

Miss Debra Lynn Bennett

## Couple Plans August Nuptials

Mr. and Mrs. Herbert Bennett announce the engagement of their daughter, Debra Lynn, to Philip Ralph Cerpanya. He is the son of Mr. and Mrs. John Cerpanya of Pittsburgh, Pa.

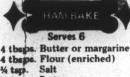
Miss Bennett is a graduate of Kempsville High School in Virginia Beach, Va., and is now a senior at the University of Virginia. She will graduate in May with a degree in nursing. Mr. Cerpanya is a graduate of

the University of Virginia. He is presently attending Thunderbird International Graduate Business School in Glendale, Ariz. An August wedding is planned

in Eder on.

#### Hospital Auxiliary

Mrs. Ores Blanchard and Mrs. Chris Kenney are the most recent new members in the Chowan Hospital Auxiliary's annual membership drive which will continue through January. Anyone interested injoining may contact Mrs. Jack Harris at 482-4815. The next meeting of the auxiliary will be held January 7, at 10 A.M. in St. Paul's Episcopal Church parish



Pepper Milk Cooked ham (diced) 4 thsps. Onions (chopped)
2 cups FRITOS brand corn chips (lightly crushed

Make a sauce of the butter or margarine, flour, seasonings and milk. Add ham and onion to sauce. Place half of FRITOS brand corn chips in casserole. Add sauce. Top with remaining FRITOS brand corn chips. Bake at 350 degrees for 25

## Congregation Nill Be Feted

A plancake breakfast will be held at Edenton United Methodist Church at 8:30 A.M. Sunday for the entire congregation. The breakfast in the fellowship hall is sponsored by United Methodist Men's

Holy Communion will be observed at the 11 A.M. service and the evening service will be directed by a layman of the church.

# **Bible Study**

January Bible Study will be held at Edenton Baptist Church next week with Rev. Robert E. Gray, pastor of the church, teaching the book entitled; 'Colossians: Christ Above All.' Beginning Sunday morning at

10 o'clock, Mr. Gray will speak to the Adult and Youth Sunday School classes on an introduction to the Book of Colossians.

Continuing the study at the 11 o'alock morning worship, he will use as his sermon topic "A Prayer of Petition." Scripture will be taken from Colossians 1:9-14. Sessions will be held each evening at 7:30 o'clock Sunday through Wednesday

Copies of the study book may be obtained from the church

Nursery facilities will be provided for children three years and under.

The public is invited to attend.

Figures compiled by the Small Business Administra-tion show that 95% of the 8,4 million U.S. businesses are defined as "small," and

### Engagement Is Announced Mr and Mrs Ivan Bunch of

Miss Phyllis Elaine Bunch

Hobbsville announce the engagement of their daughter. Phyllis Elaine, to Obed Linwood Lee, Jr., son of Mr. and Mrs. Lee, Sr., of Edenton.

The wedding will be held at 3 P.M. Sunday in Yeopim Baptist Church.

Friends and relatives are cordially invited to attend.

### MAKE-UP ARTIST RECOMMENDS HIGH PROTEIN FOR INSTANT SLIMMING

By now, everyone knows the wonderful results a high protein diet can have on your cheeks: apply below the figure, but do you know that applied on the outside, protein does beautiful things for your complexion? According to Coty make-up artist, Wayne Franken, that's so. Protein is important as cosmetic ingredient -- it helps fill in tiny lines and wrinkles and it locks in the complexion's own natural moisture. Wayne uses Coty's new Great Coverage protein foundations and blusher for slenderizing cosmetic shadowing. Special model techniques can cleverly slim and

shape facial contours. "Foundation is even more effective than a shading cream. Because you're shading with true skin tones, it looks more real, especially close-up," says Wayne.

For instant facial Choose a color one shade darker than your usual. If that it is not noticeable. your skin is Nordic pale, Golden Beige will probably be perfect for the dark tone, and Basic Bisque will be your overall color. If your skin is tan, use Golden Bronze Great Coverage for shading, Sunny Tan for overall. If it's olive, use Tawney Rose for shading, Tea Rose

Apply the darker color first, then apply your usual overlapping lightly and blending for a smooth graduation of tones. Here's how



MEDIAN AGES

According to recent government surveys, the averusually older.

cheek bone on the lower back quarter cheek. Blend toward the tip of the ear, away

from the mouth and eye. Bringing it too far forward is a common mistake. It should be no further forward than the outer corner of the eye and no higher than the middle of the ear.

