Page 2-C



STUDENTS DISCUSS CAREERS-Chowan Academy was the site recently of a College-Career night with 36 representatives of colleges and universities on hand. Pictured here is a portion of the group.

Report From

Washington

an incredulous proposal.

According to The Washington

Post, the USDA is considering

plans to send a "song and

praver tent show" across the

land to convince Americans

that food prices are not all that

stated, "...the tent show idea

was almost incomprehensible,

and more effort should be spent

on helping farmers and

reducing middleman food

would be to go to the major

cities explaining food prices

maximum emotional impact,

all audio will be musical rather

than verbal, ranging from a

hymn of thanksgiving as the

pilgrims bow heads over the

first harvest to 'America The

Beautiful' as the best of this

"For

concluded with.

No comment.

As a member of the Senate

bad!

College-Career Night At Academy

On September 26, a College-Career Night program was held at Chowan Academy. Attending the program sponsored by Chowan, Lawrence, Albemarle and Roanoke-Chowan academies were 36 colleges and technical institutes.

Represented were Atlantic Christian, Brevard, Catawaba, Chowan, Elon, Gardner-Webb, Greensboro, Guliford, Lees-McRae, Lenoir-Rhyne, Louisburg, Mars Hill, Meredith, Methodist, Mount Olive, N. C. Weslevan, Peace, Pfeiffer, St. Andrews Presbyterian, St. Warren-Wilson, Marv's. Wingate, Southern Seminary, Virginia Intermont, Kings, Harbarger Business, Lenoir Community, and Wayne Community Colleges; Pitt County. Martin County, and Beaufort County Technical Institutes: College of the Albemarle; Obici Hospital Nursing School; North Carolina State University; and West and Coast Guard Academies.

Chowan and Albemarle academies met the representatives from 7 to 8 o'clock; Lawrence and Roanoke-Chowan academies attended from 8 to 9 o'clock. Chowan Academy then held a social hour for the representatives from 9 to 10 o'clock

the House and Senate. All four schools felt that the program was a great success and very helpful to the students.

Helps Shrink Swelling Of Hemorrhoidal Tissues

caused by inflammation

Doctors have found a medication that in many cases gives prompt, temporary relief from pain and burning itch in hemorrhoidal tissues. Then it actually helps shrink swelling of these tissues caused by inflammation.

The answer is Preparation H®

substitute materials he intended to employ, and waiting at least 60 days thereafter while

Congress is in session, mint an No prescription is needed for alternative one cent piece. The Preparation H. Ointment or suppositories. latter authority would expire December 31, 1977. Section 2

Commissioners' Proceedings

heid its regular meeting Alonday, Setpember 9th, 1974, at 9 arciack A.M. In the County office building with all members present: C. A. Phillips, Chairmen; C. M. Evens, David T. Bateman, N. J. George, Altro G. Elemens Iton G. Elmore. Commissioner Evens gave the

Chairman Phillips called the

Chairman Phillips called the meeting to order. The minutes were amended to read "Soll Conservation. Supervisor" instead of "Soll Conservation Service" in a motion made in the previous meeting. Upon motion of Commissioner Evans, seconded by Commissioner Bateman and unanimously carried, that the minutes of the previous meeting be approved as corrected. On motion of Commissioner Evans, seconded by Commissioner Evans, seconded by Commissioner Evans, seconded by Commission Bateman and unanimously carring that the bills be paid.

ously carried, N.C.L.G. Employees Retirement System, \$2,598.75; Peoples Bank & Trust Co., \$2,039.30; Charles W.

Trust Co., \$2,039.30; Charles W. Williams, \$40.13; Earl Jones, \$39.36; Chowan Co. Social Services Fund, \$12,000.00; Colonial Life & Accident Ins., \$41.50; Peoples Bank & Trust Co., \$1,991.80 N.C.L.G. Employees' Refirement System, \$2,551.00; Home Security Life Ins. Co., \$156.29; and Kirby's Electrical Service, \$160.67. Percy Haisey, \$354.00; Mrs. Wilmer Perry, \$100.00; Mrs. Horace Brinson, \$100.00; Henry C. Brooks, At a time when inflation is \$400.00; Sam Saywer & Son, \$861.70; Percy Halsey, \$480.00; Local Gov't. Commission, \$15.60; Del Chemical weighing heavily on the shoulders of every American, the United States Department Corp., \$522.44; Kirby's Electrical Service, \$337.22 and N. C. Dept. of Conservation & Development, of Agriculture has come up with

\$587.68 Textilease Corporation, \$6.60; Twiddy Insurance & Real Estate, Inc., \$545.78; Percy Halsey, \$499.50; District Health Dept, \$2,488.81; Orthopedic Clinic, \$15.00; Mrs Arzulia Webb, \$50.00; R. M. Thompson, \$150.00; Edenton Chowan Rescue Squad, \$600.00; Sanitary Landfill Operating Acct., \$2,134.21 and Rose Bros. Paving Company, \$2,000.00.

