



OTTIS COWPER

**Workshop To Be Continued At N.C. State**

The Department of Materials Engineering at N. C. State University announces the continuation of its annual summer workshop for superior high school students on the applications of chemistry and physics to engineering materials. The workshop will be held July 8-12, 1974 on the campus of N. C. State.

This year Ottis Cowper of Gatesville, a student at Chowan Academy, has been invited to attend.

The program will be particularly meaningful to those students who are considering engineering as a choice of university study. This year's workshop will concentrate on chemical and physical principles involved in the fabrication, testing, and physical examination of metals and ceramics.

The students will be given opportunities to use laboratory equipment that most high school labs do not have.

Participants will use optical microscopes, mechanical and electrical testing equipment coupled with computer analysis, and other control devices in carefully selected experiments in such subjects as fabricating glass, crystal structures in metals, corrosion of metals, metal microstructure, failure analysis, and enameling metals.

**Dividend Voted By Peoples Bank**

ROCKY MOUNT—The Board of Directors of Peoples Bank and Trust Company voted at their May 15 meeting to declare a dividend of 22 cents per share on the bank's common stock.

The dividend will be payable June 28 to shareholders of record on June 14. This newly declared dividend represents a 10 per cent increase over the 20 cents per share dividend declared during the first quarter. The new dividend will bring the year-to-date dividend total to 42 cents paid to shareholders compared to 38 cents paid during the same period of 1973.

Peoples Bank and Trust Company is a \$177-million deposit bank with 38 offices in 22 North Carolina cities.

There is a difference between doing the work and doing it right.

**Helps Shrink Swelling Of Hemorrhoidal Tissues**

caused by inflammation. Doctors have found a medication that in many cases gives prompt, temporary relief from pain and burning itch in hemorrhoidal tissues. Then it actually helps shrink swelling of these tissues caused by inflammation. The answer is Preparation H. No prescription is needed for Preparation H. Ointment or suppositories.

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MAXWELL HOUSE

**COFFEE**

1-LB. BAG **88¢**

CHEK

**DRINKS**

ASSORTED FLAVORS 12-OZ. CANS **10 88¢**



ASTOR PURE VEGETABLE SHORTENING

**88¢**

3-LB. CAN

LIMIT ONE WITH \$5.00 OR MORE FOOD ORDER

SAVE 51c

STOKELY

**PEACHES**

2 1-LB. 13-OZ. CANS **88c**

THRIFTY MAID

**BLACKEYE PEAS**

4 15-OZ. CANS **88c**

THRIFTY MAID

**FRUIT DRINKS**

3 46-OZ. CANS **88c**

THRIFTY MAID

**PORK & BEANS**

4 1-LB. CANS **88c**

DIXIE DARLING MACARONI &

**CHEESE DINNERS**

4 7 1/2-OZ. BOXES **88c**

THRIFTY MAID FRENCH CUT

**GREEN BEANS**

4 1-LB. CANS **88c**

THRIFTY MAID

**PINTO BEANS**

4 15-OZ. CANS **88c**

LAND O'SUNSHINE

**BUTTER**

1-LB. CTN. **68c**



THRIFTY MAID APPLE SAUCE

**4 88¢**

LIMIT 4 WITH \$5.00 OR MORE FOOD ORDER

SAVE 29c

**DIXIE DARLING**

MADE WITH BUTTERMILK 1 1/2-LB. LOAVES **\$1.00**

HAMBURGER OR HOT DOG BUNS 3 11-OZ. PKGS. **\$1.00**

PECAN TWIRLS 2 7-OZ. PKGS. **79c**

**SUPERBRAND**

**GRADE 'A' EGGS**

LARGE DOZ. **48c**  
MEDIUM DOZ. **43c**

**BABY FOOD**

**BEECH-NUT**

STRAINED 4 1/2-OZ. JAR **7c** JUNIOR 7 1/2-OZ. JAR **13c**  
GERBER'S  
STRAINED 4 1/2-OZ. JAR **8c** JUNIOR 7 1/2-OZ. JAR **14c**

**ASTOR COFFEE**

1-LB. CAN **59c**

LIMIT 2 - PLEASE

EASY TO INSTALL GAS PROTECTOR

EA. **49c**

**NON-FOODS DEPT.**

CLAIROL HERBAL ESSENCE SHAMPOO (NORMAL OR OILY) 8-OZ. SIZE **88c**  
COLGATE TOOTH PASTE BAYER 7-OZ. TUBE **88c**  
ASPIRIN 8-OZ. BTL. OF 100 **88c**

MARHOEFER BONELESS CANNED **HAM** 3-LB. SIZE **\$2.99** SAVE \$1.50

W-D BRAND U. S. CHOICE BEEF BONELESS BOTTOM ROUND OR **RUMP ROAST** **\$1.39** LB.