4. Define the jaw line: apply under the chin from behind the ear and continue the line down onto the neck, fading the color into nothingness by the first ring on the

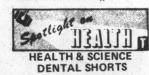
throat. It's important to fade color gradually out on-to chin, throat and car so This shading is most flattering, but only if it is subtly done.

Blush Beautifully Blush is a lively beauty accomplice that looks best when you don't notice it. Apply sparingly and only in the limited area of the outer cheekbone. Put it higher than your nostrils and further back than the middle of your eye. Within this space, the shape of your blusher can make a big difference.

1. Squares of color bal

ance a narrow chin. 2. Triangles, wider to-ward the ear, make a broad or chunky square face appear more slender. Slant the tip of the triangle down toward the mouth if the face is square, up toward the bridge of the nose if the face is a heavy oval or egg shaped.

3. Horizontal bars of color running across the tops of the cheekbones shorter the dimension of a long face.



In Central Africa among Wawira tribes, men pointed their teeth to attract women. In early Japan married women dyed their teeth black to discourage their husbands' jealof other men. Black teeth became the married woman's status symból of ta-boo to others. Until not long ago many black porcelain teeth were made in America for Japanese use in dentures

for married women. Best-selling toothpastes in America contain tooth-polishing ingredients. Whiter teeth are favored. Toothbrushing is advocated to help prevent dental caries and periodontal

disease.

There is a new toothbrush for persons with overly-sen-sitive teeth who find toothbrushing painful. The new brush, called Sensodyne Gentle, has bristles, head, and handle especially designed to make brushing more comfortable, and tooth cleaning more effective for these individuals.

effective for these individuals.
Sensodyne toothpaste is already recommended by 80,000 dentists for desensitizing teeth. The active ingedient in the dentifrice penetrates the tooth structure to help block pain impulses. This effect increases with continued brushing. The new brush is recommended for use with the toothmaste.

Accidental injuries to teeth can be prevented with the use of safety belts in automobiles and mouth protectors when engaged in contact sports. Children should be encouraged to follow safety rules in ames, and

# Herald Society News

Mr. and Mrs. West Byrum and daughters spent the weekend in Bladenboro visiting, Mr. and Mrs. June Singletary.

Miss Jody Merrill of Raleigh spent the weekend visiting Emmett Wood and his parents Mr. and Mrs. C. H. Wood.

Mr. and Mrs. Dick Balzer and children Amy, Beth and Richard of Malvern, Pa., spent the Christmas Holidays with Mr. and Mrs. J. Clarence Leary, Sr.

Mr.and Mrs. Dick Weeks, Jr., of New Bern spent Sunday with his grandparents Mr. and Mrs. J. Clarence Leary, Sr.

Mr. Lester Lewis is recuperating in Pitt Hospital, Greenville following an operation. Mr. Lewis resides with his family on Country Club Drive and is an Inspector for Commercial and Sports Fisheries.

Mrs. Marvin Wilson and son Channing of Faison, N. C. spent the holidays with her sister Mrs. John A. Bunch.

Mrs. George Dail spent Christmas with Mr. and Mrs. Otis Bowen and family in Washington, N. C.

Mr. and Mrs. J. E. Debnam spent Christmas Holidays in Richmond visiting Mr. and Mrs. Herbert Jackson.

Miss Aurelia Layden returned Friday after spending two weeks visiting Mr. and Mrs. Wiley Taylor and family in Charleston, S. C. ---0-

Miss Ida Smyer of New York City spent a few days visiting Mrs. Ida Roberson. ---0--

Mrs. Loretta Deans has returned after spending the holidays in Richmond, Va. -0-

Miss Elizabeth Jacobs of South Mills returned home Monday after spending a few days with her sister Mrs. E. W. Spires. --0--

Mr. and Mrs. Harry Gibson have returned to their home in Morgan Park after spending a few days with his parents Mr. and Mrs. O. E. Gibson. --0---

Mrs. W. D. Hutchison and daughter Kathryn have returned to their home in Spencer, N. C. after spending several days with Mr. and Mrs. Bob Hutchison.