Postmaster, \$20.00; Edenton-Chowan Board of Education, \$98,000.10; Percy Halsey, \$408.00; Chowan County Supervisors Soil & Water Conservation, \$120.00; Mrs. Wilmer Perry, \$100.00; Henry C. Brooks, \$400.00; Postmaster, \$20.00; profits." The basic idea of the tent show, if put into effect, Simpson Equipment Co., \$2,077.92; Murray D. Ashley, Travel, \$9.20; and Blue Cross-Blue Shield, \$583.36. Blanchard Office Supply, Inc., The momo from USDA \$4.58; M. G. Brown Co., Inc., \$1,188.06; Bunch's Auto Parts, \$1.04; Burroughs Corporation, \$460.79; Byrum's Service Center, \$189.94; Carolinas Fram & Power Equipment Dealer's Assn., \$20.95; Carr, Harrison, Pruden & DePasquale Assoc., Architects, \$525.00; The Chowan Herald, \$451.61; Chowan Hospital, Inc \$379.50; and Chowan Medical Center, \$10.00. Colonial Life & Accident Ins. Co.,

year's crop stands for harvest." \$41.50; J. H. Conger & Son, Inc., \$13.00; C. T. Dixon's Service Station, Due to the religious holidays, \$135.26; Owen G. Dunn Co., \$40.18; Town of Edenton, E. & W. Dept., House action was extremely light during the past week. \$620.42; Edenton Furniture Co., \$31.72; Edenton Office Supply \$199.91; Elliott Cleaners, \$27.85; Several Conference Reports on legislation were approved by Exxon Company, \$192.48; and Gray

Creech, Inc., \$129.20. Gulf Oil Corporation, \$36.64; Hall The major legislation & McChesney, Inc., \$52.28; Handi-Clean Products, \$522.52; Hollowell's considered by the House was Rexall Drug Store, \$5.20; Ronald M. Changing the Composition of Huffman, \$53.00; Jackson's Shoe Repair, \$17.00; Joan F. Jones, the Penny and Authorizing Grants to Eisenhower College \$58.83; Kirby's Electrical Service, \$87.35; Eugene F. McClenney, \$13.86; and Mitchener's Pharmacy, and Rayburn Library (H. R. 16032). In summary, Section I is standby legislation in case the \$19.50.

National Association of Counties price of copper should make the \$100.00; Norfolk & Carolina Tel. & Tel Co., \$378.58; N. C. State standard penny more valuable University, Co. Ext. Office, \$22.0° Northeastern Pathology, \$150.00; for its 95 per cent copper content than as a coin. The Dr. J. Slade, \$25.00; Parker-Evans Secretary of Treasury could Hardware Co., \$281.82; Mrs. Wilmer Perry, \$4.04; Willis M. Privott, either use less copper in the \$7.50; Ricks Laundry & Cleaners, Inc., \$18.68; and Sanders Co., Inc., penny or, after explaining in detail to Congress what \$210.50.

Sam Sawyer & Son. \$5,325.00: Scott Tire & Recapping Co., \$30.16; Shell Oil Company, \$89.03; Solicitor's Office Espense, 3 terms of

sly carried. torge and unanimous at the Board of Con and support the permisent to Chapter V of aroline Constitution. Revenue striat

THE CHOWAN HERALD

as, on April 8, 1974, The North Carolina General Assembly did ratify and enact, by votes of 103 to 4 and 39 to 3, Chapter 1222 of the Session - Laws of North Carolina,

ang Whereas, this act amends Chapter V of the Constitution of the State of forth Carolina so as to authorize the issuance of Revenue Bonds to finance industrial facilities, including pollution control facilities, and

hereas, this act provides that the amendment is to be submitted to the qualified voters of the State on November 5, 1974, in the form that will allow a vote for or against"...constitutional amendment to create jobs and employment opportunities and to protect the environment by authorizing the issuance of Revenue Bonds to finance industrial and pollution control

facilities..." and "hereas, this method of financing is

now available to industry in forty-eight of fifty states, and vhereas, the cost of adequate treatment to all types of pollution discharge continues to increase on a daily basis, and as industrial Revenue Bond financing has become a widely respected and established method of obtaining funds at attractive interest rates and on an attractive term of payment; and, Vhereas, this method of financing is

not available to the citizens of North Carolina's existing North Carolina's existing manufacturing community; and North Carolina's Communities are not able to choose whether or not they will offer prospective or existing employers the method of financing existing in surrounding states; and

