

# From The Chowan Herald Kitchen

**By MILDRED HUSKINS**  
Treat your family to breakfast in chuck wagon style. A hearty breakfast is traditional in the ranch country before the hands leave out for a day riding the range and "locking" the fences. There is a similar tradition in the rural south where the field hands, both the hired and unpaid family variety, are up with the sun and out into the fields after a huge hot breakfast. We are hearty breakfast-eaters at our house and remember the wonderful, laden breakfast table at our home as we grew up in the country. So, you don't have time for such things most mornings! But if you want to make it a family heyday full of real pleasure of home life, serve a

fine substantial brunch on Saturday or Sunday. Fill your breakfast table with the bounty of fresh fruits and vegetables, and you can't go wrong. A Tomato Western Platter is as grand as all outdoors, and easy to make, too. Just as soon as fresh tomatoes are in good supply and not so expensive, take the hint and grill them topped with savory Parmesan cheese. Complete the platter with fluffy scrambled eggs and crispy slices of Canadian bacon and plenty of home fired potatoes. Start breakfast with some juicy, colorful fresh fruit. Cantaloupes are in the market in good supply. Why not serve a wedge of cantaloupe with a quarter of fresh lime or lemon to squeeze over it for tang and

contrast. A fresh fruit compote is another very fine starter for breakfast and a nice change from a glass of juice.  
**Grilled Tomatoes**  
4 tomatoes, firm  
¼ cup fine dry bread crumbs  
¼ teaspoon salt  
One-eighth teaspoon sugar  
¼ teaspoon dried leaf basil  
2 tablespoons grated Parmesan cheese  
2 tablespoons butter or margarine, melted  
Cut thin slice from stem end of tomatoes. In a small bowl mix bread crumbs, sugar, salt, basil and cheese. Sprinkle evenly over tomatoes. Drizzle with melted butter. Place on a rack and broil three to five inches from heat until crumbs are brown and tomatoes are heated through. Serves four.

**Breakfast Fruit Compote**  
3 cups fresh Cantaloupe balls  
1 cup fresh blueberries  
1 cup fresh orange sections  
¼ cup fresh lemon juice  
2 tablespoons fresh lime juice  
¼ cup sugar  
In large bowl mix cantaloupe, blueberries and orange sections. Combine lemon juice, lime juice and sugar; pour over fruit. Cover and chill. Serves six.  
For a breakfast treat serve a leisurely meal of ham patties and oven-baked French toast with orange sauce. It is a great way to start the day! Toast preparation is done the day before so when you're ready to eat, the toast is ready to bake. While it's in the oven, you can heat the orange marmalade and section an orange for the sauce. To complete this menu, add fruit juice or fresh fruit, milk and coffee.

**Ham Patties with Oven French Toast**  
1 can (1lb. 5 oz.) Swift's Ham Patties  
4 slices Italian bread, cut diagonally 1¼-inch thick  
4 eggs  
2 cups milk  
1½ cups orange marmalade  
2 tablespoons fresh lemon juice  
2 large oranges, peeled and sectioned  
One day before serving, place bread slices in oblong dish. In small bowl, beat eggs until frothy. Stir in milk. Pour over bread. Cover and refrigerate overnight. About 20 minutes before serving, preheat oven to 450 degrees. Place soaked bread on lightly greased cookie sheet. Bake about 15 minutes, turning once. Meanwhile brown ham patties in slightly greased skillet over medium heat, about three minutes per side. Prepare sauce by heating marmalade in small saucepan. Add lemon juice. Fold in part of the orange sections. Spoon into serving bowl. Place ham patties and French toast on heated platters, garnish with remaining orange sections.

**RECEIVES DEGREE**  
Gene Wayne Harrell, Route 3, Edenton, was among 326 students at Atlantic Christian College in Wilson who received degrees last Friday. Commencement speaker was Dr. Nevitt Sanford, scientific director at The Wright Institute in Berkeley, Calif.

**BIRTH ANNOUNCEMENT**  
Mr. and Mrs. Robert Boyce of Suffolk, Va., announce the birth of a son, Robert Chad, born on May 2 in Maryview Hospital, Portsmouth, Va., Mrs. Boyce is the former Marilyn Baker daughter of Mr. and Mrs. Locke Baker of Tyner.

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**J. EDWIN BUFFLAP**  
Chowan Herald Office



**HEARTY BREAKFAST**—Breakfast western style includes grilled fresh tomatoes with a touch of Parmesan, fluffy scrambled eggs and Canadian bacon. Serve cantaloupe or a fresh fruit compote for a festive first course.

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**Battleship Event Is Scheduled Memorial Day**

WILMINGTON—The traditional Memorial Day ceremony on board the USS North Carolina Battleship Memorial will be held at 5:45 P.M. on May 27, Cpt. C. B. Jennings, USN (Ret.), superintendent of the memorial has announced.

The captain stated that although the famed Battleship is the official state memorial to the more than 10,000 North Carolinians who gave their lives for their country in World War II, she serves as a focal point on Memorial Day to honor the memories of those men and women of all wars who made the supreme sacrifice in the defense of our nation.

Rev. A. J. Morris, pastor of the Pine Valley Methodist Church in Wilmington, will speak in memoriam. The Second Marine Division band of Camp Lejeune will furnish music and a detail from the Wilmington Naval Reserve Center will render the rifle salute.

Local government officials will also participate in this annual ceremony. The public is cordially invited to attend. Capt. Jennings also noted there will be the customary brief meeting of the Battleship Commission prior to the ceremony.

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