Capt. and Mrs. Joe Harrell and son Joel have returned to McGuire AFB N.J. after spending the Christmas Holidays with his parents Mr. and Mrs. Earl Harrell.

Mr. and Mrs. Ronald Perry and family of Portsmouth, Va., spent Christmas Holidays with their parents Mr and Mrs Earl Harrell and Mr. and Mrs. Bristoe Perry. -0--

Mr. and Mrs. Julian E. Forehand have returned to their home in Westover Heights after spending the holidays with their son, his wife and family, Mr. and Mrs. Ralph R. Forehand in Wilmington, Delaware.

Mr. and Mrs. Jessie Maher and daughter Jeanette of Silver Springs, Md., have returned home after spending last week with Mr. and Mrs. H. Z. Moyers.

Mrs. Watts Poe of Chapel Hill visited her father Mr. Branning Perry during the Holidays.

Wiltshire and son Bob of Richmond, Va. visited her sister Sara Miller during the Holidays.

## **News From Merry Hill Section**

MRS. ETHEL WINBORNE

Mr. and Mrs. Jimmie Bailey and children. Stacey and April of Newport News spent from Friday until Tuesday with her parents, Mr.and Mrs. Ralph Smithwick. --0-Mr. and Mrs. Rufus Baker

accompanied Mr. and Mrs. Everett Baker and son of Cheaspeake to Silver Springs Md., and spent the weekend before Christmas with Mr. and Mrs. Darrell Baker and family. -0-Mrs. Shirley Davis Muse and

family of Portsmouth visited Ethel Winborne Wednesday afternoon. ---0---Mr. and Mrs. Thomas White

and family, Mr. and Mrs. David White and Mr. and Mrs. Phil Hopkins of Newport News visited Mrs. J. W. White during the holidays last week.

Students at home for Christmas were: Miss Ellen Pruden from Methodist College, Fayetteville, Misses Marilyn Kay and Marsha Barfield and Scott Keeter from E. C. Greenville.

Mr. and Mrs. Bob House and children Lynn and Jennifer of Harrellsville and Mr. and Mrs. Jimmy Bailey and children. Stacey and April of Newport News were Christmas Day dinner guests of Mr. and Mrs. Ralph Smithwick. ----()----

Mr. and Mrs. Jimmie Love and Mrs. Nina Whiteman spent several days during Christmas at Wingate with Mr. and Mrs. Sam Love.

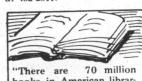
Mrs. Ethel Winborne spent Christmas with her brother, A E. Bowen, Sr. in Windosr. Saturday Mrs. Winborne accompanied. Mrs. Arthur Bowen to Ahoskie to visit Jordan Yates at Chowan Manor Rest Home.

Mr. and Mrs. Everett Baker and son of Chesapeake spent Christmas with his parents, Mr. and Mrs. Rufus Baker. -0--

Ethel Winborne attended the funeral of Mrs. Callie Britt in Harrellsville Thursday also visited Mrs. Grover Farless at Colerain that afternoon.

### Pap Smear Urged

All women should have a Pap Smear Test for cancer every year. If you have not had this test, talk with your family doctor or call the local health department. A Pap Smear Screening Test will be given or the second and fourth Mondays from 1 P.M. to 4 P.M. at the Chowan County Health Department, Edenton. Anyone desiring an appointment is ask to call the Health Department at 482-2511.



books in American libraries, but the one you want to read is always out. (Tom Masson)

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# Brides discover microwave oven makes a good friend in kitchen

Many brides are interested in experimenting with new methods of cooking, such as microwave cooking,

and for good reason. As the bride soon learns, the time savings and convenience of microwave cooking make meal preparation faster and easier. Using the microwave

cookbook that is provided with General Electric's new JET 82 countertop microwave oven, she can have an appetizing meal prepared and ready to serve in min-A cooking time chart lo-cated on the front of the unit is a handy reminder

of cooking times for frequently prepared food items. A popular way for the working bride to use the microwave oven is to plan and prepare meals in advance to be frozen or refrigerated until the day she serves them. Just a few seconds or minutes in the JET 82 when she returns from work and the meals are thawed, heated and

ready to serve.