Vhereas, these conditions represent an intolerable competitive disadvantage to North Carolina Industry and to North Carolina Communities who want to do this

type of financing; and, Association of County Association of County Commissioners, at their annual meeting in August of 1974, did adopt a resolution endorsing this change to the North Carolina Constitution; and, Now Therefore Be It Resolved that

the Chowan County Board of Commissioners do endorse and support the pending Amendment o Chapter V of the North arolina Constitution.

On motion of Commissioner Evans, seconded by Commissioner George and unanimously carried that the Tax Collector be relieved of \$23.80 - Thomas E. Bateman-double listed for 1974; Tax Receipt no. 23. Also relieve Tax Collector of \$35.48 Glenn W. Estes and wife - error listing, 1974; Tax Receipt no. 79. On motion of Commissioner Bateman, seconded by Commissioner Evans and unanimously carried, that pick-up taxes in the amount of \$17.19 be charged to Tax Collector.

On motion of Commissioner George, seconded by Commissioner Evans and unanimously carried that 1974 County-wide taxes in the amount of \$686,419.67 be charged to the Tax Collector for collection; also turn over for collection excess taxes when valuations are received from State Board of Assessment.

On motion of Commission George, seconded by Commission Batman and unanimously carried, that County Coordinator authorized to amend budget

include amount to pay janitor to work necessary hours. On motion of Commissioner Bateman, seconded by Commissioner Evans, that the Bateman. by

Landfill Committee be authorized to employ an additional person. Three voted in the affirmative; one negative vote. The motion was carried.

On motion of Commissioner Elmore, seconded by Commissioner Bateman and unanimously carried. accepting \$6,000.00 under the

TAKE NOTICE hat a pleading relief against you has been led in the above entitled action. The nature of the relief being suppli is as follows: a special receasing for determination of sendomment by you of your mingr The You are required to make detense such pleading not later than the h day of November, 1974, and on your failure to do so, the party eking service against you will ply to the Court for the relief

will be a HEARING, on the question of abandonment on the 15th day of November, 1974, in the office of the Clerk of Superior Court of Chowan County, Edenton, North Carolina, at 10:09 o'clock A.M.

Oct.3,10,17c.

IN THE GENERAL COURT OF JUSTICE SUPERIOR COURT DIVISION BEFORE THE CLERK

ADMINISTRATOR'S NOTICE

Having qualified as Administrator of the estate of Dolly Etta Carlisie,

late of Chowan County, North Carolina, this is to notify all persons

holding claims against the estate of said deceased topresent them to the undresigned on or before the 4th day of April, 1975, or this notice will be pleaded in bar of any recovery thereon. All persons indebted to said crists will be an an an another the said

estate will please make immediate

Herbert C. Carlisle Administrator of The Estate of Dolly Etta Carlisle Deceased.

PUBLIC HEARING

This 30 day of Septembe

1:00 of locity A.M. This 1st day of October, 1974. -s. Merrill Evens, Jr. Attorney for Petitioner Post Office Box 74 Edenton, North Caroline 27932 Telephone: (919) 482-4622 Oct.3, 10,17c.

of said bond. Said depast shall be retained by the owner as liquidated lamages in event of failure of the successful bidder to execute the centract within two days after the ward or to give satisfactory sursty is required by law. Performance Bond will be required for one hundred per cent of the contract price. Payment will be made on the basis of ninety per cent of monthily satimates and final payment made joon, completion and acceptance of

bond if the

17 10 A

in the bid bond,

No bid may be withdrawn after the iduled closing time for the hipt of bids for a period of 30

The owner reserves the right to reject any or all bids and waive natities.

es. Town of Edenton Edenton, North Carolina William B.Gardner Administrator

ADMINISTRATOR'S NOTICE Having qualified as Administrator of the estate of William Riley Brothers, late of Chowan County, Brothers, late of Chowan County, North Carolina, this is to notify all persons holding claims against the estate of said decessed to present them to the undersigned on or before the 20th day of March, 1974, or this notice will be pleaded in bar of any recovery thereon. All persons indebted to said sectate will please indebted to said estate will please

make immediate payment. This 11th day of September, 1974. Wilma Brothers Blount Administrator of The Estate of William Riley Brothers, Deceased. Earnhardt & Busby, P. A. 102 West Eden St., P.O. Box 445

Edenton, North Carolina 27932 Sept19,26,Oct.3,10c.

