

Bandon Notebook By Eleanor F. Jackson

By ELEANOR F. JACKSON

Writing this column is only one of Mrs. A. J. (Jeanne) Church's many fine qualifications, and E. F. J. is mighty pleased that we all realize it. A long write-up would only touch on her most obvious talents...for we learn of them daily as they unfold, in deed. How many know that Jeanne took her pen in hand, last week while she was suffering from the flu? Her truly Christian spirit abounds in every facet of her life.

By the time this goes to press there will have been an election of officers for Bandon Chapel's Church and Sunday School. Since it had been set for 7:30 P.M. last Tuesday, the results should be known and shown here, soon.

At Sunday School last week it was good to have the Willie N. Waters home again. They had

spent last week in Florida, and the week before in Hawaii. One of the first things observed at 9:45 P.M. on Sunday was the fine, new air conditioning system which had been installed in the church edifice. Now there is comfort in addition in Fellowship Hall.

Mrs. H. T. (Maragaret) Bunting was both organist and adult teacher. Mrs. G. D. (Evelyn) Tise had so many youngsters in her junior class, she called for the able and willing assistance of Mrs. W. N. (Louise) Waters.

With nearly double the number present this year, over that of the same Sunday last year, and B. Kent Rowley leading the singing, one has to admit the sound was super-glorious.

Superintendent A. J. Church fairly glowed with pleasure as he saw and welcomed the faces of old friends and the nearly new ones before him. First time

visitors were Mr. and Mrs. Melvin Elliott, and a dear little tot named "Trina" Bunting, grand-daughter of the "Trus" Bunting of Arrowhead Beach. Ushers at both Sunday school and church were R. Carlyle Gilliam, Fred W. Jolly, David W. Lapham and Henry J. Skinner. Mr. Lapham offered the prayer for the wise use of the offering.

Mrs. H. J. (Helen) Skinner was the celebrant who contributed to the birthday bank. It's a small replica of a church, always there to receive a penny (more if so moved) for each year. And that's what pays for stamps and cards to cheer the sick and comfort the bereaved.

The adult lesson was titled "Paul Speaks to a Divided Church" which this paper prints each week, sponsored by so many local business houses.

Church service, conducted by deacon Watson V. Blanchard at 11 A.M., opened with The Doxology, followed by the vocal solo "I Know Who Holds Tomorrow" sung by Mrs. Ersell (Patricia) Carrow, from Chesapeake, Va.

Dr. W. J. B. Livingstone gave the sermon, referring to John 6:27 for his theme. "Work not for the food that perishes, but for the food that remains for life everlasting, which the Son of man will give you; for upon this one the Father, even God, has put his seal of approval." Not by work alone, but first, by our faith...along with our work are we finally appraised.

Let prayers continue for known sufferers, and let them reach out to all people, the world over. Remember, "Prayer to be real involves praise to God, confession of personal sin, and commitment to God's Will." (Someone sent that bit of truth to this writer. Hope it helps you, too!)

With another bit of space, may we remind members and non-members alike that the B. C. W. G. is into its second year of service and pleasant get-togethers of the women near enough to come. As Watson V. Blanchard said, "How nice it would be if the men had such a helpful organization." It's every Thursday from 11 A.M. to

3 P.M. in Fellowship Hall. Come!

Talk Planned By Mrs. Wilson

Mrs. Jean Wilson, director of nurses at Albemarle Hospital, Inc., in Elizabeth City will be the guest speaker for the Sunday meeting of Northeastern N. C. Ostomy Group. The meeting will be held in the Albemarle Electric Membership Corporation building (REA) in Hertford, at 3 P.M.

Mrs. Wilson received her training at Portsmouth General Hospital, returning to Albemarle Hospital in 1955 where she has been director of nurses for 13 years. She attended the 1973 Conference of the United Ostomy Association, Inc., held in Chicago, where she had the opportunity to take part in seminars on "Basic Colostomy, Urostomy and Ileostomy Care" as well as other seminars on caring for the ostomy patient.

Principal cause of colostomy surgery is cancer of the colon or rectum. About four out of five ileostomies are done for ulcerative colitis and other causes are birth defects, injury and cancer. Urinary ostomies are necessitated by birth defects, malignancy, injury and nerve damage or malfunction.

Mrs. Wilson's expenses were paid by the Northeastern Ostomy Group from funds contributed to the ostomy group in 1972 by the Currituck, Dare and Chowan County Units of N. C. Division of American Cancer Society, donations from friends and profits from the sale of greeting cards.

The members extend an invitation to all ostomates, families and friends, members of the medical profession and any interested parties to attend the September meeting. Members please note change of time. Refreshments and a social hour will follow the program.

Social Security Administration News

By DONALD S. MORRIS
Field Representative

Under new regulations all applicants for social security numbers must submit evidence to establish their age, citizenship, alien status and true identity. This new regulation is based on the 1972 amendments to the Social Security act and requires all persons applying for a social security card to present their birth certificate.

The regulations further provide for the issuance of social security numbers to members of groups or categories of individuals such as individuals who are beneficiaries under any program financed from Federal funds or individuals who are entering the United States for permanent residence. United States consular offices throughout the world would obtain applications for social security numbers for the latter individuals.