After using a JET 82, it won't be long before she finds she has more than



cooking, will interest brides concerned with convenience and saving time. The cooking time chart located on the front of the Jet 82 countertop microwave oven by General Electric and the microwave cookbook provided with it can help

# Brandy's dandy for everything

Brandy sales in the U.S. reached an all-time high in 1972 and it's no wonder. Once just an after-dinner pleasure for gentlemen along with cigars, brandy has now become a useful and versatile mainstay of the American larder and

Brandy is widely used as a mixed drink ingredient, and European trips have given Americans a taste for brandy and soda.

Brandy is also a popular ingredient in gourmet cooking. While the alcohol cooks away in preparing a dish the brandy flavor is left to give an added sparkle and zip to everything from hors d'oeuvres to desserts. Most brandies are good

for the spectacular flambeing of foods which is becoming a widespread 'show

biz' part of American formal dinners. Just remember the secret is to warm up the brandy before igniting it. Brandy is a handy comfort to sufferers from cold and colds, and a help to the weary and faint.

The danger is that the label brandy is often slapped on some terrible stuff which is sold cheaply and is a very far cry in taste from the famous, imported brandies which are well aged. Yet an imported brandy needn't break your

budget either. A very fine and imported brandy such as Mouquin can be had at a reasonable price. Mouguin Brandy, to use this particular brand as an example, is 80-proof and a full ten years old. It is a smooth and mellow product of the grape which has pleased the most connoiseur of palates. So even for a young cou-

ple just starting out it's possible to have in the house a very good brandy you can

#### BRANDY STINGER

Shake together over ice 11/2 oz. Mouquin Brandy and 112 oz. white creme de menthe. Strain into a cocktail glass.

BRANDIED STEAKS

Season two thin steaks with salt and pepper, then pan broil in 112 tblsps. butter for a few minutes on each side. Add one tblsp. Worcestershire sauce and 1 tblsp finely chopped chives, stir, turn heat down. Set aflame 2 tblsps. warm Mouquin, pour over steaks, allow flames to die out. Remove steaks, pour juices over and

# Couples' choice of musical instruments varies to accommodate taste and style

More than 2 million couples will be married this year. While most will have a traditional service, a growing number of young people are revising ceremonies to suit their own tastes and lifestyles.

often changed, says the American Music Conference, is the couple's selection of musical instruments to set the mood.

At a recent ceremony in Chicago, the bride walked down the aisle to "Song for Diane," which was especially composed for her by the prospective group

In other cases, where a more traditional selection of music has been made, the couple has chosen to com's plement the organ with violins, recorders, flutes, guitars or even a jazz combo composed of bass, piano and drums.

CARD OF THANKS understanding:

Zona Whiteman

INTEREST

RATE

# Often, the bridal pair will

One of the things most

To every one I want to say thank you in the name of the Lord for all the beautiful cards, gifts, money, fruit and food and every expression of kindness to the countless wonderful people who have touched my life. I give thanks to God for all and wish you a Blessed New Year with His peace which passes all

In Egypt and other Isforego use of professional musicians and call on friends to perform. One couple, who were married in a rustic mountainside ceremony, had friends perform on guitar and two re-While the selection of

some of these instruments still strikes us as exotic, many of them have tra-ditionally been used in non-Western wedding ceremonies. Drums, for example, are

Arabic cultures.

During marriage ceremonies in Nigeria women accompany themselves on large inverted calabash bowls — some beaten with the hands and some with sticks - while they sing a song advising men to investigate the character of

lamic countries, a drum made of a wooden hoop and two skins is played exclusively by women as part of the ritual. The use of the drums is in keeping tions in the Koran - "Publish the marriage and beat

In the Dalarna region of Sweden, a tradition evolved of having fiddlers play for weddings. Even today, these ceremonies are conducted integral parts of wedding with the assistance of sevrites in many African and eral fiddlers. While one plays the melodic line, the others improvise so that the

music is ever changing. While the wedding service may change, one thing is certain old or new, traditional or modern -- all rituals include music as a uniquely expressive part of

W. E. S.

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ONIONS

ROCKY HOCK SECTION

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# NOTICE!

We regret that due to the energy crisis it is necessary for us to make only scheduled deliveries. Beginning January 7, 1974, our delivery service will run at 9:00 and 11:30 A. M. and 2:00 and 4:30 P. M.

We ask that you keep this in mind when placing your orders.

#### age new bride is almost 21 years old and the groom is slightly over 23. College educated newlyweds are