Circle

The Town of Edenton will hold a public hearing at the Edenton Municipal Building on October 22, 1974, at 8 P.M. in order to consider rezoning of 41.15 acres adjacent to the Industrial Park from R-20 to

Unoffensive Industry. W. B. Gardner Town Administrator

LEGAL NOTICE Sealed proposals will be received by the Town of Edenton, Edenton, North Carolina, in the Council Chamber in the Municipal Building up to 2:00 P.M., Local Time. October 22, 1974, and immediately thereafter publicly opened and read for the furnishing of labor, materials and equipment entering into: EDENTON DOWNTOWN

DEVELOPMENT South Broad Street (Between Water and King Streets) - Phase 1

South Broad Street (Between King and Eden Streets; . Phase 2 South Broad Street (Between Eden and Queen Streets) - Phase 3 Complete specifications and contract documents will be open for inspection in the office of J. N. Pease Associates. Architects-Engineers Planners, 2925 East Boulevard, Charlotte, N. C., and in e Administrator's Office, unicipal Building, Edenton, North the

Carolina. Prime bidders may obtain one complete set of bid documents on a deposit basis. Full deposit for one set of bid documents will be refunded to those who submit a bona fide proposal for the prime contract, and who return the documents in usable condition within 15 days after award of the contract or rejection of bids. Additional specifications for rime bidders and all specifications for other parties will be issued on a deposit basis only. Specification deposit will be refunded in full upon

return of the specification in usable condition within 15 days after award of the contract. Deposits and charges for bid

documents are \$28.00 per set. The contract includes preparatory work, walks and pavement construction, utility construction, pedestrian arbors and shelters, andscaping, conduits for area lighting and related items and work

All contractors are hereby notified that they must have proper license under the State laws governing their U.A.L.C. COURT OF JUSTICE IRIOR COURT DIVISI BFORE THE CLERK R'S NOTICE LICATO

estate of William He t, late of Chowan Ceu Carolina, this is to notify th Caroline, this is to not tone holding claims epain the of said deceased to pr the 12 day of March, 175, or this notice will be pleaded in bar of any recovery thereon. All persons indebted to said estate will please make immediate payment. This 6 day of September, 1974. Clarence Badham Administrator

OF The Estate of William Henry Everet Decision Merrill Evans, Jr. Attorney at Law 431 South Broad Street

Edenton, N. C. 27932 Sept.12,19,26,Oct.3C.

NOTICE This is to notify the public that on and after this date, September 23, 1974, I, Jerrie Outlaw Forbes will not be responsible for any debts occurred to me by anyone other than mustaff

myself. Sept.26.Oct.3,10,17c.

> NORTH CAROLINA CHOWAN COUNTY NOTICE OF RESALE

NOTICE OF RESALE Under and by virtue of an Order of the Clerk of Superior Court of Chowan County, made in the Special Proceeding entitled "Lucy E. Willis Cofield, Petitioner vs. Marion Willis, Defendant" to resale the real property described in the Petition, rsigned Commissioner will, on the7th day of October, 1974, at 12:00

o'clock noon at the Courthouse door in Edenton, North Carolina, offer for resale to the highest bidder for cash, but subject to the confirmation of the Court, that certain tract or parcel

Beginning at a state of the Sandy-Ridge Read which state divides late. Nos.1 and 2 and thence N. 45 deg. W. along the line of said lof No. 2. belonging to Arthur Gordon to an iron stob at the line of Annie Boyce; thence along the West side of the Boyce's line; thence South 27% deg. West along the line of said boyce to a ditch; thence along said ditch to a gine tree on the Sandy Ridge Road; thence in a Northeastwardly direction along Sandy Ridge Road; thence in a Northeastwardly direction along Sandy Ridge Road; then in a Northeastwardly direction along Sandy Ridge Road to the first stob, containing 6.3 acres, more or lets, and being lot No. 1 allotted to Lamb Robinson Dillard In the same division of the Willis Dillard lands. And being the same 20, 1952 from Annie P. Robinson and Lemuel Robinson to grantors herein said deed recorded in Book No. 10, page 10, Public Registry Chowan County, North Carolina, to which deed and the instruments mentionec therein reference is hereby made for further description and chain of title.