In the past, social security numbers were issued in social security offices throughout the country. This year, Social Security Administration started issuing all social security numbers from its Baltimore headquarters because of the increasing importance of the number as an identifier for officially approved Government purposes.

Applications now are pre-screened against Social Security central files to minimize the potential for error and the issuance of more than one number to the same individual. For this reason, Social Security officials are advising persons who do not have a number and need one — such as young people planning to go to work — to apply well in advance of the day they may wish to have the number.

The Coast Guard formed its first aviation division in 1916 and now operates more than 160 aircraft from 25 different air stations.

New Flu Strain Means Another Shot

By CLAY WILLIAMS

Two flu shots will be required this winter to provide maximum protection.

"This year's flu situation is sort of unique," says Dr. J. N. MacCormack, head of the Communicable Disease Control Branch of the Division of Health Services. "Not only do we have to worry about the type 'A' strain of flu, but we also have to worry about a new type 'B' flu virus first spotted in Hong Kong in 1972. It later caused considerable illness in Australia and England," MacCormack said.

The public health officer said it is difficult to say when this new type "B" will reach the United States. "If it behaves as flu viruses have in the past we know it will get here eventually," he ventured. "The rapidity with which flu spreads is not predictable. All we can do is prepare for its highly probable arrival."

MacCormack pointed out that each spring companies gear up to make flu vaccine for the coming winter. He said vaccine production for the 1973-74 season began before the new type "B" was identified. Now, manufacturers are making two types of flu vaccine, one for the prevention of type "A" and the older type "B" flu, and a single vaccine to be used against the new type "B".

The communicable disease specialist said the vaccines will have to be given separately for maximum protection against flu this winter. He said the newer type "B" vaccine should be available sometime in September. He warned that both flu shots should be given in the early fall, about two weeks apart, for proper immunization.

MacCormack remarked that one of the characteristics of influenza noted through the years has been that when a new type appears, and new types of "A" and "B" have appeared at fairly regular intervals, the new

virus replaced an old one. Having suffered a particular type of flu does not protect a person from another type. The standard flu vaccine containing the older type "B" virus and the new type "A" virus may not be of much good in protecting against the new type "B" virus that may show up this winter.

MacCormack said one of the interesting aspects of influenza is that recent evidence suggests that viruses may be recycling themselves. He said it used to be felt that every 10 to 15 years a type "A" virus no one had ever seen would come along. However, blood studies done on people who had had flu at the turn of the century suggested that perhaps the Asian flu virus of 1957 and the Hong Kong virus of 1968 really had been seen before.

The recycling notion is of interest to biologists charged with the responsibility of producing flu vaccines. MacCormack said the problem with influenza control is that virus change is often unpredictable. To compound the immunization problem it takes several months to get a new vaccine into production.

"The London flu virus we saw last winter is thought to be a variation of the Hong Kong flu virus," MacCormack said. "Evidence suggests that viruses we've been seeing since 1957 have been around before,

or variations of them. Making a concrete determination concerning the recycling of flu viruses is difficult because we do not have the actual virus from earlier periods to work with due to the fact that the science of virology was not sufficiently developed at the time Asian and Hong Kong epidemics occurred at the turn of the century."

MacCormack recommends that people with heart or lung diseases, and other chronic diseases such as diabetes or other metabolic disorders, be especially wary of going through a winter without being properly immunized against flu.

Recreation Update

By ROY WINSLOW

The Edenton Recreation Department is sponsoring an adult volleyball league for both men and women this fall. Games will be played Monday through Thursday nights in the Armory.

All business, industries, clubs, and organizations interested in sponsoring a team, contact me at the Recreation Department, 482-2155.

We hope to begin our season by October the first, and we will have the Armory open nights before this time for teams to practice. With participation from all, we can have a successful volleyball program.

NEW Edenton Ceramics

Announces Its New Opening Address At 407 South Broad Street on September 15th. Sign Up For Door Prize Classes will begin for College of the Albemarle on September 18th. There will be Tuesday and Thursday evening classes from 7 P. M. to 10 P. M. Sign up early.

Samples on display are shown to give students new ideas of what they can learn to make in colors to match their home decor.

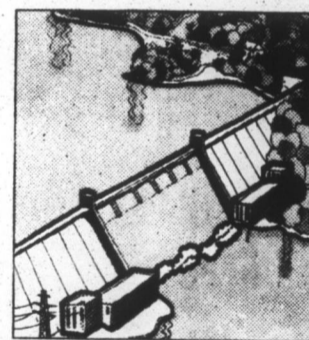
Everyone is welcome! A special invitation is given to newcomers. Come in, get acquainted and have fun with friends. Two certified teachers to serve you. Children's classes will be held first and third Saturday of each month from 9 to 12.

