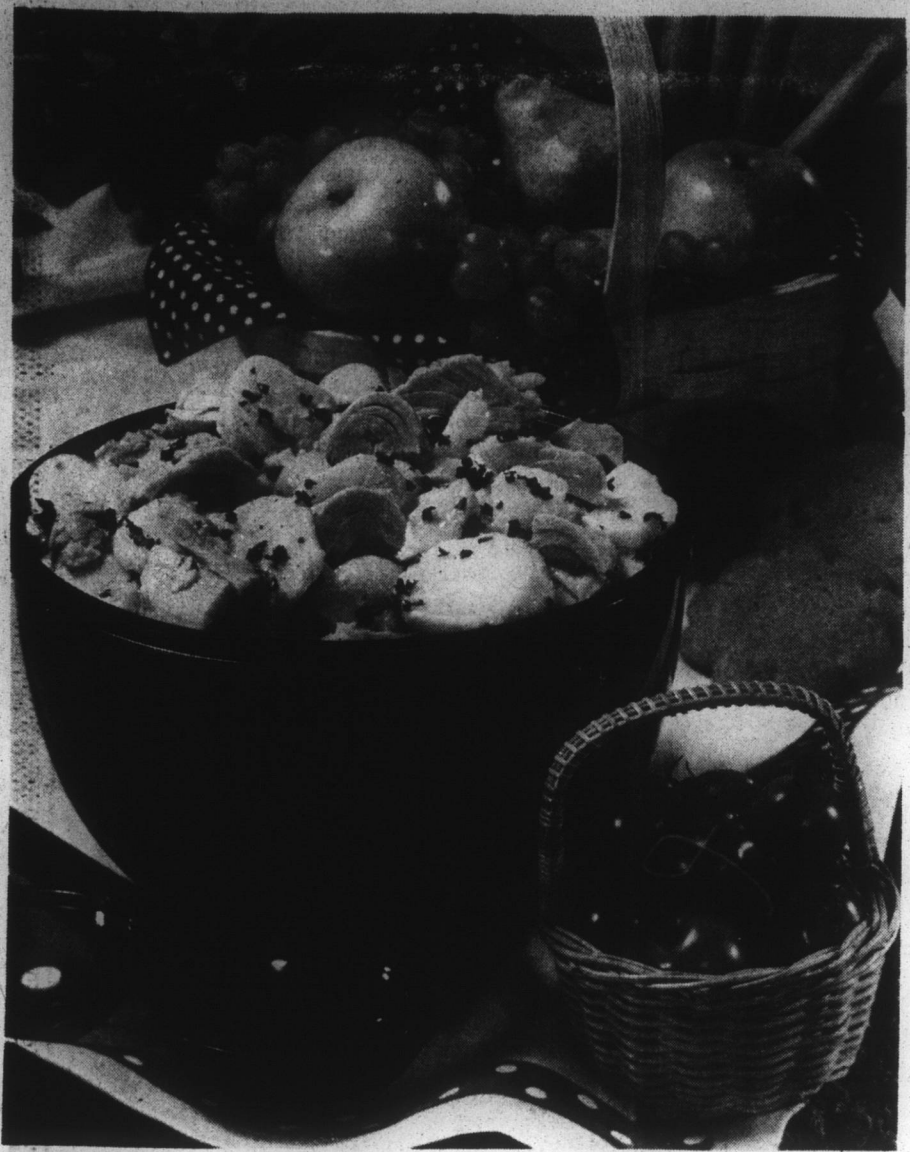
Miss Louise Ward, who has been spending the summer with her aunts, Miss Nannie Ward and Mrs. Mamie Sawyer, has returned to Raleigh to resume her duties as head of the home economics department of Sanderson High School.

Mr. and Mrs. Mike McCormick of Charleston, S. C. spent the weekend with Mrs. McCormick's grandmother Mrs. Ida Mae Roberson and brothers Bill and Russell Garwood.

Mr. and Mrs. John F. White spent the weekend in New Bern as guests of Father Robert L. Wilkin.



Mrs. Ronnie Lee Smith



**PICNIC CRUNCH**—Put some crunch into the picnic menu with a pleasant change from burgers and buns to zesty Tuna Potato Salad. It is delicious and thrifty fare. Add fresh vegetables, fruit and cookies for a fun outing. Keep it cool!

## From The Herald Kitchen

By MILDRED HUSKINS

Eating outdoors need not always be a "grilling" occasion!

Change the pace occasionally. Take a hearty salad to the patio or tote it to the picnic spot and live up the picnic with crunch.

Here are some summer salads which we have added to our recipe files and everyone should enjoy. They are budget-minded salads with thrifty yet flavorful ingredients.

Tuna Potato Salad is a good idea. Keep it cold and accompany it with fresh vegetable relishes.

**Tuna Potato Salad**  
8 medium potatoes  
4 teaspoons salt, divided

Water  
1/4 teaspoon pepper  
1/2 teaspoon Ac'cent  
1/4 teaspoon dry mustard  
3 tablespoons salad oil  
1/4 cup wine vinegar  
1/4 cup chopped onion  
1/4 cup chopped parsley  
1/4 cup chopped celery  
1/4 cup mayonnaise  
2 cans tuna

Place potatoes, three tablespoons salt and water in large saucepan. Cover and bring to a boil. Boil 15 to 20 minutes, until potatoes are fork tender. Drain. In a large bowl mix together remaining one teaspoon salt, pepper, Ac'cent and dry mustard. Stir in oil, vinegar, onion, parsley and celery. Peel and slice hot potatoes; add to bowl and mix well. Cover and chill several hours. Stir in mayonnaise and tuna. Makes four to six servings.

and garlic. Add remaining ingredients; toss to mix well. Cover and chill several hours. Serves four.

Bring along the big cooking pot and serve corn on the cob. It is simple to prepare and is generally a favorite. First of all, to help retain corn's freshness, leave it in the shuck in the refrigerator until cooking time. A pot of salted water should be boiling as you shuck the corn. Into the pot goes the corn. The water is brought again to a boil. Remove from heat and let corn stand in the hot water five to eight minutes. That is, if the corn is tender and fresh. Now it is ready for a coat of butter and a sprinkle of salt.

**Basket Notes**

Many a picnic is a disappointment because what ought to have been at the picnic site got left at home. Check that salt and pepper get into the picnic basket. Better still keep a supply there. Bring a plastic tablecloth to cover public park wooden tables and tote a plastic trash bag for cleaning up the place.

**Baked Bean Salad**  
1/2 teaspoon salt  
1/4 teaspoon pepper  
1/4 teaspoon dried leaf oregano  
3 tablespoons salad oil  
4 teaspoons cider vinegar  
1/2 clove garlic, minced  
1 can (1 lb. and 5 oz.) baked beans in tomato sauce, drained and rinsed  
1/4 cup chopped onion  
1/4 cup chopped green pepper  
1/2 cup sliced celery

In large bowl mix salt, pepper and oregano. Stir in oil, vinegar

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