The highest bidder will be required to make a deposit of ten per centof the first One Thousand Dollars bid, and five per cent of any excess above \$1,00.00 The bidding at this resale will begin at the price of Twenty-Shx Hundred Seventy-Five (\$2675.00) Dollars

Dollars. This resale is made subject to the faxes for the year 1974, and shell stand open for ten (10) days for advance bids.

dvance bios. This 20th day of September, 1974. John W. Graham COMMISSIONER Sept.26.Oct.3C.

Not responsible for any more debts made by Mary Elizabeth White Bissett from this date Grover C. Bissett

Tyner, NC

Sept. 19,26,Oct.3,10P

Edenton-Chowan Mini-Poll of Public Attitudes Toward Education

MINI-POLL: From time to time during the year Edenton-Chowan Schools will be conducting surveys and polls in an effort to get your feelings and ideas on certain matters as they relate to the school system policies and activities. Because your opinion is highly valued, it is hoped that the surveys will be taken seriously, and that your response will be frank.

Do you feel that an Honor Roll list or some form of recognition for students achieving and maintaining certain academic standing is of value?

b-No	c-Unconcerned
0-110	c-onconcerned

c—Unconcerned

b-Would not be willing

h

1

1

Why or why not?_____

a-Yes

2. When receiving a student's report card, do you prefer seeing a letter grade (A, B, C), a numerical grade (70, 80, 90), a written progress report, or a combination of these? Which form of grading do you find most beneficial in explaining to you what your child is doing or not doing in school? a-Letter Grade b-Numerical Grade c-Written Report Circle

A	-Con	hin	ation	1.1
-u	-0011	mu	auoi	1

Why or why not?_____

What are your feelings about homework for students? Circle all that apply ADTON

a. Don't have enough b. Have too much

c. Serves a useful purpose as a reinforcement for skills being learned d. Is a waste of time

Why or why not?_____

Would you be actively interested in seeing the revival of the PTA or

b-No

Why or why not?_____

5. Would you be willing to host a member of the administrative staff and interested neighbor or friends in your home at a coffee for the express purpose of learning about programs and curriculum being offered in the schools? Let your likes and dislikes be known? Learn why matters are handled in the way they are?

Should be graded e.

f. Should not be graded g. Let the parent know that his child is, or is not, being stimulated h. YOUR PERSONAL FEELINGS

a similar organization?

Circle

a-Yes

Circle



Bob Weintraub

Motor OKE Corp. Phone 482-8421 EDENTON, N. C.

sold so far at \$10 each). The College would be required to turn over to the Samuel Rayburn Library, Bonham, Texas, one-tenth of any money received from this source. In keeping with the spirit of the National Bicentennial Celebration, the House of Representatives on Wednesday last conducted a reenactmentofthe First Continental Congress. The feature speaker was Alistair Cooke, who is well-know for his

TV documentaries.

provides for grant to a

maximum of \$10,000,000 to

Eisenhower College, Seneca

Falls, New York, of 10 per cent

of the Treasury's receipts from

the sale of proof silver dollars

(8,306,294 such coins have been

420.00; Southern Re \$2,130.00; Spruill's Business Machine Service, \$1.82; and Texaco

Inc., \$152.72. Textilease Corporation, \$6.60; Sheriff's Dept. \$77.24; Twiddy Ins. & Real Estate, Inc. \$1,705.00; Union Oil Company, \$63.48; United Office Supply, \$83.95; Owen G. Dunn Co., \$136.93; and Payroll, \$13,053.42.

\$136.93; and Payroll, \$13,053.42. Upon motion of Commissioner George, seconded by Commissioner Batman and unanimously carried, that County will furnish legal counsel to represent Sheriff's Department in any legal action brought against the Department as result of conduct of the result of conduct of the Department's legal responsibilities. Upon motion of Commissioner George, seconded by Commissioner Evans and unanimously carried, that the Commissioners endorse the requiset of the Sheriff's Denorse the request of the Sheriff's Department that the highway patrol headquarters remain in Elizabeth

City On motion of Commissioner Goerge, seconded by Commissione

Elmore and unanimously carried, that Chairman Phillips be authorized to sign a letter endorsing

the proposal being submitted by Alliance for Progress, Inc. On motion of Commissioner Elmore, seconded by Commissioner

Emergency Employment Act Program; also initiate building inspecting assistance to the County. On motion of Commissioner George, seconded by Commissioner Bateman and unanimously carried, that L. F. Amburn, Jr., be appointed

a member to represent Chowan County on Coastal Resources Advisory Council. On motion of Commissioner Elmore, seconded by Commissioner Evans and unanimously carried, that the County co-sponsor an ad in the Chowan Herald on Constitution Week; amount of \$71.00.