STORE HOURS:

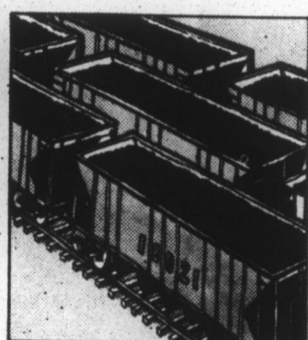
Daily.....10 A. M. to 4 P. M.
Saturday.....9 A. M. to 1 P. M.
Tuesday.....7 P. M. to 10 P. M.
Thursday.....7 P. M. to 10 P. M.
Closed Wednesday and Sunday

The Energy Crunch:

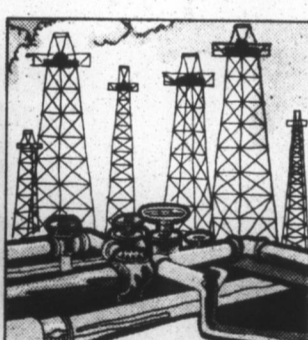
Supporting the search for new sources of electricity is just one provision of Vepco's Energy Insurance policy.



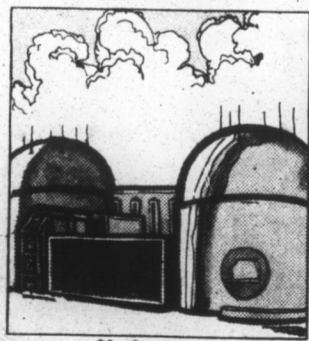
Water power



Coal and coal gasification



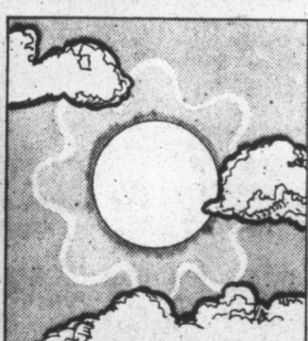
Oil and natural gas



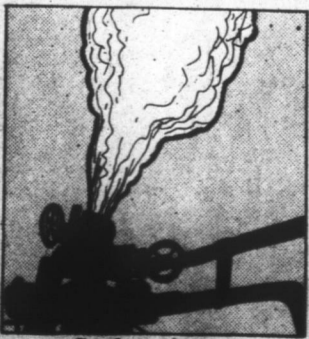
Nuclear power



Pumped storage power



Solar energy



Geothermal energy



Wind power



And power to be discovered

Vepco's answer to today's energy crunch and tomorrow's growing demands for electricity is safe, clean nuclear energy. By 1976 half the power we supply will come from nuclear sources.

But we are also supporting the search for still newer sources of electricity. Sources that — like nuclear power — won't be dependent on the expensive and hard-to-get fossil fuels like coal and oil that lie at the heart of the nation's energy problems, or dependent on politically unstable foreign supplies.

What are the possibilities? Solar power is already providing electricity for Skylab. But Skylab's entire electrical output couldn't run an electric range. And here on earth, so much of the sun's light is scattered and filtered by the atmosphere that it would take 100 square miles of solar cells just to supply Richmond with electricity — and the costs would probably be huge.

What about geothermal energy? The same heat from deep in the earth's core that makes "Old Faithful" spurt could, theoretically, be used to convert water to steam to run an electric power plant. But first we'll have to learn how to drill wells that are four times larger than an oil well and 50% deeper than man has ever gone before. Even so, there is already a VPI study to look into it.

While the practical application of power from these and other known sources — including the tides and the winds — is probably decades away, Vepco is already putting some new sources of electricity into actual operation.

In 1979, water running downhill from a high mountain reservoir in Bath County to a lower one will generate electricity during the day and be pumped uphill again with surplus power at night, when customer needs are low.

In the meantime, whether it's catching the sun or harnessing a mountain stream, if there's a chance it can help meet your needs with power to spare, the utility industry is going to be looking into it. Commitment to new discoveries is a powerful part of Vepco's Energy Insurance policy.

THRU SEPT. 9th

WHITE CHINA LAVATORY
14.95 19" x 17"

"CAREFREE" LAVANITY
67.95

CAST IRON LAVATORY
19.95

Wall hung, deep V.C. bowl with concealed overflow and anti-splash rim.

24" white cabinet with gold color accents. Post formed top and oval bowl. Complete set.

Deep oval ("18") diameter basin with twin self-draining soap rests and concealed front overflow.

REVERSE TRAP CLOSET
29.95

TUB/SHOWER
149.98

SIPHON-JET CLOSET
36.50

White vitreous china toilet with anti-siphon water inlet regulator.

Reinforced one-piece white fiberglass model without seams.

Acid/stain proof white toilet with large water surface leaving less exposed china to clean.

STEEL TUB
51.25

ASTRA-LAV
38.95

CAST IRON BATHTUB
89.95

Sparkling white enamel finish 15 1/2" high, 30" wide with tilting flange.

Cultured marble. A stain resistant one piece counter top with bowl. No-drip edge with 4 inch back splash.

Stain resistant white enamel finish with non-slip floor.

Vepco

FOREMAN'S MILLWORK
N. HUGHES BLVD.
DIAL 238-6018

ALLSTATE BUILDING SUPPLY
301 N. HUGHES BLVD.
DIAL 238-6444

FOREMAN'S KITT HAWK
KITTY HAWK, N.C.
DIAL 441-7951