- W-D BRAND U. S. CHOICE BEEF BONELESS FULL CUT **ROUND STEAKS** LB. **\$1.45**
- W-D BRAND U. S. CHOICE BEEF BONELESS **TOP ROUND STEAKS** LB. **\$1.49**
- W-D BRAND U. S. CHOICE BEEF BONELESS WHOLE **ROUNDS** 40 LBS. AVG. (CUT FREE INTO STEAKS, ROASTS & TRIMMINGS) LB. **\$1.15**
- WHOLE SMOKED **PICNICS** (6-8 LBS. AVG.) LB. **55c**
- SLICED, WHOLE SMOKED **PICNICS** (6-8 LBS. AVG.) LB. **59c**
- W-D BRAND SLICED **COOKED HAM** 12-OZ. PKG. **\$1.59**
- W-D BRAND OLIVE LOAF OR **PICKLE & PIMIENTO LOAF** 8-OZ. PKG. **49c**
- W-D BRAND REGULAR OR **BEEF BOLOGNA** 8-OZ. PKG. **49c**
- W-D BRAND REGULAR OR **DINNER FRANKS** 1-LB. PKG. **79c**
- W-D BRAND FROZEN BEEF **PATTIES** 12 QUARTER-LB. PATTIES 3-LB. BOX **\$1.99**
- FRESH PORK **SHOULDER BLADE ROASTS** LB. **79c**
- FRESH PORK **SHOULDER BLADE STEAKS** LB. **89c**
- SUNNYLAND FRESH **PORK SAUSAGE** (HOT OR MILD) LB. **69c**
- SUNNYLAND HOTEL **SLICED BACON** 12-OZ. PKG. **79c**
- TURKEY QUARTERS **BREAST PORTION** LB. **69c**
- TURKEY QUARTERS **LEG PORTION** LB. **49c**
- JENNIE-O BRAND **TURKEY LOAF** 2-LB. SIZE **\$1.99**
- JENNIE-O BRAND SLICED **TURKEY WITH GRAVY** 2-LB. SIZE **\$1.99**

**SEAFOOD DEPT.**  
BONELESS **PERCH FILLET** LB. **79c** 5-LB. BOX **\$3.89**  
H & G **WHITING FISH** LB. **39c** 5-LB. BOX **\$1.69**  
FRENCH FRIED **FISH CAKES** LB. **59c** 10-LB. BOX **\$4.95**

**DAIRY DEPT.**  
SUPERBRAND MEDIUM AGED OR **LONGHORN CHEESE** LB. **\$1.39**  
PILLSBURY BUTTERMILK **CANNED BISCUITS** 4 8 1/2-OZ. CANS **49c**

BANQUET **MEAT DINNERS** (CHICKEN TURKEY SALISBURY STEAK CHOPPED BEEF VEAL PARMAGIAN) 11 OZ. SIZE **2 79¢** SAVE 40c

VINE RIPENED **TOMATOES** **39¢** LB.

- LIQUID PLUMR 1/2-GAL. JUG **\$1.43**
- BREAST O' CHICKEN **CHUNK TUNA** (WATER PACK) 8 1/2-OZ. CAN **49c**
- NEWQUET AEROSOL **AIR FRESHENER** 7-OZ. CAN **49c**
- LUZIANNE **INSTANT COFFEE** 10-OZ. JAR **\$1.59**
- BREAST O' CHICKEN **CHUNK TUNA** 8 1/2-OZ. CAN **49c**
- LUZIANNE RED LABEL **COFFEE** 1-LB. CAN **99c**
- GORDON'S **POTATO CHIPS** 3 1/2-OZ. BAGS **55c**
- NABISCO **WAVERLY WAFERS** 1 1/2-OZ. PKG. **53c**
- CHUNK KING **CHICKEN CHOW MEIN** 10-OZ. SIZE **\$1.35**
- JIF **PEANUT BUTTER** 10-OZ. JAR **79c**
- LIPTON **INSTANT TEA** 3-OZ. JAR **\$1.15**
- MRS. FILBERT'S **WHIPPED MARGARINE** 8 STICKS 1-LB. CTN. **49c**