On motion of Commissioner Elmore, seconded by Commissioner George and unanimously carried; that a formal request be made to the Town of Edenton to endorse the Bond Referendum for the County ide Water System. The following reports were

The following reports were accepted and ordered filed: Tax Collector, County Coordinator, Rescue Squad, Social Services, Agri. Extension Service, Finance Director, Animal Control Officer, Veterans Officer, Jail report, Sheriff's Dept., Edenton-Chowan Schools. There being no further business the meeting was adjourned

the meeting was adjourned. Bertha B. Bunch Clerk to the Board.

General Contractors, are notified that Chapter 87, Article 1, General Statutes of North Carolina, will be observed in receiving and awarding general contract.

Plumbing Contractors are notified that Chapter 87, Article 2, General Statutes of North Carolina, will be observed in receiving and awarding plumbing contracts.

Electrical Contractors are notified that provisions of Chapter 87, Article 4, General Statutes of North Carolina, will be observed in receiving and awarding electrical

Federal Deposit Insurance Corporation, of an amount equal not less than 5 per cent of th proposal or in lieu thereof a bidd may offer a bid bond of 5 per cent the bid, in the form required by G. 143-129, as amended, executed by surety company licensed under th laws of North Carolina to execu-such bonds, conditioned that th

such bonds, conditioned that the surety will upon demand forthwith

Fine

PRINTING

Rapid Delivery

Your wedding de-

serves the best in-

vitations and an-

select from our usseful semples.

ments

-18-

contracts. contracts. Each proposal shall be accompanied by a cash deposit or a certified check drawn on some bank or trust company insured by the Federal Deposit Insurance

10000	hy or why	
W.		
200 200		and the second sec

6. Would you like to have the opportunity of touring the various school facilities or of seeing how learning programs are being conducted?

Circle a-Yes b-No

a-Willing

7. Do you feel that you have any spare time that would allow you to serve in a voluntary capacity during the school day?

Circle a-Yes b-No

8. Would you be willing to attend an out of town, overnight workshop, on matters relating to schools which would give you an insight into the whys and wherefores of school affairs?

Circle a-Yes

9. Do you feel that a parent newsletter is beneficial in bringing you closer to school related matters and activities?

b-No

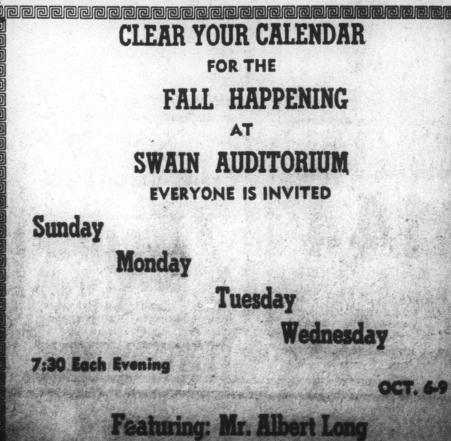
b-No

Circle a-Yes

10. What types of information would you like to receive in this news-letter that will be coming to you monthly?

D	****		
C			
OPTION	AL		
lf you would	AL: like to list, pl	lease do:	and the second
NAME			
	A Contraction	A GARAGE	Part of Cart
ADDRESS.		ool Graduate	

WAITING TO HEAR PROM YOU! coenton-Chowan Schools or leave it at the



Legal Notices STATE OF NORTH CAROLINA

IN THE GENERAL COURT OF JUSTICE SUPERIOR COURT DIVISION BEFORE THE CLERK

RACHEL SPIVEY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION

Arthritis Sufferers:

WAKE UP WITHOUT ALL THAT STIFFNESS

minor pain is so stron can take it less often an wake up in the morning out all the pain's still Yet so gentle you can this tablet on an empty with. It's called 4 relying

BERNICE INEZ WARD,

TO: RACHEL SPIVEY

New formula for arthritis